

# OHD au cours des Exacerbations de BPCO: POUR

Pr Islem Ouanes

**ATR**  
الجمعية التونسية لطب الإنعاش  
ASSOCIATION TUNISIENNE DE RÉANIMATION

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et  
**8<sup>e</sup> Congrès Francophone**  
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DE LANGUE FRANÇAISE

**30 novembre, 1, 2 et 3 décembre 2023**  
Hôtel The Russellor, Hammamet

# VNI et EABPCO

➔ Standard of care

## The New England Journal of Medicine

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Volume 333

SEPTEMBER 28, 1995

Number 13

### NONINVASIVE VENTILATION FOR ACUTE EXACERBATIONS OF CHRONIC OBSTRUCTIVE PULMONARY DISEASE

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# VNI et EABPCO

OHD au cours des EA

ouanes et al. *Ann. Intensive Care* (2015) 5:30  
10.1186/s13613-015-0072-x

Annals of Intensive Care  
a SpringerOpen Journal

RESEARCH

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Trends in use and impact on outcome  
of empiric antibiotic therapy and non-invasive  
ventilation in COPD patients with acute  
exacerbation

ouanes<sup>1,2\*</sup>, Lamia Ouanes-Besbes<sup>1,2</sup>, Saoussen Ben Abdallah<sup>1,2</sup>, Fahmi Dachraoui<sup>1,2</sup> and Fekri Abroug<sup>1,2</sup>

20-30 % des patients en EABPCO  
hypercapniques ne tolèrent pas la VNI  
pour plusieurs raisons.

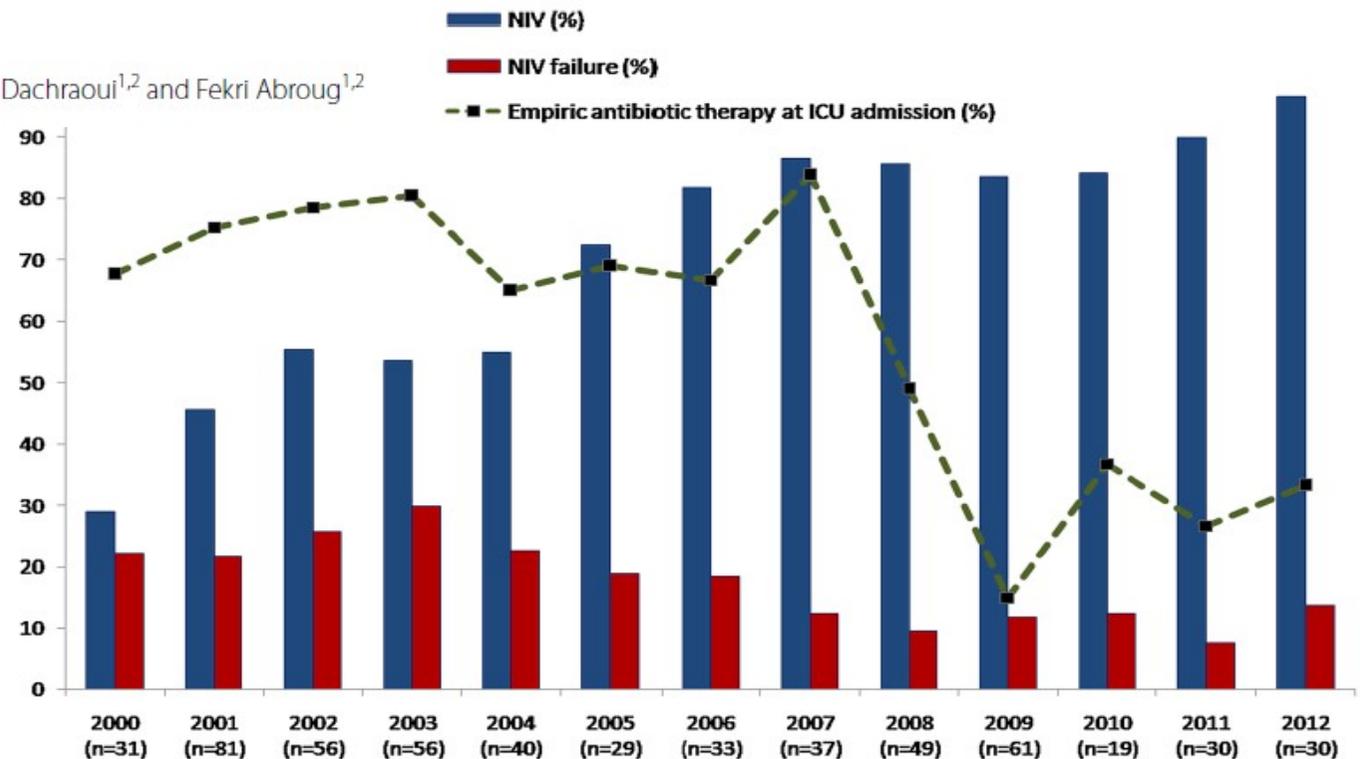


Fig. 2 Evolution of NIV, NIV failure, and empiric antibiotic therapy use

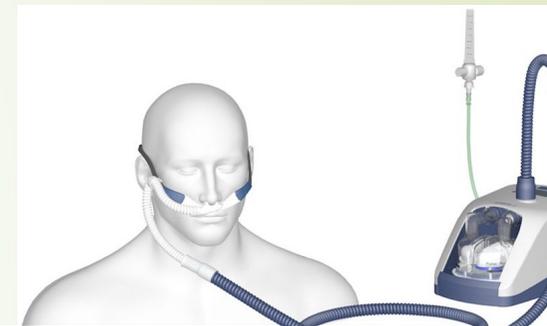
# VNI: intolérance et complications

- Claustrophobie/Agitation
- Handicap à la communication et à l'alimentation, SG
- Complications cutanées (escarres faciales)
- Asynchronies
- Conjonctivites
- Inhalation
- Distension digestives

↳ **Améliorer le confort lors de la VNI**  
=  
**Véritable défi**

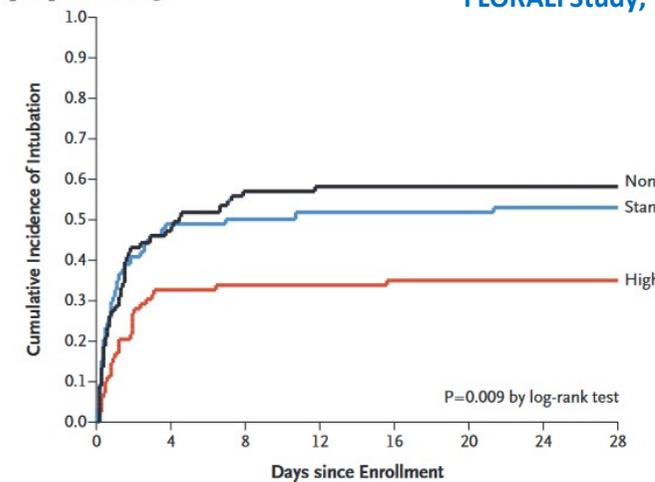
# OHD: principes

- Oxygène à Haut Débit
- Optiflow
- HFNC
- Débit élevé (générateur)
- Pas l'oxygénothérapie ( $FiO_2$ )



B Patients with a  $PaO_2:FiO_2 \leq 200$  mm Hg

FLORALI Study,



No. at Risk

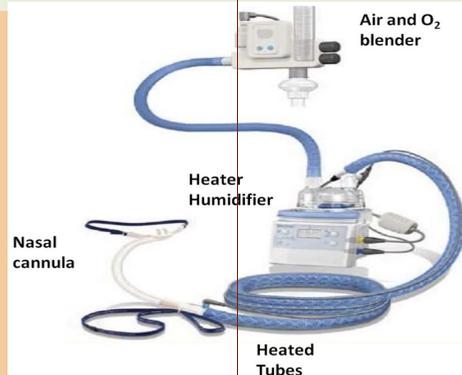
	0	4	8	12	16	20	24	28
High-flow oxygen	83	55	54	54	53	53	53	53
Standard oxygen	74	37	35	34	34	34	33	33
Noninvasive ventilation	81	41	34	32	32	32	32	32

# OHD: Effets physiologiques

- Oxygénothérapie humidifiée et chauffée
- Rinçage de l'espace mort
- Effet "PEEP"
- FiO<sub>2</sub> stable et précise
- Confort de la procédure

# OHD: Effets physiologiques= Effets bénéfiques lors des EABPCO

OHD au cours des EA



Diminue le **travail respiratoire**

Améliore l'**oxygénation**

**Rince l'espace mort**

Augmente la **capacité résiduelle fonctionnelle**

**Haut débit**

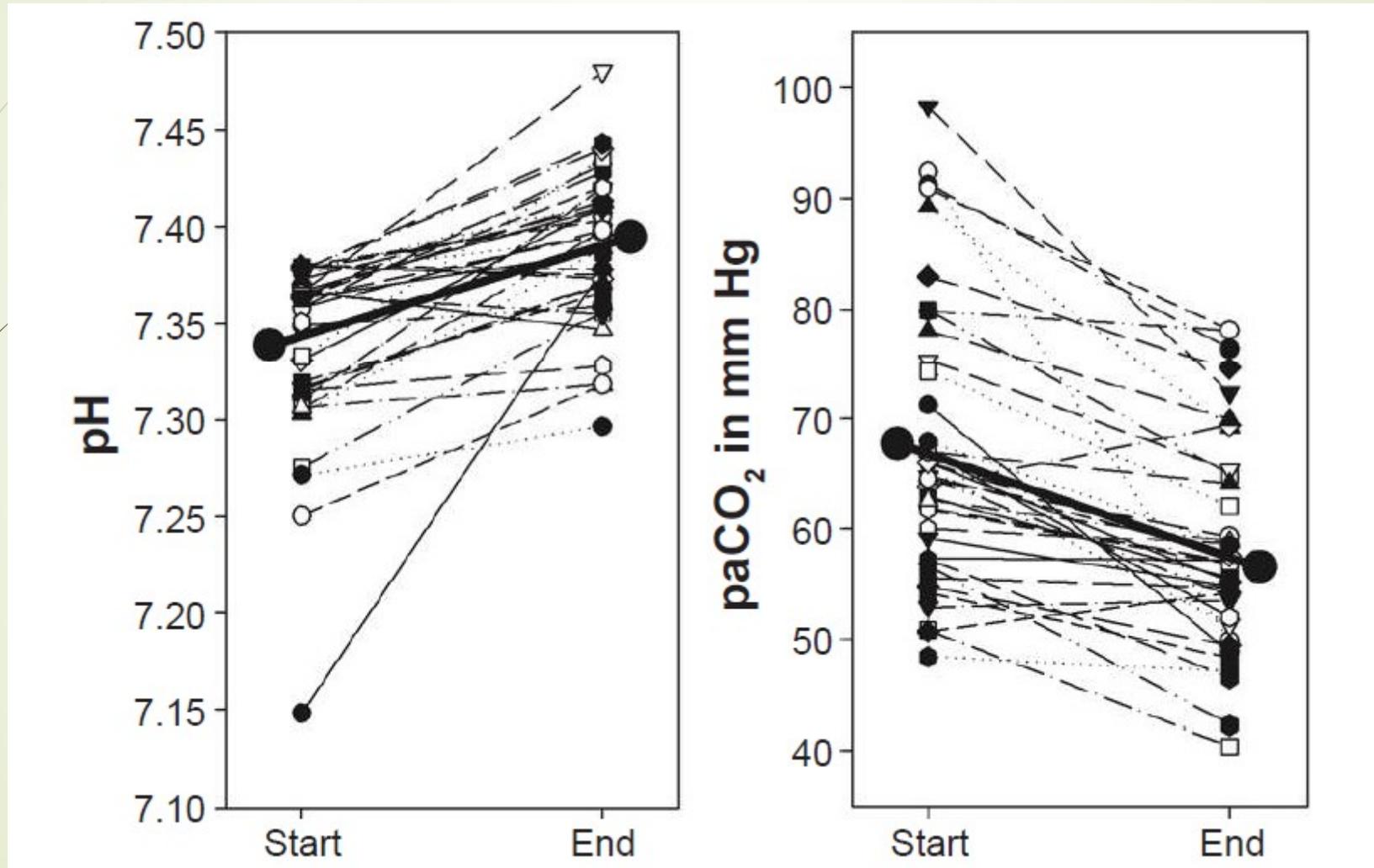
Diminue le **coût métabolique**

Améliore la **clairance des sécrétions**

Améliore le **confort de l'oxygénothérapie**

**Humidification chauffée**

# OHD et EABPCO



38 patients

Severity	Variable thresholds to determine severity
Mild (default)	<ul style="list-style-type: none"> <li>• Dyspnea VAS &lt;5</li> <li>• RR &lt;24 breaths·min<sup>-1</sup></li> <li>• HR &lt;95 bpm</li> <li>• Resting SaO<sub>2</sub> ≥92% breathing ambient air (or patient's usual oxygen prescription) AND change ≤3% (when known)</li> <li>• CRP &lt;10 mg·L<sup>-1</sup> (if obtained)</li> </ul>
Moderate (meets at least three of five#)	<ul style="list-style-type: none"> <li>• Dyspnea VAS ≥5</li> <li>• RR ≥24 breaths·min<sup>-1</sup></li> <li>• HR ≥95 bpm</li> <li>• Resting SaO<sub>2</sub> &lt;92% breathing ambient air (or patient's usual oxygen prescription) AND/OR change &gt;3% (when known)</li> <li>• CRP ≥10 mg·L<sup>-1</sup></li> </ul> <p>#: if obtained, ABG may show hypoxemia (PaO<sub>2</sub> ≤60 mmHg) and/or hypercapnia (PaCO<sub>2</sub> &gt;45 mmHg) but no acidosis</p>
Severe	<ul style="list-style-type: none"> <li>• Dyspnea, RR, HR, SaO<sub>2</sub> and CRP same as moderate</li> <li>• ABG show new onset/worsening hypercapnia and acidosis (PaCO<sub>2</sub> &gt;45 mmHg and pH &lt;7.35)</li> </ul>

- **Sévérité de l'EABPCO:**
- Légère
- Modérée
- Sévère
- **GOLD 2023**

# Place de l'OHD au cours des EABPCO ?

- ▶ OHD: alternative à l'oxygénothérapie conventionnelle
- ▶ OHD entre les séances de la VNI
- ▶ OHD: lors du sevrage de la VNI ou après l'extubation des patients BPCO
- ▶ OHD: alternative à la VNI

# OHD: alternative à l'oxygénothérapie conventionnelle

## ➔ OHD par rapport à l'O<sub>2</sub>:

- Baisse significative de la PCO<sub>2</sub>
- Baisse de la fréquence respiratoire

*Home high-flow nasal cannula oxygen therapy for stable hypercapnic COPD: a randomized clinical trial. Am J Respir Crit Care Med 2022*

*J Thorac Dis. 2018 Feb;10(2):882-  
Respirology 2017,22, 1149–1155.*

# OHD entre les séances de la VNI

## ► OHD par rapport à l'O2 :

- Réduction de la fréquence respiratoire
- Baisse des efforts respiratoires
- Diminution de l'échec de sevrage de la VNI (reprise des sessions de VNI): 27% vs 47% pour l'O2.

# OHD après l'extubation

OHD au cours des EA

International Journal of Chronic Obstructive Pulmonary Disease | Dovepress  
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Text Article | REVIEW

## Flow Nasal Cannula Oxygen Therapy versus Invasive Ventilation for AECOPD Patients Extubation: A Systematic Review and Meta-Analysis of Randomized Controlled

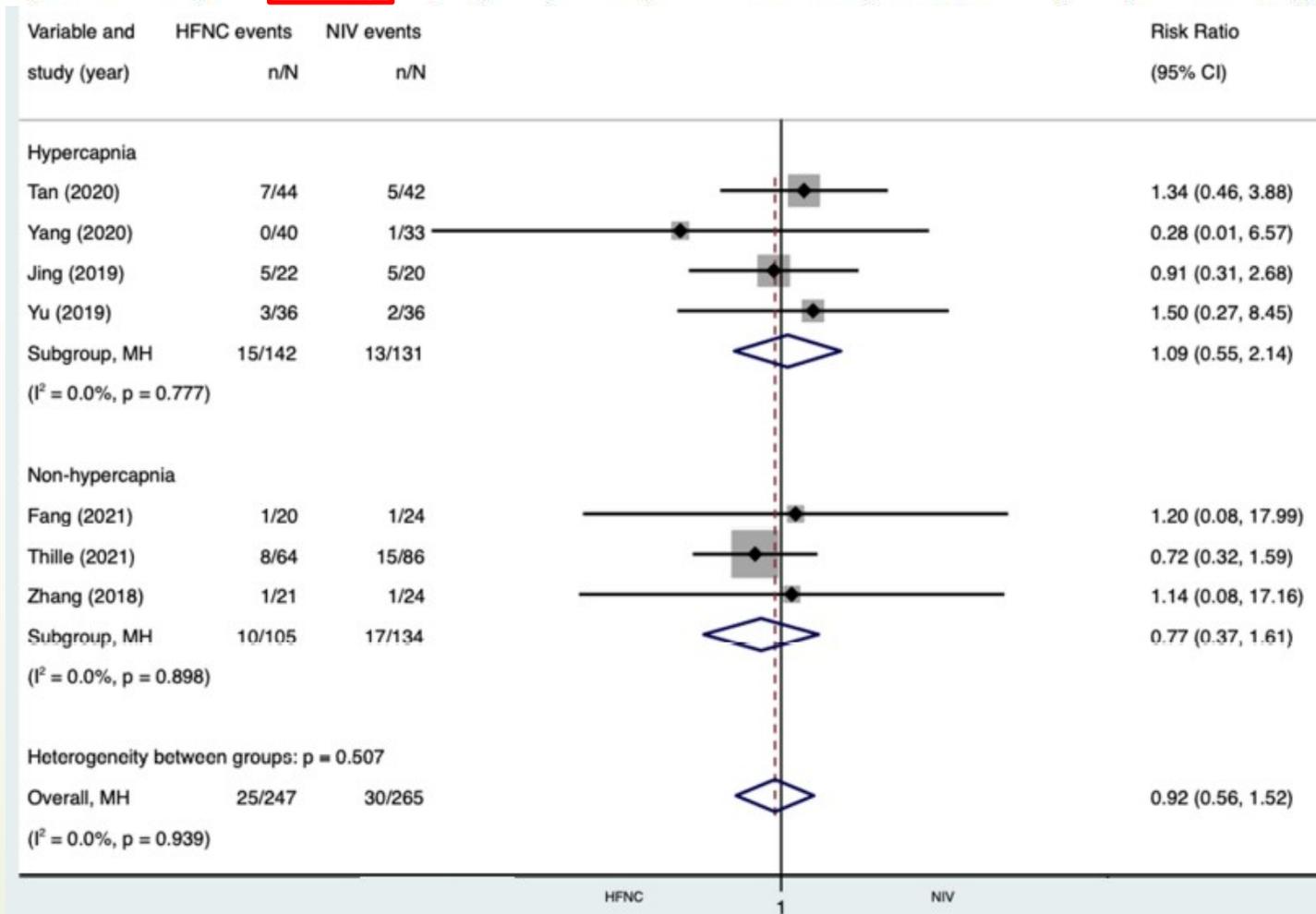
Feng, Lu Zhang, Haichuan Yu, Xiaojie Su, Tiankui Shuai, Lei Zhu, De Chen, Jian Liu

Medical College, Lanzhou University, Lanzhou City, Gansu Province, People's Republic of China

Jian Liu, The first clinical medical college, Lanzhou University, Lanzhou City, Gansu Province, People's Republic of China, @sina.com

Eight studies were included, with a total of 612 subjects, including 297 in the HFNC group and 315 in the NIV group.

Figure 3 Forest plot of mortality, subgroup analysis was performed according to variable of hypercapnia and non-hypercapnia



# OHD: Alternative à la VNI ?

Cortegiani *et al. Crit Care* (2020) 24:692  
<https://doi.org/10.1186/s13054-020-03409-0>

Critical Care

RESEARCH

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# High flow nasal therapy versus noninvasive ventilation as initial ventilatory strategy in COPD exacerbation: a multicenter non-inferiority randomized trial

Andrea Cortegiani<sup>1,2\*</sup> , Federico Longhini<sup>3</sup>, Fabiana Madotto<sup>4</sup>, Paolo Groff<sup>5</sup>, Raffaele Scala<sup>6</sup>, Claudia Crimi<sup>7</sup>, Annalisa Carlucci<sup>8</sup>, Andrea Bruni<sup>3</sup>, Eugenio Garofalo<sup>3</sup>, Santi Maurizio Raineri<sup>1,2</sup>, Roberto Tonelli<sup>9</sup>, Vittoria Comellini<sup>10</sup>, Enrico Lupia<sup>11</sup>, Luigi Vetrugno<sup>12</sup>, Enrico Clini<sup>13</sup>, Antonino Giarratano<sup>1,2</sup>, Stefano Nava<sup>10</sup>, Paolo Navalesi<sup>14</sup>, Cesare Gregoretti<sup>1,15</sup> and the H. F.-AECOPD study investigators

RESEARCH Open Access

# High flow nasal therapy versus noninvasive ventilation as initial ventilatory strategy in COPD exacerbation: a multicenter non-inferiority randomized trial

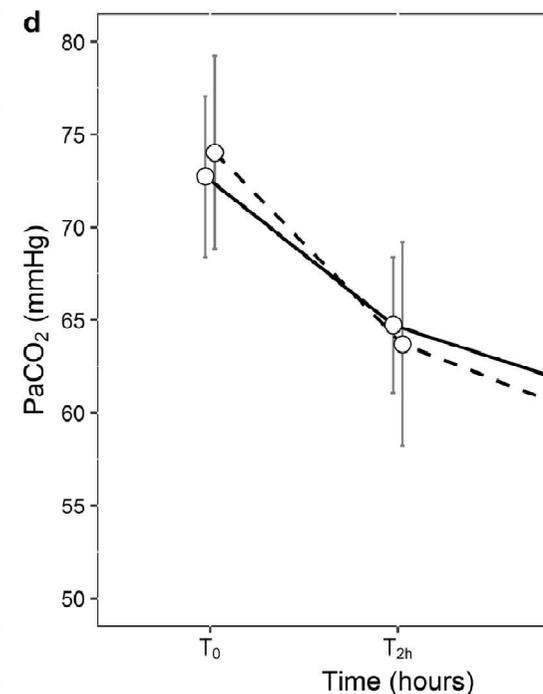
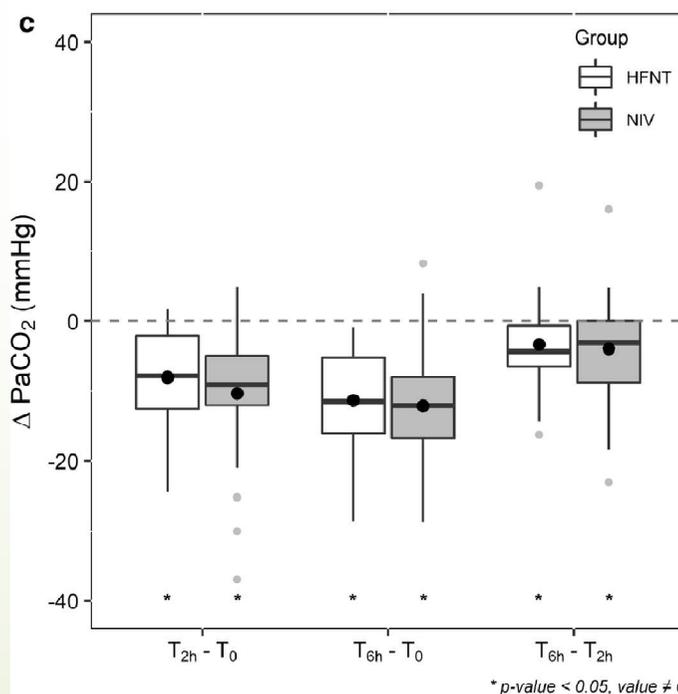
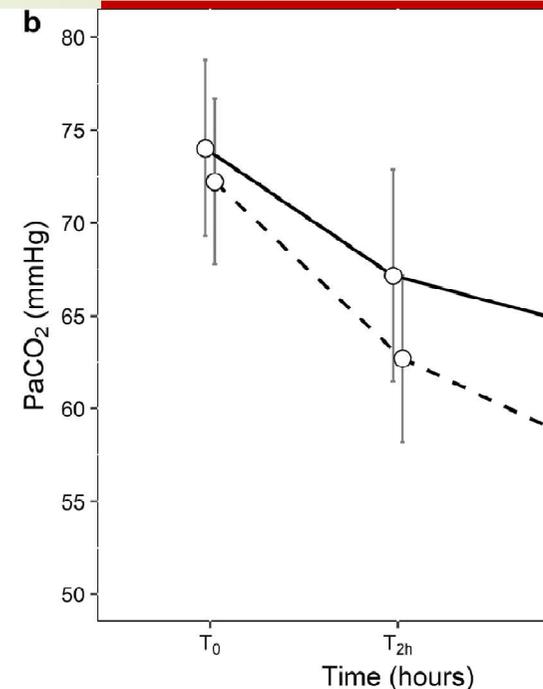
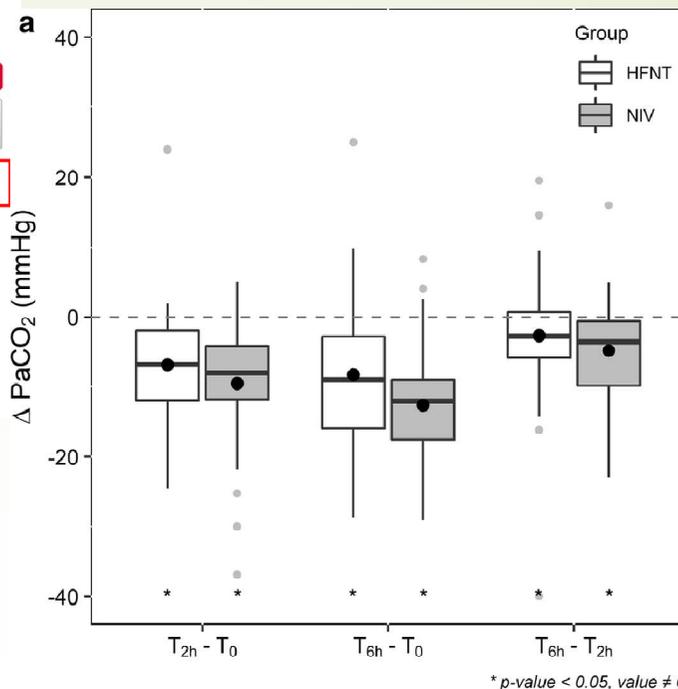
Cortegiani<sup>1,2\*</sup>, Federico Longhini<sup>3</sup>, Fabiana Madotto<sup>4</sup>, Paolo Groff<sup>5</sup>, Raffaele Scala<sup>6</sup>, Claudia Crimi<sup>7</sup>, Luca Carlucci<sup>8</sup>, Andrea Bruni<sup>3</sup>, Eugenio Garofalo<sup>3</sup>, Santi Maurizio Raineri<sup>1,2</sup>, Roberto Tonelli<sup>9</sup>, Francesco Comellini<sup>10</sup>, Enrico Lupia<sup>11</sup>, Luigi Vetrugno<sup>12</sup>, Enrico Clini<sup>13</sup>, Antonino Giarratano<sup>1,2</sup>, Stefano Nava<sup>10</sup>, Giuseppe Savulesi<sup>14</sup>, Cesare Gregoretti<sup>1,15</sup> and the H. F.-AECOPD study investigators

A multicenter, **non-inferiority randomized trial** comparing HFNT and NIV in 9 centers in Italy.

**Population:** AECOPD (arterial pH 7.25–7.35, PaCO<sub>2</sub> ≥ 55 mmHg before ventilator support).

Primary endpoint was **the mean difference of PaCO<sub>2</sub> from baseline to 2 h** (non-inferiority margin 10 mmHg).

40 patients in each group,



# OHD et EABPCO

The efficacy of high-flow nasal cannulae oxygen therapy in **severe** acute exacerbation of chronic obstructive pulmonary disease: A randomized controlled trial

68 patients underwent randomization.

Mean age was  $72.4 \pm 9.5$  years.

**30-day mortality:** 22.2% HFNC vs 28.1% NIV

**Treatment failure:** 33.3% HFNC vs 50.0% NIV

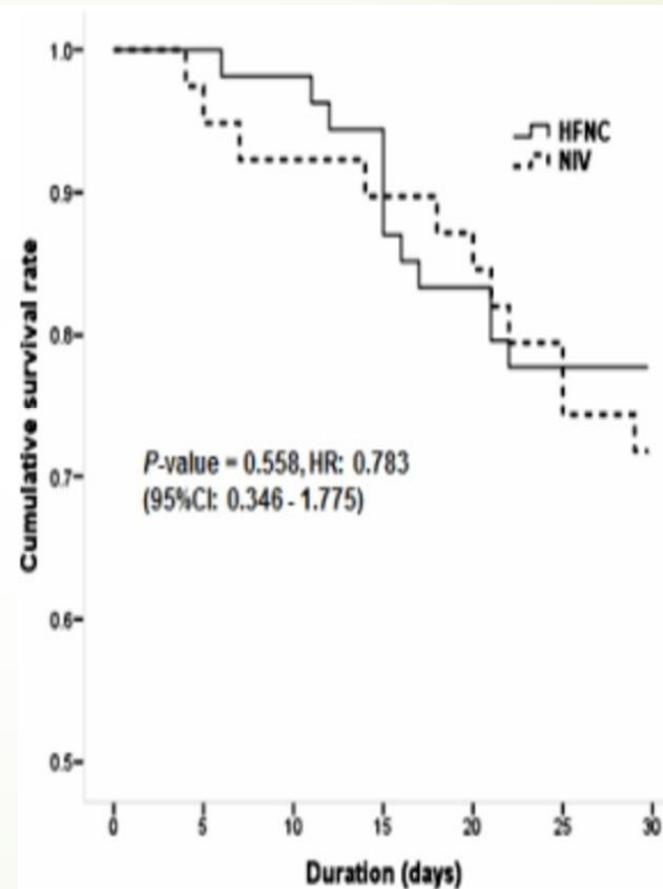


Figure 1. Cumulative survival rate between HFNC and NIV oxygen therapy

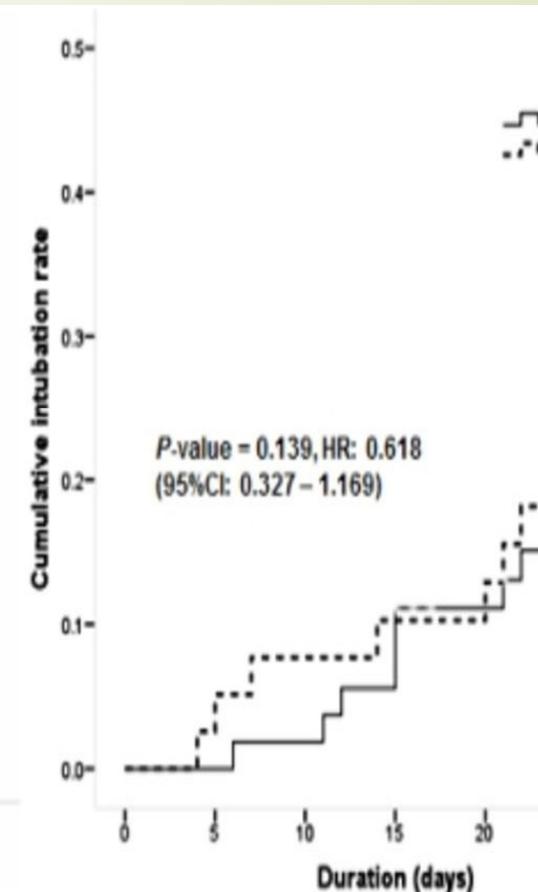


Figure 2. Cumulative intubation rate between HFNC and NIV oxygen therapy

# Meta-analyses

Pulmonol. 2019;25(6):348-354



PULMONOLOGY

www.journalpulmonology.org



REVIEW

High flow through nasal cannula in exacerbated COPD patients: a systematic review



... Pisani<sup>a,\*</sup>, M. Astuto<sup>b</sup>, I. Prediletto<sup>a</sup>, F. Longhini<sup>c</sup>

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Respiratory Journal

... Article ID 7707010, 12 pages

.../10.1155/2023/7707010

Research Article

High-Flow Nasal Oxygen versus Noninvasive Ventilation in Acute Exacerbation of Chronic Obstructive Pulmonary Disease Patients: A Meta-Analysis of Randomized Controlled Trials

Yanping Du<sup>1</sup>, Huaping Zhang<sup>2</sup>, Zhiyi Ma<sup>3</sup>, Jun Liu<sup>4</sup>, Zhiyong Wang<sup>5</sup>, Meixia Lin<sup>5</sup>, Fayu Ni<sup>6</sup>, Xi Li<sup>7</sup>, Hui Tan<sup>8</sup>, Shifan Tan<sup>9</sup>, Yanling Chai<sup>10</sup>, and Xiangzhu Zhong<sup>11</sup>

Xu et al. Eur J Med Res (2021) 26:122  
https://doi.org/10.1186/s40001-021-00587-7

European Journal  
of Medical Research

RESEARCH

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The efficacy and safety of high-flow nasal cannula therapy in patients with COPD and type II respiratory failure: a meta-analysis and systematic review

Zhiping Xu<sup>†</sup>, Lingxia Zhu<sup>†</sup>, Jingye Zhan and Lijun Liu<sup>\*</sup>

Received: 11 May 2023 | Revised: 1 August 2023 | Accepted: 29 August 2023

DOI: 10.1111/crj.13695

REVIEW ARTICLE

High flow nasal cannula versus noninvasive ventilation in the treatment of acute hypercapnic respiratory failure: A systematic review and meta-analysis

Aisling C. Fahey<sup>1</sup> | Martina O'Connell<sup>1,2,3</sup> | Nicola Cornally<sup>1</sup> | Mohamad M. Saab<sup>1</sup>

Research Article

**High-Flow Nasal Oxygen versus Noninvasive Ventilation in Acute Exacerbation of Chronic Obstructive Pulmonary Disease Patients: A Meta-Analysis of Randomized Controlled Trials**

Yanping Du <sup>1</sup>, Huaping Zhang <sup>2</sup>, Zhiyi Ma <sup>3</sup>, Jun Liu <sup>4</sup>, Zhiyong Wang <sup>5</sup>,  
 Meixia Lin <sup>5</sup>, Fayu Ni <sup>6</sup>, Xi Li <sup>7</sup>, Hui Tan <sup>8</sup>, Shifan Tan <sup>9</sup>, Yanling Chai <sup>10</sup>  
 and Xiangzhu Zhong <sup>11</sup>

➤ 7 RCTs with a total of 481 patients

	Tan 2020	Papachatzakis 2020	Mckinsty 2019	Jing 2019	Fang 2021	Cortegiani 2020	Cong 2019	
Random sequence generation (selection bias)								
Allocation concealment (selection bias)								
Blinding of participants and personnel (performance bias)								
Blinding of outcome assessment (detection bias)								
Incomplete outcome data (attrition bias)								
Selective reporting (reporting bias)								
Other bias								

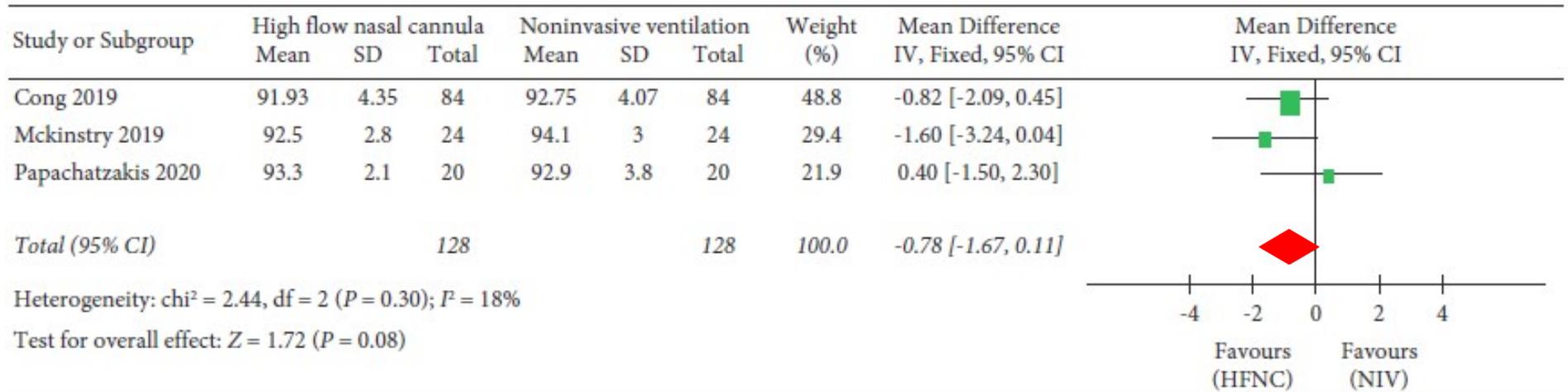


FIGURE 6: Forest plot of standardized mean difference with a confidence interval for **SpO<sub>2</sub>**.

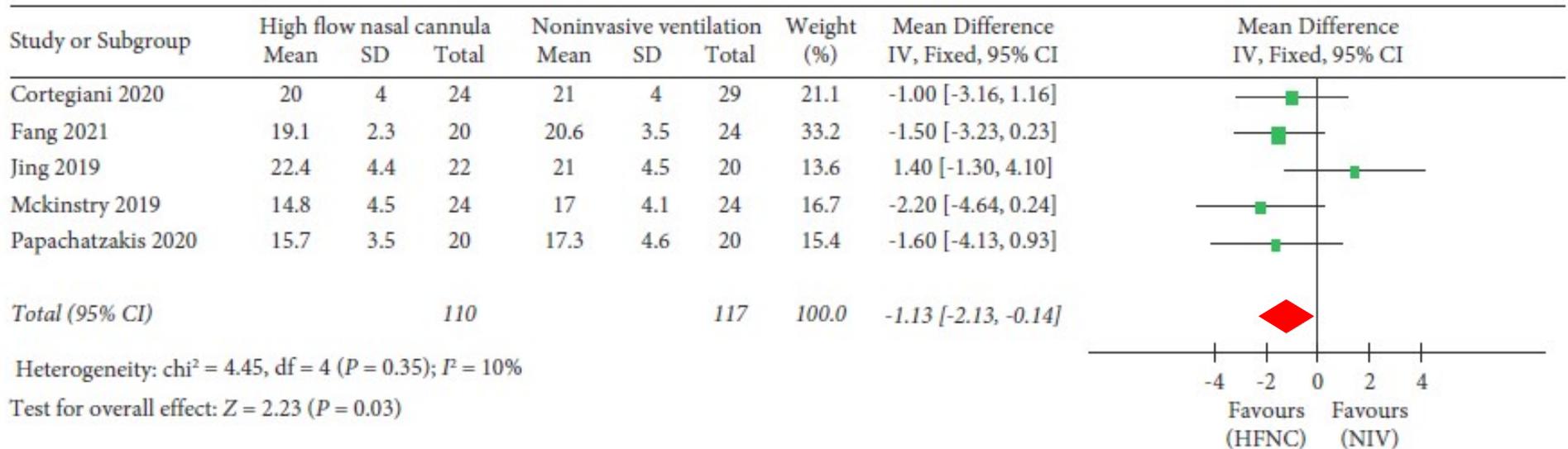


FIGURE 7: Forest plot of standardized mean difference with a confidence interval for the **respiratory rate**.

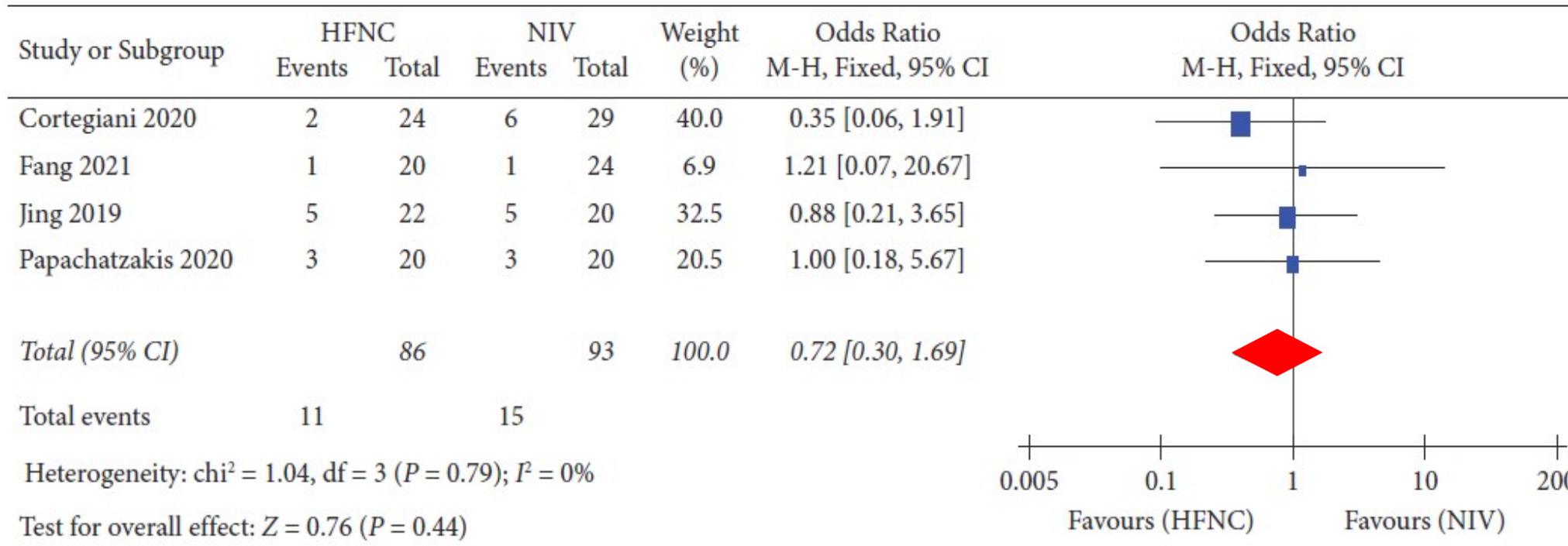


FIGURE 8: The graph shows a forest plot of the relative risk with a confidence interval for the mortality.

# Clinicaltrials.gov

**Focus Your Search**  
(all filters optional)

<< Hide

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**Condition/disease** ⓘ

---

**Other terms** ⓘ

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**Intervention/treatment** ⓘ

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**Location**

Search by address, city, state, or country and select from the dropdown list

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**Study Status** ⓘ

Clear Filters (2)

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## Search Results

Viewing 1-10 out of 11 studies

+ [Synonyms of conditions or disease \(1\)](#)

None Selected

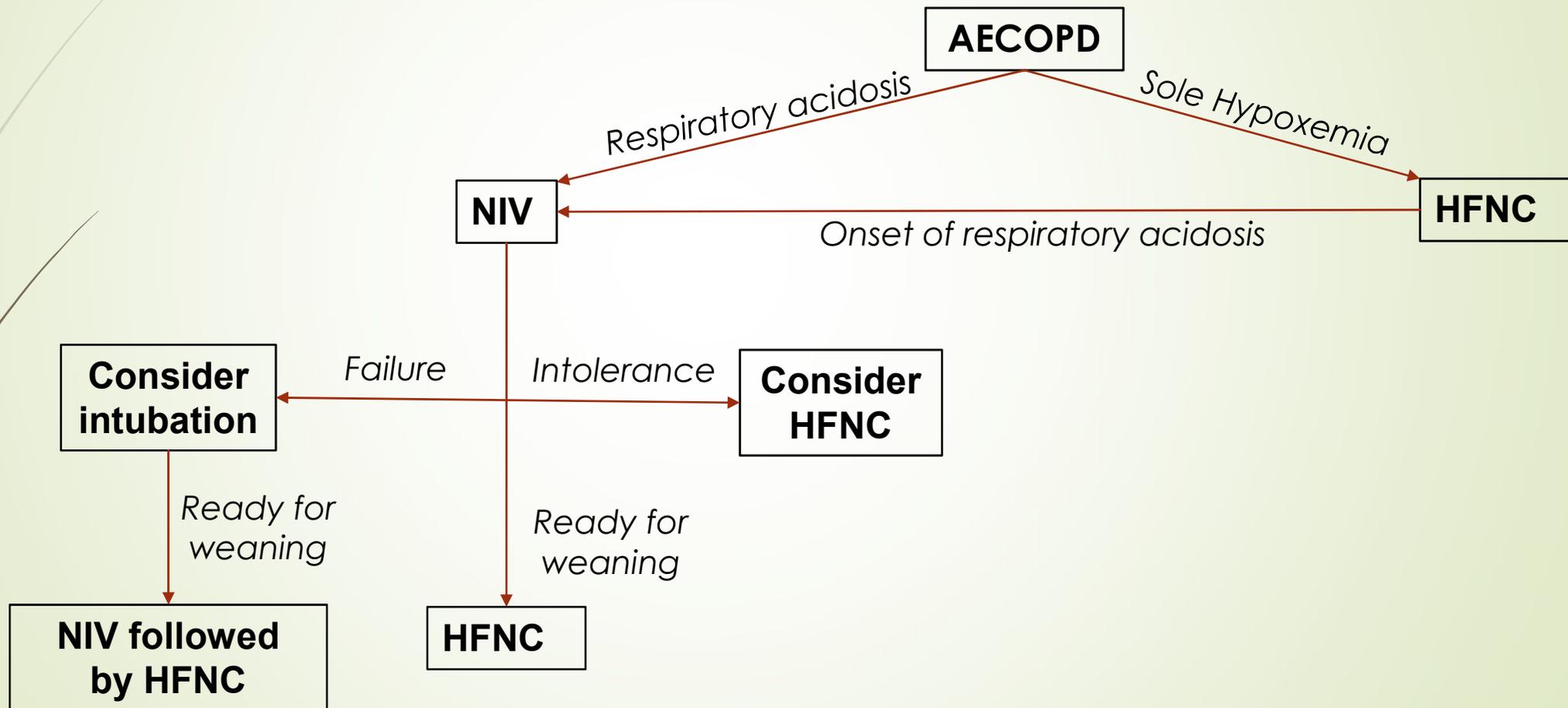


RSS

Manage

<input type="checkbox"/>	Study Title	NCT Number	Status	Conditions	Interventions
<input type="checkbox"/> 1	<a href="#">Effects on PaCO2 Levels of Two Different Nasal Cannula in COPD Patients</a>	NCT05528289	Recruiting	• <b>Chronic Obstructive Pulmonary Disease</b>	<ul style="list-style-type: none"> <li>• Device: AIRVO 2, electric nasal cannula</li> <li>• Device: AIRVO 2, nasal cannula</li> </ul>
<input type="checkbox"/> 2	<a href="#">HFNC vs Nasal Cannula in Mild Chronic Obstructive Pulmonary Disease Exacerbation</a>	NCT03003559	Unknown status	• <b>COPD Exacerbation</b>	<ul style="list-style-type: none"> <li>• Device: High flow nasal cannula</li> </ul>
<input type="checkbox"/> 3	<a href="#">The Physiological Effect of High Flow Oxygen Therapy</a>	NCT04212182	Unknown status	<ul style="list-style-type: none"> <li>• High-flow Nasal Cannula</li> <li>• Non-invasive Positive Pressure Ventilation</li> </ul>	<ul style="list-style-type: none"> <li>• Device: HFNC</li> <li>• Device: NPPV</li> </ul>

# Stratégie ventilatoire lors des EABPCO



Current Practice of High Flow through Nasal Can  
Exacerbated COPD Patients. Healthcare 2022,

# OHD: Réglages pour les EABPCO

- ➔ Débit entre 35 et 60 L/min (titration).
- ➔ Température entre 34 and 37°C.
- ➔ FiO<sub>2</sub> pour un objectif de SpO<sub>2</sub> entre 88 and 92%.

# Conclusion

## ► OHD et EABPCO :

- **Alternative à la VNI en cas d'intolérance de celle-ci.** ✓
- **Supérieure à l'O<sub>2</sub> conventionnelle lors des pauses et lors du sevrage de la VNI.** ✓
- **Modalité d'oxygénation lors des EABPCO sans acidose respiratoire.** ✓

**OUI**

**pour l'OHD au cours des EABPCO**

عَلَيْهِدَا الْإِحْرَامُ لِيَسْتَأْذِنُوا لِحَاكِمِنَا



محمود زروش

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