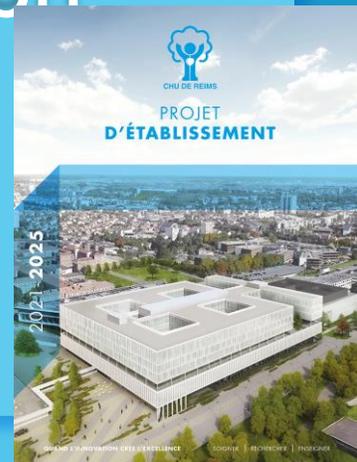


Quelles Cibles thérapeutiques pour la prise en charge du choc septique?

Olfa Hamzaoui

Service de Médecine Intensive-Réanimation
polyvalente

CHU et Université de Reims



Conflicts of Interest

Quelles Cibles thérapeutiques pour la prise en charge du choc septique?

- I have received honoraria from Baxter
- I have received honoraria as a consultant AOP Orphan
- I have no conflicts of interest relevant to the content of this presentation



CHU et Université de Reims

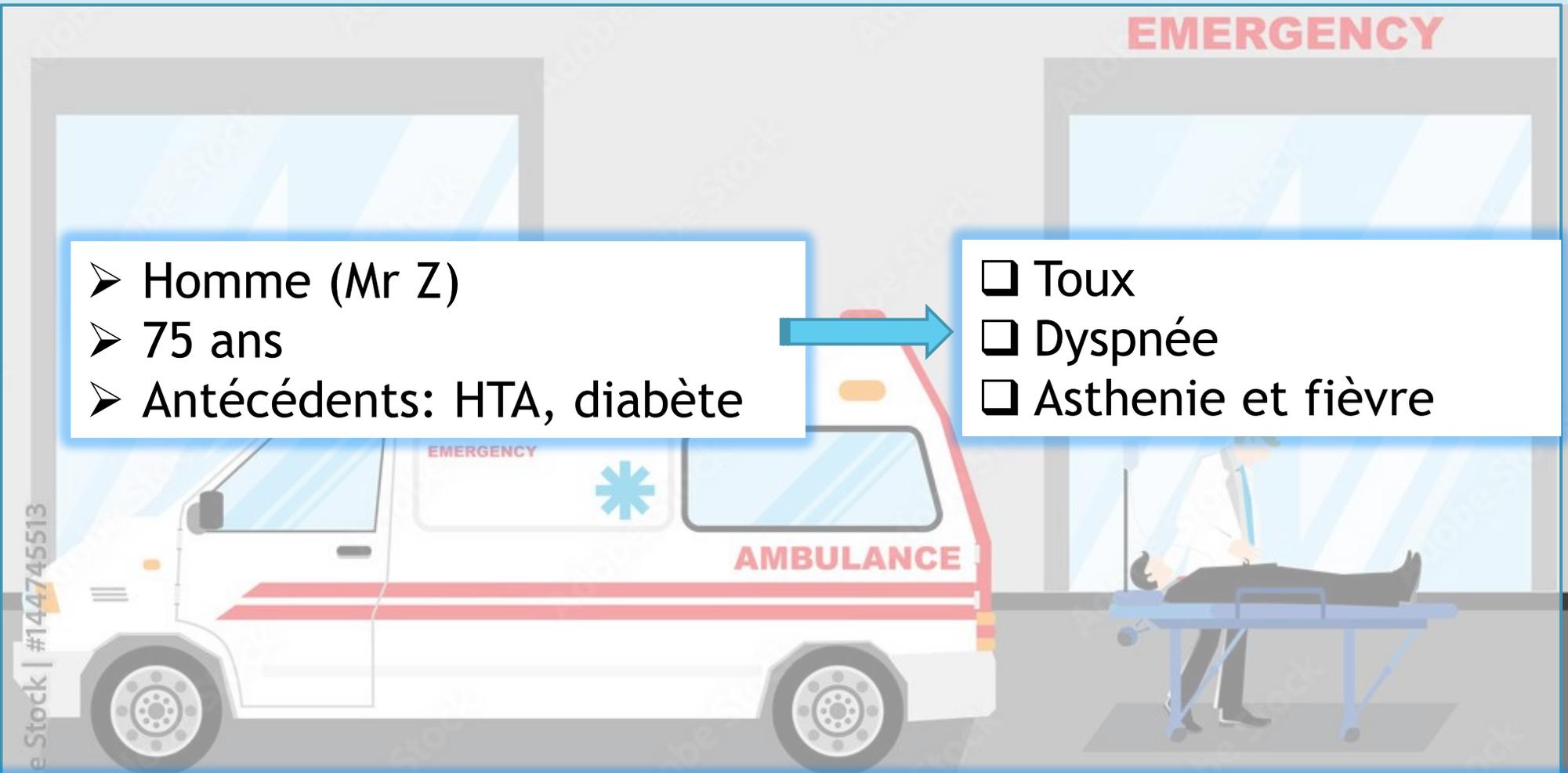
Phase toute initiale

Adobe Stock | #144745513



- Homme (Mr Z)
- 75 ans
- Antécédents: HTA, diabète

- Toux
- Dyspnée
- Asthénie et fièvre



Le patient se présente aux urgences fébrile, asthénique et en **détresse respiratoire**



CRT > 3 seconds



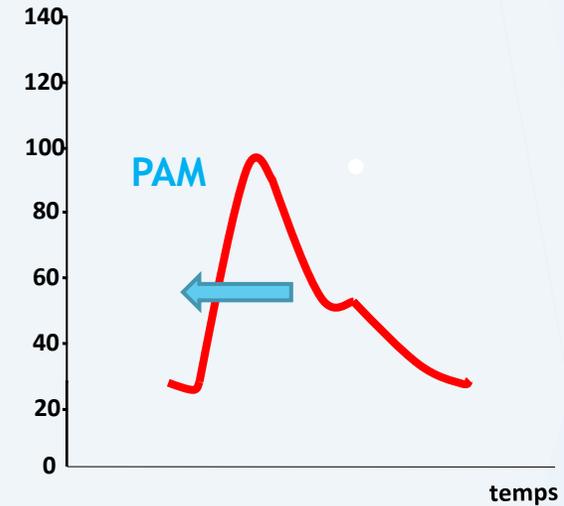
EMERGENCY



Cibles thérapeutiques: Macrocirculation

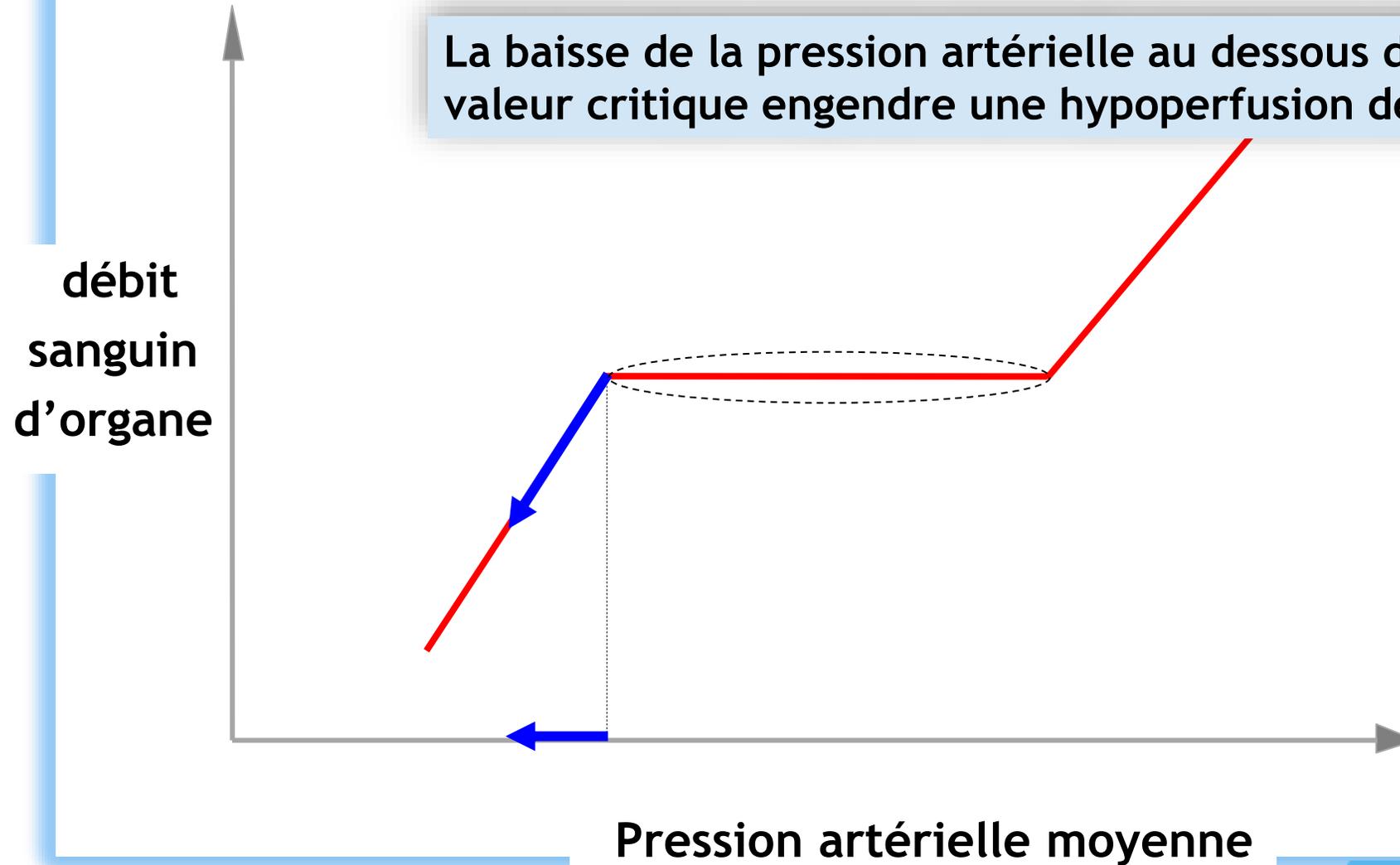
Pression artérielle(mmHg)

1 La pression artérielle moyenne



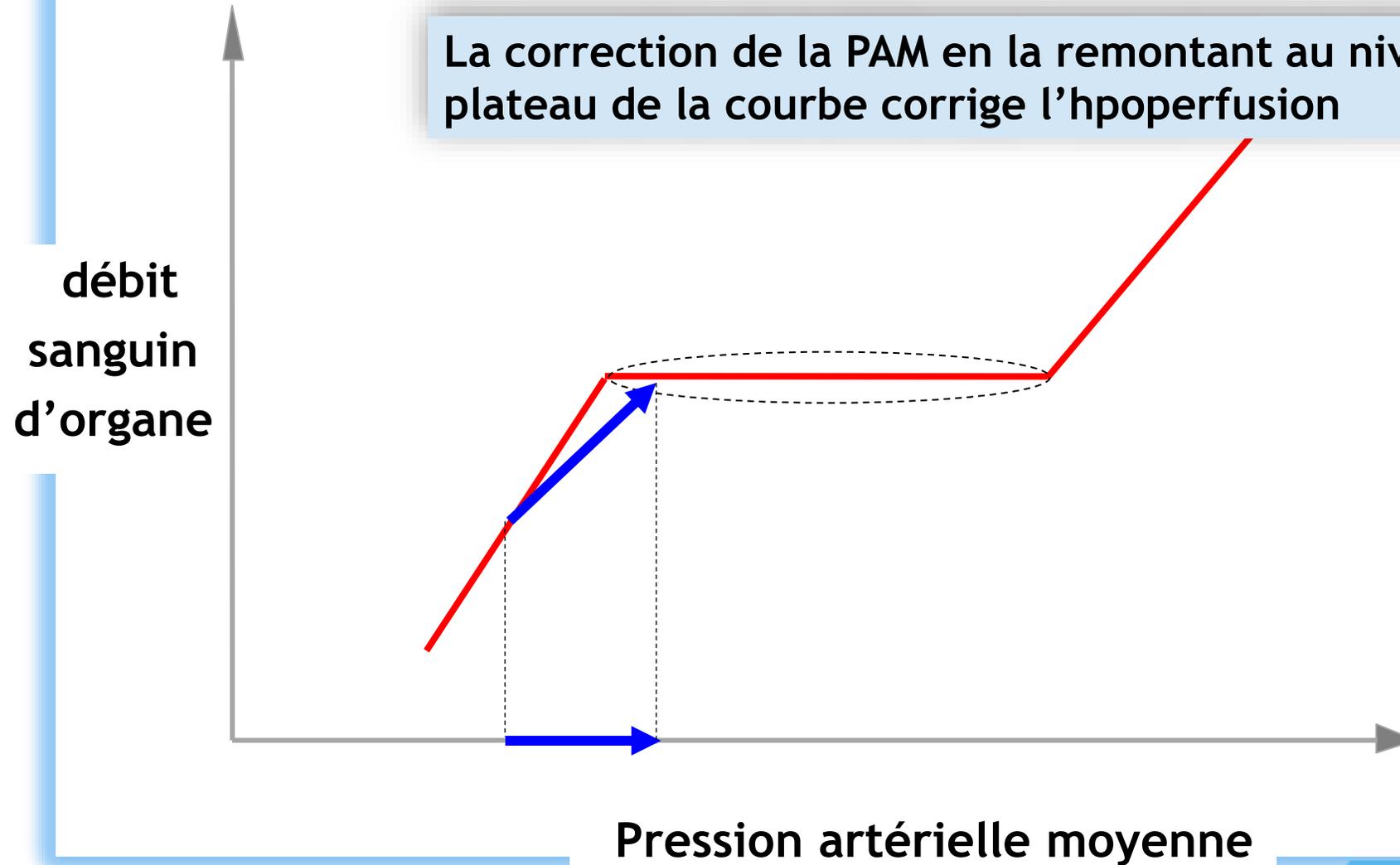
Autoregulation du débit sanguin

La baisse de la pression artérielle au dessous d'une valeur critique engendre une hypoperfusion des organes



Autoregulation du débit sanguin

La correction de la PAM en la remontant au niveau du plateau de la courbe corrige l'hypoperfusion

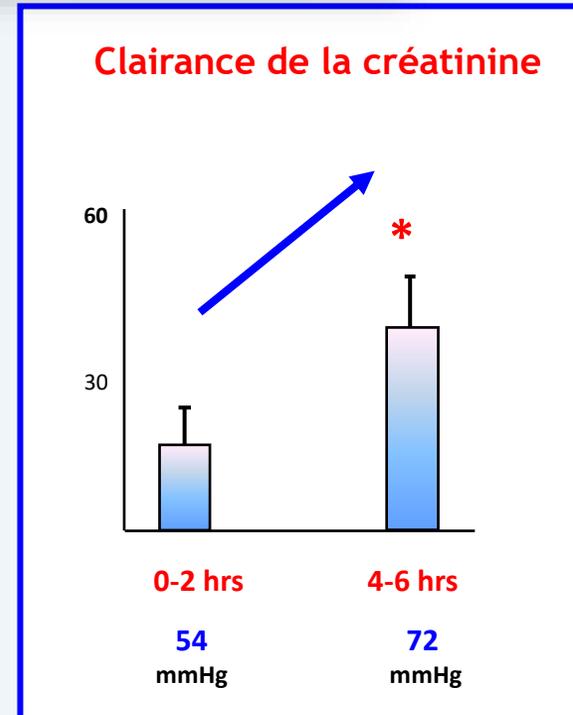
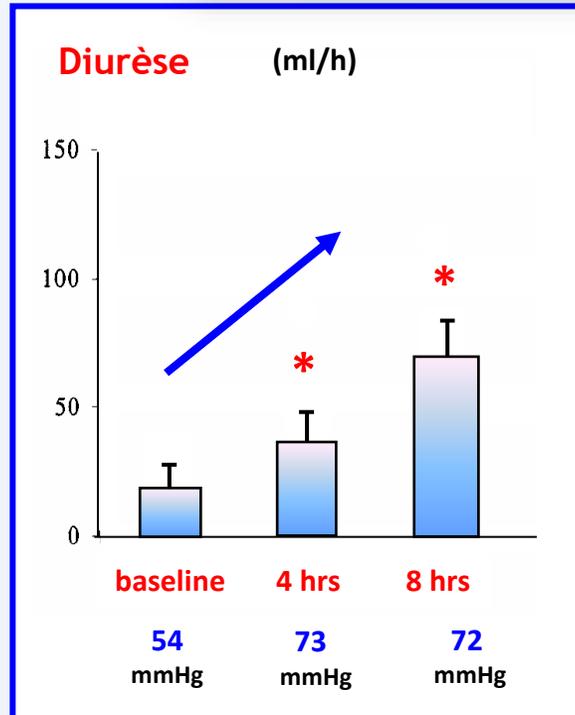


Terlipressin or norepinephrine in hyperdynamic septic shock: A prospective, randomized study*

Jacques Albanèse, MD; Marc Leone, MD; Anne Delmas, MD; Claude Martin, MD, FCCM

Crit Care Med 2005; 33:1897-1902

Probable effet Pression

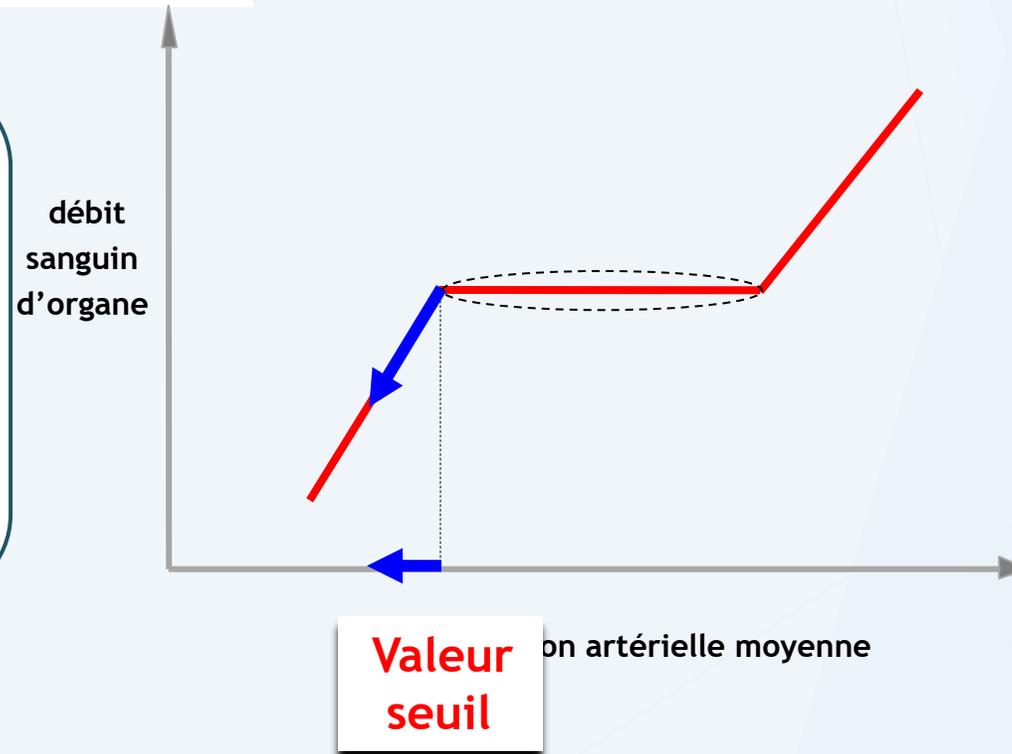


Le débit cardiaque était **inchangé**

Cibles thérapeutiques: Macrocirculation

1 La pression artérielle moyenne

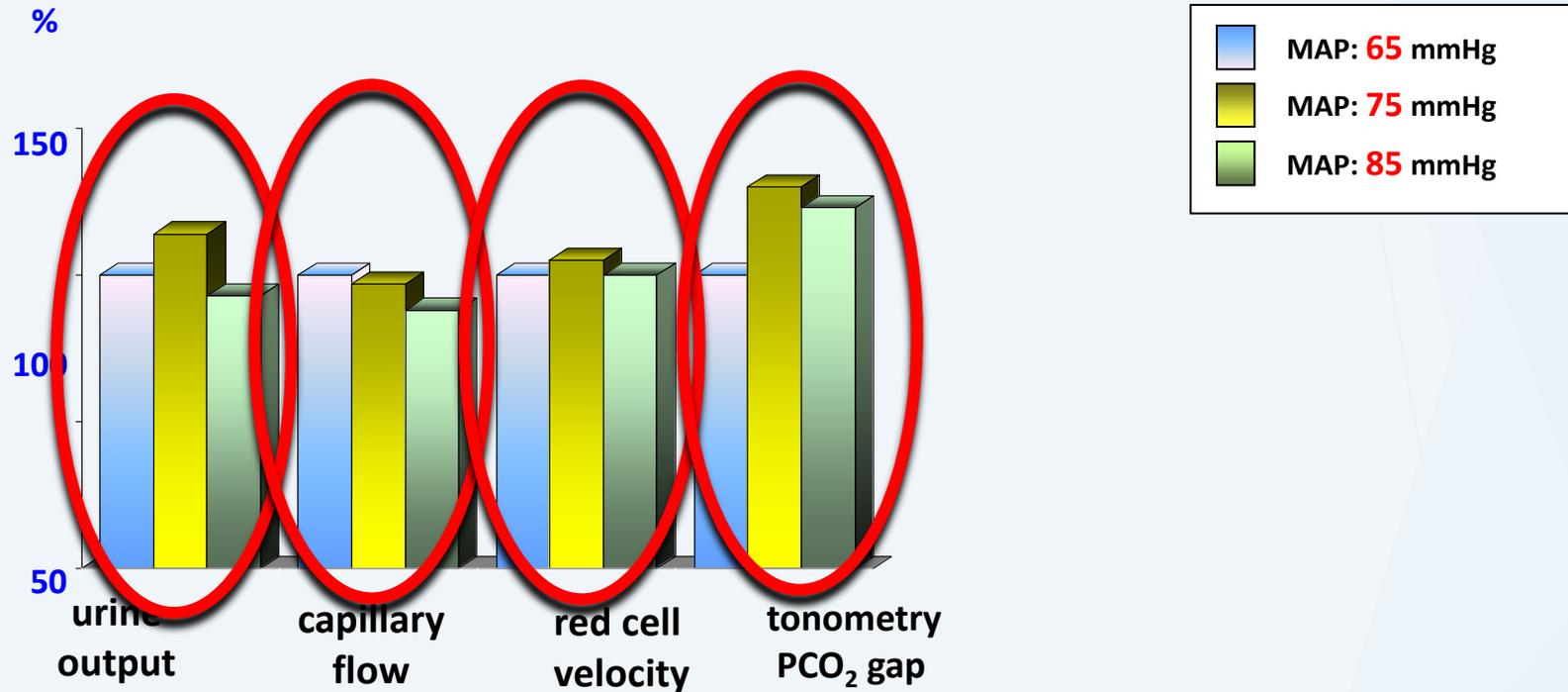
Quelle valeur seuil ?



Effects of perfusion pressure on tissue perfusion in septic shock

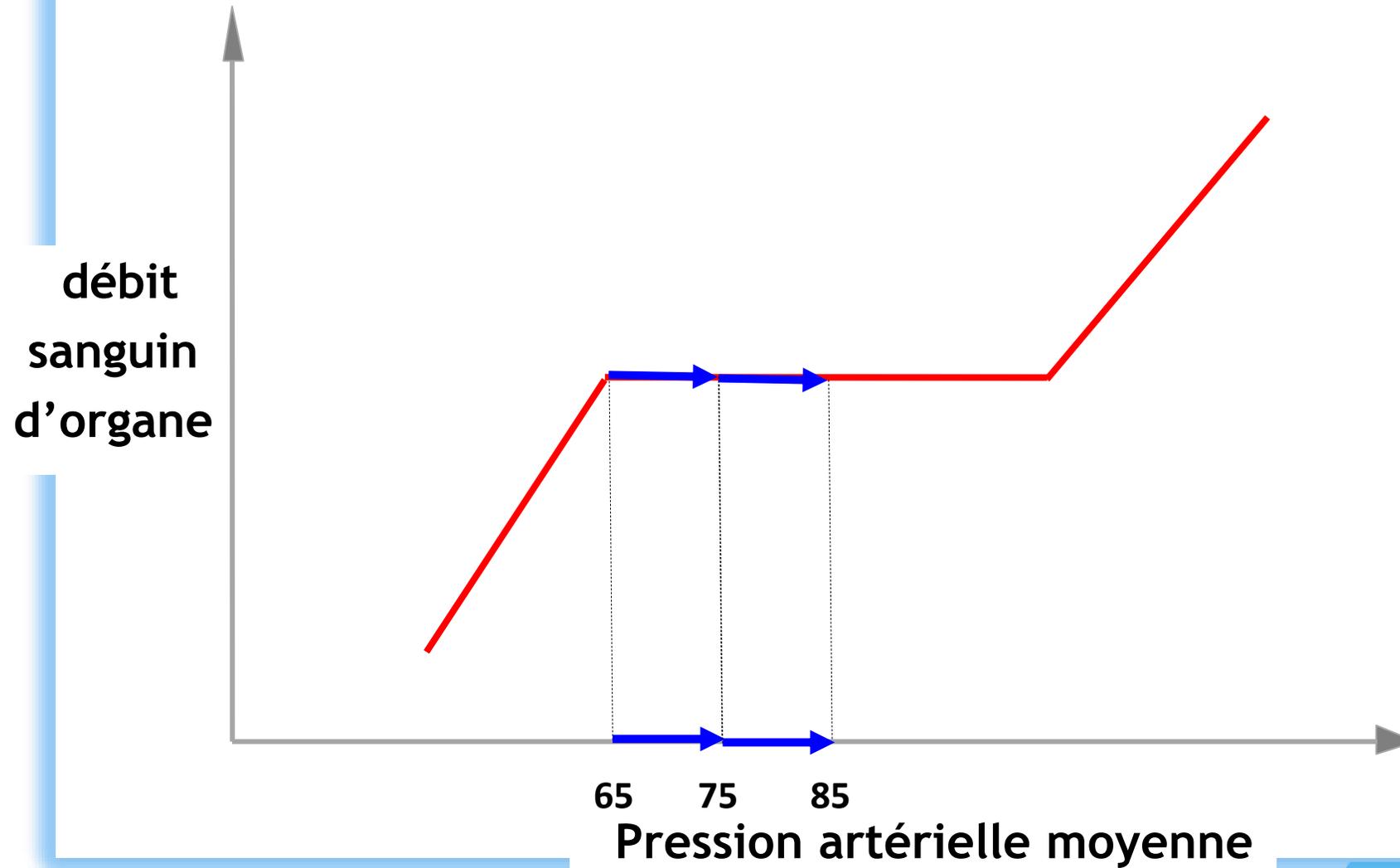
David LeDoux, MD; Mark E. Astiz, MD, FCCM; Charles M. Carpati, MD; Eric C. Rackow, MD, FCCM

Crit Care Med 2000; 28:2729-2732



Au-delà de 65mmHg de PAM, plus d'effet sur la perfusion périphérique

Autoregulation du débit sanguin

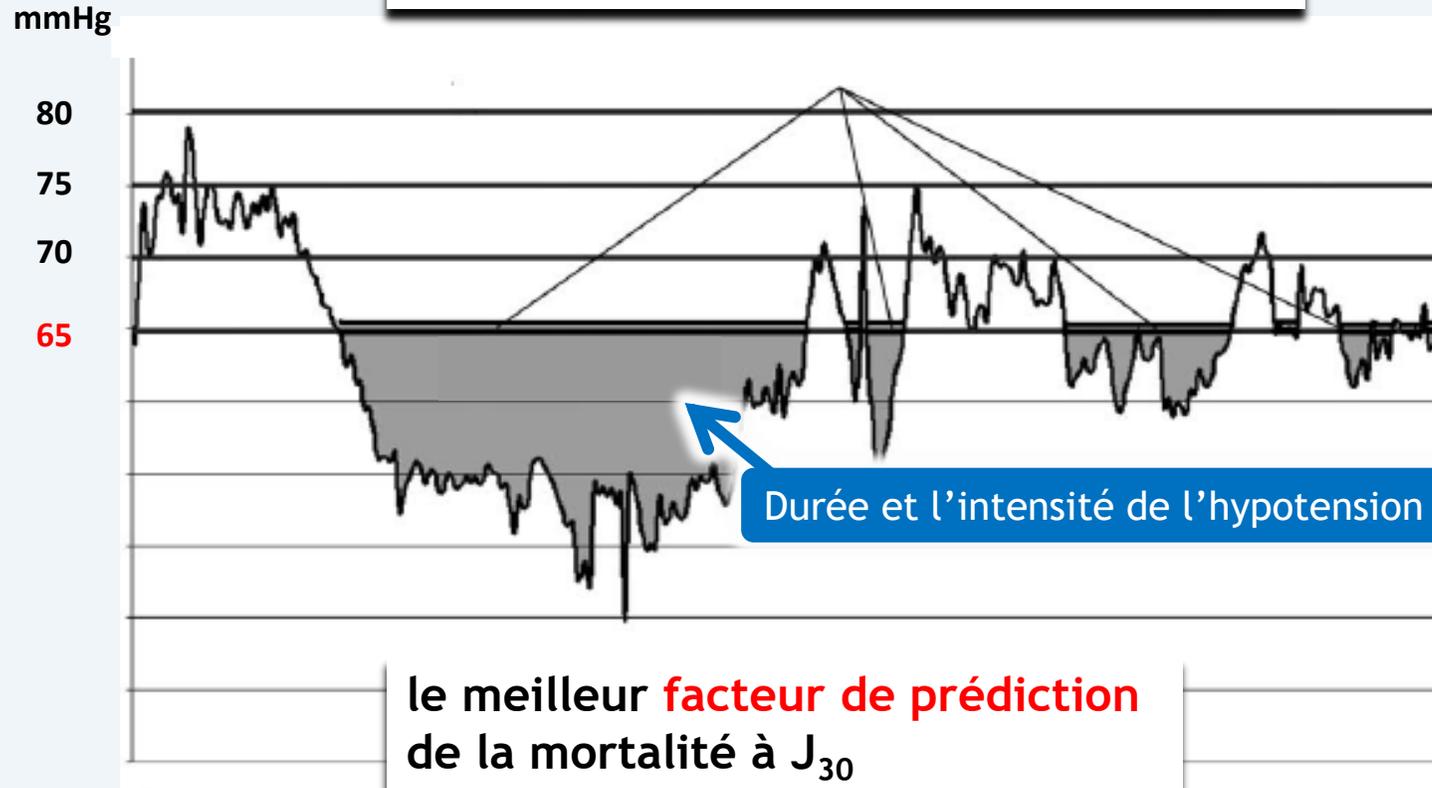


Marjut Varpula
Minna Tallgren
Katri Saukkonen
Liisa-Maria Voipio-Pulkki
Ville Pettilä

Hemodynamic variables related to outcome in septic shock

Cohorte Retrospective
111 patients en choc septique
Mortalité à J30

Durée passée sous **PAM 65 mmHg**



GUIDELINES

Surviving sepsis campaign: international guidelines for management of sepsis and septic shock 2021



Intensive Care Med (2021) 47:1181–1247

MEAN ARTERIAL PRESSURE



MODERATE

9

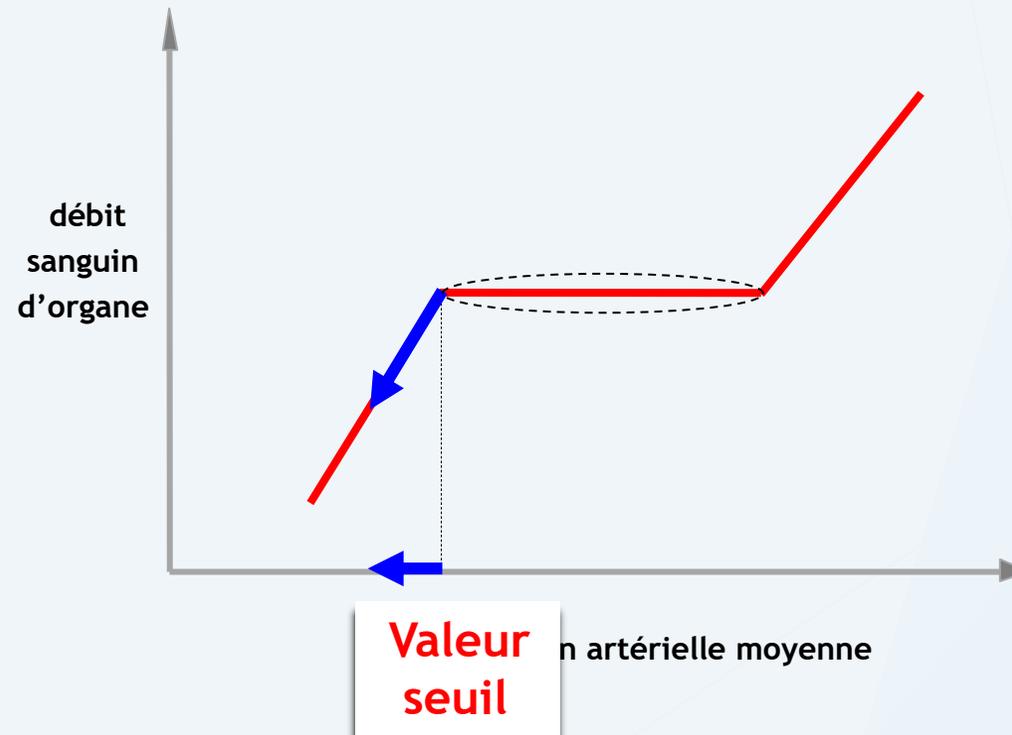
For adults with septic shock on vasopressors, we **recommend** an initial target mean arterial pressure (MAP) of 65 mm Hg over higher MAP targets.

Cibles thérapeutiques: Macrocirculation

1 La pression artérielle moyenne

Quelle valeur seuil ?

Est-elle la même chez tous les patients?

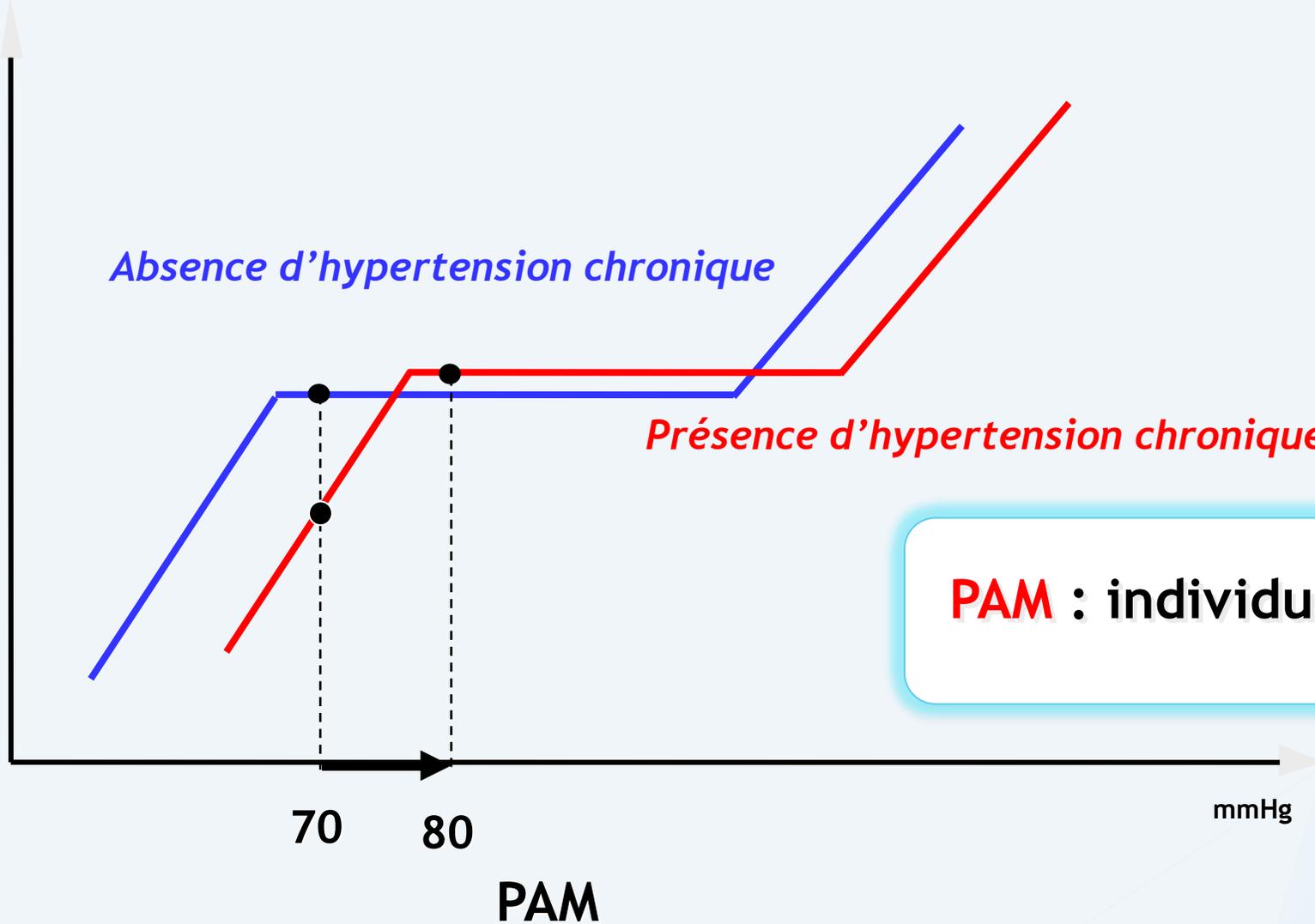


Autoregulation of Brain Circulation in Severe Arterial Hypertension

S. STRANDGAARD, J. OLESEN, E. SKINHØJ, N. A. LASSEN

British Medical Journal, 1973, 1, 507-510

débit
sanguin
des organes



PAM : individualiser

The **NEW ENGLAND**
JOURNAL *of* **MEDICINE**

80-85 mmHg

ESTABLISHED IN 1812

APRIL 24, 2014

VOL. 370 NO. 16

65-70 mmHg

High versus Low Blood-Pressure Target in Patients with Septic Shock

Pierre Asfar, M.D., Ph.D., Ferhat Meziani, M.D., Ph.D., Jean-François Hamel, M.D., Fabien Grelon, M.D., Bruno Megarbane, M.D., Ph.D., Nadia Anguel, M.D., Jean-Paul Mira, M.D., Ph.D., Pierre-François Dequin, M.D., Ph.D., Soizic Gergaud, M.D., Nicolas Weiss, M.D., Ph.D., François Legay, M.D., Yves Le Tulzo, M.D., Ph.D., Marie Conrad, M.D., René Robert, M.D., Ph.D., Frédéric Gonzalez, M.D., Christophe Guitton, M.D., Ph.D., Fabienne Tamion, M.D., Ph.D., Jean-Marie Tonnelier, M.D., Pierre Guezennec, M.D., Thierry Van Der Linden, M.D., Antoine Vieillard-Baron, M.D., Ph.D., Eric Mariotte, M.D., Gaël Pradel, M.D., Olivier Lesieur, M.D., Jean-Damien Ricard, M.D., Ph.D., Fabien Hervé, M.D., Damien du Cheyron, M.D., Ph.D., Claude Guerin, M.D., Ph.D., Alain Mercat, M.D., Ph.D., Jean-Louis Teboul, M.D., Ph.D., and Peter Radermacher, M.D., Ph.D.,

388 pts

388 pts

High versus Low Blood-Pressure Target in Patients with Septic Shock

Pierre Asfar, M.D., Ph.D., Ferhat Meziani, M.D., Ph.D., Jean-François Hamel, M.D., Fabien Grelon, M.D., Bruno Megarbane, M.D., Ph.D., Nadia Anguel, M.D., Jean-Paul Mira, M.D., Ph.D., Pierre-François Dequin, M.D., Ph.D., Soizic Gergaud, M.D., Nicolas Weiss, M.D., Ph.D., François Legay, M.D., Yves Le Tulzo, M.D., Ph.D., Marie Conrad, M.D., René Robert, M.D., Ph.D., Frédéric Gonzalez, M.D., Christophe Guitton, M.D., Ph.D., Fabienne Tamion, M.D., Ph.D., Jean-Marie Tonnelier, M.D., Pierre Guezennec, M.D., Thierry Van Der Linden, M.D., Antoine Vieillard-Baron, M.D., Ph.D., Eric Mariotte, M.D., Gaël Pradel, M.D., Olivier Lesieur, M.D., Jean-Damien Ricard, M.D., Ph.D., Fabien Hervé, M.D., Damien du Cheyron, M.D., Ph.D., Claude Guerin, M.D., Ph.D., Alain Mercat, M.D., Ph.D., Jean-Louis Teboul, M.D., Ph.D., and Peter Radermacher, M.D., Ph.D.

Variable	Low-Target Group (N = 388)	High-Target Group (N = 388)	P Value
Primary outcome: death at day 28 — no. (%) [*]	132 (34.0)	142 (36.6)	0.57
Secondary outcomes — no./total no. (%)			
Death at day 90 [†]	164 (42.3)	170 (43.8)	0.74
Survival at day 28 without organ support [‡]	241 (62.1)	235 (60.6)	0.66
Doubling of plasma creatinine	161 (41.5)	150 (38.7)	0.42
No chronic hypertension	71/215 (33.0)	85/221 (38.5)	0.32
Chronic hypertension	90/173 (52.0)	65/167 (38.9)	0.02
Renal-replacement therapy from day 1 to day 7	139 (35.8)	130 (33.5)	0.50
No chronic hypertension	66/215 (30.7)	77/221 (34.8)	0.36
Chronic hypertension	73/173 (42.2)	53/167 (31.7)	0.046
Atrial fibrillation	11 (2.8)	26 (6.7)	0.02
Ventricular fibrillation or tachycardia	15 (3.9)	22 (5.7)	0.24
Digital ischemia	9 (2.3)	10 (2.6)	0.82
Mesenteric ischemia	9 (2.3)	9 (2.3)	1.00
Bleeding	42 (10.8)	31 (8.0)	0.22

The NEW ENGLAND
JOURNAL of MEDICINE

ESTABLISHED IN 1812

APRIL 24, 2014

VOL. 370 NO. 17

High versus Low Blood-Pressure Target in Patients with Septic Shock

Pierre Asfar, M.D., Ph.D., Ferhat Meziani, M.D., Ph.D., Jean-François Hamel, M.D., Fabien Grelon, M.D., Bruno Megarbane, M.D., Ph.D., Nadia Anguel, M.D., Jean-Paul Mira, M.D., Ph.D., Pierre-François Dequin, M.D., Ph.D., Soizic Gergaud, M.D., Nicolas Weiss, M.D., Ph.D., François Legay, M.D., Yves Le Tulzo, M.D., Ph.D., Marie Conrad, M.D., René Robert, M.D., Ph.D., Frédéric Gonzalez, M.D., Christophe Guitton, M.D., Ph.D., Fabienne Tamion, M.D., Ph.D., Jean-Marie Tonnelier, M.D., Pierre Guezennec, M.D., Thierry Van Der Linden, M.D., Antoine Vieillard-Baron, M.D., Ph.D., Eric Mariotte, M.D., Gaël Pradel, M.D., Olivier Lesieur, M.D., Jean-Damien Ricard, M.D., Ph.D., Fabien Hervé, M.D., Damien du Cheyron, M.D., Ph.D., Claude Guerin, M.D., Ph.D., Alain Mercat, M.D., Ph.D., Jean-Louis Teboul, M.D., Ph.D., and Peter Radermacher, M.D., Ph.D.,
for the SEPSISPAM Investigators*

		Low MAP	High MAP	p value
AF — no. (%)	All	11 (2.8)	26 (6.7)	0.02
	Chronic hypertension —	2 (0.9)	11 (5.0)	0.02
	Chronic hypertension +	9 (5.2)	15 (9.0)	0.21

Contrairement aux patients sans HTA chronique,
pas de **différence** en termes d'incidence **d'arythmie**
chez les **patients avec HTA chronique** randomisés dans le
groupe stratégie PAM élevée

Current use of vasopressors in septic shock

Thomas W. L. Scheeren^{1*} , Jan Bakker^{2,3,4,5}, Daniel De Backer⁶, Djillali Annane⁷, Pierre Asfar⁸, E. Christiaan Boerma⁹, Maurizio Cecconi¹⁰, Arnaldo Dubin¹¹, Martin W. Dünser¹², Jacques Duranteau¹³, Anthony C. Gordon¹⁴, Olfa Hamzaoui¹⁵, Glenn Hernández¹⁶, Marc Leone¹⁷, Bruno Levy¹⁸, Claude Martin¹⁷, Alexandre Mebazaa¹⁹, Xavier Monnet^{20,21}, Andrea Morelli²², Didier Payen²³, Rupert Pearse²⁴, Michael R. Pinsky²⁵, Peter Radermacher²⁶, Daniel Reuter²⁷, Bernd Saugel²⁸, Yasser Sakr²⁹, Mervyn Singer³⁰, Pierre Squara³¹, Antoine Vieillard-Baron^{32,33}, Philippe Vignon³⁴, Simon T. Vistisen³⁵, Iwan C. C. van der Horst³⁶ , Jean-Louis Vincent³⁷ and Jean-Louis Teboul³⁸

Ann. Intensive Care (2019) 9:20

Which patient's factor(s) may encourage you to increase your arterial blood pressure target?

Age	14 (2%)
History of chronic hypertension	662 (79%)
History of coronary artery disease	52 (6%)
None of them	102 (12%)
Value of central venous pressure	9 (1%)

Equilibrating SSC guidelines with individualized care



Jean-Louis Vincent^{1*} , Mervyn Singer², Sharon Einav³, Rui Moreno⁴ , Julia Wendon⁵, Jean-Louis Teboul⁶, Jan Bakker^{7,8,9,10}, Glenn Hernandez¹¹, Djillali Annane¹², Angélique M. E. de Man¹³, Xavier Monnet¹⁴, V. Marco Ranieri¹⁵, Olfa Hamzaoui¹⁶, Jukka Takala¹⁷, Nicole Juffermans^{18,19}, Jean-Daniel Chiche²⁰, Sheila N. Myatra²¹ and Daniel De Backer²²

Critical Care (2021) 25:397



We recommend **individualizing** arterial **blood pressure** levels.

Although a mean value of **65 mmHg** may be recommended as an **initial goal**, the optimal level may be **higher** in patients with a history of **hypertension**, **atherosclerosis** or **chronic kidney disease**

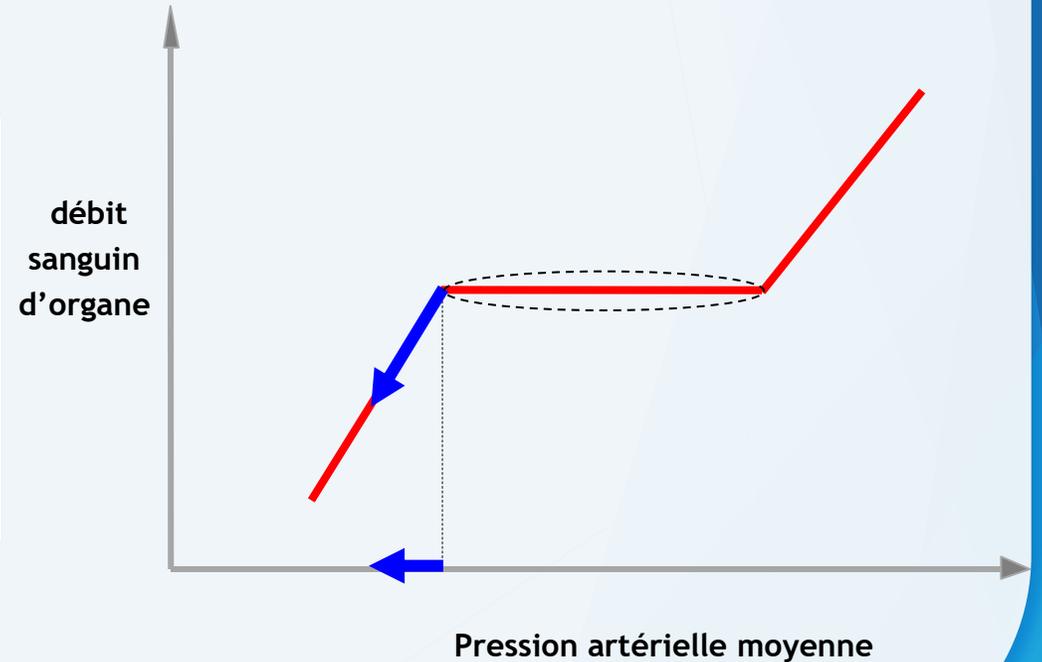
Cibles thérapeutiques: Macrocirculation

1 La pression artérielle moyenne

Quelle valeur seuil ?

Est-elle la même chez tous les patients?

Est-elle la même dans toutes les situations?



Central venous pressure (CVP)

Olfa Hamzaoui^{1*} and Jean-Louis Teboul^{2,3}



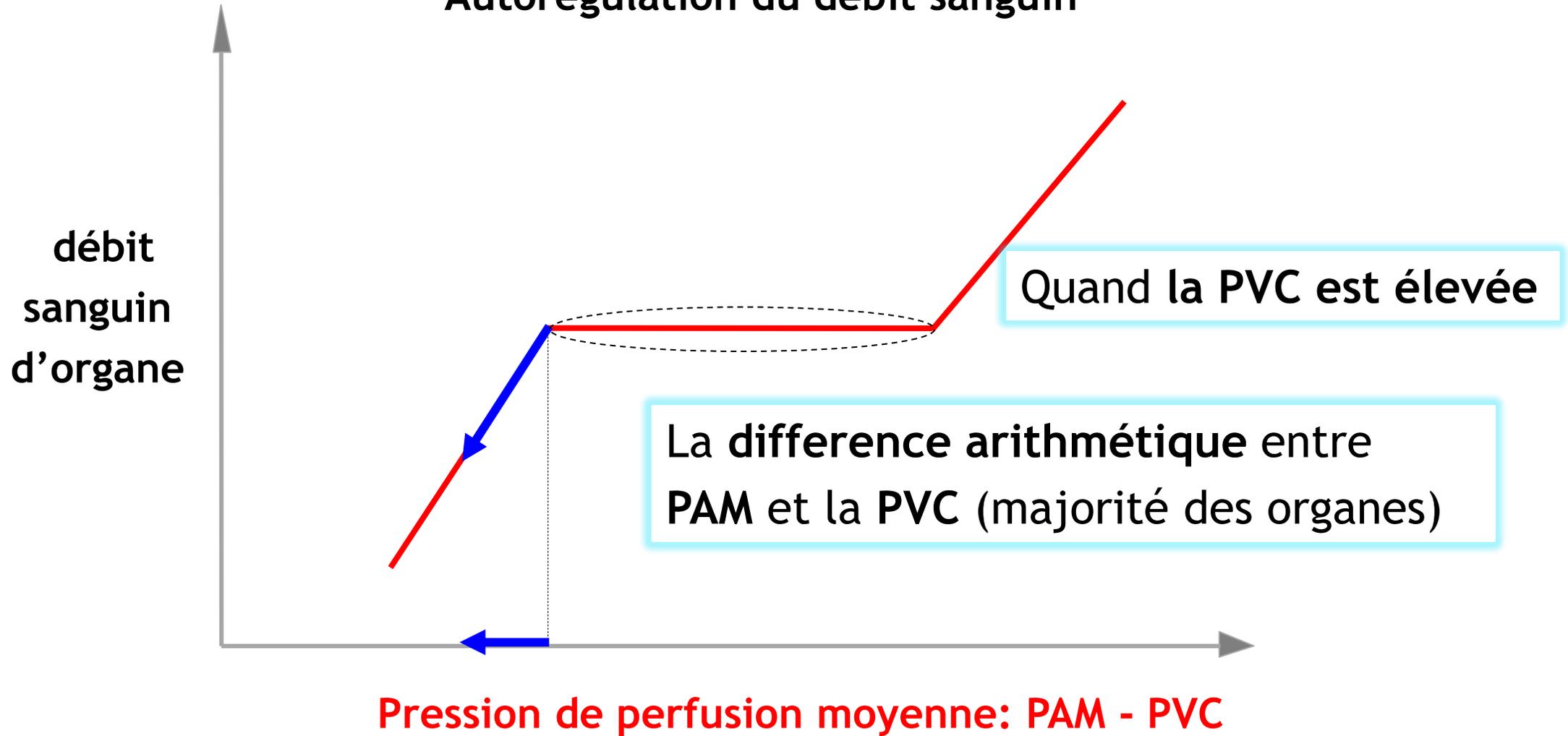
Intensive Care Med (2022) 48:1498–1500

CVP as the downstream pressure for organ perfusion

The **CVP** also reflects the **downstream pressure for perfusion of most vital organs** (e.g., brain and kidney). The **mean perfusion pressure (MPP)** of such organs is the **difference between mean arterial pressure (MAP) and CVP**.

PPM = PAM - PVC → PAM reflète PPM quand la PVC est basse

Autoregulation du débit sanguin



Low mean perfusion pressure is a risk factor for progression of acute kidney injury in critically ill patients – A retrospective analysis

Marlies Ostermann^{1*}, Anna Hall² and Siobhan Crichton³

BMC Nephrology (2017) 18:151

Table 2 Multivariable analysis: Risk factors for progression from AKI I to AKI III

Parameter	OR (95% CI) ^a	p-value
-----------	--------------------------	---------

La **pression de perfusion moyenne** (PPM = PAM - PVC), mais pas la PAM était un facteur indépendant associé à la **progression de l'IRA**.

Une valeur de **PPM** de **60 mmHg** était retrouvée comme **valeur-seuil**.

Cumulative fluid balance on day of AKI I [ml]	1.00 (0.99–1.00)	0.98
---	------------------	------

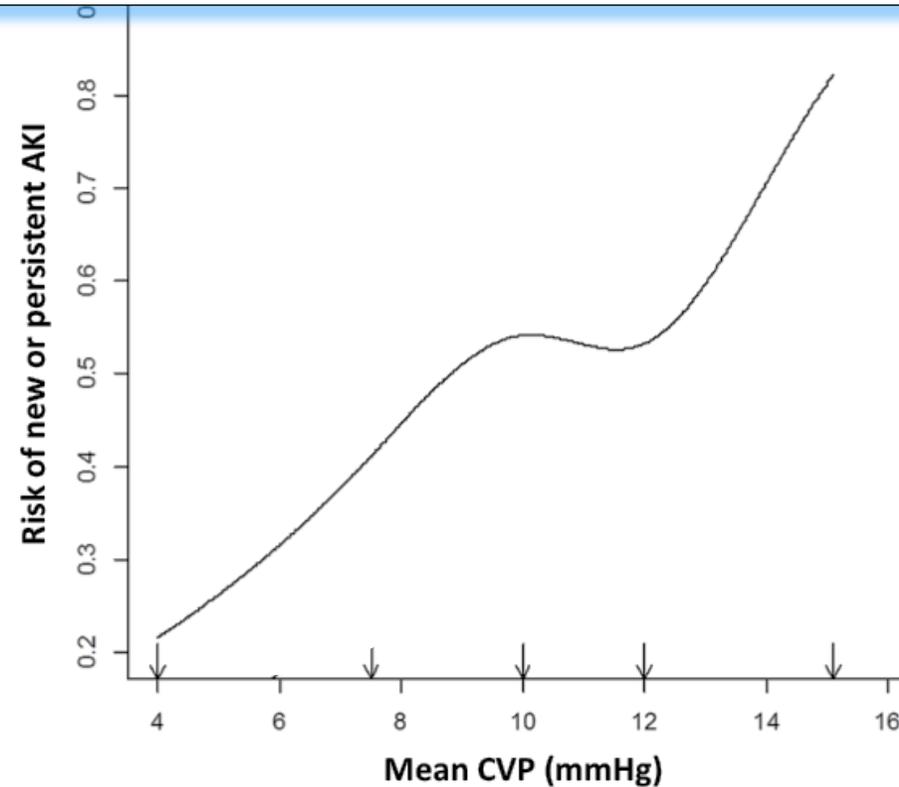
MAP <65 mmHg for >1 h in first 12 h after diagnosis of AKI I	0.97 (0.48–1.96)	0.93
--	------------------	------

Association between systemic hemodynamics and septic acute kidney injury in critically ill patients: a retrospective observational study

Matthieu Legrand^{1,2*}, Claire Dupuis¹, Christelle Simon¹, Etienne Gayat^{1,3}, Joaquim Mateo¹, Anne-Claire Lukaszewicz^{1,2,4} and Didier Payen^{1,2,4}

Critical Care 2013, **17**:R278

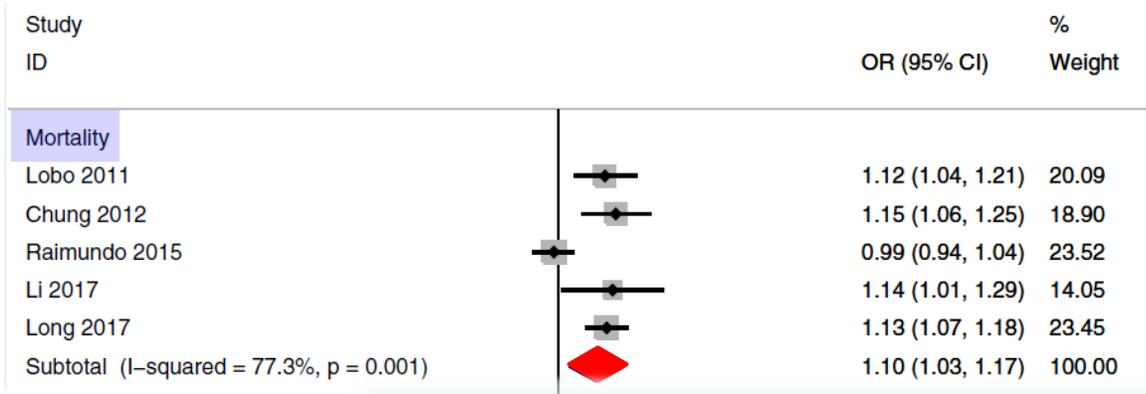
Plus la **PVC** est **élevée**, plus **élevé** est le risque d'**IRA**



Elevated central venous pressure is associated with increased mortality and acute kidney injury in critically ill patients: a meta-analysis

Chuan-Yu Chen¹, Yan Zhou¹, Peng Wang¹, En-Yao Qi¹ and Wan-Jie Gu^{2*}

Critical Care (2020) 24:80



PVC élevée est associée à un risqué élevé de mortalité

Cibles thérapeutiques: Microcirculation

1 Les marbrures



Alteration of skin perfusion in mottling area during septic shock

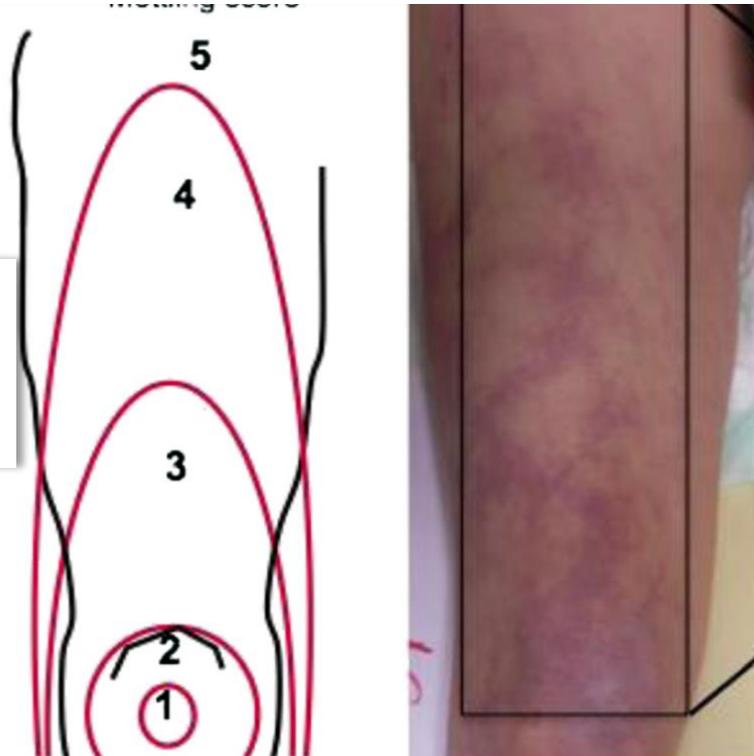
Hafid Ait-Oufella^{1,2,3*}, Simon Bourcier¹, Mikael Alves^{1,3}, Arnaud Galbois¹, Jean-Luc Baudel¹, Dimitri Margetis¹, Naïke Bige^{1,3}, Georges Offenstadt^{1,3,4}, Eric Maury^{1,3,4} and Bertrand Guidet^{1,3,4}

Signes cutanés :

- Marbrures

La peau est un organe accessible qui permet d'évaluer la perfusion tissulaire au lit du patient de manière non invasive

Score de marbrures :
fonction de l'étendue des marbrures autour des genoux



Signes cutanés :

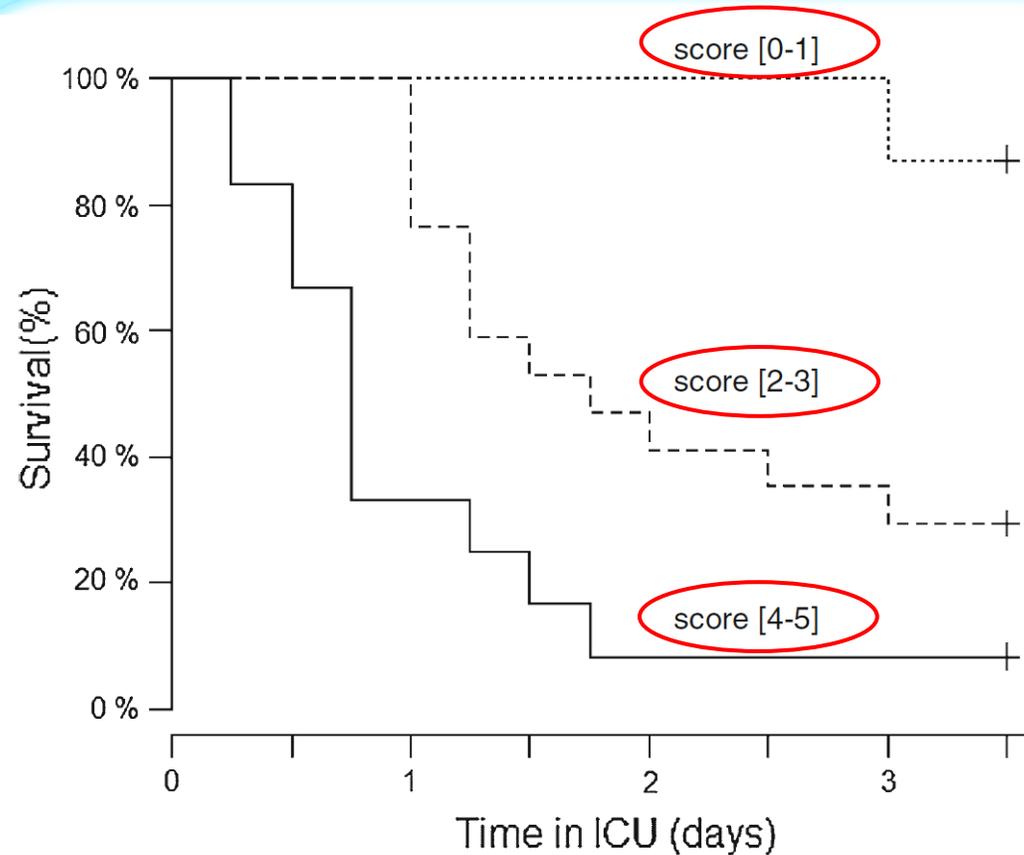
➤ Marbrures

Plus le **score** de marbrures est **élevé** à H₆ plus le taux de **survie** est **bas**

H. Ait-Oufella
S. Lemoine
P. Y. Boelle
A. Galbois
J. L. Baudel
J. Lemant
J. Joffre
D. Margetis
B. Guidet
E. Maury
G. Offenstadt

Mottling score predicts survival in septic shock

Mottling score at H₆



Cibles thérapeutiques: Microcirculation

1 Les marbrures

2 Le temps de recoloration cutané



Effect of a Resuscitation Strategy Targeting Peripheral Perfusion Status vs Serum Lactate Levels on 28-Day Mortality Among Patients With Septic Shock

The ANDROMEDA-SHOCK Randomized Clinical Trial

Glenn Hernández, MD, PhD; Gustavo A. Ospina-Tascón, MD, PhD; Lucas Petri Damiani, MSc; Elisa Estenssoro, MD; Arnaldo Dubin, MD, PhD; Javier Hurtado, MD; Gilberto Friedman, MD, PhD; Ricardo Castro, MD, MPH; Leyla Alegría, RN, MSc; Jean-Louis Teboul, MD, PhD; Maurizio Cecconi, MD, FFICM; Giorgio Ferri, MD; Manuel Jibaja, MD; Ronald Pairumani, MD; Paula Fernández, MD; Diego Barahona, MD; Vladimir Granda-Luna, MD, PhD; Alexandre Biasi Cavalcanti, MD, PhD; Jan Bakker, MD, PhD; for the ANDROMEDA-SHOCK Investigators and the Latin America Intensive Care Network (LIVEN)

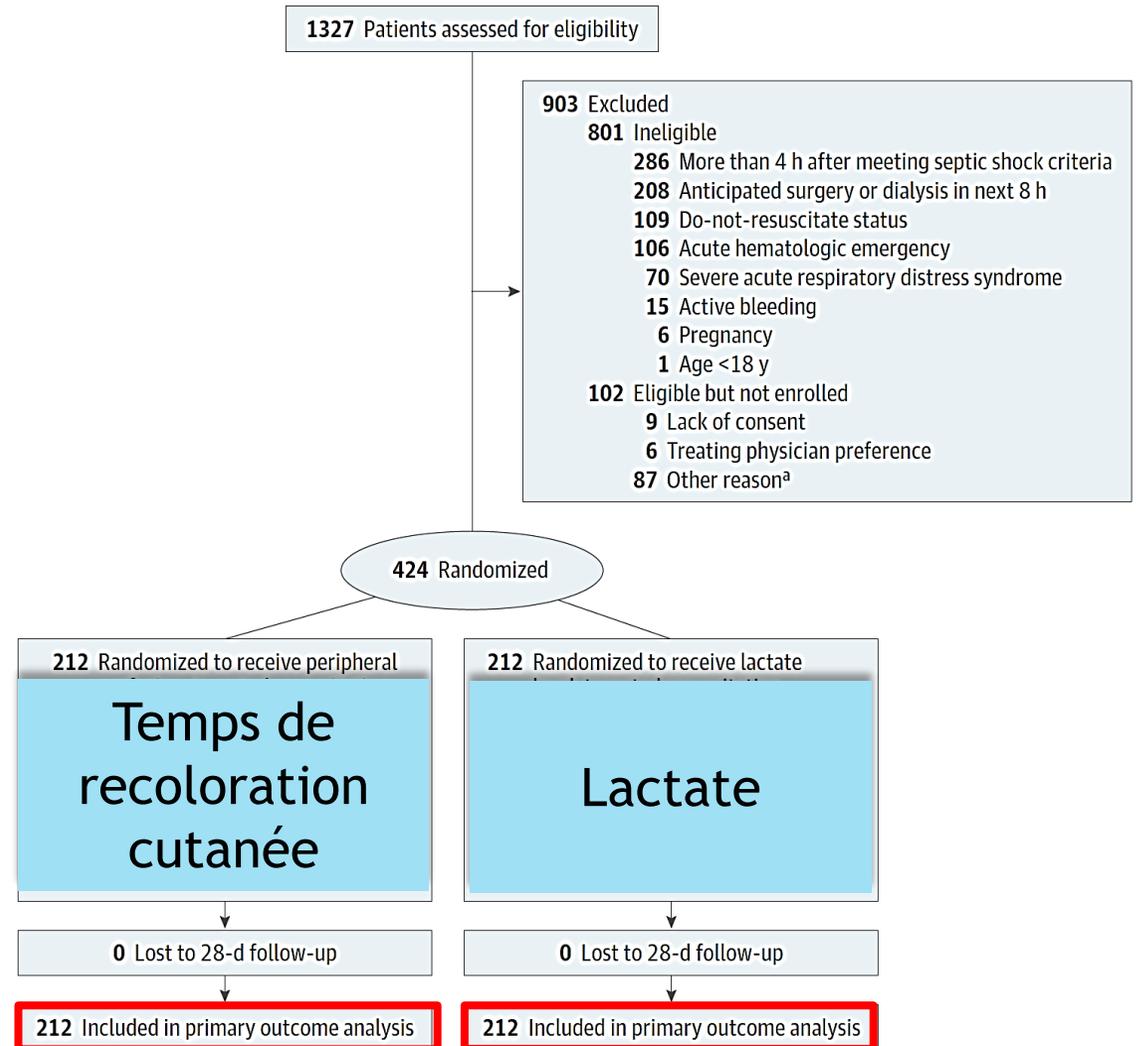
JAMA. 2019;321(7):654-664.

Signes cutanés :

- Marbrures
- Temps de recoloration cutanée



Figure 1. Flow of Participants Through the Study



Effect of a Resuscitation Strategy Targeting Peripheral Perfusion Status vs Serum Lactate Levels on 28-Day Mortality Among Patients With Septic Shock

The ANDROMEDA-SHOCK Randomized Clinical Trial

Glenn Hernández, MD, PhD; Gustavo A. Ospina-Tascón, MD, PhD; Lucas Petri Damiani, MSc; Elisa Estenssoro, MD; Arnaldo Dubin, MD, PhD; Javier Hurtado, MD; Gilberto Friedman, MD, PhD; Ricardo Castro, MD, MPH; Leyla Alegría, RN, MSc; Jean-Louis Teboul, MD, PhD; Maurizio Cecconi, MD, FFICM; Giorgio Ferri, MD; Manuel Jibaja, MD; Ronald Pairumani, MD; Paula Fernández, MD; Diego Barahona, MD; Vladimir Granda-Luna, MD, PhD; Alexandre Biasi Cavalcanti, MD, PhD; Jan Bakker, MD, PhD; for the ANDROMEDA-SHOCK Investigators and the Latin America Intensive Care Network (LIVEN)

JAMA. 2019;321(7):654-664.

Table 2. Main Outcomes of the Study of Resuscitation Strategies in Septic Shock

Outcome	Peripheral Perfusion-Targeted Resuscitation (n = 212)	Lactate Level-Targeted Resuscitation (n = 212)	Unadjusted Absolute Difference (95% CI)	Adjusted Relative Measure (95% CI)	P Value
Primary Outcome					
Death within 28 d, No. (%)	74 (34.9)	92 (43.4)	-8.5 (-18.2 to 1.2) ^b	HR, 0.75 (0.55 to 1.02) ^a	.06 ^a
Secondary Outcomes					
Death within 90 d, No. (%)	87 (41.0)	99 (46.7)	-5.7 (-15.6 to 4.2) ^b	HR, 0.82 (0.61 to 1.09) ^a	.17 ^a
Mechanical ventilation-free days within 28 d, mean (SD) ^c	14.6 (12.1)	12.7 (12.2)	1.9 (-0.6 to 4.3)		.14
Renal replacement therapy-free days within 28 d, mean (SD) ^c	18.5 (12.1)	16.9 (12.1)	1.7 (-1.5 to 4.8)		.31
Vasopressor-free days within 28 d, mean (SD) ^c	16.7 (12.0)	15.1 (12.3)	1.6 (-0.7 to 3.9)		.18
SOFA at 72 h, No.^d					
Mean (SD)	165 5.6 (4.3)	166 6.6 (4.7)	-1.00 (-1.97 to -0.02)		.045

Signes cutanés :

- Marbrures
- Temps de recoloration cutanée

RESEARCH

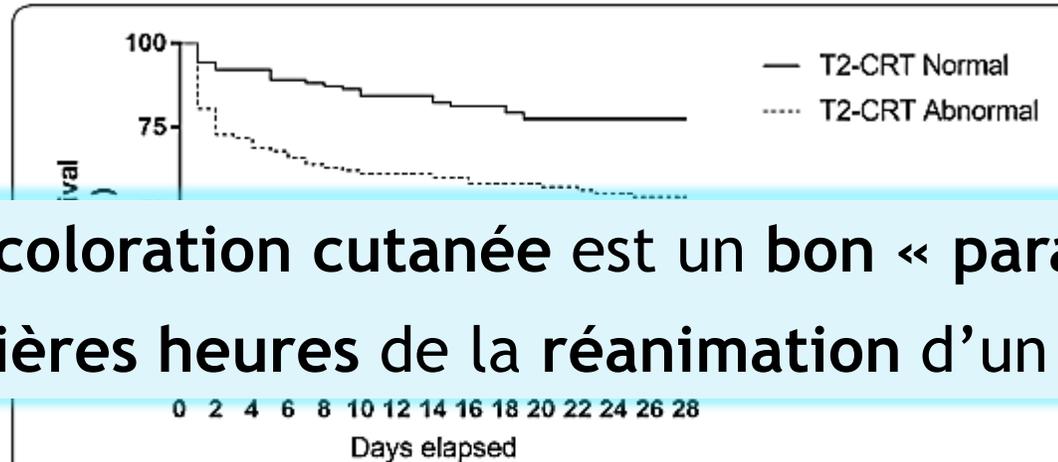
Open Access



A lactate-targeted resuscitation strategy may be associated with higher mortality in patients with septic shock and normal capillary refill time: a post hoc analysis of the ANDROMEDA-SHOCK study

Eduardo Kattan¹, Glenn Hernández¹, Gustavo Ospina-Tascón², Emilio Daniel Valenzuela¹, Jan Bakker^{1,3,4,5}, Ricardo Castro^{1*} and The ANDROMEDA-SHOCK Study Investigators and the Latin America Intensive Care Network (LIVEN)

378 patients de l'étude ANDROMEDA-SHOCK avaient des données disponibles à H₂



Le temps de recoloration cutanée est un bon « paramètre cible » lors des premières heures de la réanimation d'un état de choc

Fig. 1 Kaplan–Meier estimates of the 28-day survival rate according to CRT status at 2 h

Indépendamment du bras dans lequel le patient était randomisé :

- le sous-groupe de patients avec un temps de recoloration cutanée normal à H₂ avait un **taux de mortalité plus bas à J₂₈**
- Ce groupe avait reçu **moins de remplissage** et avait un **score SOFA plus bas** à H₂₄

GUIDELINES

Surviving sepsis campaign: international guidelines for management of sepsis and septic shock 2021



Laura Evans^{1*}, Andrew Rhodes², Waleed Alhazzani³, Massimo Antonelli⁴, Craig M. Coopersmith⁵, Craig French⁶, Flávia R. Machado⁷, Lauralyn McIntyre⁸, Marlies Ostermann⁹, Hallie C. Prescott¹⁰,

Intensive Care Med

8. For adults with septic shock, we **suggest** using capillary refill time to guide resuscitation as an adjunct to other measures of perfusion
Weak recommendation, low-quality evidence

Cibles thérapeutiques: Microcirculation

1 Les marbrures

2 Le temps de recoloration cutané

3 Le Lactate

Hyperlactatémie

↗ production du Lactate

anaérobie

Hypoxie
tissulaire

- Production Endogène
- Inflammation/stress
 - glycolyse accélérée
 - inhibition de la pyruvate deshydrogenase

aérobie

↘ clairance du lactate

- Dysfonction hépatique/débit
- altération de la fonction rénale

GUIDELINES

Surviving sepsis campaign: international guidelines for management of sepsis and septic shock 2021



Intensive Care Med (2021) 47:1181–1247



LOW

7

For adults with sepsis or septic shock, we **suggest** guiding resuscitation to decrease serum lactate in patients with elevated lactate level, over not using serum lactate.



Phase plus tardive

2 Heures après en réanimation

Oligo-anurie

- **créatinine** = 250 $\mu\text{mol/L}$
- Na^+ = 140 mmol/L
- K^+ = 4 mmol/L
- **ALAT** = 2,500 IU/L
- **ASAT** = 3,500 UI/L
- **pH** = 7.10
- PaO_2 = 50 mmHg **Hyperlactat**
- PaCO_2 = 40 mmHg **tiss**
- **lactate** = 10 mmol/L



2 Heures après en réanimation



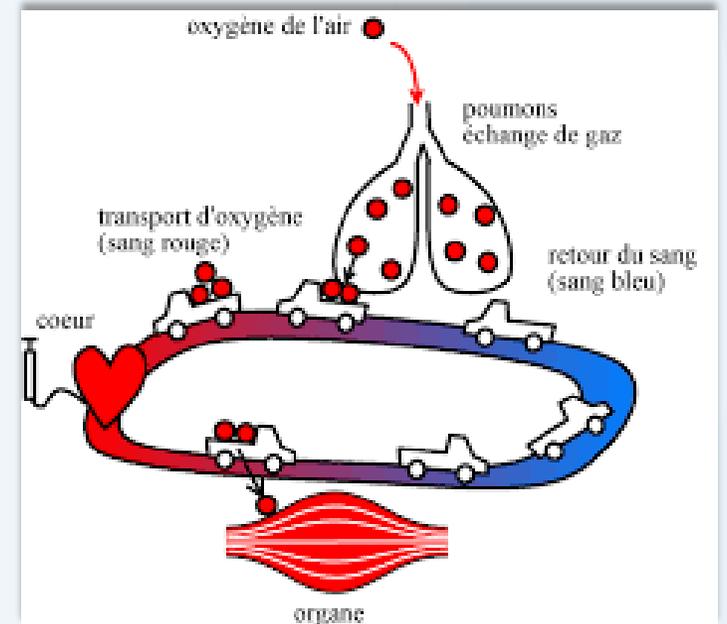
Adobe Stock | #144745513

Cibles thérapeutiques: Macrocirculation

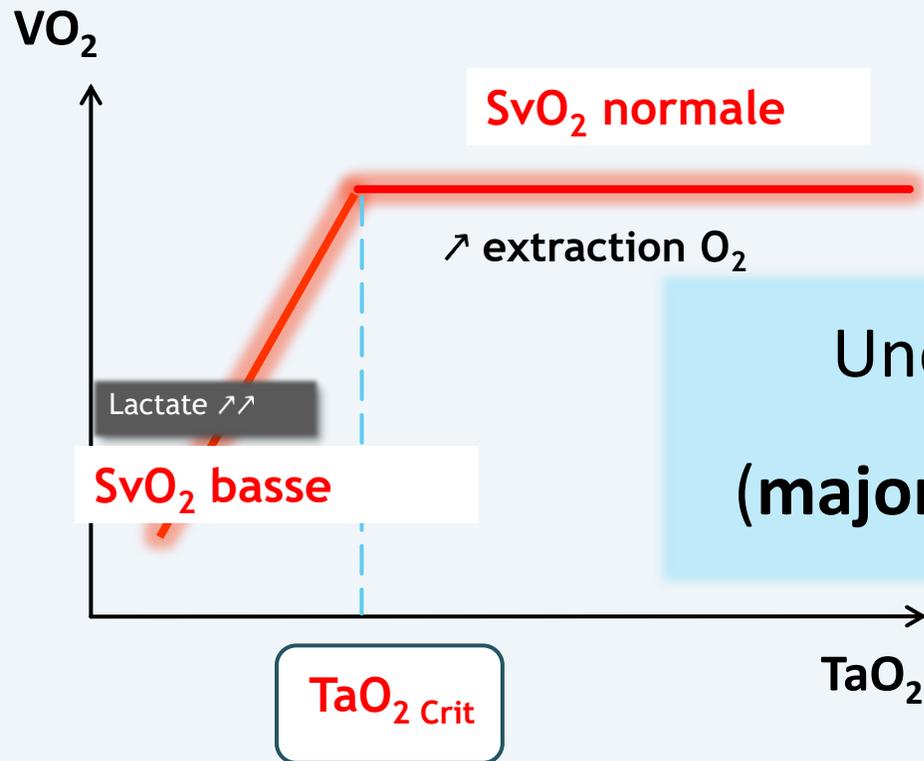
1 La pression artérielle moyenne

2 La ScvO₂

→ Indicateur de la balance TaO₂/VO₂



$$SvO_2 = SaO_2 - \frac{VO_2}{DC \times Hb \times 13.4}$$



Une **basse ScvO₂** incite à **augmenter le TaO₂**
(majoritairement par une **augmentation du DC**)

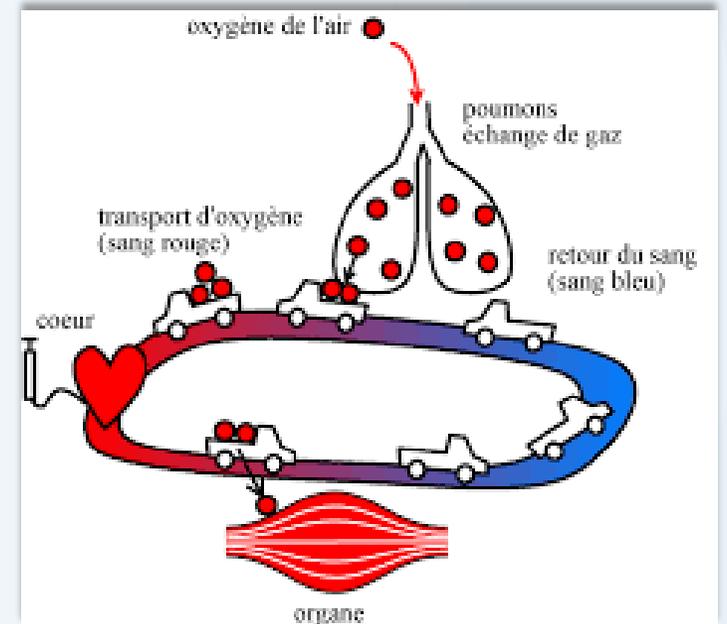
Cibles thérapeutiques: Macrocirculation

1 La pression artérielle moyenne

2 La ScVO₂

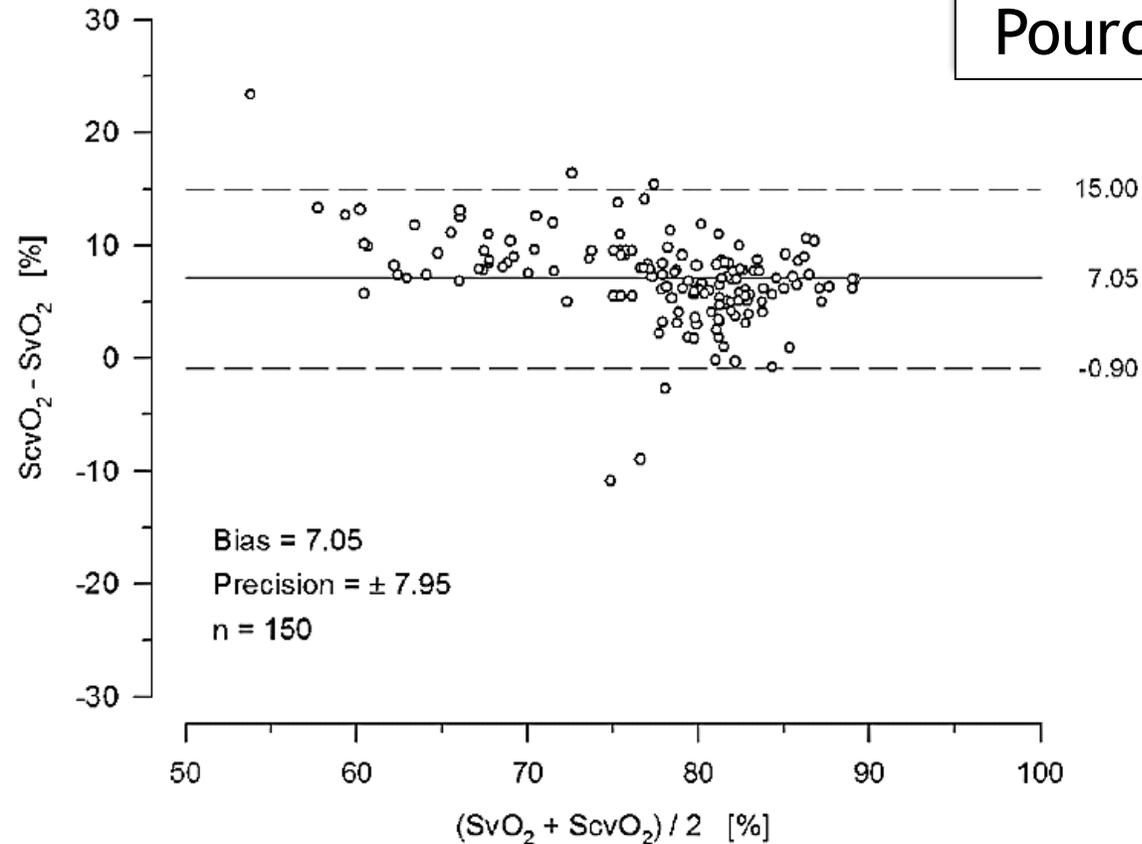
Indicateur de la balance TaO₂/VO₂

→ ScvO₂ un reflet acceptable de la SvO₂



Konrad Reinhart
Hans-Jörg Kuhn
Christiane Hartog
Donald L. Bredle

Continuous central venous and pulmonary artery oxygen saturation monitoring in the critically ill

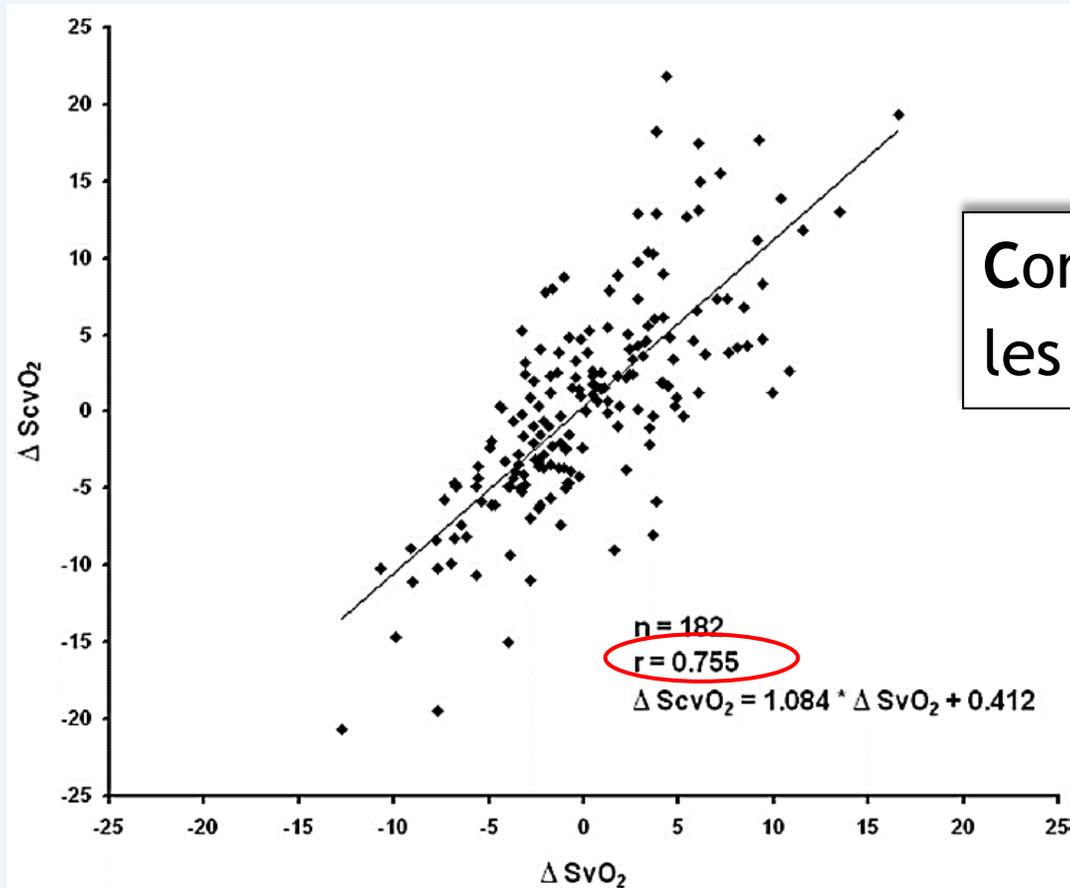


Pourcentage d'erreur= **11%**

Trends but Not Individual Values of Central Venous Oxygen Saturation Agree with Mixed Venous Oxygen Saturation during Varying Hemodynamic Conditions

Michael H. Dueck, M.D., D.E.A.A.,* Markus Klimek, M.D., D.E.A.A.,† Stefan Appenrodt,‡ Christoph Weigand, M.D.,* Ulf Boerner, M.D.§

Anesthesiology 2005; 103:249-57



Corrélation satisfaisante entre les variations des deux paramètres

Cibles thérapeutiques: Macrocirculation

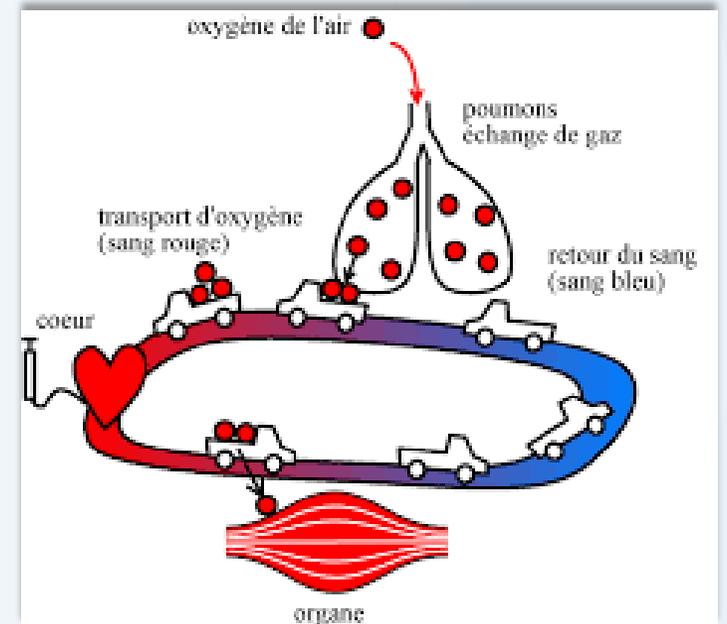
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Indicateur de la balance TaO₂/VO₂

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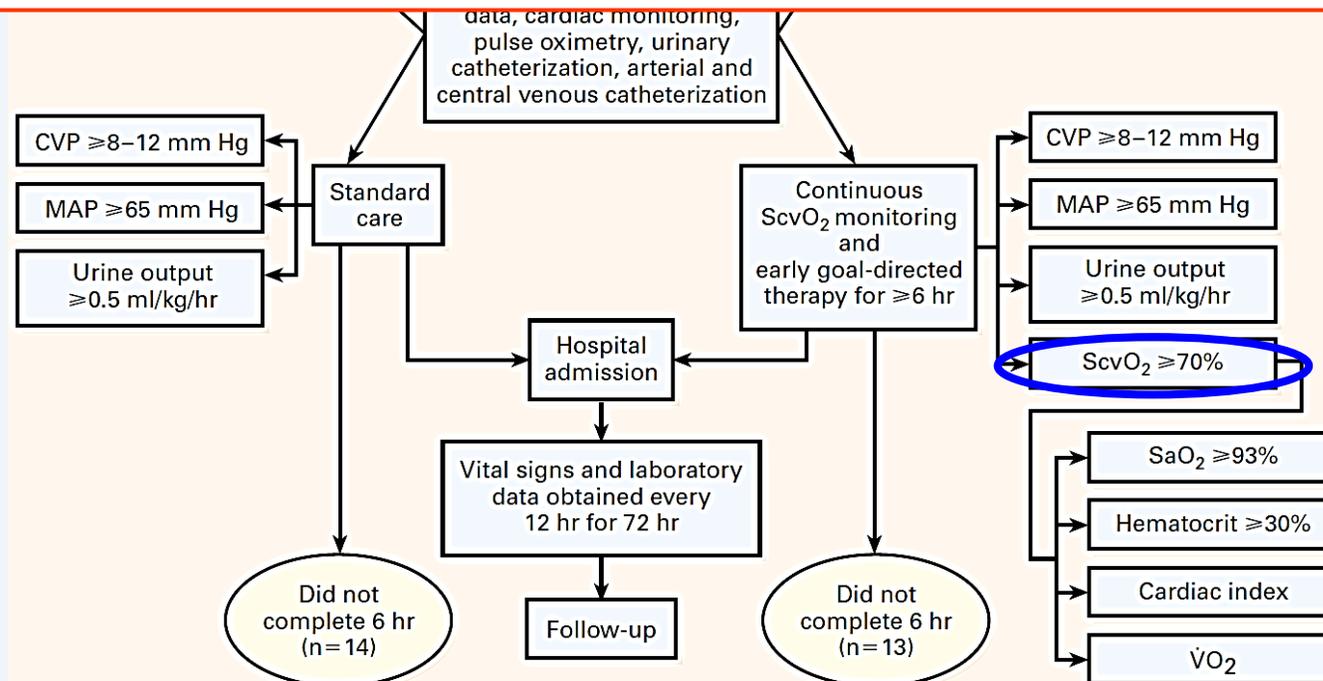
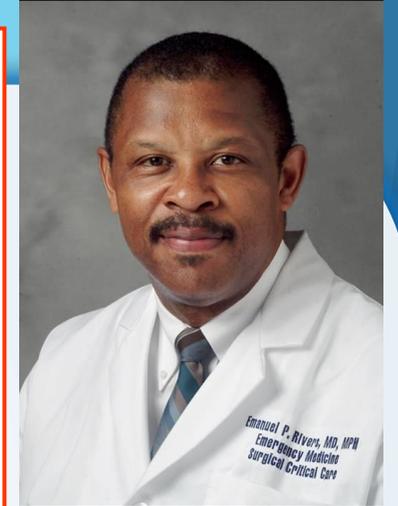
➡ Peut être utilisée comme une vraie cible thérapeutique





EARLY GOAL-DIRECTED THERAPY IN THE TREATMENT OF SEVERE SEPSIS AND SEPTIC SHOCK

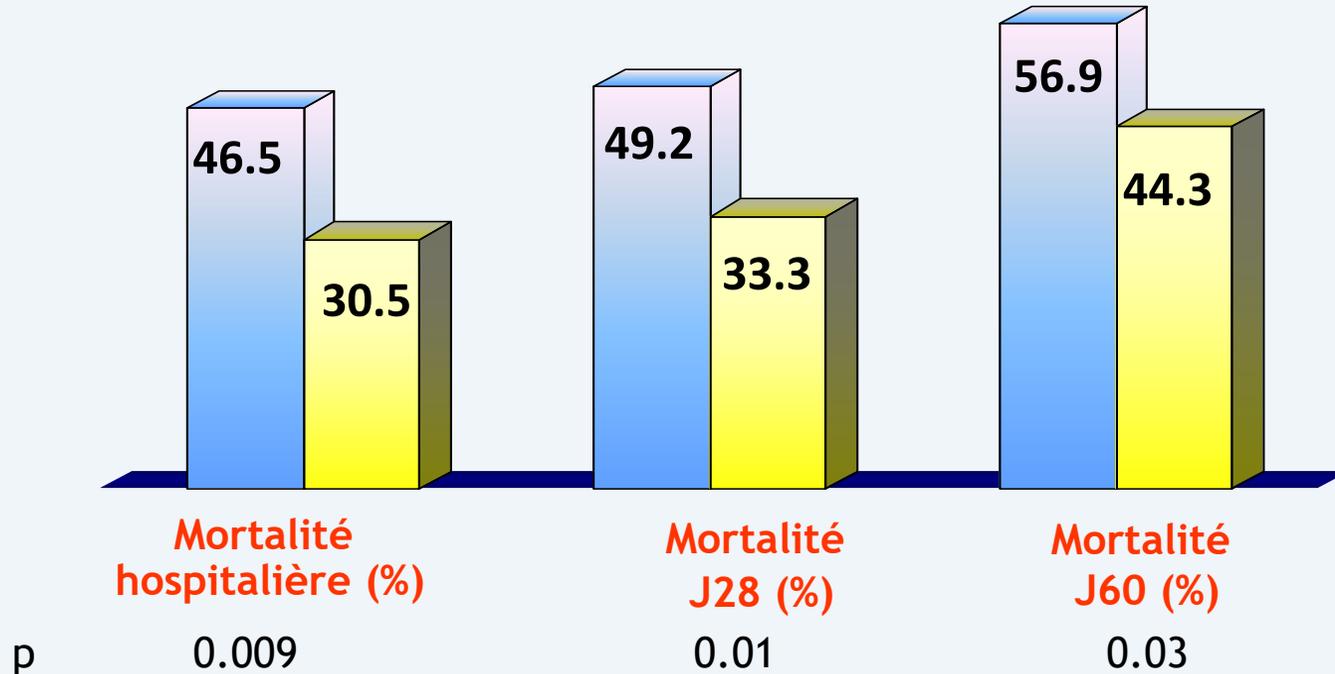
EMANUEL RIVERS, M.D., M.P.H., BRYANT NGUYEN, M.D., SUZANNE HAVSTAD, M.A., JULIE RESSLER, B.S.,
ALEXANDRIA MUZZIN, B.S., BERNHARD KNOBLICH, M.D., EDWARD PETERSON, PH.D., AND MICHAEL TOMLANOVICH, M.D.,
FOR THE EARLY GOAL-DIRECTED THERAPY COLLABORATIVE GROUP*



EARLY GOAL-DIRECTED THERAPY IN THE TREATMENT OF SEVERE SEPSIS AND SEPTIC SHOCK

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N Engl J Med 2001;345:1368-77

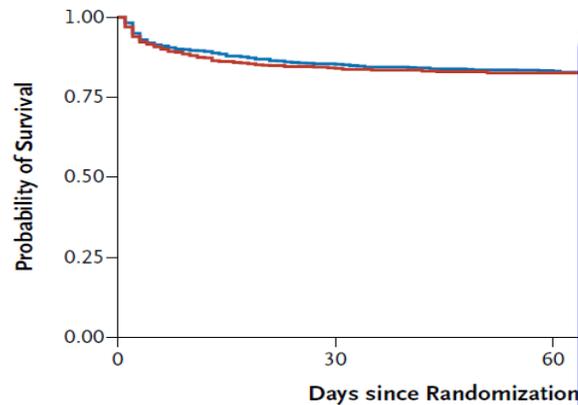


Une des rares études qui en ciblant la correction de la ScvO₂ montre une nette baisse de la mortalité

Goal-Directed Resuscitation for Patients with Early Septic Shock

The ARISE Investigators and the ANZICS Clinical Trials Group

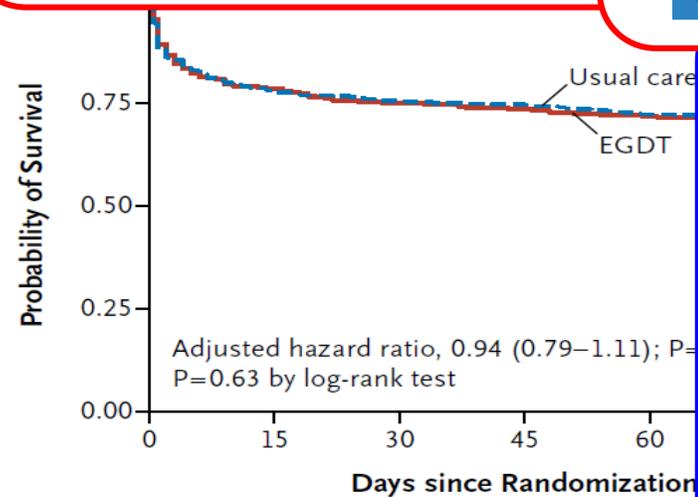
Arise N Engl J Med 2014;371:1496-506



Trial of Early, Goal-Directed Resuscitation for Septic Shock

Paul R. Mouncey, M.Sc., Tiffany M. Osborn, M.D., G. Sarah Power, M.D., David A. Harrison, Ph.D., M. Zia Sadique, Ph.D., Richard D. Grievapour, M.D., Rahi Jahan, B.A., Sheila E. Harvey, Ph.D., Derek Bell, M.D., Julian F. Bell, M.D., Timothy J. Coats, M.D., Mervyn Singer, M.D., J. Duncan Young, M.D., and Kathryn M. Rowan, Ph.D., for the ProMISe Trial Investigators

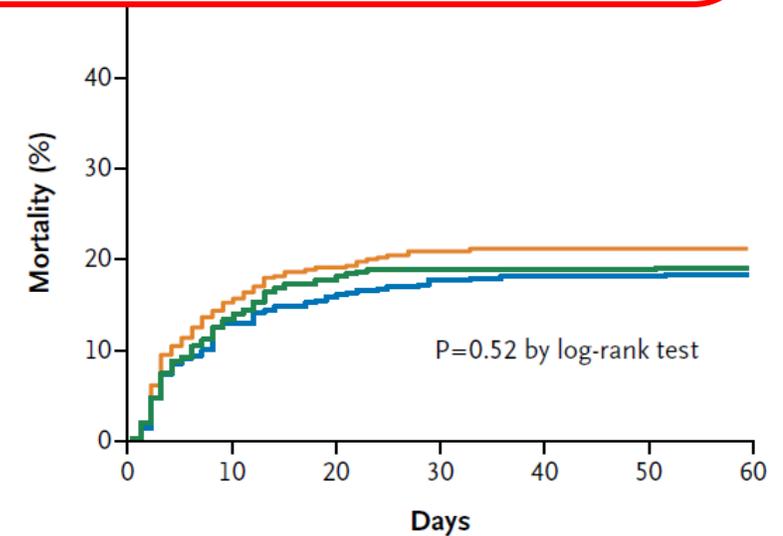
Promise N Engl J Med 2015;372:1301-11.



A Randomized Trial of Protocol-Based Care for Early Septic Shock

The ProCESS Investigators*

Process N Engl J Med 2014;370:1683-93.



Aucune amélioration de la mortalité

Goal-Directed Resuscitation for Patients with Early Septic Shock

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Promise N Engl J Med 2015;372:1301-11.

A Randomized Trial of Protocol-Based Care for Early Septic Shock

The ProCESS Investigators*

Process N Engl J Med 2014;370:1683-93.



- Les patients étaient moins sévères
- La valeur moyenne de la ScvO₂ à l'inclusion était de **70 %** ou **plus** (dû à un remplissage substantiel avant l'inclusion)
- Ces études ne peuvent pas démontrer de **bénéfice** à cibler 70 %

Intensive Care Med (2016) 42:1350–1359

CONFERENCE REPORTS AND EXPERT PANEL



Less invasive hemodynamic monitoring in critically ill patients

Jean-Louis Teboul^{1*}, Bernd Saugel², Maurizio Cecconi³, Daniel De Backer⁴, Christoph K. Hofer⁵, Xavier Monnet¹, Azriel Perel⁶, Michael R. Pinsky⁷, Daniel A. Reuter², Andrew Rhodes³, Pierre Squara⁸, Jean-Louis Vincent⁹ and Thomas W. Scheeren¹⁰

ScvO₂ is used as a surrogate of mixed venous blood oxygen saturation (SvO₂), which reflects in real time the balance between oxygen consumption and oxygen delivery. Hence, a low ScvO₂ may indicate insufficient global oxygen delivery in case of shock and incite one to increase it.

Equilibrating SSC guidelines with individualized care

Jean-Louis Vincent^{1*} , Mervyn Singer², Sharon Einav³, Rui Moreno⁴ , Julia Wendon⁵, Jean-Louis Teboul⁶, Jan Bakker^{7,8,9,10}, Glenn Hernandez¹¹, Djillali Annane¹², Angélique M. E. de Man¹³, Xavier Monnet¹⁴, V. Marco Ranieri¹⁵, Olfa Hamzaoui¹⁶, Jukka Takala¹⁷, Nicole Juffermans^{18,19}, Jean-Daniel Chiche²⁰, Sheila N. Myatra²¹ and Daniel De Backer²²

Critical Care (2021) 25:397



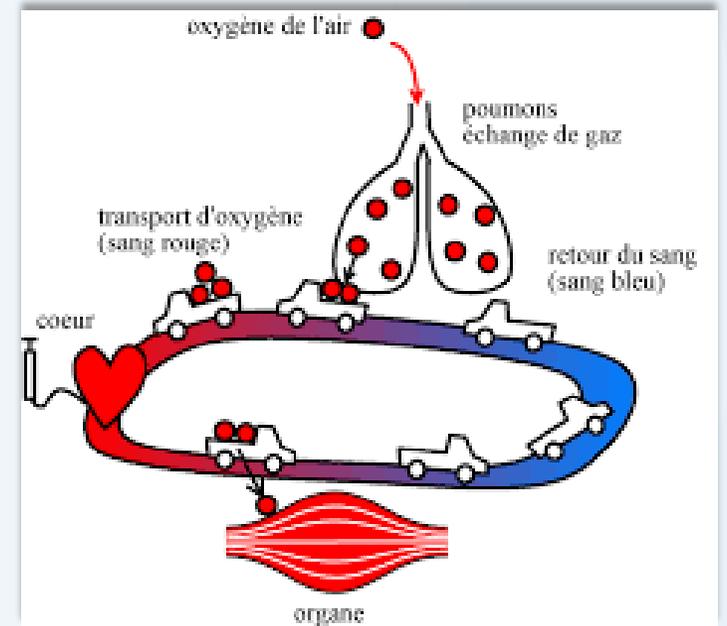
We recommend **optimizing oxygen delivery**, based on clinical assessment complemented by careful hemodynamic assessment including measurement of **mixed (or central) venous oxygen saturation (SvO₂)** and even carbon dioxide-derived variables

Cibles thérapeutiques: Macrocirculation

1 La pression artérielle moyenne

2 La ScvO₂

3 La différence veino-artérielle en PCO₂



1

Equation de Fick
appliquée au CO_2

$$C_v\text{CO}_2 - C_a\text{CO}_2 = \frac{V\text{CO}_2}{\text{Débit cardiaque}}$$

2

$$\Delta\text{PCO}_2 = k \cdot \Delta\text{CCO}_2$$

3

L'équation simplifiée
de Fick

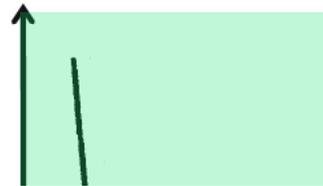
$$\Delta\text{PCO}_2 = k \cdot \frac{V\text{CO}_2}{\text{Débit cardiaque}}$$

$\text{P}_{cv}\text{CO}_2 - \text{P}_a\text{CO}_2$: marqueur de l'« adéquation » du débit veineux systémique à éliminer le CO_2 produit au niveau périphérique

Hemodynamic management of cardiovascular failure by using PCO_2 venous-arterial difference

Martin Dres · Xavier Monnet · Jean-Louis Teboul

J Clin Monit Comput (2012) 26:367–374



Fick equation

$$CvCO_2 - CaCO_2 = \frac{VCO_2}{\text{Cardiac Output}}$$

In case of **low cardiac output**, the **high PCO_2 gap** is related to **CO_2 stagnation**, a phenomenon that results from a **low clearance** of the **CO_2 produced** at the periphery (due to the **slow efferent venous blood flow**).

$P_{cv}CO_2 - PaCO_2$: marqueur de l'« **adéquation** » du débit veineux systémique à **éliminer le CO_2** produit au niveau périphérique

- Un ΔPCO_2 élevé suggère qu'une augmentation du **DC** peut être raisonnablement **envisagée**

- Un ΔPCO_2 élevé suggère qu'une augmentation du DC peut être raisonnablement envisagée
- Un ΔPCO_2 normal (≤ 6 mmHg) suggère qu'une augmentation du DC n'est pas l'option thérapeutique prioritaire

Effective hemodynamic monitoring



Michael R. Pinsky^{1*}, Maurizio Cecconi^{2,3}, Michelle S. Chew⁴, Daniel De Backer⁵, Ivor Douglas⁶, Mark Edwards⁷, Olfa Hamzaoui⁸, Glenn Hernandez⁹, Greg Martin¹⁰, Xavier Monnet¹¹, Bernd Saugel¹², Thomas W. L. Scheeren¹³, Jean-Louis Teboul¹⁴ and Jean-Louis Vincent¹⁵

Critical Care (2022) 26:294

In some forms of distributive shock, ScvO₂ can be >70% despite ongoing CVI due to impairment of oxygen extraction [84, 86]. A v-aPCO₂ > 6 mmHg (or > 0.8 kPa) identifies patients for whom an increase in CO may be beneficial in sustaining organ perfusion despite a SvO₂ > 70%.

Equilibrating SSC guidelines with individualized care

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Critical Care (2021) 25:397

➔ We recommend **optimizing oxygen delivery**, based on clinical assessment complemented by careful hemodynamic assessment including measurement of mixed (or central) venous oxygen saturation (SvO₂)

Que retenir ?



A la phase toute initiale

- ❖ La pression artérielle moyenne est une **cible thérapeutique** lors de la prise en charge du choc septique
- ❖ La **valeur cible** doit être **individualisée** en fonction du terrain et des pathologies associées : hypertension chronique et PVC élevée
- ❖ Les marbrures et le temps de recoloration cutanée sont des **vrais outils** pour une évaluation simple de **la microcirculation** et peuvent être une vraie cible thérapeutique

Que retenir ?



A la phase tardive

- ❖ Le débit cardiaque n'est pas une cible thérapeutique mais des indicateurs de l'adéquation entre le tra

Merci!

débit cardiaque peut être envisagée.

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