



3^{ème} JOURNÉE COMMUNE
de RÉANIMATION



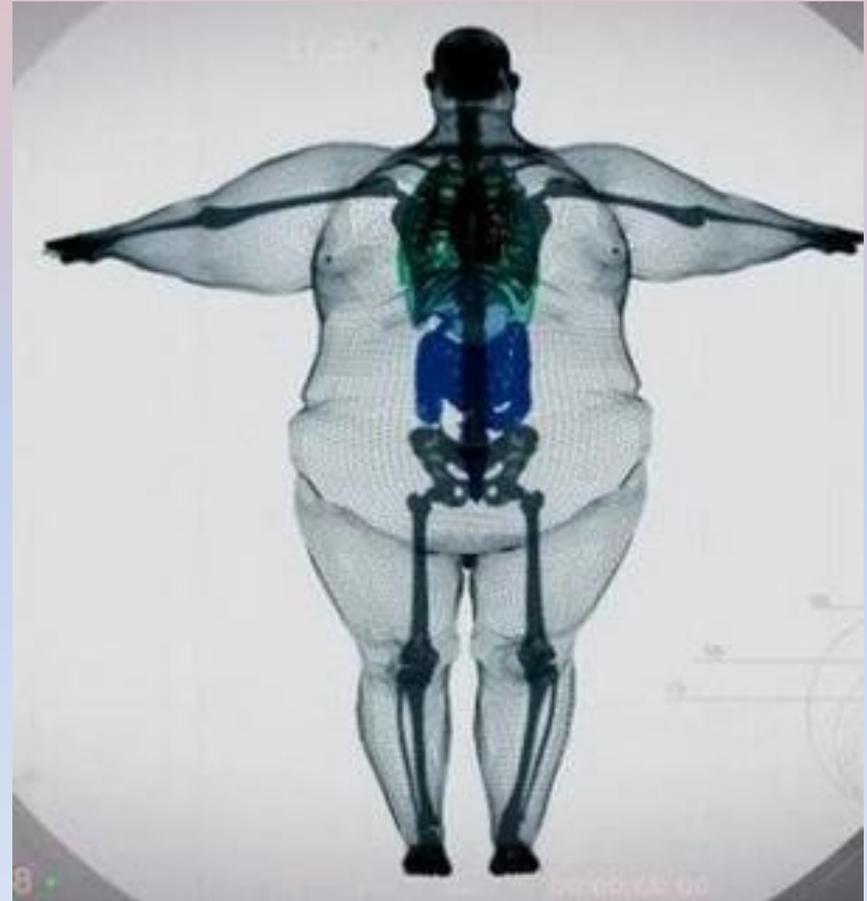
Peut-on prédire les complications postopératoires des patients obèses?

M.S NAKHLI

MCA Anesthésie Réanimation

CHU Sahloul - Sousse

- Epidémies non infectieuses du XXIème siècle selon les instances sanitaires (OMS, CDC..)
- Obésité = maladie chronique et évolutive
- 1.6 milliard de personnes en surpoids
- 400 millions obèse
- Obèses >> dénutris



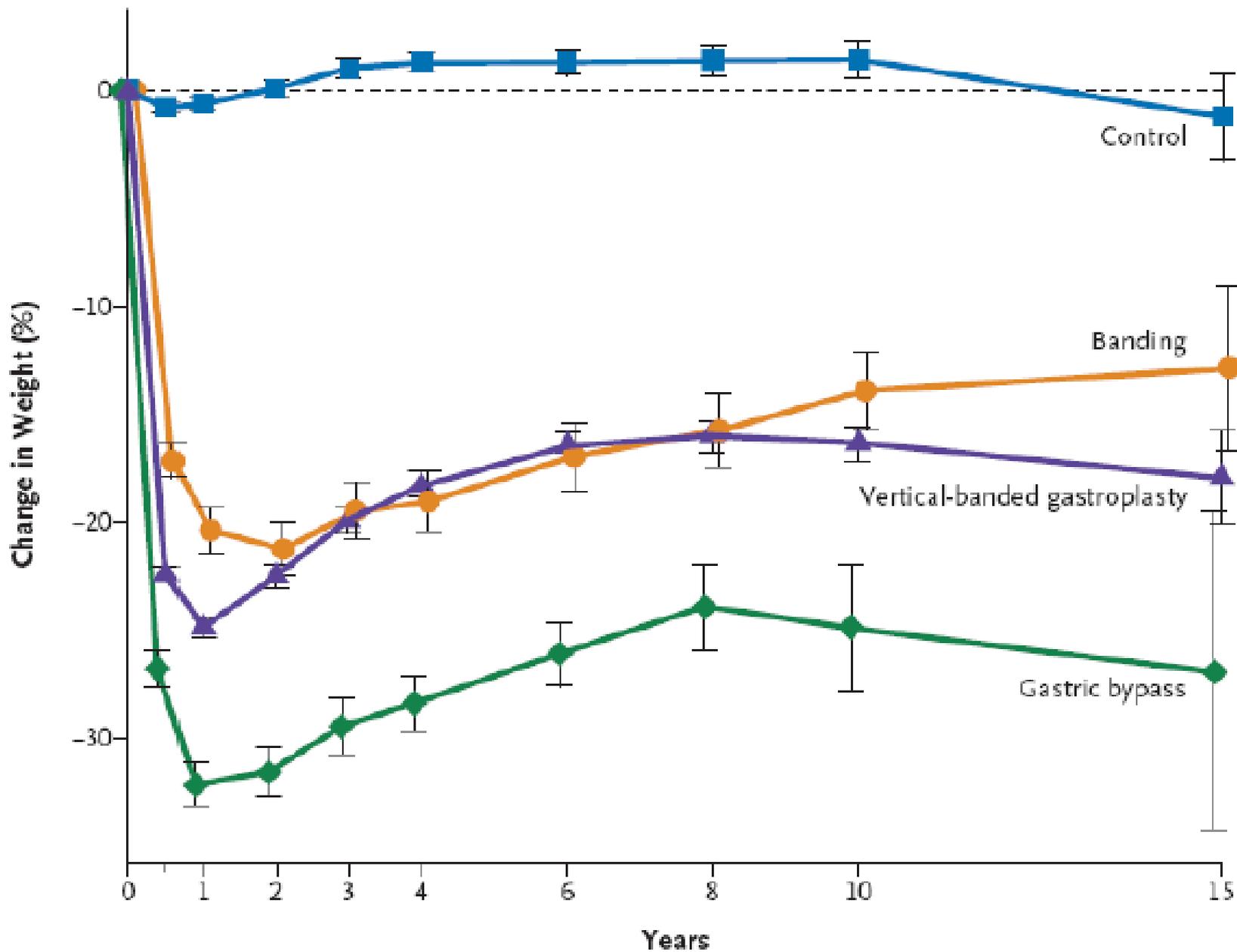
Bariatric Surgery

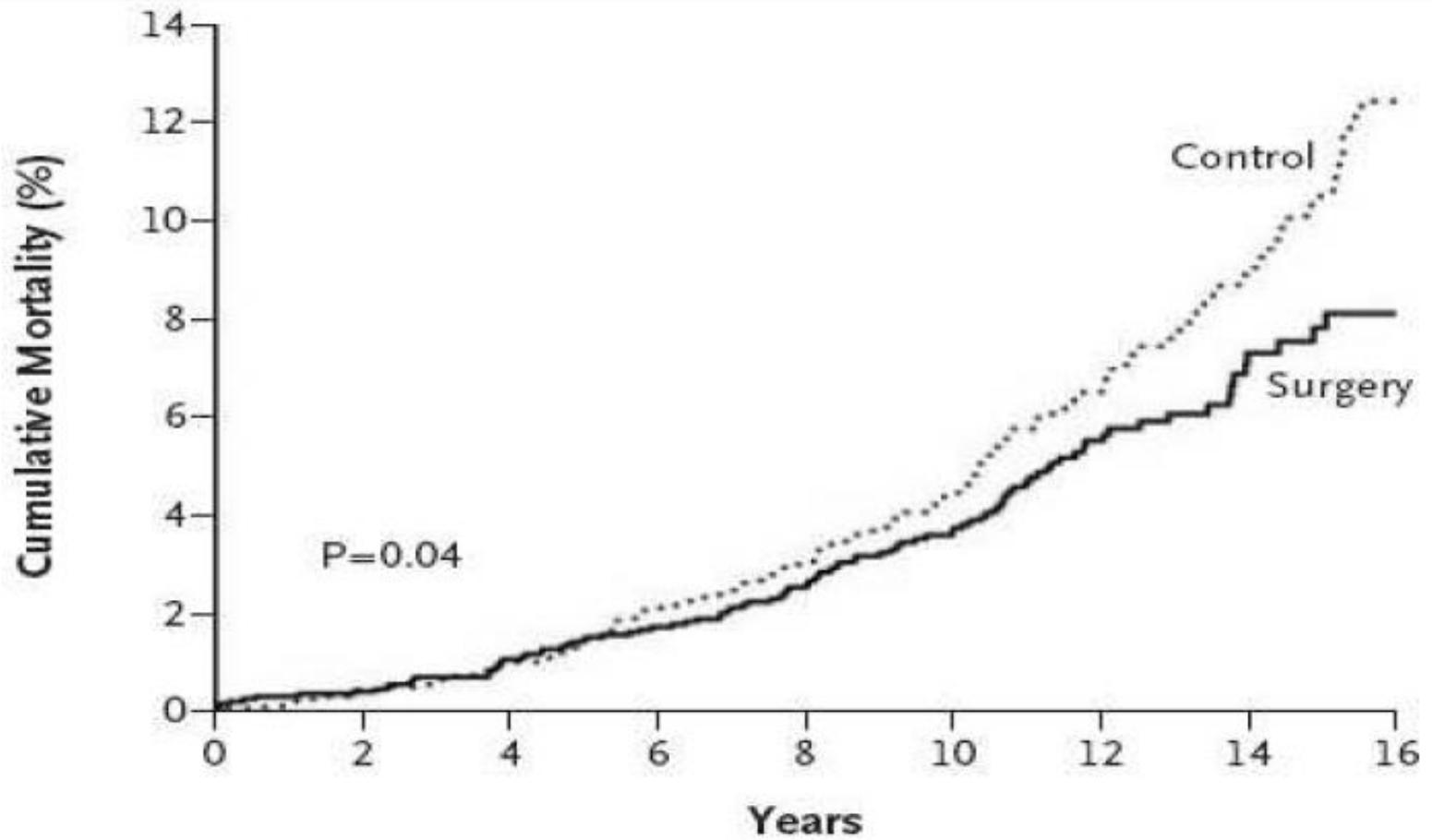
A Systematic Review and Meta-analysis

JAMA. 2004;292:1724-1737

La chirurgie bariatrique = efficacité prouvée

- Perte de poids prolongée dans le temps > 15 ans
- Réduction morbidité + mortalité liées à l'obésité
- Qualité de vie
- Variable selon technique chirurgicale





No. at Risk

Surgery	2010	2001	1987	1821	1590	1260	760	422	169
Control	2037	2027	2016	1842	1455	1174	749	422	156

Impact de la chirurgie sur la mortalité

Prévalence élevée de certaines co-morbidités:

- Cardio-vasculaires

- Respiratoires

- Digestives

- Métaboliques

1. Au niveau cardio-vasculaire:

- HTA
- Cardiopathies ischémiques
- IDM
- Artériopathies oblitérantes
- AVC
- MTEV - EP
- Troubles du rythmes

2. Au niveau respiratoire:

- Sd restrictif
- Sd obstructif
- SAOS
- Collapsus pulmonaire + shunt
- ↑ W respiratoire
- ↓ réserves O₂
- Sd obésité hypoventilation centrale

3. Au niveau digestif:

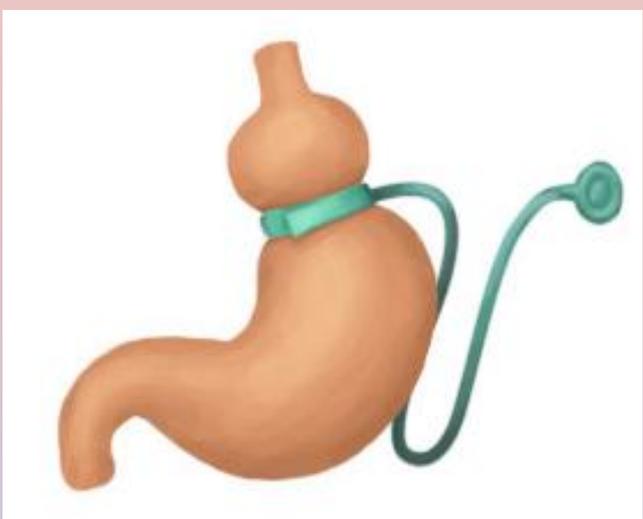
- RGO
- Stéato-hépatite
- LV
- ↑ pathologie cancéreuse

4. Au niveau métabolique:

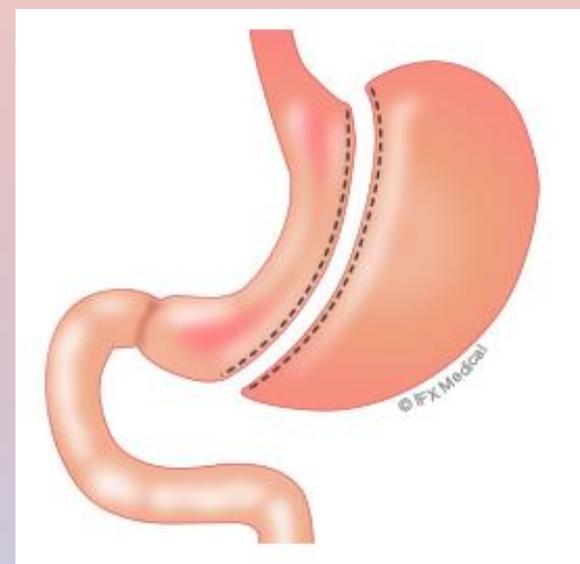
- Insulino-résistance
- Diabète
- Dyslipidémie
- Hyperuricémie
- Perturbation métabolisme médicamenteux

Plusieurs techniques chirurgicales

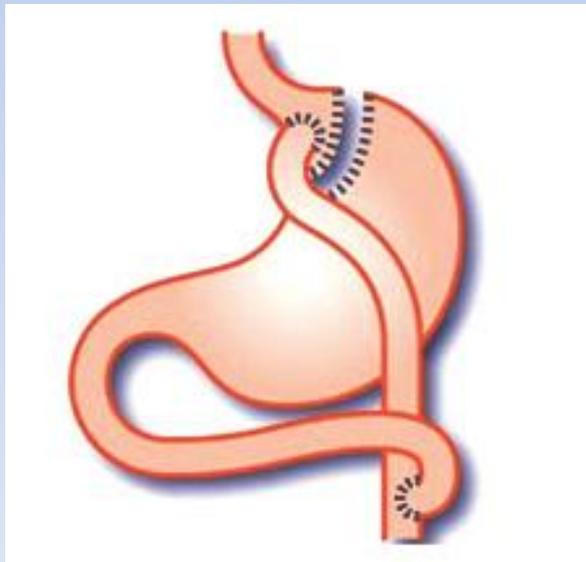
- Restrictive / malabsorptive / combinée
- Laparotomie / laparoscopie



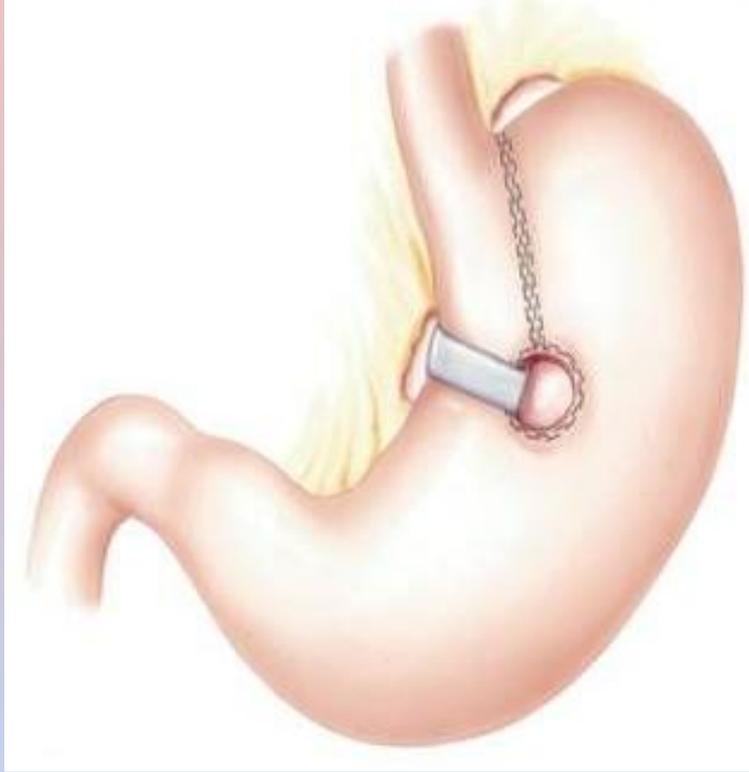
Gastroplastie par anneau modulable



Sleeve gastrectomy

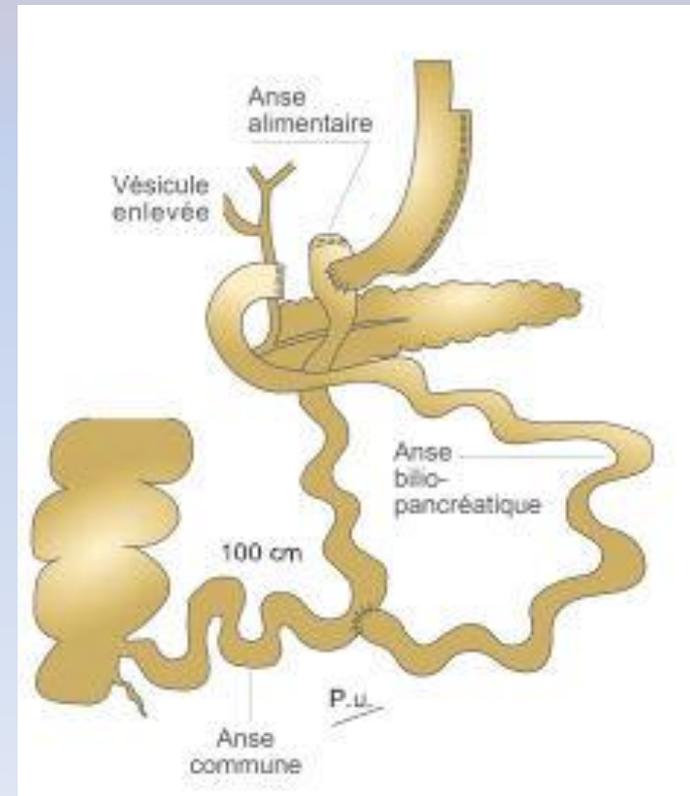


By-pass gastrique



Gastroplastie verticale calibrée (GVC)

Dérivation bilio-pancréatique
avec switch duodénal



Complications de la chirurgie bariatrique

Complications

- Peuvent revêtir plusieurs formes et niveaux de gravité.
- Le terrain favorise leurs survenue (diabète, hypoperfusion tissulaire...)
- Le nombre d'anastomoses digestives

Postoperative Complications in Obese and Nonobese Patients

Olumuyiwa A. Bamgbade, MD, FRCA, Timothy W. Rutter, MD,
Olubukola O. Nafiu, MD, FRCA, Pema Dorje, MD

World J Surg (2007) 31: 556–560

Complications	Nonobese (%)	Obese (%)	<i>P</i> value
<u>Myocardial infarction</u>	0.1	0.5	0.001
<u>Wound infection</u>	3.5	6.0	0.001
<u>Peripheral nerve injury</u>	0.1	0.4	0.039
<u>Urinary tract infection</u>	2.6	3.9	0.004
Acute renal failure	0.7	0.9	0.376
Hemorrhage	0.4	0.2	0.176
Cardiac arrest	0.4	0.5	0.545
Coma	0.2	0.2	1.000
Thromboembolism	1.0	0.9	0.588
Graft/wound breakdown	1.1	1.2	0.714
Postoperative 48-hour ventilation	1.7	1.8	0.690
Pneumonia	1.5	1.5	0.831
Stroke	0.1	0.2	0.312
Septicemia	1.2	1.6	0.261
Unplanned intubation	1.1	1.2	0.714
Death	1.3	1.3	1.000

Complications liées à la position per opératoire

→ Rhabdomyolyse

Mais manque d'études

Bariatric surgery: Rhabdomyolysis after open Roux-en-Y gastric bypass: A prospective study

Tamer Youssef*, Ibrahim Abd-Elaal, Gamal Zakaria, Mona Hasheesh

Mansoura Faculty of Medicine, Mansoura University, Mansoura, Egypt

International Journal of Surgery 8 (2010) 484–488

	Mognol et al. ¹⁰	Ettinger et al. ¹⁷	Lagandre et al. ²⁰	Carvalho et al. ²¹	de Oliveira et al. ²²	Present study
Number of patients	66	114	49	98	22	23
Surgical technique	<ul style="list-style-type: none"> • Lap RYGBP (16) • Lap GB (50) 	<ul style="list-style-type: none"> • Open RYGBP (56) • Lap RYGBP (58) 	<ul style="list-style-type: none"> • Lap GB (32) • Open BPD/DS (13) • Open RYGBP (4) 	Open RYGBP	Open RYGBP	Open RYGBP
Age (years)	39.0	38.25	39.9	37.4	39.9	33.5
Sex (female %)	75	75.4	73.4	64.3	63.6	69.6
BMI (kg/m ²)	58.8	43.1	51.0	43.2	52.4	54.9
Hypertension (%)	22.7	–	–	–	63.6	43.5
Diabetes (%)	19.6	–	36.5	–	13.6	13.1
Surgical time (min)	390	176.7	233.5	216	253	252
RML (%)	22.7	7	26.5	37.7	77.3	30.4
Post-operative CPK (IU/l)	7890	400	1386 (RML+)	1075.2	7467.7	2328.5
Diagnostic criteria of RML	CPK >1000 IU/l in both sexes	CPK >950 IU/l in both sexes	CPK >1000 IU/l in both sexes	M: CPK >1160 IU/l F: CPK >1075 IU/l	M: CPK >850 IU/l F: CPK >675 IU/l	CPK >1000 IU/l in both sexes
Identified risk factor for RML	<ul style="list-style-type: none"> • Massive obesity • Long duration of the operation 	BMI	Surgery time >4 h	Male gender	Long surgical time	BMI
Type of the study	Prospective	Retrospective	Prospective	Retrospective	Prospective	Prospective

Lap, laparoscopic; GB, gastric banding; BPD/DS, biliopancreatic diversion with duodenal switch; RYGBP, Roux-en-Y gastric bypass.

Rhabdomyolysis in Bariatric Surgery: a Systematic Review

Saurav Chakravartty • Diwakar R. Sarma •
Ameet G. Patel

OBES SURG (2013)

- 22 études (n = 145)
- 14% d'insuffisance rénale
- Mortalité après IR = 25%
- Facteurs de risque:
 - Sexe masculin
 - BMI > 52
 - Durée d'intervention

Mortalité



Obesity surgery mortality risk score: proposal for a clinically useful score to predict mortality risk in patients undergoing gastric bypass

Eric J. DeMaria, M.D.^{a,b,*}, Dana Portenier, M.D.^b, Luke Wolfe, M.S.^a

Surgery for Obesity and Related Diseases 3 (2007)

→ Obesity Surgery Risk Score (OS-MRS)

- Prospective, monocentrique, 1995 → 2004
- 2075 by-pass gastrique
- Mortalité à J 90
- Variables pré op = 15

Obesity Surgery Mortality Risk Score (OS-MRS)

- 5 paramètres
 - BMI > 50
 - Sexe masculin
 - HTA
 - Risque de MTEV
 - Age > 45 ans

1 point par item

Obesity Surgery Mortality Risk Score (OS-MRS)

	Classe	Mortalité
0-1 point	A	0.31 %
2-3 points	B	1.9 %
4-5 points	C	7.5 %

Limites du OS-MRS

- ✓ Effectif réduit
- ✓ seulement pour By pass gastrique
- ✓ Ne prend pas en compte voie d'abord (Coelio / laparo)
- ✓ Seulement 15 variables pré op
- ✓ 0-1 par item (non pondéré selon OR)

Mortality After Bariatric Surgery

Analysis of 13,871 Morbidly Obese Patients From a National Registry



Mario Morino, MD, Mauro Toppino, MD,* Pietro Forestieri, MD,† Luigi Angrisani, MD,‡
Marco Ettore Allaix, MD,* and Nicola Scopinaro, MD, FACS Hon§*

Annals of Surgery • Volume 246, Number 6, December 2007

- Italie, sur 10 ans.
- Mortalité globale à M2 = **0.25%**
- Variable selon chirurgie:
 - Anneau gastrique: **0.1%**
 - ↓
 - Dérivation bilio-pancréatique: **0.8%**

- Causes de DC:
 - EP: 38%
 - Fistule digestive: 17%
 - Défaillance cardiaque: 17%
 - Insuffisance respiratoire: 11%

- Facteurs de risque:

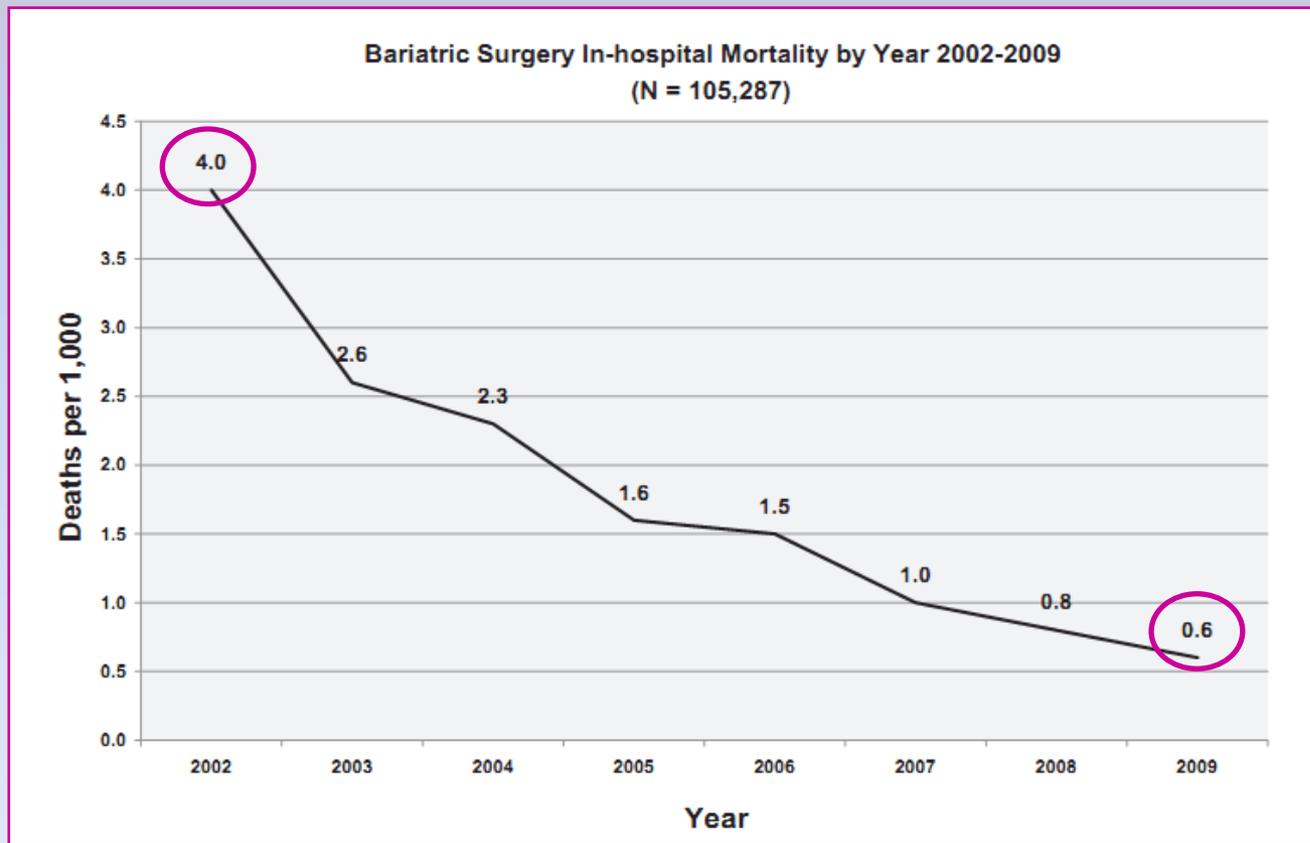
- Laparotomie
- Durée chirurgie
- HTA, diabète 1

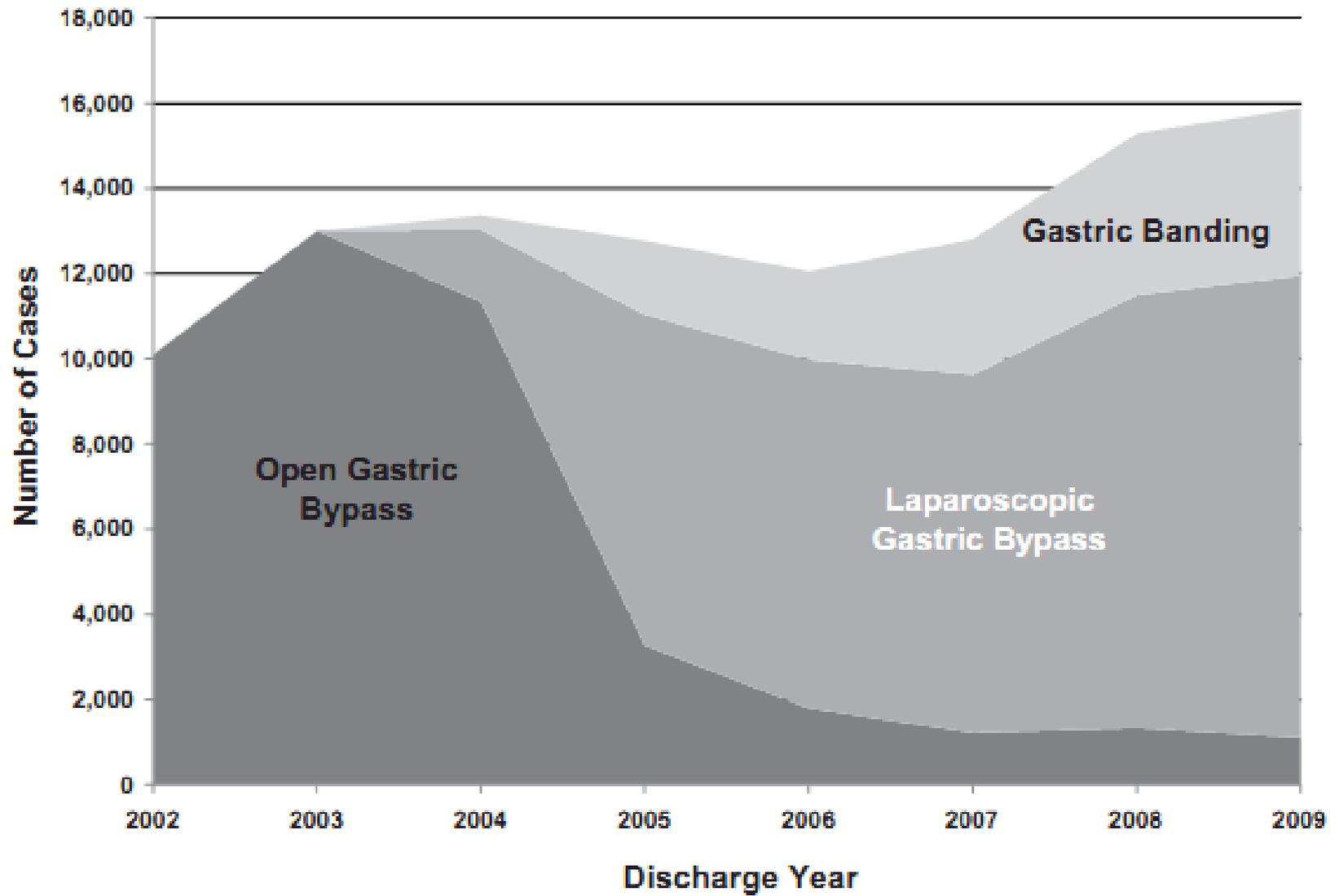


Proposal for a bariatric mortality risk classification system for patients undergoing bariatric surgery

Surgery for Obesity and Related Diseases 9 (2013) 239–246

- 2002-2009 (105,287 patients)
- Réduction de la mortalité: de 4‰ à 0.6 ‰ en 2009





Bariatric mortality risk classification

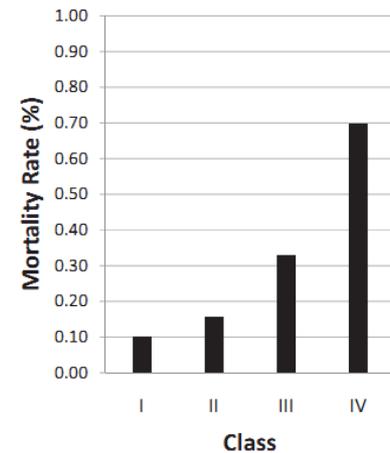
Variable	Points
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Risk factor

Age ≥ 60 yr	.5
Diabetes	.5
Open surgical technique	1
Gastric bypass operation	1
Medicare payer	1
Male gender	1
Total possible	5

Classification category

Class I	0–.5
Class II	1.0–1.5
Class III	2.0–3.0
Class IV	≥ 3.5



Class I: 0-0.5 points; Class II: 1.0-1.5 points; Class III: 2.0-3.0 points, and Class IV: ≥ 3.5 points.

Quelques limites au BMR...

- La base de donnée manquait de:
 - BMI
 - Certaines comorbidités (SAOS..)
 - DC qui surviennent après sortie ne sont pas comptabilisés
 - Nombre très faible de Sleeve

Development and Validation of a Bariatric Surgery Mortality Risk Calculator



Bala Ramanan, MBBS, Prateek K Gupta, MD, Himani Gupta, MD, Xiang Fang, PhD,
R Armour Forse, MD, PhD, FACS

J Am Coll Surg 2012;214:892–900.

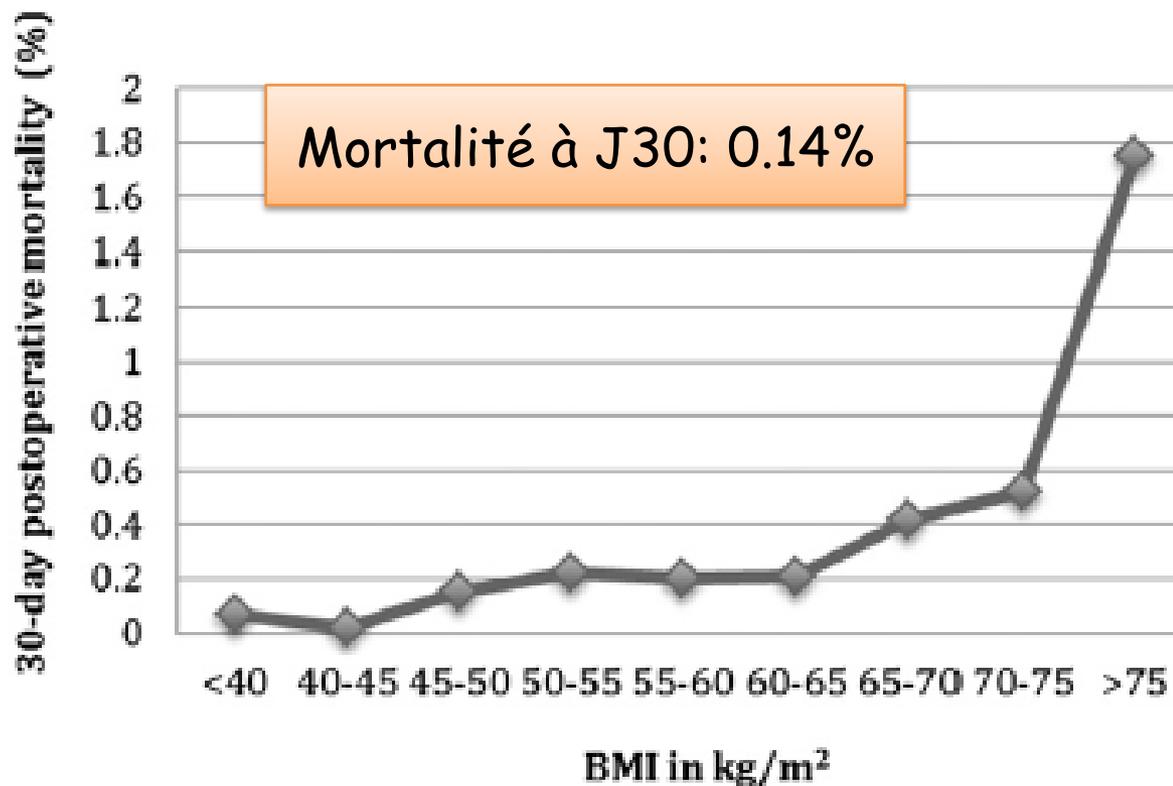


Figure 1. Relation of body mass index (BMI) in kg/m² and 30-d postoperative mortality.

- n = 21891 (NSQIP) → Mortalité à 30 j
- Plusieurs techniques chirurgicales +++
- Mais ... pas de sleeve !!!
- Validation: cohorte de 10998 patients

Facteurs de risque

- Age
- BMI
- Dyspnée
- Corticothérapie
- Pathologie vasculaire sévère
- ATCD de reperméabilisation coronaire
- Type de chirurgie

AUC > 0.8

<http://www.surgicalriskcalculator.com/bariatric-surgery-risk-calculator>

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	
1	Bariatric Surgery Mortality Risk Calculator																	
2																		
3																		
4	Age	<input type="text" value="50"/>	Enter age in years															
5																		
6																		
7																		
8	BMI Category:	<input type="text" value="3"/>	Enter 1 for 35-45 kg/m ²											Estimated risk probability for postoperative morbidity: 0,59%				
9																		
10	2 for 45 - 60 kg/m ²																	
11																		
12																		
13	Dyspnea	<input type="text" value="1"/>	Enter 2 for dyspnea at rest															
14																		
15																		
16																		
17																		
18	Corticosteroid use	<input type="text" value="0"/>	Enter 1 for patients with a history of chronic corticosteroid use															
19																		
20																		
21																		
22	PVD	<input type="text" value="0"/>	Enter 1 for patients with peripheral vascular disease with previous revascularization or amputation															
23																		
24																		
25																		
26	Previous PCI	<input type="text" value="0"/>	Enter 1 for patients with previous percutaneous coronary intervention															
27																		
28																		
29																		
30	Type of bariatric surgery	<input type="text" value="1"/>	Enter 1 for Laparoscopic Roux-en-Y Gastric Bypass															
31																		
32																		
33																		
34																		
35																		
36																		

Les points forts

- Grand échantillon (21891)
- 50 variables pré opératoire
- Fort pouvoir discriminant (test $c > 0.8$)
- Base de donnée nationale
- Applicable à tout type de chirurgie (sauf sleeve)

Limites de l'étude

- Manque de précision pour certains FDR dans la base de données (MTEV, HTAP...)
- Pas de sleeve gastrectomy
- Compétences des chirurgiens non prise en compte



Perioperative risk factors for 30-day mortality after bariatric surgery: is functional status important?

Muhammad Asad Khan · Roman Grinberg ·
Stelin Johnson · John N. Afthinos · Karen E. Gibbs

Surg Endosc (2013)

- $n = 44408$, 3 ans
- NSQIP
- Uniquement chirurgie primaire
- Mortalité J30: **0.14%**
- L'accent est mis sur le statut fonctionnel du patient (dépendance)

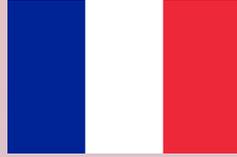
Risk factors	OR	95 % CI	<i>p</i> value
Open bariatric procedure	2.34	1.33–4.13	<0.01
Male gender	1.77	1.04–3.03	0.04
Age \geq 45 years	2.45	1.24–4.8	0.01
BMI \geq 50	2.48	1.47–4.18	0.01
DM on oral hypoglycemics	1.87	0.97–3.5	0.06
Dyspnea on rest	4.64	1.04–20.7	0.04
Previous PCI	2.66	1.19–5.9	0.02
Ascites	2.94	0.154–56.3	0.47
Functional status: partial dependence	2.16	0.71–8.52	0.15
Functional status: total dependence	27.6	3.6–210	<0.01
>10 % Weight loss in 6 months	13.5	2.20–83.0	<0.01
Bleeding disorder	2.63	1.03–6.69	0.04
Steroid use	2.14	0.56–8.13	0.26

No. of comorbid factors	% In cohort	% Mortality
0	19.2	0
1	32.2	0.04
2	26.5	0.12
3	14.9	0.24
4	5.7	0.51
5	1.4	1.6



Class	No. of comorbidities	No. of patients	No. of deaths	Group % mortality
A	0 or 1	22,740	7	0.03
B	2 to 3	18,331	31	0.16
C	4 or greater	3,230	24	7.4

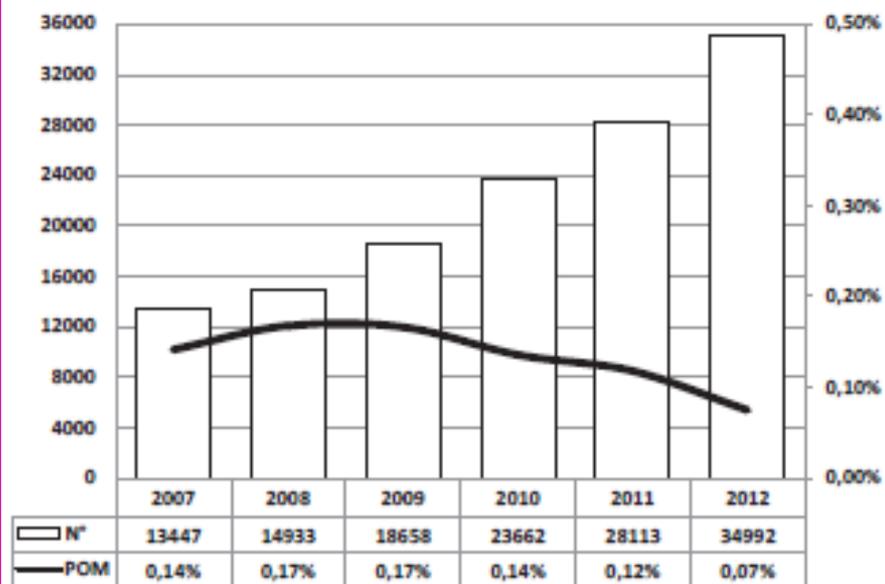
Reduction in early mortality outcomes
after bariatric surgery in France
between 2007 and 2012: A nationwide
study of 133,000 obese patients



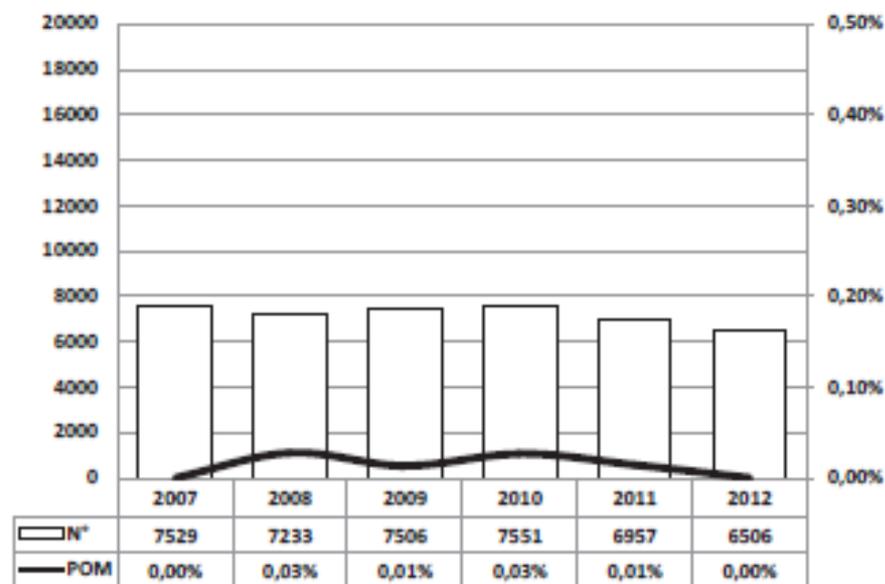
Surgery 2016;159:467-74.

- Sleeve gastrectomy: 36.5%
 - By-pass gastrique: 31.2%
 - Anneau gastrique: 32.3%
- Mortalité globale de 0.12%

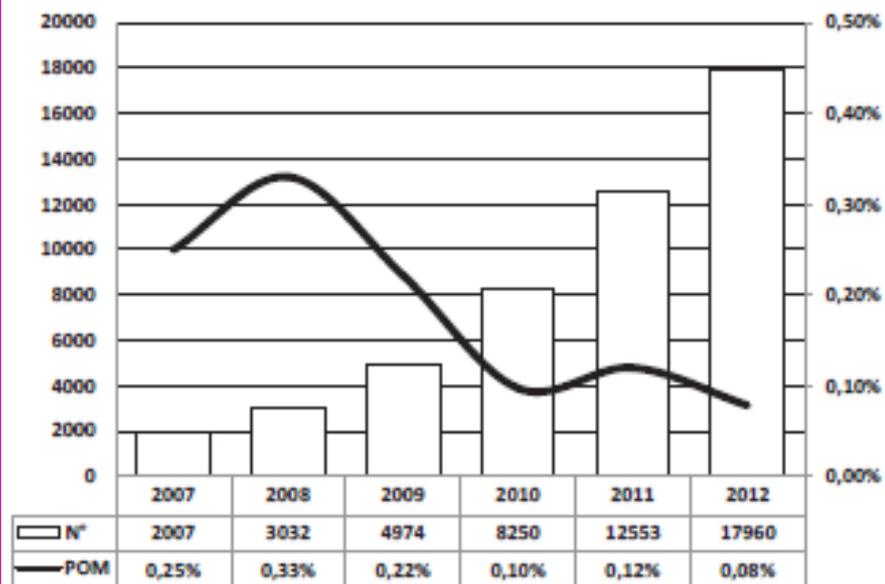
All Bariatric Procedures



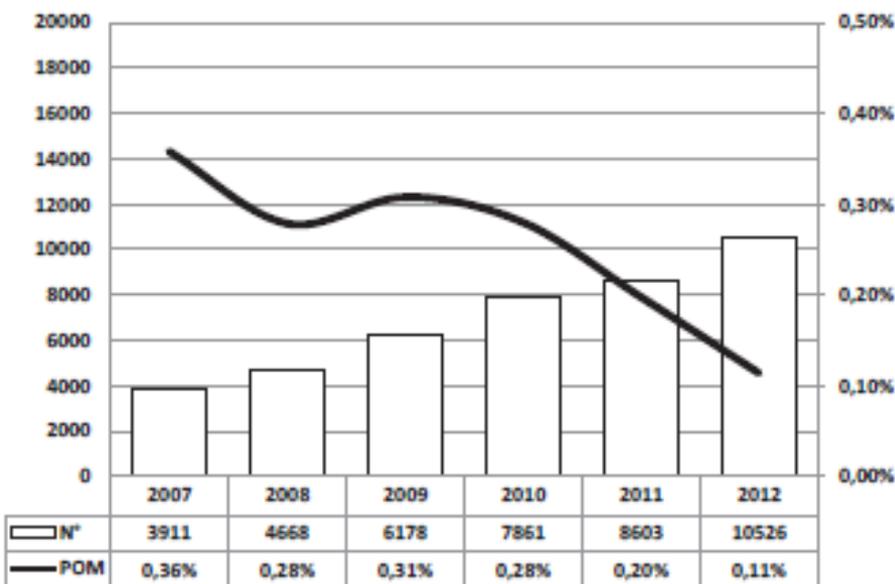
Adjustable Gastric Banding



Sleeve Gastrectomy



Gastric Bypass



Facteurs indépendants de mortalité:

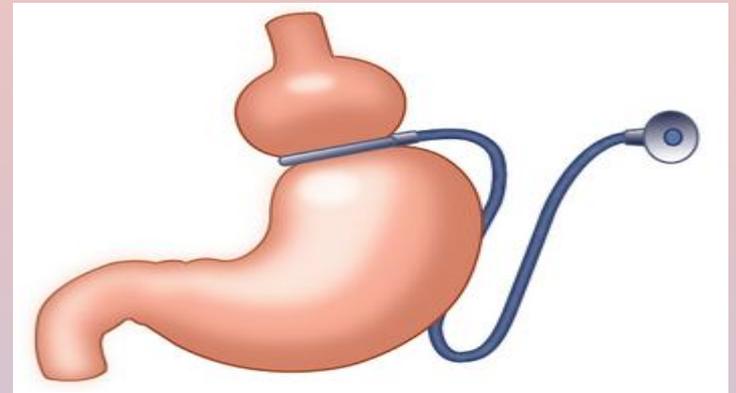
- Sexe masculin
- Age > 50
- Diabète type 2
- HTA
- BMI > 50
- Laparotomie
- Expérience des équipes (n par an)

Finalemment...

- Bcp de scores de calcul du risque de mortalité
- Bases de données très hétérogènes
- Mortalité très faible !!!
- Difficile de tirer des conclusions
 - La tendance actuelle: renoncer aux score de mortalité au profit des scores de morbidités post opératoire

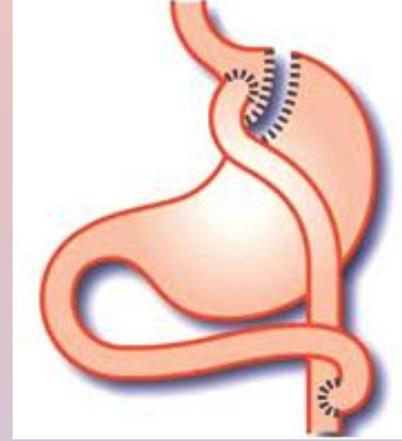
Complications chirurgicales

Anneau gastrique ajustable



- Occlusion gastrique aiguë: 6-18%
- Infection: 0.3-9%
- Complications tardives:
 - Érosion anneau gastrique
 - Glissement, déplacement anneau
 - Dilatation œsophage / réservoir
 - Dysfonctionnement boitier
 - Œsophagite / RGO

Bypass gastrique



**Fistules: 1^{ère} cause de mortalité
d'ordre chirurgical:**

- Incidence jusqu'à 6%
- Signes frustes
- Imagerie non fiable

Symptomatologie variable

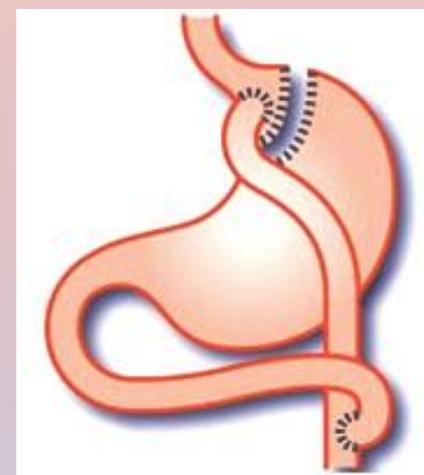
- Asymptomatique 8%
- Tachycardie 72%
- Fièvre 63%
- Douleurs abdominales 54%
- Liquide drainage purulent 24%

- Oligurie 21%
- Nausées et vomissements 17%
- Hypotension 17%
- Douleurs de l'épaule 14%

Evolution

- Reprises chirurgicales (63%) → mortalité = 10%
- Traitement non opératoire → Mortalité = 0%

Bypass gastrique (fistules)



- Reprise en urgence
 - Irrigation drainage péritonéal
 - ATB large spectre
 - Laparo > coelio

Location	Incidence
Gastrojejunostomy	67.8%
Gastric pouch	10.2%
Excluded stomach	3.4%
Jejunojejunal anastomosis	5%
Gastrojejunostomy plus pouch	3.4%
Pouch plus excluded stomach	3.4%
Undetermined sites	6.8%

Analysis of Factors Predictive of Gastrointestinal Tract Leak in Laparoscopic and Open Gastric Bypass



Hossein Masoomi, MD; Hubert Kim, MD; Kevin M. Reavis, MD;
Steven Mills, MD; Michael J. Stamos, MD; Ninh T. Nguyen, MD

Arch Surg. 2011;146(9):1048-1051

- **0.7%** de fistules sur 226.452 patients (3 ans)
- Mortalité liée à la fistule: **6.8%**
- En analyse multivariée:
 - GBP laparo
 - Insuffisance rénale chronique
 - Pathologies pulmonaires chroniques
 - Cardiopathie congestive
 - Sexe masculin
 - > 50 ans

Use and Outcomes of Laparoscopic Versus Open Gastric Bypass at Academic Medical Centers

Nguyen 2007



Journal of the
American College
of Surgeons

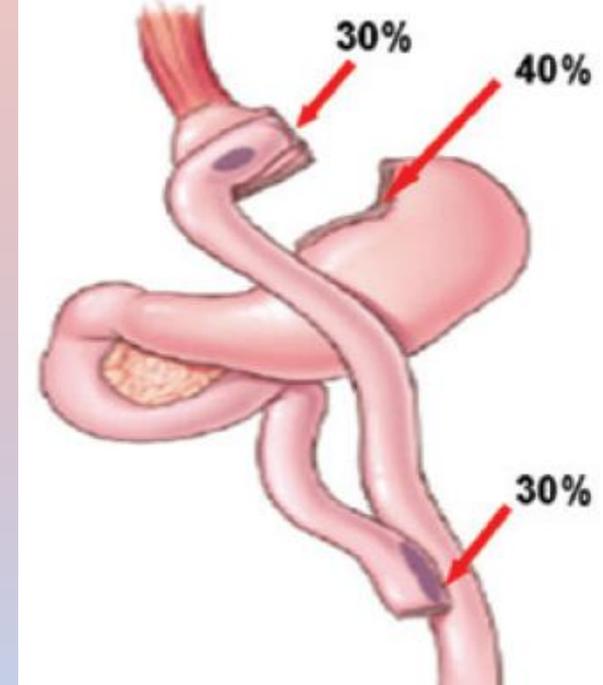
- n = 22.422 patients (coelio vs laparo)
- Fistules: 1.4% vs 3.1%
- Mais aussi moins de:
 - Pneumonies
 - ISO
 - MTEV
 - Durée d'hospitalisation et de coût

Les hémorragies: 0.6 à 4%

Infections pariétales

Distension de l'estomac exclu

Gastroparésie



Population a risque

Sujets âgés

Diabète sévère

Super obèse

Reprise chirurgicale

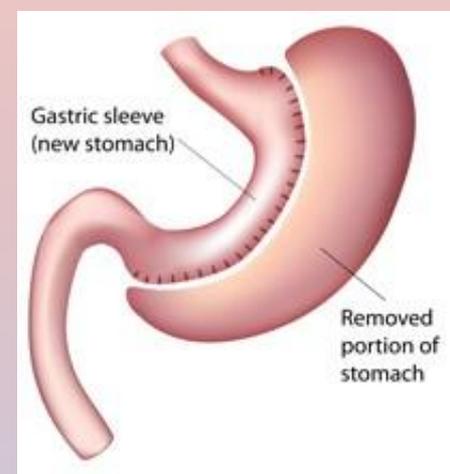
Spectrum and Risk Factors of Complications After Gastric Bypass

Arch Surg. 2007



- Etude de cohorte prospective
- 404 GBP
- Taux de complication: 18.3%
- Facteurs de risque en multivariée:
 - Diabète type 2
 - Laparotomie
 - Expérience

Sleeve gastrectomy



- Moins pourvoyeuse de complications
 - Mortalité: 0.4%
 - Morbidité: 8-12%

Sleeve gastrectomy

Fistules

- lâchage ligne d'agrafe: 2.3%
- Précoce < 7j

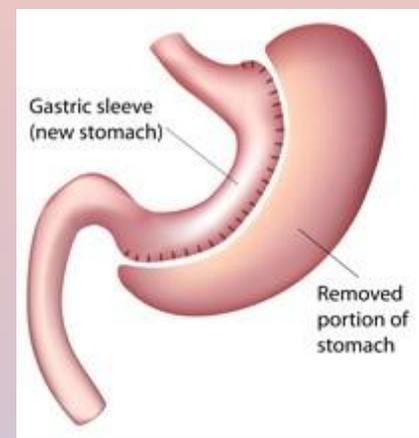


Table 1 Different leak sites as found by different series *n* (%)

	Number of patients	Proximal third	Mid-third	Distal third	Posterior wall	Not located
Mui <i>et al</i> ^[64] , 2008	70 patients, 1 leak (1.42)	1 (100)				
Burgos <i>et al</i> ^[18] , 2009	214 patients, 7 leaks (3.3)	6 (85.6)		1 (14.3)		
Csendes <i>et al</i> ^[16] , 2010	334 patients, 16 leaks (4.66)	14 (87.5)		2 (12.5)		
Sakran <i>et al</i> ^[14] , 2013	2834 patients, 44 leaks (1.5)	33 (75)	3 (6.8)	3 (6.8)	2 (4.5)	3 (6.8)

- Tableau:

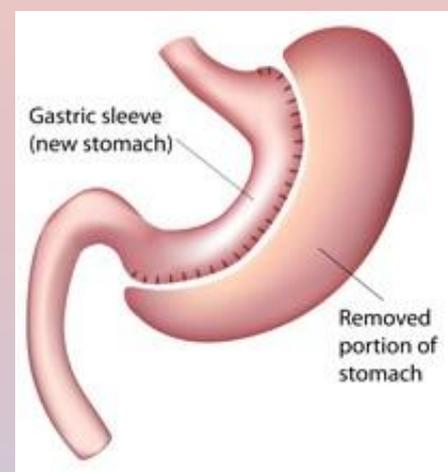
Radiologique → Péritonite grave

– Tachycardie > 120 non expliquée

– Tachypnée > 20

– DI hypochondre gauche

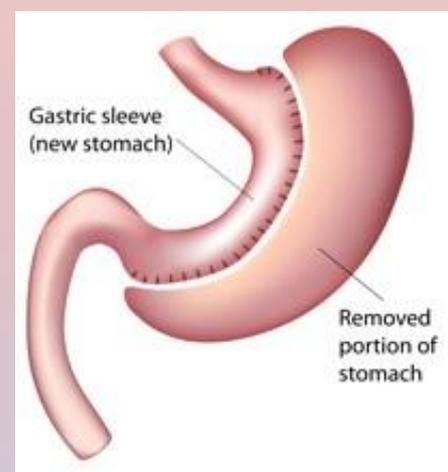
– Fièvre, Sd inflammatoire



Gastric Leak After Laparoscopic-Sleeve Gastrectomy for Obesity

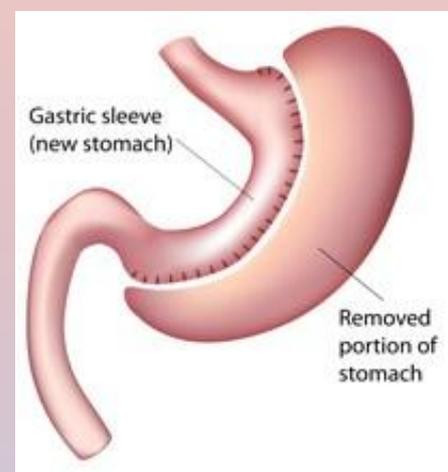
Ana Maria Burgos • Italo Braghetto • Attila Csendes •
Fernando Maluenda • Owen Korn • Julio Yarmuch •
Luis Gutierrez

OBES SURG (2009) 19:1672–1677



- Tachycardie → fistules précoces
- Fièvre → fistules tardives
- **TOGD normal dans $\frac{3}{4}$ des fistules**
 - Fausse sécurité du TOGD
- Le temps de fermeture est long: 43j

- Facteurs prédictifs:
 - BMI élevé
 - Diabète
 - Chirurgie antérieure
 - **Petit calibrage du tube**



Laparoscopic Sleeve Gastrectomy Performed with Intent to Treat Morbid Obesity: A Prospective Single-Center Study of 261 Patients with a Median Follow-up of 1 Year

Evangelos Menenakos • Konstantinos M. Stamou •
Konstantinos Albanopoulos • Joanna Papailiou •
Demetrios Theodorou • Emmanuel Leandros

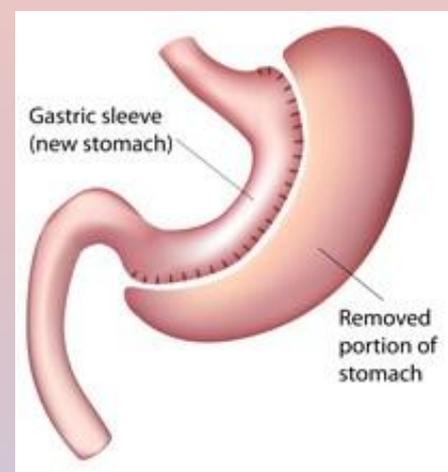
OBES SURG (2010) 20:276–282



Gastric leaks post sleeve gastrectomy: Review of its prevention and management

Antoine Abou Rached, Melkart Basile, Hicham El Masri

World J Gastroenterol 2014



- Prévention:
 - Renforcement des agrafes
 - Collagène bovin
 - Tissucol
 - Décompression gastrique (SNG 24h)
 - Taille de la bougie de calibration

Surgical Strategies That May Decrease Leak After Laparoscopic Sleeve Gastrectomy

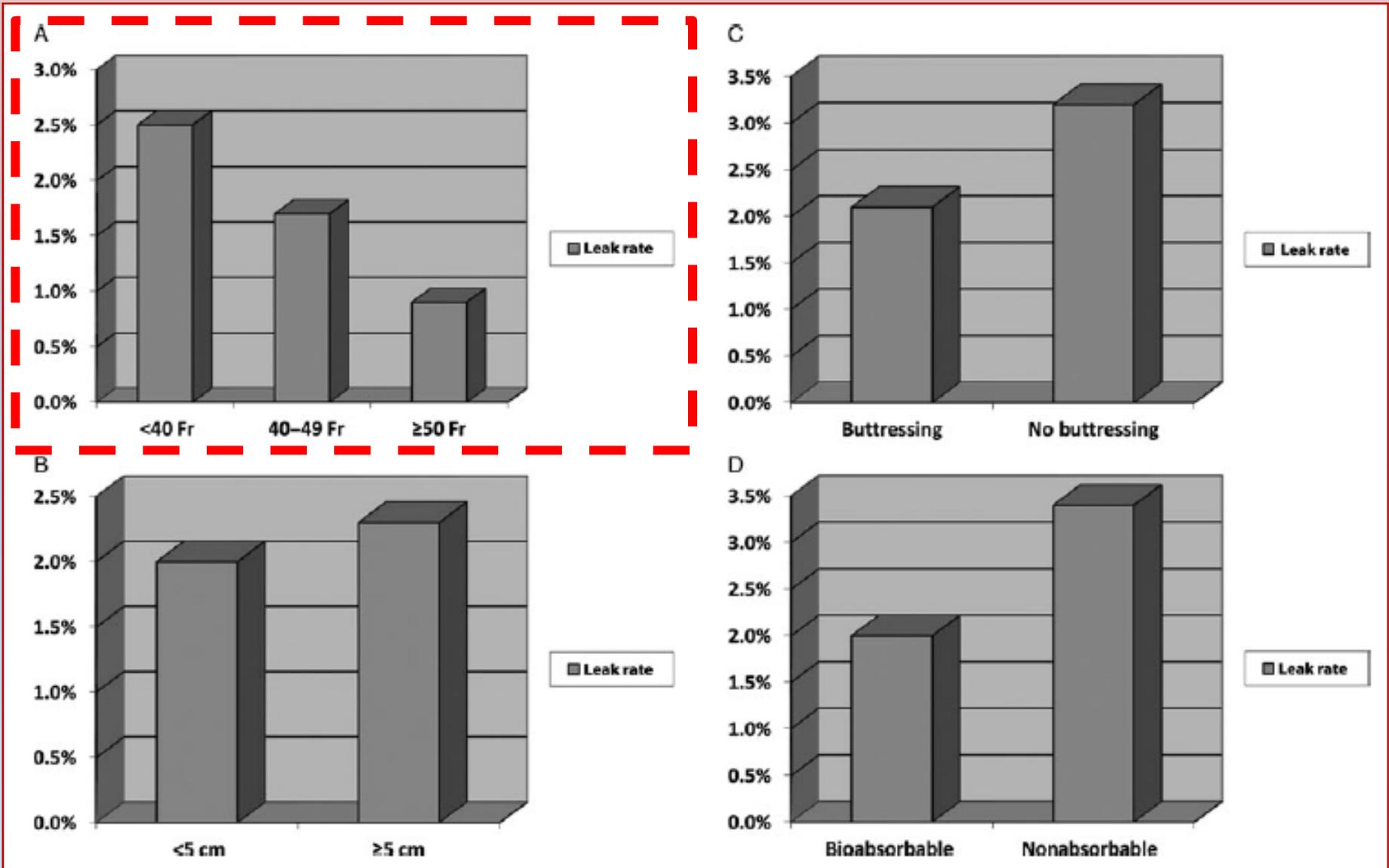
A Systematic Review and Meta-Analysis of 9991 Cases

Manish Parikh, MD, Reda Issa, BA,* Aileen McCrillis, MLIS,† John K Saunders, MD,* Aku Ude-Welcome, MD,*
and Michel Gagner, MD‡*

Annals of Surgery • Volume 257, Number 2, February 2013

- Taux de fistules: **2.2%**
- 1/3 sup du tube gastrique
- **Bougie \geq 40 Fr**: diminue /2 le risque de fistule





Effet des techniques sur l'incidence des fistules

Sleeve gastrectomy

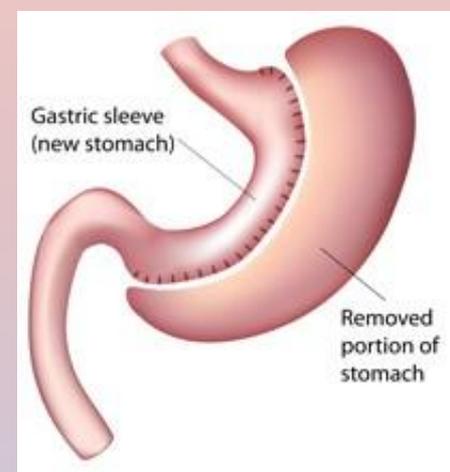
Hémorragie sur ligne d'agrafes

– 4.8% (HAS 2008)

Prévention par:

- Surjet d'enfouissement
- Colle biologique
- Renforcement bio-résorbable

– Transfusion dans 0.5% des cas



Prediction Model for Hemorrhagic Complications after Laparoscopic Sleeve Gastrectomy: Development of SLEEVE BLEED Calculator

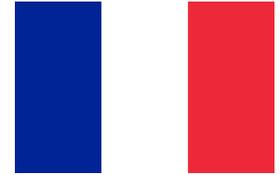
OBES SURG 2016

- 522 sleeve gastrectomy primaire

Factor	Adjusted odds ratio	95 % CI	Estimate
No history of hypertension	0.38	0.14–1.05	−0.486
No history of obstructive sleep apnea	0.22	0.05–0.90	−0.749
Low surgeon experience in bariatric surgery	2.85	1.08–7.5	0.524
No staple line reinforcement	3.34	1.21–9.21	0.603

Clinical Features and Outcome of Postoperative Peritonitis Following Bariatric Surgery

Philippe Montravers • Jean Guglielminotti • Nathalie Zappella •
Mathieu Desmard • Claudette Muller • Pierre Fournier •
Jean Pierre Marmuse • Guillaume Dufour • Pascal Augustin



OBES SURG (2013) 23:1536–1544

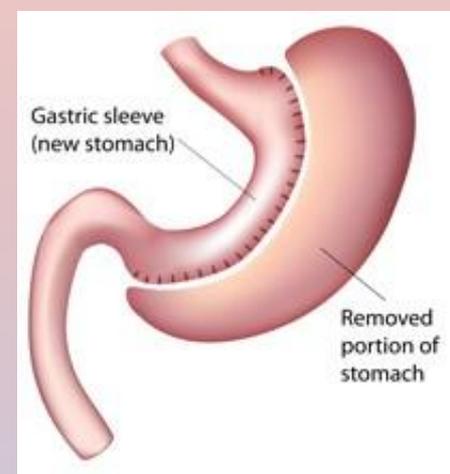
- Particularités des PPO après chirurgie bariatrique:
 - Patients admis en USI
 - Même score SOFA à la ré intervention

- Le groupe obèse:
 - Plus de cocci Gram +
 - Moins de BGN, anaérobies, BMR
- ATB empirique adéquate: 82% des cas
- Même taux de mortalité: 24%

L'antibiothérapie probabiliste pour PPO après chirurgie bariatrique ne diffère pas de celle pour les patients non obèses

Autres complications

- Sténose gastrique: 0.7 - 4 %
- RGO
- Dilatation du tube gastrique



Quelques modèles de prédiction

Predicting Risk for Serious Complications With Bariatric Surgery

Results from the Michigan Bariatric Surgery Collaborative

Development of Risk Prediction Models for Bariatric Surgery Morbidity and Mortality Using the Prospective, Multicenter, Observational Cohort Data

Spectrum of Postoperative Complications after Bariatric Surgery: A Systematic Review and Meta-analysis

Evaluation of the obesity surgery mortality risk score for the prediction of postoperative complications after primary and revisional laparoscopic Roux-en-Y gastric bypass

Postoperative complications and BMI stratification: a study of 10,000 patients in a Large Database

A Nomogram for Predicting Surgical Complications in Bariatric Surgery Patients

Perioperative risk and complications in primary Roux-en-Y gastric bypass: a retrospective analysis of 10,000 patients

Predicting Risk for Serious Complications With Bariatric Surgery

Results from the Michigan Bariatric Surgery Collaborative



Ann Surg 2011

- USA, **25469** patients, chirurgie primaire
- Toute chirurgie bariatrique:
 - Technique chirurgicale
 - Voie d'abord
- 3 grades de complications
- Complications majeures: 2.5%

TABLE 3. Significant Risk Factors for Serious Complications on Multivariable Analysis Among Patients Undergoing Bariatric Surgery in Michigan Between June 2006 and December 2010

Risk Factor	Regression Coefficient	Odds Ratio	95% CI	Bias-Corrected 95% CI*	P*
Procedure type (Ref. Adjustable gastric band)					
Duodenal switch	2.2702	9.68	6.08–15.41	6.05–15.49	0.0001
Laparoscopic gastric bypass	1.2759	3.58	2.80–4.58	2.79–4.64	0.0001
Open gastric bypass	1.2556	3.51	2.37–5.20	2.38–5.22	0.0001
Sleeve gastrectomy	0.8988	2.46	1.72–3.51	1.73–3.50	0.0001
Patient factors					
Previous venous thromboembolism	0.6410	1.90	1.42–2.54	1.41–2.54	0.0001
Mobility limitations	0.4784				
Coronary artery disease	0.4260				
Age over 50 years	0.3225				
Pulmonary disease	0.3150				
Male gender	0.2321				
Smoking history	0.1797				

Risk Factor

Procedure type (Ref. Adjustable gastric band)

Duodenal switch

Laparoscopic gastric bypass

Open gastric bypass

Sleeve gastrectomy

Patient factors

Previous venous thromboembolism

Mobility limitations

Coronary artery disease

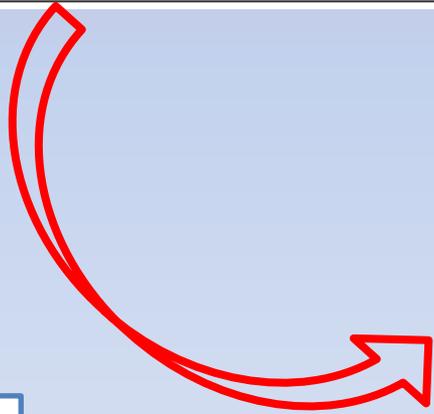
Age over 50 years

Pulmonary disease

Male gender

Smoking history

AUC: 0.68



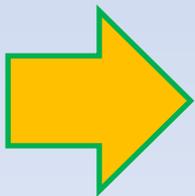
04
2
01
03

A Nomogram for Predicting Surgical Complications in Bariatric Surgery Patients



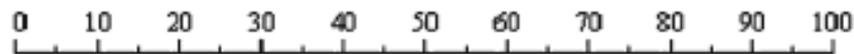
OBES SURG (2011)

- USA, 2005-2008
- n= 32426
- NSQIP (National Security Quality Improvement Program du collège américain de chirurgie)
- Morbidité / mortalité à J 30

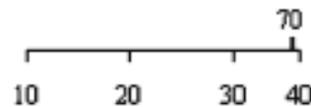


Normogramme de Turner pour la prédiction de la morbi-mortalité

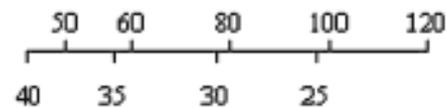
Points



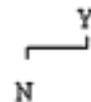
Age (yr)



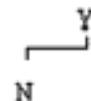
BMI (kg/m²)



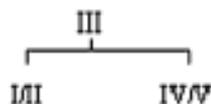
Hypertension
(req. medication)



Smoking Status



ASA Physical
Status



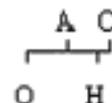
Serum Albumin
(g/dL)



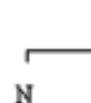
Functional
Dependence



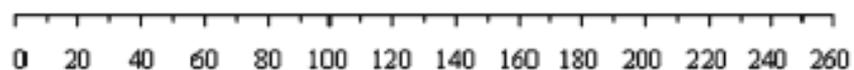
Race*



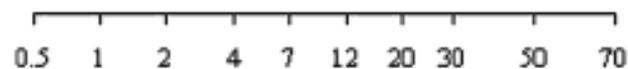
History of COPD



Total Points



Predicted
Probability (%)



AUC: 0.62

Development and Validation of a Bariatric Surgery Morbidity Risk Calculator Using the Prospective, Multicenter NSQIP Dataset

J Am Coll Surg 2011



- NSQIP
 - 2007: élaboration du score
 - 2008: sa validation
- Toute chirurgie **sauf sleeve**
- $n = 11023$
- Complications majeures à J 30 (4.2%)

Les 7 Facteurs prédictifs:

- IDM (6 mois) / angine de poitrine (1 mois)
- Etat de dépendance fonctionnelle
- AVC
- Anomalies de l'hémostase
- HTA
- BMI (35-45, 45-60)
- Type de chirurgie

AUC: 0.69

Bariatric Surgery Morbidity Risk Score

Procedure: Enter 1 for Biliopancreatic Diversion with Duodenal Switch
2 for Laparoscopic Roux-en-Y Gastric Bypass
3 for Laparoscopic Gastric Banding
4 for Open Roux-en-Y Gastric Bypass
5 for Vertical Banded Gastroplasty
6 for Other Gastroplasty

BMI Category: Enter 1 for 35-45 kg/m²
2 for 45 - 60 kg/m²
3 for >60 kg/m²

Functional status: Enter 1 for partially or totally dependent
0 for independent

History of MI or Angina: Enter 1 for patients with a history of Myocardial infarction within 6 months or angina within 1 month of surgery
0 for patients without

Hypertension: Enter 1 for patients who have persistent BP > 140/90 or on anti-hypertensives
0 for those without hypertension

History of CVA: Enter 1 for patients with a history of cerebrovascular accident
0 for patients without

History of bleeding disorder: Enter 1 for patients with a history of having a bleeding disorder
0 for patients without

Estimated risk probability for postoperative morbidity: 17,92%

- Limites de ce score:
 - Ne précise pas certaines comorbidités (SAOS, ATCD de MTEV)
 - Ne mentionne pas toutes les complications (hémorragie, occlusion ...)
 - Expérience du chirurgien
 - Pas de sleeve

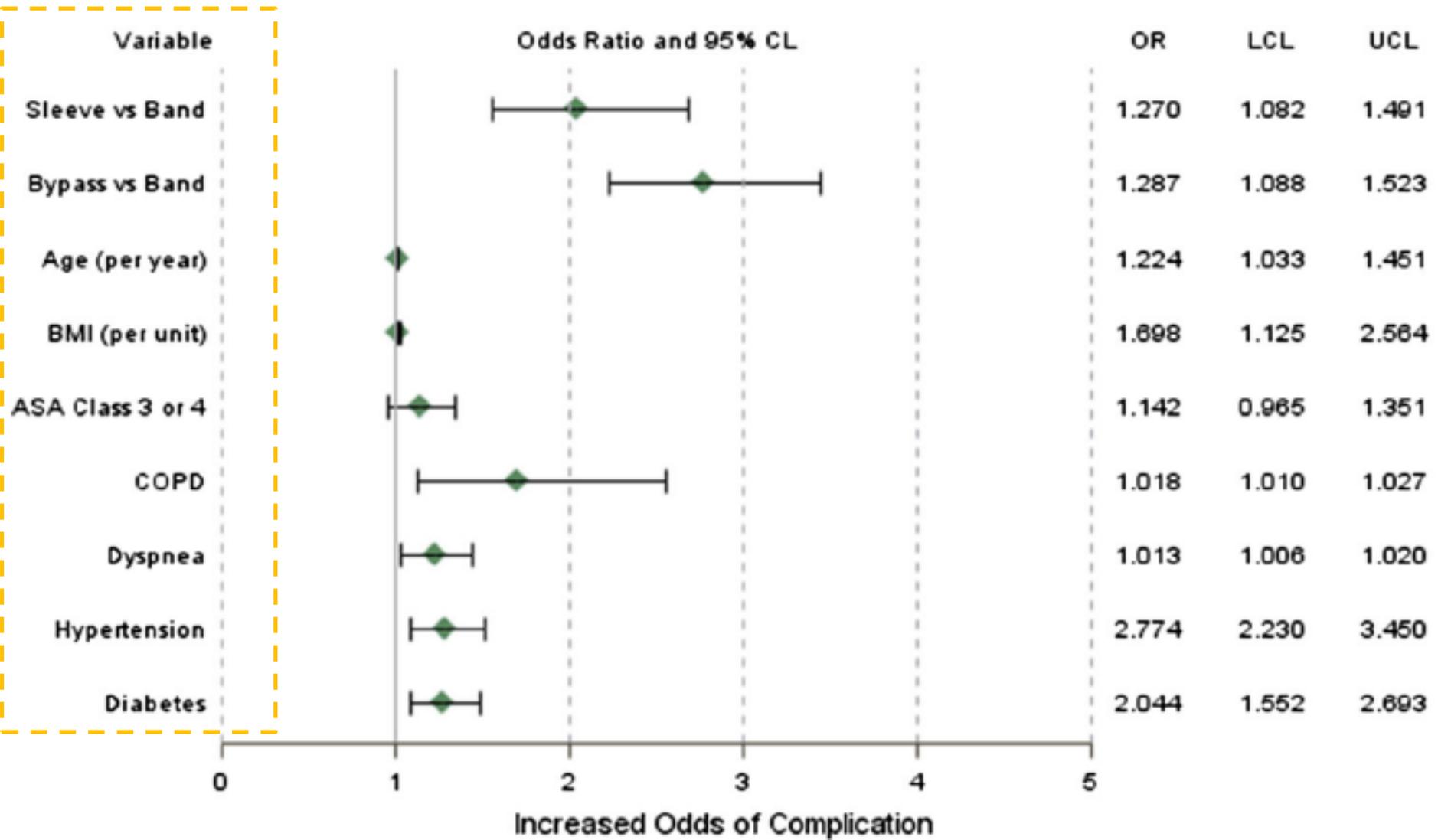
Postoperative complications in bariatric surgery using age and BMI stratification: a study using ACS-NSQIP data

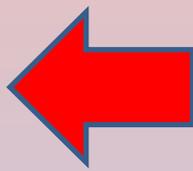
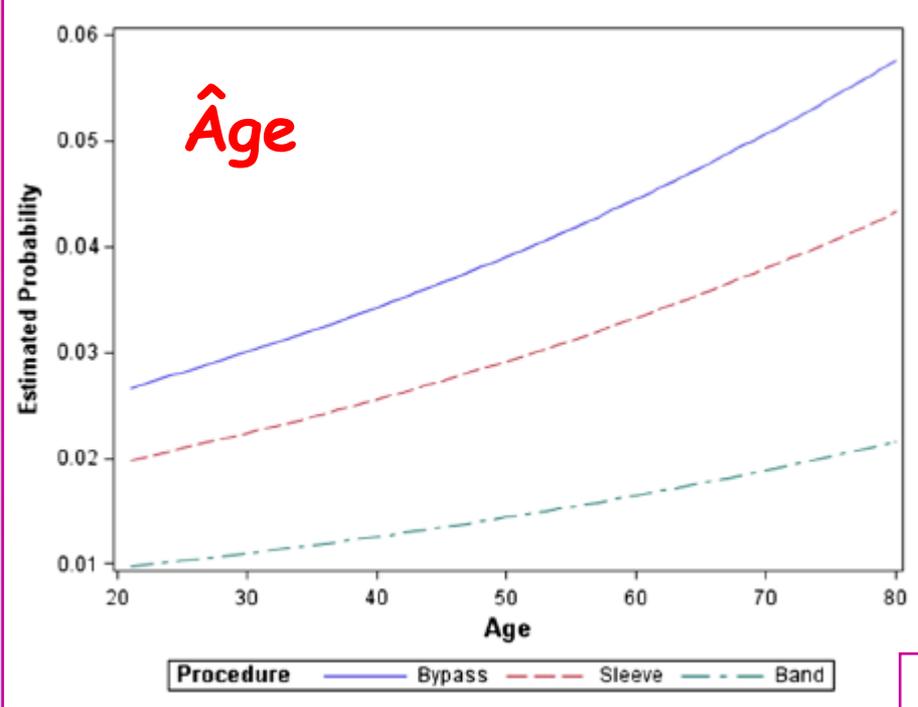


Surg Endosc (2014)

- Etudier la tendance de la morbi-mortalité en fonction de l'âge et du BMI
- n= 20308, NSQIP (2010-2011)
- Anneau / Sleeve / By Pass

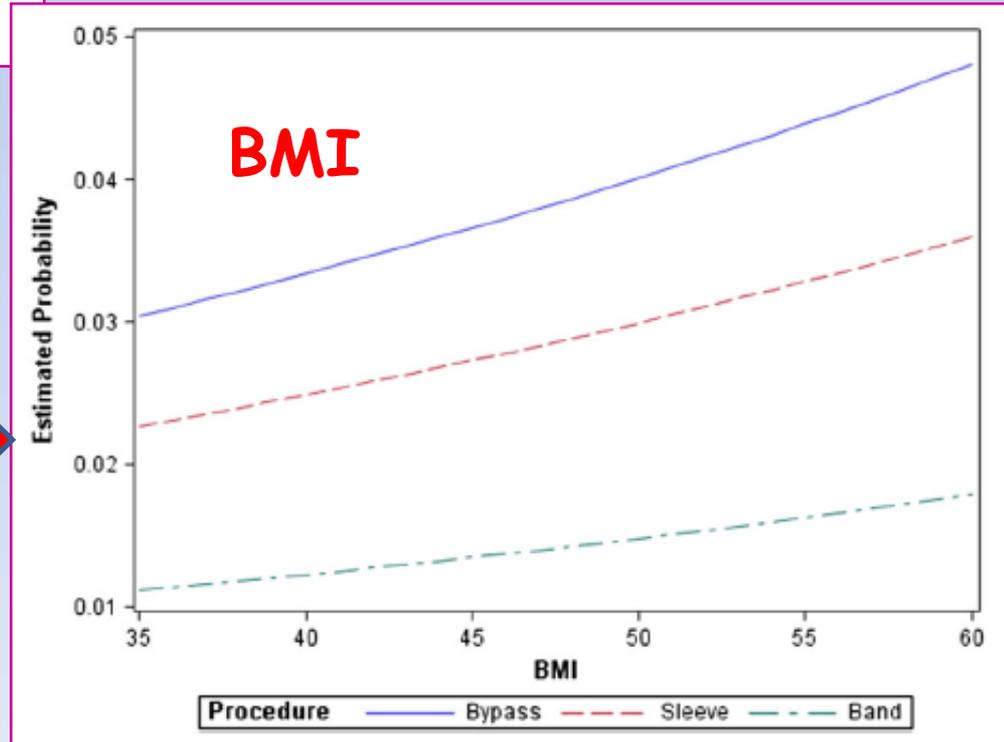
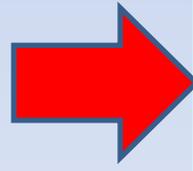
Logistic Model Results





Le risque ↗ 1% pour chaque année

Le risque ↗ 2% pour chaque point en BMI



Development of a sleeve gastrectomy risk calculator



Surgery for Obesity and Related Diseases ■ (2015)

- $n = 5871$, NSQIP
- Sleeve gastrectomy uniquement
- 52 variables pré op
- 17 complications post op
- Validation du modèle ($n = 3130$)

7 facteurs prédictifs

Predictive factors of primary outcome based on multivariate analysis

Risk factor	Univariate odds ratio	Adjusted odds ratio	95% CI
Congestive heart failure	9.53	6.23	1.25–31.07
Steroid use for chronic conditions	5.02	5.00	2.06–12.15
Male sex	1.71	1.68	1.03–2.72
Diabetes	1.87	1.62	1.07–2.48
Preoperative serum total bilirubin level	1.59	1.57	1.11–2.22
Body mass index	1.03	1.03	1.01–1.05
Preoperative hematocrit level	.96	.95	.89–1.00
Constant			

AUC: 0.68



Sleeve Gastrectomy Risk Calculator

📖 CALCULATOR:

Gender*	Male ▾ i
Body Mass Index (BMI) *	52 i
Diabetes*	Yes ▾ i
History of Congestive Heart Failure (CHF)*	No ▾ i
Steroid Use for Chronic Condition *	No ▾ i
Preoperative Hematocrit Level (%)*	38 i
Preoperative Serum Total Bilirubin Level (mg/dL)*	0 ▾ i

SUBMIT **RESET**

www.r-calc.com

Outcome

Result

Estimated Probability of Serious Adverse Events*

29.2%



Predicting postoperative complications after bariatric surgery: the Bariatric Surgery Index for Complications, BASIC

Surg Endosc (2017)

- Etude BASIC, n = 1709 (2007-2014), monocentrique
- By Pass / Sleeve / chirurgie de révision ++
- Classification de Clavien - Dindo (CD)
- 24 variables en pré op
- Complications sévères (CD \geq 3) : 8.2%

Six facteurs de risque indépendants

Table 4 Multivariable analysis, risk factors BASIC

Variable	<i>p</i> value	Odd's ratio	95% CI for the Exp.	
Anticoagulants	0.142	1.454	0.883	2.394
COPD	0.007	2.271	1.254	4.113
Dyslipidemia	0.042	1.396	1.012	1.928
Gender (male)	0.037	1.438	1.023	2.023
Psychiatric history	0.137	1.298	0.921	1.831
Revisional surgery	0.021	1.498	1.064	2.110

Table 6 Distribution among classes short-term complications

Classification	Total number (%)	Complication (%)	<i>p</i> value
Class I (0–1 risk factor)	1338 (78.3)	136 (10.2)	0.001
Class II (2 risk factors)	269 (15.7)	40 (14.9)	
Class III (≥ 3 risk factors)	102 (6.0)	21 (20.6)	

- Manque de validation sur une large cohorte
- Uniquement des paramètres pré opératoire

Risk Prediction Model for Severe Postoperative Complication in Bariatric Surgery



Obesity Surgery 2018

- $n = 37811$ (2010-2014)
- Scandinavian Obesity Surgery Registry (SOReg)
- Clavien-Dindo classification (\geq IIIb), J30
 - Modèle pour le calcul du risque
- Validation sur cohorte de 6250 patients (2015)

- Type de chirurgie :
 - By pass gastrique: 90%
 - Laparoscopie: 96.6%
 - Chirurgie révisionnelle: 3.6%
- Complications sévères: 3.3%

- Facteurs prédictifs:

- Chirurgie révisionnelle
- BMI bas
- Tour de taille
- Age
- RGO
- Année de chirurgie

AUC: 0.53

Bonne spécificité mais sensibilité basse

Question: peut-on prédire les complications
uniquement sur des paramètres pré
opératoires?

Risk Stratification Models: How Well do They Predict Adverse Outcomes in a Large Dutch Bariatric Cohort?

OBES SURG 2015



- Test de 8 modèles de prédiction
- n= 740 (2007-2012)
- By pass gastrique (Roux-en-Y)
- Classification Clavien-Dindo
- 3 Test statistiques

DeMaria et al. [11]

Predictors

Age ≥ 45	2.442 (1.1126–5.295)
Male gender	0.672 (0.302–1.498)
BMI ≥ 50	1.248 (0.424–3.678)
Hypertension	0.878 (0.416–1.853)
Risk of PE	1.196 (0.152–9.404)

AUC: 0.63

Campos et al. [18]

Clinical diagnosis of T2DM	1.567 (1.051–2.337)
Early surgeon experience	1.145 (0.740–1.771)
Open approach	∞

AUC: 0.55

LABS [9]

~~VTE~~

1.167 (0.151–9.047)

~~Sleep apnea~~

1.691 (0.678–4.220)

~~Functional status^b~~

–

~~BMI >70^b~~

–

AUC: 0.53

Gupta et al. [8]

Predictors

MI/Angina	2.987 (0.969–9.206)
Dependent functional status ^b	–
Stroke	0.672 (0.078–5.829)
Bleeding disorder	0.252 (0.032–1.952)
Hypertension	1.845 (1.162–2.930)
BMI 35–45	1.171 (0.707–1.939)
BMI >60	1.455 (0.161–13.177)
<i>Morbidity score</i>	1.056 (0.995–1.120)

AUC: 0.61

Finks et al. [7]

Predictors

History of VTE	1.455 (0.181–11.960)
Mobility limitations ^b	
CAD	0.000 (0.000–∞)
Age ≥50	2.566 (1.243–5.296)
Pulmonary disease	0.654 (0.220–1.941)
Male gender	0.595 (0.267–1.326)
Smoking	1.526 (0.748–3.114)
Risk stratification model	
Severe	1.364 (0.996–1.867)
Any	1.119 (0.997–1.255)

AUC: 0.65

Maciejewski et al. [6]

Age ≥ 65	0.000 (0.000– ∞)
OHS	1.402 (0.542–3.750)
Functional status ^b	–
Pulmonary hypertension	0.694 (0.233–2.064)
BMI ≥ 60	4.501 (0.462–43.888)
Back pain	0.565 (0.208–1.534)
Age 40–64	2.234 (0.909–5.490)
Diabetes	1.369 (0.631–2.971)
ASA class 4/5 ^b	–
Male	0.730 (0.313–1.704)
Ischemic heart disease	0.000 (0.000– ∞)
BMI 50–59.9	0.958 (0.281–3.261)

Stenberg et al. [38]

Age 40–50	2.304 (0.821–6.470)
Age 50–60	4.207 (1.467–12.061)
Intraoperative adverse events	8.290 (3.284–20.925)
Conversion	0.000 (0.000–∞)
Other procedure	0.000 (0.000–∞)
Learning curve (>400 cases)	0.443 (0.193–1.014)

AUC: 0.77

Sanni et al. [37]

Age	1.023 (0.996–1.050)
BMI	0.986 (0.941–1.032)
COPD	1.238 (0.692–2.217)
Dyspnea^c	NA
Hypertension	1.554 (0.947–2.552)
Diabetes	1.091 (0.645–1.844)

AUC: 0.61

- Faible pouvoir prédictif de ces modèles
- Modèle de Stenberg: le plus puissant
 - Population Européenne
 - Paramètres variés

- Pré opératoire
- Per opératoire
- Expérience chirurgien

Complications d'ordre médical

Complications thrombo-emboliques

- 1^{ère} cause de mortalité
- État d'hypercoagulabilité
 - ↗ Fibrinogène, Fact VII, FVW,
 - ↗ Facteur Inhibiteur du Plasminogène
- Co-morbidités (diabète, Insuffisance veineuse..)
- Type de chirurgie

Identifying the Bariatric Patient at Risk for Pulmonary Embolism: Prospective Clinical Trial Using Duplex Sonography and Blood Screening.

Holländer SW¹, Sifft A², Hess S³, Klingen HJ⁴, Djalali P⁵, Birk D⁶.

- Bilan de thrombophilie chez 101 patients
- **Déficit protéine S**: + fréquent chez les obèses
- Thrombophilie plus fréquente en cas de:
 - Diabète
 - SAOS

Mortality After Bariatric Surgery



Analysis of 13,871 Morbidly Obese Patients From a National Registry

Mario Morino, MD, Mauro Toppino, MD,* Pietro Forestieri, MD,† Luigi Angrisani, MD,‡
Marco Ettore Allaix, MD,* and Nicola Scopinaro, MD, FACS Hon§*

Annals of Surgery • Volume 246, Number 6, December 2007

- EP: 1^{ère} cause de DC post op (38%)
- Par ordre de fréquence:
 - Diversion bilio-pancréatique
 - Roux-en-Y gastric bypass
- Dépistage peut être discuté

Pulmonary Embolism Complicating Bariatric Surgery: Detailed Analysis of a Single Institution's 24-Year Experience



J Am Coll Surg 2006;203:831–837

- Incidence **0.85%** - Mortalité **27%**
- Délai moyen de survenue d'une EP: 13 j
- 1/3 des EP surviennent après la sortie
- Facteurs de risque identifiés:

- Insuffisance respiratoire
- Insuffisance veineuse
- BMI > 55

Predicting Risk for Venous Thromboembolism With Bariatric Surgery

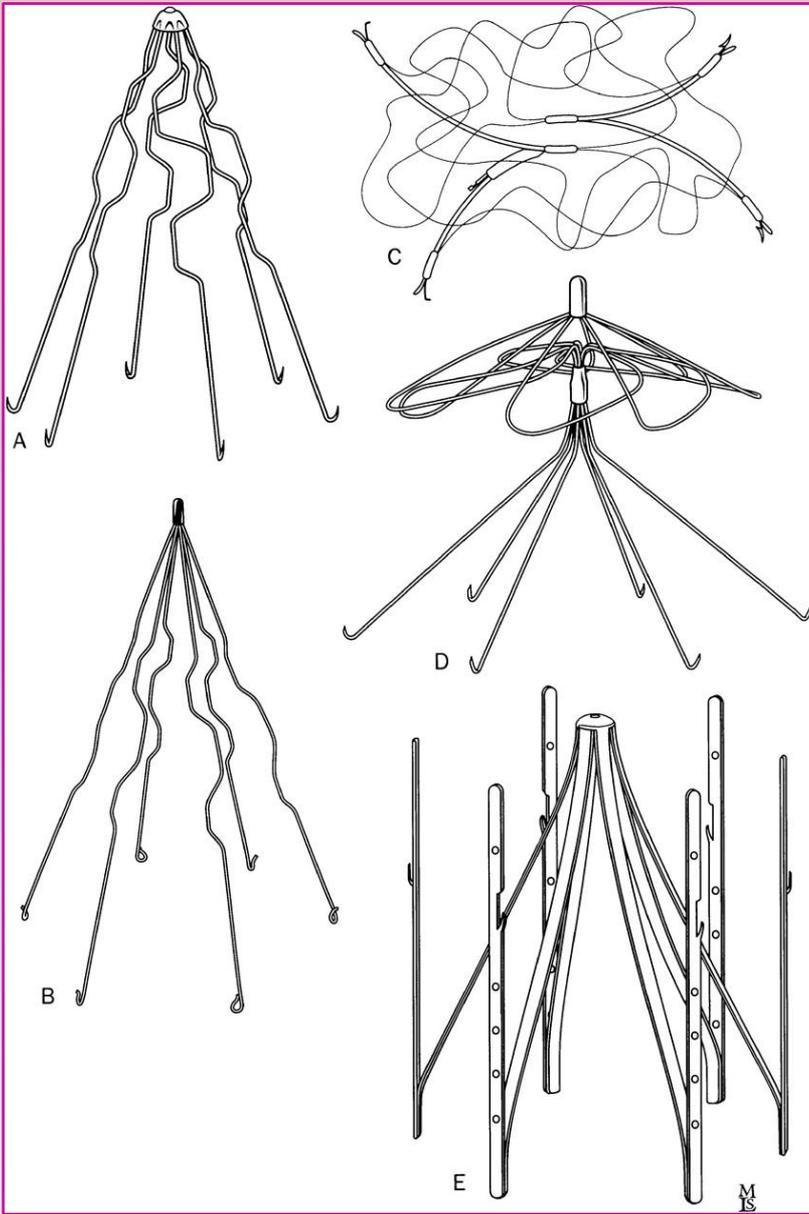


Results From the Michigan Bariatric Surgery Collaborative

Ann Surg 2012

- Michigan Bariatric Surgery Collaborative (MBSC)
- n= 27818 - MVTE: 0.33%

Risk Factor	Regression Coefficient	Odds Ratio
Procedure type (Reference adjustable gastric band)		
Duodenal switch	2.25	9.45
Open gastric bypass	1.87	6.48
Laparoscopic gastric bypass	1.38	3.97
Sleeve gastrectomy	1.25	3.50
Patient factors		
Previous VTE	1.42	4.15
Male gender	0.733	2.08
Operative time > 3 h	0.622	1.86
BMI category [†] (per 10 units)	0.311	1.37
Age category [‡] (per 10 yrs)	0.223	1.25



Place du filtre cave?

Les complications respiratoires

Mortality After Bariatric Surgery

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Annals of Surgery • Volume 246, Number 6, December 2007

Défaillance respiratoire = 2^{ème} cause de
mortalité d'origine respiratoire

Association of metabolic syndrome and surgical factors with pulmonary adverse events, and longitudinal mortality in bariatric surgery[†]

R. Schumann^{1*}, S. A. Shikora², J. C. Sigl³ and S. D. Kelley²

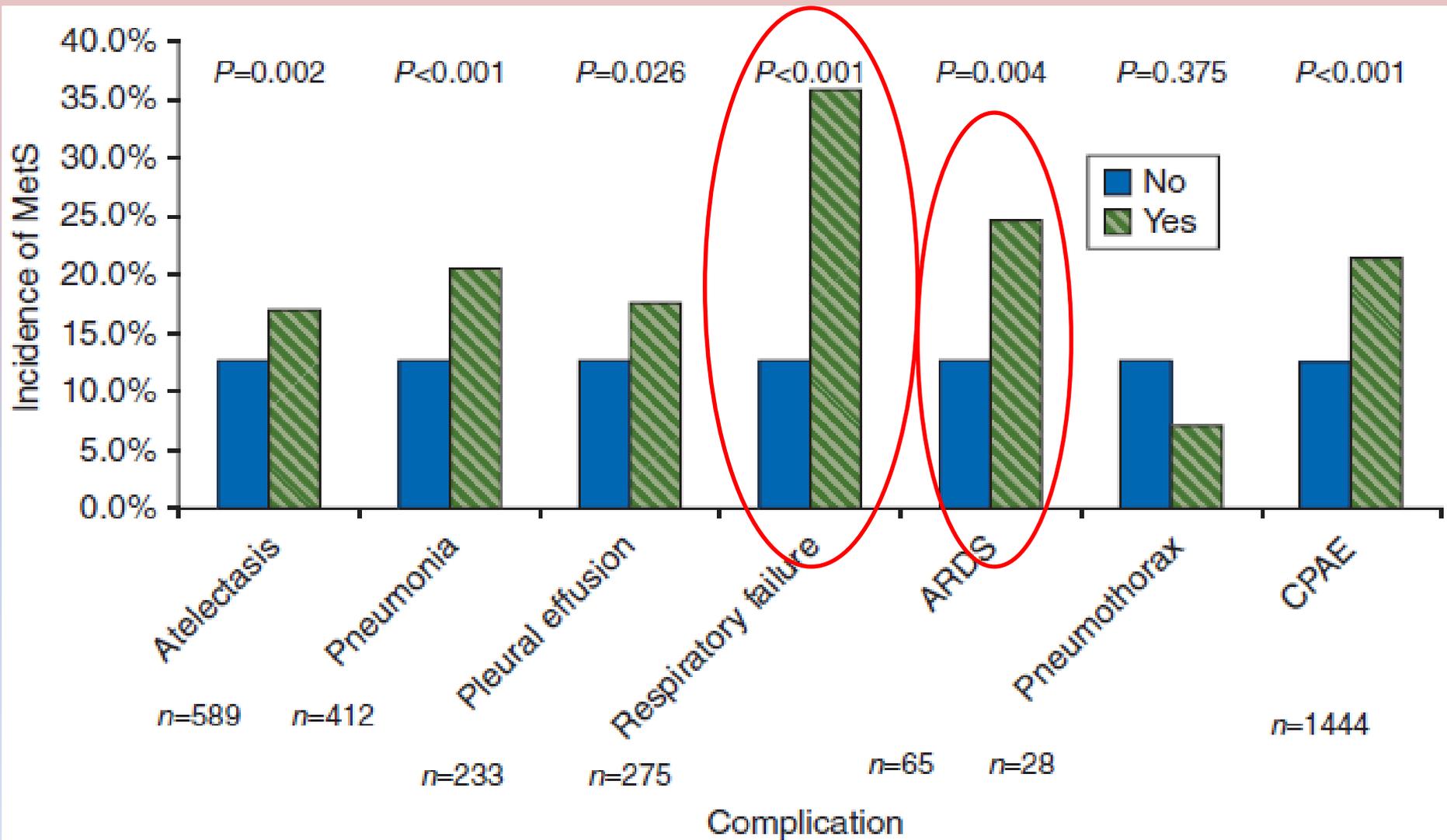
British Journal of Anaesthesia **114** (1): 83–90 (2015)

- Prévalence 0.91%
 - Atélectasies (0.4%)
 - Pneumonies (0.3%)
 - Pneumothorax
 - Épanchements pleuraux
 - SDRA

Table 2 The prevalence of PPC and associated longitudinal mortality. ARDS, adult respiratory distress syndrome; n, number of records available for analysis. *P<0.05 vs no pulmonary adverse event

Pulmonary adverse event	Incidence (n= 158 405) (%)	Mortality (%)		
		30 days (n=135 107)	90 days (n=113 079)	365 days (n=43 562)
None	99.1	0.1	0.2	0.6
Composite	0.91	0.9*	1.8*	5.4*
Atelectasis	0.4	0.2	0.4	0.9
Pneumonia	0.3	0.8*	1.6*	4.1*
Respiratory Failure	0.2	3.3*	6.5*	24.7*
ARDS	0.04	5.2*	8.9*	17.4*
Pneumothorax	0.02	0	0	0
Pleural effusion	0.1	0	0	0

- La mortalité X 9 si événement respiratoire
 - Détresse respiratoire
 - SDRA post opératoire
- Les plus pourvoyeuses de mortalité



Complications respiratoires et syndrome métabolique

Postoperative Hypoxemia in Morbidly Obese Patients With and Without Obstructive Sleep Apnea Undergoing Laparoscopic Bariatric Surgery

Anesth Analg 2008;107:138-43

- Incidence SAOS entre 40 et 50% des cas
- Même taux d'hypoxémie entre:
 - Patients obèses SAOS +
 - Patients obèses SAOS -

Complications cardiovasculaires

Obesity and Cardiovascular Disease
Caroline M. Apovian and Noyan Gokce

Circulation. 2012;125:1178-1182.

- Résistance à l'insuline
- HTA
- Dyslipidémie
- État pro inflammatoire



- Athérosclérose
- coronaropathie
- Insuffisance cardiaque
- Troubles du rythme

- Remodelage myocardique
- Hypertrophie ventriculaire
- Altération fonctions systoliques et diastoliques
- Dysfonctionnement endothélial
- Pathologie coronaire
- Hypertonie sympathique
- HTAP
- Arythmies

Eligibility for bariatric surgery among adults in England: analysis of a national cross-sectional survey

Journal of the Royal Society of Medicine Open;
5(1) 1–6

	% BMI < 35 (CI)	% BMI 35–40 (CI)	% BMI > 40 (CI)
Hypertension	19.3 (18.5–20.2)	42.1 (38.4–45.8)	51.6 (43.9–59.2)
Type 2 diabetes	3.2 (2.8–3.6)	8.8 (6.8–10.9)	16.7 (10.8–22.5)
Stroke	1.2 (1.0–1.5)	2.4 (1.3–3.4)	2.1 (0.0–4.2)
Coronary heart disease	3.2 (2.8–3.5)	5.9 (4.2–7.6)	8.4 (4.3–12.6)
Osteoarthritis	6.6 (6.1–7.2)	16.2 (13.6–18.8)	21.1 (15.2–26.9)
Comorbidities†			
0	73.9 (73.0–74.8)	50.8 (47.0–54.6)	35.8 (28.3–43.3)
≥1	26.1 (25.2–27.1)	49.2 (45.4–53.0)	64.2 (56.7–71.7)
Weighted base (N)	8712	705	172
Unweighted base (N)	8525	721	179

Prevalence and Predictors of Atrial Fibrillation among Patients Undergoing Bariatric Surgery

Obes Surg. 2014 April

- 1341 chirurgie bariatrique (2008-2012)
- En analyse transversale
- Prévalence FA à **1.9%**

Multivariable Model of AF in Patients Undergoing Bariatric Surgery (N=1341)

	Odds Ratio (95% CI)	p-Value	
➔ Age (per 10 years)	2.2(1.4-3.5)	<0.001	➔
➔ Gender-Male	2.4(1.1-5.4)	0.03	➔
BMI (per 5 kg/m ²)	1.15(0.98-1.41)	0.09	

→ Obésité = facteur de risque indépendant
d'ACFA

- Dilatation OG
- Remodelage ventriculaire
- ↗ volume circulant
- Dysfonction diastolique

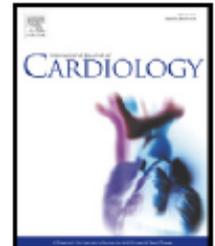


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Bariatric surgery and its impact on cardiovascular disease and mortality: A systematic review and meta-analysis



Chun Shing Kwok ^{a,*}, Ashish Pradhan ^b, Muhammad A. Khan ^c, Simon G. Anderson ^d, Bernard D. Keavney ^e,
Phyo Kyaw Myint ^f, Mamas A. Mamas ^g, Yoon K. Loke ^h

- 14 études (29,208 patients)
- Groupe contrôle (166,200 patients obèses non opérés)

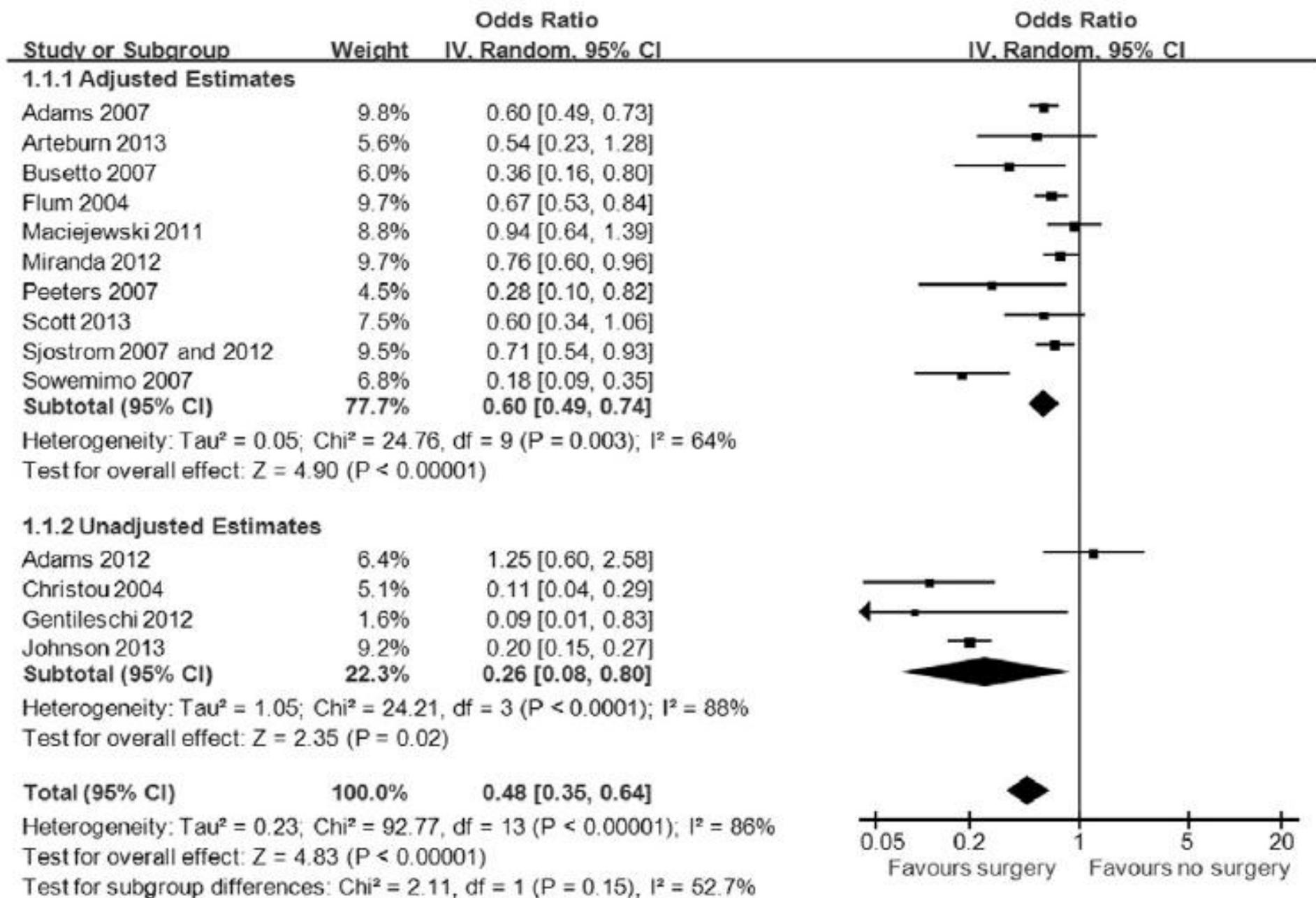


Fig. 2. Meta-analyses of mortality risk after bariatric surgery as compared to no surgery.

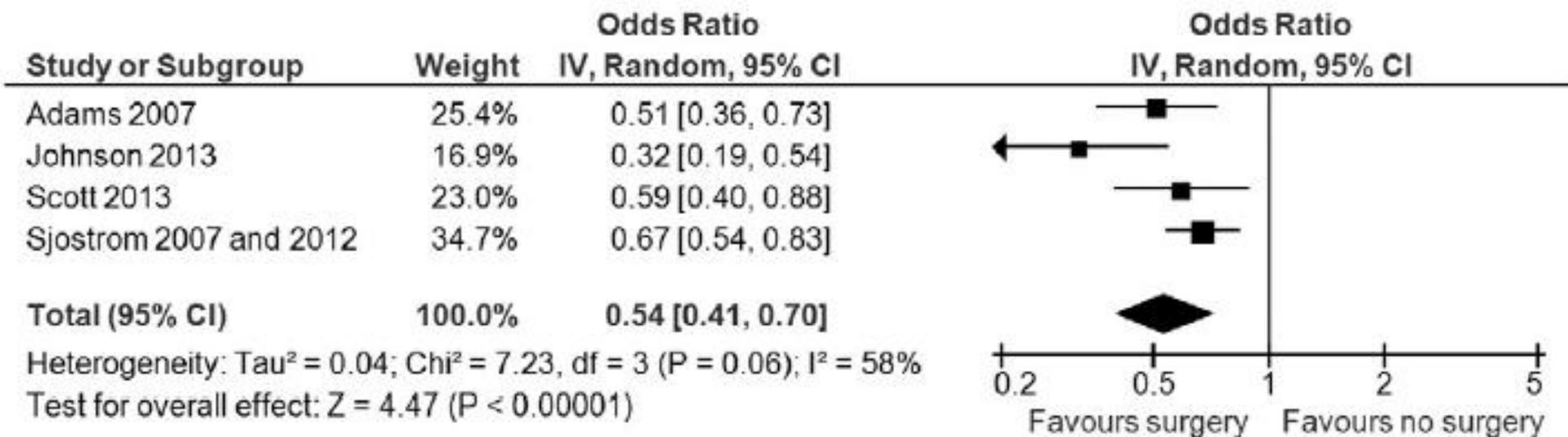


Fig. 3. Meta-analysis of risk of myocardial infarction after bariatric surgery compared to no surgery.

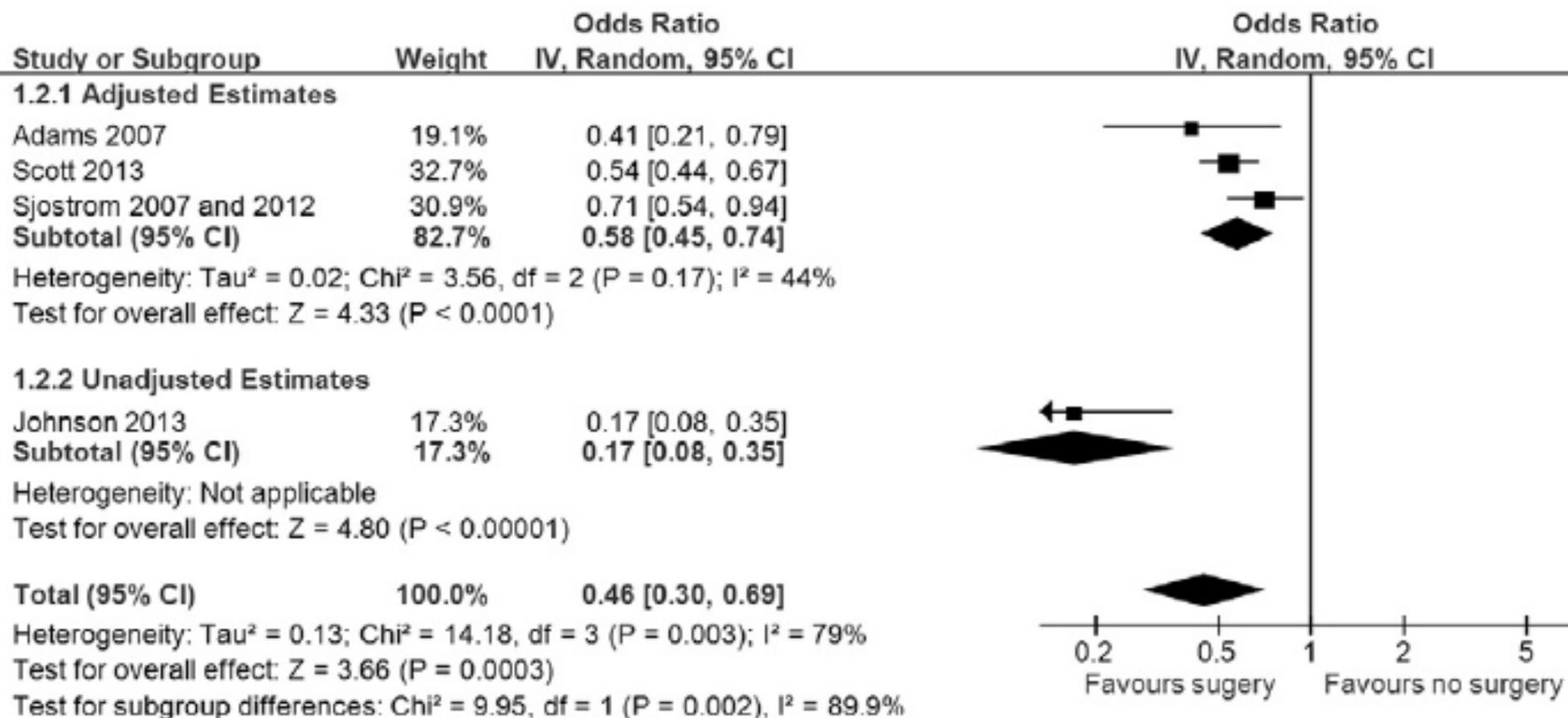


Fig. 4. Meta-analysis of **stroke** risk after bariatric surgery as compared to no surgery.



Merci de votre attention