**La 4ème Journée COmmune de
Réanimation**

Nouvelles définitions du SDRA

AYACHI JIHENE

MCA Réanimation Médicale Kairouan

31/05/2025

Tout ce que nous savons sur le SDRA, nous l'avons appris en 1967

The Lancet - Saturday 12 August 1967

ACUTE RESPIRATORY DISTRESS IN ADULTS

DAVID G. ASHBAUGH

M.D. Ohio State

ASSISTANT PROFESSOR OF SURGERY

D. BOYD BIGELOW

M.D. Colorado

ASSISTANT IN MEDICINE AND AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE

THOMAS L. PETTY

M.D. Colorado

ASSISTANT PROFESSOR OF MEDICINE

BERNARD E. LEVINE

M.D. Michigan

AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE*

From the Departments of Surgery and Medicine, University of Colorado Medical Center, Denver, Colorado, U.S.A.

Summary The respiratory-distress syndrome in 12 patients was manifested by acute onset of tachypnea, hypoxemia, and loss of compliance after a variety of stimuli; the syndrome did not respond to usual and ordinary methods of respiratory therapy. The clinical and pathological features closely resembled those seen in infants with respiratory distress and to conditions in operative necrotic and postperfusion lung. The theoretical relationship of this syndrome to alveolar surface active agent is postulated. Positive end-expiratory pressure was most helpful in combating atelectasis and hypoxemia. Corticosteroids appeared to have value in the treatment of patients with fat-embolism and possibly viral pneumonia.

Introduction

In the course of clinical and laboratory observations on 22 adult patients receiving respiratory support, a few patients did not respond to usual methods of therapy. They exhibited a clinical, physiological, and pathological course of events that was remarkably similar to the infantile respiratory distress syndrome (hyaline-membrane disease). Difficult cases of respiratory failure in conjunction with prolonged cardiopulmonary bypass (Baer and Osborn 1960), with congestive necrotic (Berry and Santlow 1963), with viral pneumonia (Petersdorf et al. 1959), and with fat-embolism (Ashbaugh and Petty 1966) have been recorded; and in these cases the pathophysiology of the illness closely resembled the infantile respiratory distress syndrome and findings in patients described here.

Patients

A similar pattern of acute respiratory distress was seen in 12 patients. The clinical pattern, which we will refer to as the respiratory-distress syndrome, includes severe dyspnea, tachypnea, cyanosis that is refractory to oxygen therapy, loss

of lung compliance, and diffuse alveolar infiltration seen on chest X-ray.

No patient had a previous history of respiratory failure. 1 patient gave a history of mild asthma since childhood but had no disability or recent attacks. Another patient had a chronic cough that was attributed to cigarette smoking. The remaining 10 patients did not have any previous pulmonary disease.

Severe trauma preceded respiratory distress in 7 patients (table 1). Viral infection in 4 patients and acute pancreatitis in 1 patient were precipitating factors in the remainder. Respiratory distress occurred as early as one hour and as late as ninety-six hours after the precipitating illness or injury. Shock of varying degree and duration was present in 5 patients and excessive fluid administration occurred in 7 patients. 4 patients developed acidosis with pH less than 7.3 before the onset of respiratory distress.

Methods

All patients were admitted to intensive-care units of the surgical or medical services. Blood-gas studies were performed on arterial blood drawn by percutaneous puncture of either brachial or femoral artery. In most instances, blood was drawn only during a steady state. P_{aO_2} measurements were determined with a Clark electrode and oxygen saturation was measured on

TABLE 1—ACUTE RESPIRATORY DISTRESS

Case	Age (yr)	Sex	Illness	Onset of acute respiratory distress (hr. after illness)	Possible contributory factors		
					Hypotension	Acidosis	Fluid overload
1	20	M	Multiple trauma; lung contusion	8	++	++	+++ 7500 ml.
2	16	F	Multiple trauma; lung laceration and contusion	1	+++	++	+++ 3000 ml.
3	19	F	Multiple trauma and fat-embolism	72	0	..	..
4	25	M	Shrapnel wound to abdomen	95	+++	+	+++ 4000 ml.
5	31	M	Blunt chest injury; lung contusion	1	..	++	..
6	43	F	Acute pancreatitis	48	+++	+++	+++ 5000 ml.
7	23	F	7 viral pneumonitis	48	..	..	..
8	39	F	Drug ingestion; 7 viral pneumonitis	24	..	..	++
9	19	F	Gallbladder; 7 viral pneumonitis	96	..	..	++
10	19	M	Multiple trauma; crushed chest; severe concussion	1	..	..	..
11	40	F	Drug ingestion; fractured chest; 7 viral pneumonitis	48	..	..	+++ 10000 ml.
12	34	M	Crushed wound left chest	96	..	..	..

*Present address: 609 East Bell Street, Phoenix, Arizona.

ACUTE RESPIRATORY DISTRESS IN ADULTS

DAVID G. ASHBAUGH
M.D. Ohio State

ASSISTANT PROFESSOR OF SURGERY

D. BOYD BIGELOW
M.D. Colorado

ASSISTANT IN MEDICINE AND AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE

THOMAS L. PETTY
M.D. Colorado

ASSISTANT PROFESSOR OF MEDICINE

BERNARD E. LEVINE
M.D. Michigan

AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE*

From the Departments of Surgery and Medicine,
University of Colorado Medical Center, Denver, Colorado, U.S.A.

Tout ce que nous savons sur le SDRA, nous l'avons appris en 1967

The Lancet - Saturday 12 August 1967

ACUTE RESPIRATORY DISTRESS IN ADULTS

DAVID G. ASHBAUGH
M.D. Ohio State

ASSISTANT PROFESSOR OF SURGERY

D. ROYD BINGLORE
M.D. Colorado

ASSISTANT IN MEDICINE AND AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE

THOMAS L. PETTY
M.D. Colorado

ASSISTANT PROFESSOR OF MEDICINE

BERNARD E. LEVINE
M.D. Michigan

AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE*

From the Departments of Surgery and Medicine,

University of Colorado Medical Center, Denver, Colorado, U.S.A.

*Present address: 600 East Bell Street, Phoenix, Arizona.

Summary

The respiratory-distress syndrome in 12 patients was manifested by acute onset of tachypnea, hypoxemia, and loss of compliance after a variety of stimuli; the syndrome did not respond to usual and ordinary methods of respiratory therapy. The clinical and pathological features closely resembled those seen in infants with respiratory distress and to conditions in operative necrotic and postperfusion lung. The theoretical relationship of this syndrome to alveolar surface active agent is postulated. Positive end-expiratory pressure was most helpful in combating atelectasis and hypoxemia. Corticosteroids appeared to have value in the treatment of patients with fat-embolism and possibly viral pneumonia.

Introduction

In the course of clinical and laboratory observations on 272 adult patients receiving respiratory support, a few patients did not respond to usual methods of therapy. They exhibited a clinical, physiological, and pathological course of events that was remarkably similar to the infantile respiratory distress syndrome (hyaline-membrane disease). Difficult cases of respiratory failure in conjunction with prolonged cardiopulmonary bypass (Baer and Osborn 1960), with congestive necrotic (Berry and Santlow 1963), with viral pneumonia (Petersdorf et al. 1959), and with fat-embolism (Ashbaugh and Petty 1966) have been recorded; and in these cases the pathophysiology of the illness closely resembled the infantile respiratory distress syndrome and findings in patients described here.

Patients

A similar pattern of acute respiratory distress was seen in 12 patients. The clinical pattern, which we will refer to as the respiratory-distress syndrome, includes severe dyspnea, tachypnea, cyanosis that is refractory to oxygen therapy, loss

of lung compliance, and diffuse alveolar infiltration seen on chest X-ray.

No patient had a previous history of respiratory failure. 1 patient gave a history of mild asthma since childhood but had no disability or recent attacks. Another patient had a chronic cough that was attributed to cigarette smoking. The remaining 10 patients did not have any previous pulmonary disease.

Severe trauma preceded respiratory distress in 7 patients (table 1). Viral infection in 4 patients and acute pancreatitis in 1 patient were precipitating factors in the remainder. Respiratory distress occurred as early as one hour and as late as ninety-six hours after the precipitating illness or injury. Shock of varying degree and duration was present in 5 patients and excessive fluid administration occurred in 7 patients. 4 patients developed acidosis with pH less than 7.3 before the onset of respiratory distress.

Methods

All patients were admitted to intensive-care units of the surgical or medical services. Blood-gas studies were performed on arterial blood drawn by percutaneous puncture of either brachial or femoral artery. In most instances, blood was drawn only during a steady state. P_{ET}O₂ measurements were determined with a Clark electrode and oxygen saturation was measured on

TABLE 1—ACUTE RESPIRATORY DISTRESS

Case	Age (yr)	Sex	Illness	Onset of acute respiratory distress (hr. after illness)	Possible contributory factors		
					Hypotension	Acidosis	Fluid overload
1	20	M	Multiple trauma; lung contusion	8	++	++	+++ 7500 ml.
2	16	F	Multiple trauma; lung laceration and contusion	1	+++	++	+++ 3000 ml.
3	19	F	Multiple trauma and fat-embolism	72	0	..	..
4	25	M	Shrapnel wound to abdomen	95	+++	+	+++ 4000 ml.
5	31	M	Blunt chest injury; lung contusion	1	..	++	..
6	43	F	Acute pancreatitis	48	+++	+++	+++ 5000 ml.
7	23	F	7 viral pneumonias	48	..	..	..
8	39	F	Drug ingestion; 7 viral pneumonias	24	..	..	++
9	19	F	Gallbladder; 7 viral pneumonias	96	..	..	++
10	18	M	Multiple trauma; crushed chest; severe concussion	1	..	..	..
11	40	F	Drug ingestion; fractured chest; 7 viral pneumonias	48	..	..	+++ 10000 ml.
12	34	M	Crushed wound left chest	96	..	..	..

respiratory-distress syndrome, includes severe dyspnoea, tachypnoea, cyanosis that is refractory to oxygen therapy, loss of lung compliance, and diffuse alveolar infiltration seen on chest X-ray.

Début brutal, hypoxémie, faible compliance et anomalies radiologiques

Tout ce que nous savons sur le SDRA, nous l'avons appris en 1967

The Lancet - Saturday 12 August 1967

ACUTE RESPIRATORY DISTRESS IN ADULTS

DAVID G. ASHBAUGH

M.D. Ohio State

ASSISTANT PROFESSOR OF SURGERY

D. ROYD BINGLORE

M.D. Colorado

ASSISTANT IN MEDICINE AND AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE

THOMAS L. PETTY

M.D. Colorado

ASSISTANT PROFESSOR OF MEDICINE

BERNARD E. LEVINE

M.D. Michigan

AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE*

From the Departments of Surgery and Medicine,

University of Colorado Medical Center, Denver, Colorado, U.S.A.

Summary The respiratory-distress syndrome in 12 patients was manifested by acute onset of tachypnea, hypoxemia, and loss of compliance after a variety of stimuli; the syndrome did not respond to usual and ordinary methods of respiratory therapy. The clinical and pathological features closely resembled those seen in infants with respiratory distress and to conditions in operative atelectasis and postperfusion lung. The theoretical relationship of this syndrome to alveolar surface active agent is postulated. Positive end-expiratory pressure was most helpful in combating atelectasis and hypoxemia. Corticosteroids appeared to have value in the treatment of patients with fat-embolism and possibly viral pneumonia.

Introduction

In the course of clinical and laboratory observations on 272 adult patients receiving respiratory support, a few patients did not respond to usual methods of therapy. They exhibited a clinical, physiological, and pathological course of events that was remarkably similar to the infantile respiratory distress syndrome (hyaline-membrane disease). Difficult cases of respiratory failure in conjunction with prolonged cardiopulmonary bypass (Baer and Osborn 1960), with congestive atelectasis (Berry and Santlow 1963), with viral pneumonia (Petersdorf et al. 1959), and with fat-embolism (Ashbaugh and Petty 1966) have been recorded; and in these cases the pathophysiology of the illness closely resembled the infantile respiratory distress syndrome and findings in patients described here.

Patients

A similar pattern of acute respiratory distress was seen in 12 patients. The clinical pattern, which we will refer to as the respiratory-distress syndrome, includes severe dyspnea, tachypnea, cyanosis that is refractory to oxygen therapy, loss

of lung compliance, and diffuse alveolar infiltration seen on chest X-ray.

No patient had a previous history of respiratory failure. 1 patient gave a history of mild asthma since childhood but had no disability or recent attacks. Another patient had a chronic cough that was attributed to cigarette smoking. The remaining 10 patients did not have any previous pulmonary disease.

Severe trauma preceded respiratory distress in 7 patients (table 1). Viral infection in 4 patients and acute pancreatitis in 1 patient were precipitating factors in the remainder. Respiratory distress occurred as early as one hour and as late as ninety-six hours after the precipitating illness or injury. Shock of varying degree and duration was present in 5 patients and excessive fluid administration occurred in 7 patients. 4 patients developed acidosis with pH less than 7.3 before the onset of respiratory distress.

Methods

All patients were admitted to intensive-care units of the surgical or medical services. Blood-gas studies were performed on arterial blood drawn by percutaneous puncture of either brachial or femoral artery. In most instances, blood was drawn only during a steady state. P₅₀ measurements were determined with a Clark electrode and oxygen saturation was measured on

TABLE 1—ACUTE RESPIRATORY DISTRESS

Case	Age (yr.)	Sex	Illness	Onset of acute respiratory distress (hr. after illness)	Possible contributory factors		
					Hypotension	Acidosis	Fluid overload
1	29	M	Multiple trauma; lung contusion	8	++	++	+++ 7500 ml.
2	19	F	Multiple trauma; lung laceration and contusion	1	+++	++	+++ 3000 ml.
3	19	F	Multiple trauma and fractures; fat-embolism	72	+	..	..
4	25	M	Shotgun wound to abdomen	96	+++	+	+++ 9000 ml.
5	11	M	Blunt chest injury; lung contusion	1	..	++	..
6	43	F	Acute pancreatitis	48	+++	+++	+++ 5000 ml.
7	23	F	? viral pneumonia	48	..	..	..
8	39	F	Drug ingestion; ? viral pneumonia	24	..	..	++
9	19	F	Guillain-Barre; ? viral pneumonitis	96	..	..	++
10	18	M	Multiple trauma; crushed chest; severe concussion	1	..	..	..
11	48	F	Drug ingestion; ? aspiration; ? viral pneumonia	48	..	..	+++ 10328 ml.
12	34	M	Gunshot wound left chest	96	..	..	..

*Present address: 669 East Bell Street, Phoenix, Arizona.

Facteurs de risque:

- Trauma
- Pancréatite
- Pneumonie
- Inhalation
- Embolie graisseuse
- Choc

Tout ce que nous savons sur le SDRA, nous l'avons appris en 1967

The Lancet - Saturday 12 August 1967

ACUTE RESPIRATORY DISTRESS IN ADULTS

DAVID G. ASHBAUGH

M.D. Ohio State

ASSISTANT PROFESSOR OF SURGERY

D. ROYD BINGLOW

M.D. Colorado

ASSISTANT IN MEDICINE AND AMERICAN TUBERCULOSIS SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE

THOMAS L. PETTY

M.D. Colorado

ASSISTANT PROFESSOR OF MEDICINE

BERNARD E. LEVINE

M.D. Michigan

AMERICAN TUBERCULOSIS SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE*

From the Departments of Surgery and Medicine, University of Colorado Medical Center, Denver, Colorado, U.S.A.

Summary The respiratory-distress syndrome in 12 patients was manifested by acute onset of tachypnea, hypoxemia, and loss of compliance after a variety of stimuli; the syndrome did not respond to usual and ordinary methods of respiratory therapy. The clinical and pathological features closely resembled those seen in infants with respiratory distress and to conditions in congestive necrotic and postperfusion lung. The theoretical relationship of this syndrome to alveolar surface active agent is postulated. Positive end-expiratory pressure was most helpful in combating atelectasis and hypoxemia. Corticosteroids appeared to have value in the treatment of patients with fat-embolism and possibly viral pneumonia.

Introduction

In the course of clinical and laboratory observations on 272 adult patients receiving respiratory support, a few patients did not respond to usual methods of therapy. They exhibited a clinical, physiological, and pathological course of events that was remarkably similar to the infantile respiratory distress syndrome (hyaline-membrane disease). Difficult cases of respiratory failure in conjunction with prolonged cardiopulmonary bypass (Baer and Osborn 1960), with congestive necrotic (Berry and Santlow 1963), with viral pneumonia (Petersdorf et al. 1959), and with fat-embolism (Ashbaugh and Petty 1966) have been recorded; and in these cases the pathophysiology of the illness closely resembled the infantile respiratory distress syndrome and findings in patients described here.

Patients

A similar pattern of acute respiratory distress was seen in 12 patients. The clinical pattern, which we will refer to as the respiratory-distress syndrome, includes severe dyspnea, tachypnea, cyanosis that is refractory to oxygen therapy, loss

of lung compliance, and diffuse alveolar infiltration seen on chest X-ray.

No patient had a previous history of respiratory failure. 1 patient gave a history of mild asthma since childhood but had no disability or recent attacks. Another patient had a chronic cough that was attributed to cigarette smoking. The remaining 10 patients did not have any previous pulmonary disease.

Severe trauma preceded respiratory distress in 7 patients (table 1). Viral infection in 4 patients and acute pancreatitis in 1 patient were precipitating factors in the remainder. Respiratory distress occurred as early as one hour and as late as ninety-six hours after the precipitating illness or injury. Shock of varying degree and duration was present in 5 patients and excessive fluid administration occurred in 7 patients. 4 patients developed acidosis with pH less than 7.3 before the onset of respiratory distress.

Methods

All patients were admitted to intensive-care units of the surgical or medical services. Blood-gas studies were performed on arterial blood drawn by percutaneous puncture of either brachial or femoral artery. In most instances, blood was drawn only during a steady state. P_{50} measurements were determined with a Clark electrode and oxygen saturation was measured on

TABLE 1—ACUTE RESPIRATORY DISTRESS

Case	Age (yr)	Sex	Illness	Onset of acute respiratory distress (hr. after illness)	Possible contributory factors			Fluid received
					Hypotension	Acidosis	Fluid overload	
1	20	M	Multiple trauma; lung contusion	8	++	++	7500 ml.	
2	16	F	Multiple trauma; lung laceration and contusion	1	+++	++	3000 ml.	
3	19	F	Multiple trauma and fat-embolism	72	0	..	..	
4	25	M	Shrapnel wound to abdomen	96	+++	+	4000 ml.	
5	31	M	Blunt chest injury; lung contusion	1	..	++	..	
6	43	F	Acute pancreatitis	48	+++	+++	5000 ml.	
7	23	F	7 viral pneumonias	48	..	..	..	
8	39	F	Drug ingestion; 7 viral pneumonias	24	..	..	0	
9	19	F	Gallbladder; 7 viral pneumonias	96	..	..	0	
10	18	M	Multiple trauma; crushed chest; severe concussion	1	..	..	..	
11	48	F	Drug ingestion; fractured chest; 7 viral pneumonias	48	..	..	3000 ml.	
12	34	M	Crushed wound left chest	96	..	..	..	

*Present address: 600 East Bell Street, Phoenix, Arizona.

Microscopic appearance of the lungs was consistent in the 5 patients who died early in the course of the illness. Striking features were hyperæmia, dilated engorged capillaries, and areas of alveolar atelectasis (fig. 3). Interstitial and intra-alveolar hæmorrhage and œdema were also common (fig. 4). Alveolar macrophages were numerous. A striking finding was the presence of hyaline membranes

Signes pathologiques classiques : membranes hyalines, progression vers fibrose

Tout ce que nous savons sur le SDRA, nous l'avons appris en 1967

The Lancet - Saturday 12 August 1967

ACUTE RESPIRATORY DISTRESS IN ADULTS

DAVID G. ASHBAUGH

M.D. Ohio State

ASSISTANT PROFESSOR OF SURGERY

D. Boyd BINGLOR

M.D. Colorado

ASSISTANT IN MEDICINE AND AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE

THOMAS L. PETTY

M.D. Colorado

ASSISTANT PROFESSOR OF MEDICINE

BERNARD E. LEVINE

M.D. Michigan

AMERICAN THORACIC SOCIETY-NATIONAL TUBERCULOSIS ASSOCIATION FELLOW IN PULMONARY DISEASE*

From the Departments of Surgery and Medicine,

University of Colorado Medical Center, Denver, Colorado, U.S.A.

Summary The respiratory-distress syndrome in 12 patients was manifested by acute onset of tachypnea, hypoxemia, and loss of compliance after a variety of stimuli; the syndrome did not respond to usual and ordinary methods of respiratory therapy. The clinical and pathological features closely resembled those seen in infants with respiratory distress and to conditions in operative necrotic and postperfusion lung. The theoretical relationship of this syndrome to alveolar surface active agent is postulated. Positive end-expiratory pressure was most helpful in combating atelectasis and hypoxemia. Corticosteroids appeared to have value in the treatment of patients with fat-embolism and possibly viral pneumonitis.

Introduction

In the course of clinical and laboratory observations on 272 adult patients receiving respiratory support, a few patients did not respond to usual methods of therapy. They exhibited a clinical, physiological, and pathological course of events that was remarkably similar to the infantile respiratory distress syndrome (hyaline-membrane disease). Difficult cases of respiratory failure in conjunction with prolonged cardiopulmonary bypass (Baer and Osborn 1960), with congestive atelectasis (Berry and Santlow 1963), with viral pneumonitis (Petersdorf et al. 1959), and with fat-embolism (Ashbaugh and Petty 1966) have been recorded; and in these cases the pathophysiology of the illness closely resembled the infantile respiratory distress syndrome and findings in patients described here.

Patients

A similar pattern of acute respiratory distress was seen in 12 patients. The clinical pattern, which we will refer to as the respiratory-distress syndrome, includes severe dyspnea, tachypnea, cyanosis that is refractory to oxygen therapy, loss

of lung compliance, and diffuse alveolar infiltration seen on chest X-ray.

No patient had a previous history of respiratory failure. 1 patient gave a history of mild asthma since childhood but had no disability or recent attacks. Another patient had a chronic cough that was attributed to cigarette smoking. The remaining 10 patients did not have any previous pulmonary disease.

Severe trauma preceded respiratory distress in 7 patients (table 1). Viral infection in 4 patients and acute pancreatitis in 1 patient were precipitating factors in the remainder. Respiratory distress occurred as early as one hour and as late as ninety-six hours after the precipitating illness or injury. Shock of varying degree and duration was present in 5 patients and excessive fluid administration occurred in 7 patients. 4 patients developed acidosis with pH less than 7.3 before the onset of respiratory distress.

Methods

All patients were admitted to intensive-care units of the surgical or medical services. Blood-gas studies were performed on arterial blood drawn by percutaneous puncture of either brachial or femoral artery. In most instances, blood was drawn only during a steady state. P_{aO_2} measurements were determined with a Clark electrode and oxygen saturation was measured on

TABLE 1—ACUTE RESPIRATORY DISTRESS

Case	Age (yr)	Sex	Illness	Onset of acute respiratory distress (hr. after illness)	Possible contributory factors			
					Hypotension	Acidosis	Fluid overload	Fluid overload
1	20	M	Multiple trauma; lung contusion	8	++	++	+++	7500 ml.
2	16	F	Multiple trauma; lung laceration and contusion	1	+++	++	++	3000 ml.
3	19	F	Multiple trauma and fat-embolism	72	0	..	..	..
4	25	M	Shingles resolved to diabetes	96	+++	+	++	4000 ml.
5	31	M	Blunt chest injury; lung contusion	1	..	++	..	..
6	43	F	Acute pancreatitis	48	+++	+++	+++	5000 ml.
7	23	F	7 viral pneumonitis	48	..	..	..	..
8	39	F	Drug ingestion; 7 viral pneumonitis	24	..	..	++	..
9	19	F	Gallbladder; 7 viral pneumonitis	96	..	..	..	..
10	19	M	Multiple trauma; crushed chest; severe concussion	1	..	..	..	..
11	49	F	Drug ingestion; fat-embolism; 7 viral pneumonitis	48	..	..	..	+++ + 1000 ml.
12	34	M	Crushed wound left chest	96	..	..	..	..

TABLE III—EFFECT OF POSITIVE END-EXPIRATORY PRESSURE IN PATIENT 11 WITH VIRAL PNEUMONIA

	No retard (30 l./min.)	Retard (15 l./min.)
P_{iO_2} (mm. Hg)	560 (mm. Hg)	560 (mm. Hg)
P_{aO_2} (mm. Hg)	42 (mm. Hg)	141.5 (mm. Hg)
S_{aO_2} (%)	78 (74)	98 (98)
P_{aCO_2} (mm. Hg)	31 (33)	39.5 (35)
pH	7.436 (7.435)	7.370 (7.405)
Blood-pressure (mm. Hg)	120/? (mm. Hg)	120/84 (mm. Hg)
Time (min.)	0 (55 min.)	30 min. (65 min.)

Amélioration de l'oxygénation avec la PEP

* Present address: 609 East Bell Street, Phoenix, Arizona.

Happy 50th birthday ARDS!

Arthur S. Slutsky^{1,2*}, Jesús Villar^{1,3,4} and Antonio Pesenti^{5,6}

Intensive Care Med (2016) 42:637–639

DOI 10.1007/s00134-016-4284-9

The American-European Consensus Conference on ARDS

Definitions, Mechanisms, Relevant Outcomes, and Clinical Trial Coordination
Bernard et al, AJRCCM **1994**; 149:818-24

- **Début aigue**
- **$\text{PaO}_2/\text{FiO}_2 \leq 200$**
- **Infiltrat radiologique bilatéral à la RP**
- **Absence d'insuffisance cardiaque, d'hypervolémie ou $\text{PAPO} \leq 18$**

Les limites de l'AECC 1994

- **Début aigue:** Pas de définition précise : heures, jours, semaine..
- **PaO₂/FiO₂ ≤ 200** sans tenir compte de la PEP et de la FiO₂
- **Infiltrat radiologique bilatéral à la RP** : Problème d'interprétation
- **PAPO élevée** et SDRA peuvent coexister

SPECIAL ARTICLE: POINT OF VIEW

Acute respiratory distress syndrome 40 years later:

Time to revisit its definition* Crit Care Med **2008** ; 36:2912-2921

Phua, Jason MRCP; Stewart, Thomas E. MD, FRCPC; Ferguson, Niall D. MD, MSc, FRCPC

Update de la définition du SDRA

ONLINE FIRST

Acute Respiratory Distress Syndrome The Berlin Definition

The ARDS Definition Task Force*

VALID AND RELIABLE DEFINITIONS are essential to conduct epidemiological studies successfully and to facilitate enrollment of a consistent patient phenotype into clinical trials.¹ Clinicians also need such definitions to implement the results of clinical trials, discuss prognosis with families, and plan resource allocation.

Following the initial description of acute respiratory distress syndrome (ARDS) by Ashbaugh et al² in 1967, multiple definitions were proposed and used until the 1994 publication of the American-European Consensus Conference (AECC) definition.³ The AECC defined ARDS as the acute onset of hypoxemia (arterial partial pressure of oxygen to fraction of inspired oxygen [P_{aO_2}/F_{iO_2}] $\leq$ 200 mm Hg) with bilateral infiltrates on frontal chest radiograph, with no evidence of left atrial hypertension. A new overarching entity—acute lung injury (ALI)—was also described, using similar criteria but with less severe hypoxemia (P_{aO_2}/F_{iO_2} $\leq$ 300 mm Hg).³

The AECC definition was widely adopted by clinical researchers and clinicians and has advanced the knowledge of ARDS by allowing the acquisition of clinical and epidemiological data, which in turn have led to improvements in the ability to care for patients with ARDS. However, after 18 years of applied research, a number of issues regarding various criteria of the AECC definition have emerged, including a lack of explicit

The acute respiratory distress syndrome (ARDS) was defined in 1994 by the American-European Consensus Conference (AECC) since then, issues regarding the reliability and validity of this definition have emerged. Using a consensus process, a panel of experts convened in 2011 (an initiative of the European Society of Intensive Care Medicine endorsed by the American Thoracic Society and the Society of Critical Care Medicine) developed the Berlin Definition, focusing on feasibility, reliability, validity, and objective evaluation of its performance. A draft definition proposed 3 mutually exclusive categories of ARDS based on degree of hypoxemia: mild (200 mm Hg $<$ P_{aO_2}/F_{iO_2} $\leq$ 300 mm Hg), moderate (100 mm Hg $<$ P_{aO_2}/F_{iO_2} $\leq$ 200 mm Hg), and severe (P_{aO_2}/F_{iO_2} $\leq$ 100 mm Hg) and 4 ancillary variables for severe ARDS: radiographic severity, respiratory system compliance ($\leq$ 40 mL/cm H₂O), positive end-expiratory pressure ($\geq$ 10 cm H₂O), and corrected expired volume per minute ($\geq$ 10 L/min). The draft Berlin Definition was empirically evaluated using patient-level meta-analysis of 4188 patients with ARDS from 4 multicenter clinical data sets and 269 patients with ARDS from 3 single-center data sets containing physiologic information. The 4 ancillary variables did not contribute to the predictive validity of severe ARDS for mortality and were removed from the definition. Using the Berlin Definition, stages of mild, moderate, and severe ARDS were associated with increased mortality (27%; 95% CI, 24%-30%; 32%; 95% CI, 29%-34%; and 45%; 95% CI, 42%-48%, respectively; $P < .001$) and increased median duration of mechanical ventilation in survivors (5 days; interquartile range [IQR], 3-11; 7 days; IQR, 4-14; and 9 days; IQR, 5-17, respectively; $P < .001$). Compared with the AECC definition, the final Berlin Definition had better predictive validity for mortality, with an area under the receiver operating curve of 0.577 (95% CI, 0.561-0.593) vs 0.536 (95% CI, 0.520-0.553); $P < .001$. This updated and revised Berlin Definition for ARDS addresses a number of the limitations of the AECC definition. The approach of combining consensus discussions with empirical evaluation may serve as a model to create more accurate, evidence-based, critical illness syndrome definitions and to better inform clinical care, research, and health services planning.

JAMA. 2012;307(10):1601-1610. doi:10.1001/jama.2012.5407

www.jama.com

criteria for defining acute, sensitivity of P_{aO_2}/F_{iO_2} to different ventilator settings, poor reliability of the chest radiograph criterion, and difficulties distinguishing hydrostatic edema (TABLE 1).⁴

See related article.

JAMA

The Journal of the American Medical Association

The ARDS Definition Task Force

Acute Respiratory Distress Syndrome:
The Berlin Definition

Published online May 21, 2012

An initiative of

EUROPEAN SOCIETY
OF INTENSIVE CARE
MEDICINE

Endorsed by

Society of
Critical Care Medicine

The Intensive Care Professionals

Définition de BERLIN 2012

- **Atteinte pulmonaire inflammatoire aiguë et diffuse**
- **Augmentation de la perméabilité capillaire, du poids pulmonaire et perte du tissu pulmonaire aéré**
- **Clinique : hypoxémie, opacités bilatérales, baisse de la compliance**
- **Atteinte alvéolaire diffuse**

Définition de BERLIN 2012

Acute Respiratory Distress Syndrome			
Timing	Within 1 week of a known clinical insult or new/worsening respiratory symptoms		
Chest Imaging ^a	Bilateral opacities – not fully explained by effusions, lobar/lung collapse, or nodules		
Exclusion of Edema	Respiratory failure not fully explained by cardiac failure or fluid overload; Need objective assessment (e.g., echocardiography) to exclude hydrostatic edema if no risk factor present		
	Mild	Moderate	Severe
Oxygenation ^b	$200 < \text{PaO}_2 / \text{FiO}_2 \leq 300$ with PEEP or CPAP $\geq 5 \text{ cmH}_2\text{O}$	$100 < \text{PaO}_2 / \text{FiO}_2 \leq 200$ with PEEP $\geq 5 \text{ cmH}_2\text{O}$	$\text{PaO}_2 / \text{FiO}_2 \leq 100$ with PEEP $\geq 5 \text{ cmH}_2\text{O}$

Depuis la Définition de BERLIN 2012

Définition de BERLIN oui MAIS....

Comparison of the Berlin Definition for Acute Respiratory Distress Syndrome with Autopsy

AJRCCM 2013

Arnaud W. Thille^{1,3}, Andrés Esteban¹, Pilar Fernández-Segoviano², José-Maria Rodriguez², José-Antonio Aramburu², Oscar Peñuelas¹, Irene Cortés-Puch¹, Pablo Cardinal-Fernández¹, José A. Lorente¹, and Fernando Frutos-Vivar¹

La **définition n'est pas parfaite** si on prend en considération le critère d'atteinte alvéolaire diffuse surtout pour les stades **minimes et modérés**

Epidemiology, Patterns of Care, and Mortality for Patients With Acute Respiratory Distress Syndrome in Intensive Care Units in 50 Countries

Giacomo Bellani, MD, PhD; John G. Laffey, MD, MA; Tâi Pham, MD; Eddy Fan, MD, PhD; Laurent Brochard, MD, HDR; Andres Esteban, MD, PhD; Luciano Gattinoni, MD, FRCP; Frank van Haren, MD, PhD; Anders Larsson, MD, PhD; Daniel F. McAuley, MD, PhD; Marco Ranieri, MD; Gordon Rubinfeld, MD, MSc; B. Taylor Thompson, MD, PhD; Hermann Wrigge, MD, PhD; Arthur S. Slutsky, MD, MASc; Antonio Pesenti, MD; for the LUNG SAFE Investigators and the ESICM Trials Group

Etude LUNG-SAFE

459 Réanimations dans 50 pays
 Été 2014 sur un mois
 Recueil prospectif des données des patients avec VM
 29144 patients

Table 1. Characteristics of Patients With Acute Respiratory Syndrome

Parameter	Value
No. of patients	
ARDS	3022
ARDS in first 48 h after AHRF	2813
No longer fulfill ARDS criteria after 24 h, No. (%) [95% CI]	486 (17)
Clinician recognition of ARDS, No. (%) [95% CI]	1820 (60)
Age, mean (95% CI)y	61.5 (60)
Women, No. (%)	1151 (38)

- **Incidence of ARDS : 10,4%**
- **Clinician recognition of ARDS** ranged from **51.3%** (95% CI, 47.5%-55.0%) for **mild ARDS** to **78.5%** (95% CI, 74.8%-81.8%) for **severe ARDS**.
- **Clinician recognition of ARDS at the time of fulfillment of ARDS criteria was 34.0%** (95% CI, 32.0-36.0)

JAMA | Original Investigation | CARING FOR THE CRITICALLY ILL PATIENT

JAMA 2016

Epidemiology, Patterns of Care, and Mortality for Patients With Acute Respiratory Distress Syndrome in Intensive Care Units in 50 Countries

Giacomo Bellani, MD, PhD; John G. Laffey, MD, MA; Tàì Pham, MD; Eddy Fan, MD, PhD; Laurent Brochard, MD, HDR; Andres Esteban, MD, PhD; Luciano Gattinoni, MD, FRCP; Frank van Haren, MD, PhD; Anders Larsson, MD, PhD; Daniel F. McAuley, MD, PhD; Marco Ranieri, MD; Gordon Rubinfeld, MD, MSc; B. Taylor Thompson, MD, PhD; Hermann Wrigge, MD, PhD; Arthur S. Slutsky, MD, MASc; Antonio Pesenti, MD; for the LUNG SAFE Investigators and the ESICM Trials Group

Etude LUNG-SAFE

459 Réanimations dans 50 pays

Eté 2014 sur un mois

Recueil prospectif des données
des patients avec VM

29144 patients

Diagnosis of ARDS was frequently delayed.

This syndrome appeared to be underrecognized, undertreated, and associated with a high mortality rate (40%).

These findings indicate the potential for improvement in management of patients with ARDS.

« Re » Définition de KIGALI 2016

Hospital Incidence and Outcomes of the Acute Respiratory Distress Syndrome Using the Kigali Modification of the Berlin Definition

Elisabeth D. Riviello^{1,2}, Willy Kiviri³, Theogene Twagirimugabe³, Ariel Mueller⁴, Valerie M. Banner-Goodspeed⁴, Laurent Officer⁴, Victor Novack⁵, Marguerite Mutumwinka⁶, Daniel S. Talmor⁴, and Robert A. Fowler⁷ **AJRCCM 2016**

Berlin Criteria		Challenges in Resource Poor Settings	Kigali Modification of the Berlin Criteria
Timing	Within 1 wk of a known clinical insult or new or worsening respiratory symptoms	None	Within 1 wk of a known clinical insult or or worsening respiratory symptoms
Oxygenation	$Pa_{O_2}/F_{I_{O_2}} \leq 300$	Scarcity of arterial blood gas diagnostics	$Sp_{O_2}/F_{I_{O_2}} \leq 315$
PEEP requirement	Minimum 5 cm H ₂ O PEEP required by invasive mechanical ventilation (noninvasive acceptable for mild ARDS)	Scarcity of mechanical ventilators	No PEEP requirement, consistent with A definition
Chest imaging	Bilateral opacities not fully explained by effusions, lobar/lung collapse, or nodules by chest radiograph or CT	Scarcity of chest radiography resources	Bilateral opacities not fully explained by effusions, lobar/lung collapse, or nodules by chest radiograph or ultrasound
Origin of edema	Respiratory failure not fully explained by cardiac failure or fluid overload (need objective assessment, such as echocardiography, to exclude hydrostatic edema if no risk factor present)	None	Respiratory failure not fully explained by cardiac failure or fluid overload (need objective assessment, such as echocardiography, to exclude hydrostatic edema if no risk factor present)

Hospital Incidence and Outcomes of the Acute Respiratory Distress Syndrome Using the Kigali Modification of the Berlin Definition

Elisabeth D. Riviello^{1,2}, Willy Kiviri³, Theogene Twagirumugabe³, Ariel Mueller⁴, Valerie M. Banner-Goodspeed⁴, Laurent Officer⁴, Victor Novack⁵, Marguerite Mutumwinka⁶, Daniel S. Talmor⁴, and Robert A. Fowler⁷ **AJRCCM 2016**

	Berlin Criteria	Challenges in Resource Poor Settings	Kigali Modification of the Berlin Criteria
Timing	Within 1 wk of a known clinical insult or new or worsening respiratory symptoms	None	Within 1 wk of a known clinical insult or or worsening respiratory symptoms
Oxygenation	$Pa_{O_2}/F_{I_{O_2}} \leq 300$	Scarcity of arterial blood gas diagnostics	$Sp_{O_2}/F_{I_{O_2}} \leq 315$
PEEP requirement	Minimum 5 cm H ₂ O PEEP required by invasive mechanical ventilation (noninvasive acceptable for mild ARDS)	Scarcity of mechanical ventilators	No PEEP requirement, consistent with A definition
Chest imaging	Bilateral opacities not fully explained by effusions, lobar/lung collapse, or nodules by chest radiograph or CT	Scarcity of chest radiography resources	Bilateral opacities not fully explained by effusions, lobar/lung collapse, or nodules by chest radiograph or ultrasound
Origin of edema	Respiratory failure not fully explained by cardiac failure or fluid overload (need objective assessment, such as echocardiography, to exclude hydrostatic edema if no risk factor present)	None	Respiratory failure not fully explained by cardiac failure or fluid overload (need objective assessment, such as echocardiography, to exclude hydrostatic edema if no risk factor present)

CHEST

2007 Original Research

CRITICAL CARE MEDICINE

Comparison of the $\text{SpO}_2/\text{FiO}_2$ Ratio and the $\text{PaO}_2/\text{FiO}_2$ Ratio in Patients With Acute Lung Injury or ARDS*

*Todd W. Rice, MD, MSc; Arthur P. Wheeler, MD, FCCP;
Gordon R. Bernard, MD, FCCP; Douglas L. Hayden, MA;
David A. Schoenfeld, PhD; and Lorraine B. Ware, MD, FCCP; for the National
Institutes of Health, National Heart, Lung, and Blood Institute ARDS Network*

S/F ratios correlate with P/F ratios.

S/F ratios of 235 and 315 correlate with P/F ratios of 200 and 300, respectively, for diagnosing and following up patients with ALI and ARDS.

Pulse oximetry for the diagnosis and management of acute respiratory distress syndrome

Lancet Respir Med 2022;
10: 1086-98

Katherine DWick, Michael A Matthay, Lorraine B Ware

Figure 1: Oxyhaemoglobin dissociation curve

SDRA : SpO₂/FiO₂ <315
SpO₂ <97%

Pulse oximetry for the diagnosis and management of acute respiratory distress syndrome

Katherine DWick, Michael A Matthay, Lorraine B Ware

Figure 1: Oxyhaemoglobin dissociation curve

Panel: Advantages and disadvantages of SpO₂ measurements in ARDS

Advantages

- Continuously available
- Highly sensitive for hypoxaemia
- Easily interpretable
- Non-invasive, no risk of procedural complications
- More readily available than PaO₂ in resource-limited settings

Disadvantages

- Measurement error can be increased by conditions commonly seen in the intensive care unit, such as poor perfusion and vasopressor use, severe hypoxaemia, or acidaemia
- Potential for reduced accuracy in patients with darker skin pigmentation
- Potential for misclassification of diagnosis or severity in ARDS

**Encore pas d'actualisation de la
définition de BERLIN....**

Timing Criteria

- Recent medical history?
- Anamnestic event reliability?
- Acute on chronic diseases

< 1 week

Ventilator Criteria

- Correctly charted?
- Changing ventilator settings
- Multiple staff modifying vent

PEEP/CPAP ≥ 5 cm H₂O

P/F Ratio Criteria

- ABG performance/timing
- P/F ratio not calculated
- P/F non-linear relationship
- P/F not stable overtime

PaO₂/FIO₂ < 300

Radiologic Criteria

- CXR interpretation
- CT radiation and feasibility
- Infiltrates change over time

Bilateral opacities

Cardiac Criteria

- Obvious cause unclear
- Cardiac monitoring availability
- Decreased PAC use
- Cardiac ultrasound expertise

Not fully explained by fluid overload/cardiac failure

All ARDS diagnostic criteria present in this patient within the same timeframe?

Other Patient Related "Distractors"

- Ongoing Resuscitation
- Pressor dependent Shock
- Other Organ Dysfunction/Support
- Transfers for Imaging
- Other invasive Procedures
- Family Discussions
- End-of-life decision making

General environmental "Distractors"

- High ICU occupancy Rates
- Other critically ill patients
- Night time/Handovers/Rounds
- Alarm Fatigue
- Subjective interpretation of criteria
- Non-clinical tasks

Acute Respiratory Distress Syndrome

Etude rétrospective multicentrique
Patients COVID-19 + critères S
131 avec VNI (51% IOT)
181 avec OHD (61% IOT)

High-Flow Nasal Oxygen for Severe Hypoxemia Oxygenation Response and Outcome in Patients with COVID-19

Severity on HFNO

Severity on IMV

Severity on NIV

Severity on IMV

High-Flow Nasal Oxygen for Severe Hypoxemia Oxygenation Response and Outcome in Patients with COVID-19

Etude rétrospective multicentrique
Patients COVID-19 + critères S
131 avec VNI (51% IOT)
181 avec OHD (61% IOT)

Subphenotypes in acute respiratory distress syndrome: latent class analysis of data from two randomised controlled trials

Lancet Respir Med 2014

Carolyn S Calfee, Kevin Delucchi, Polly E Parsons, B Taylor Thompson, Lorraine B Ware, Michael A Matthay, and the NHLBI ARDS Network

ARMA and ALVEOLI trials
Latent class modeling
Identify **subphenotypes** using **clinical and biological data**

Subphenotypes in acute respiratory distress syndrome: latent class analysis of data from two randomised controlled trials

Lancet Respir Med 2014

Carolyn S Calfee, Kevin Delucchi, Polly E Parsons, B Taylor Thompson, Lorraine B Ware, Michael A Matthay, and the NHLBI ARDS Network

	Phenotype 1 (n=404)		Phenotype 2 (n=145)		p value*
	Low PEEP (n=202)	High PEEP (n=202)	Low PEEP (n=71)	High PEEP (n=74)	
Mortality at 90 days	33 (16%)	48 (24%)	36 (51%)	31 (42%)	0.049
Ventilator-free days	20 (10-25)	21 (3-24)	2 (0-21)	4.5 (0-20)	0.018
Organ failure free-days	22 (11-26)	22 (9-26)	4 (0-18)	6.5 (0-21)	0.003

Data are n (%) or median (IQR). *p value for interaction between positive end-expiratory pressure (PEEP) assignment and phenotype.

Table 5: Differences in response to PEEP strategy by phenotype (ALVEOLI cohort only)

« Un » SDR A Mais « des » Maladies....

Towards a biological definition of ARDS: are treatable traits the solution?

Intensive Care Medicine Experimental (2022) 10:8

Unselected ARDS

Berlin severity

Pulmonary / non-pulmonary

Focal / non-Focal

Endothelial dysfunction

Epithelial injury

Systemic host response

Alveolar host response

Définition de BERLIN 2012

- Atteinte pulmonaire inflammatoire aiguë et diffuse
- Augmentation de la perméabilité capillaire, du poids pulmonaire et perte du tissu pulmonaire aéré
- Clinique : hypoxémie, opacités bilatérales, baisse de la compliance
- Atteinte alvéolaire diffuse

Acute Respiratory Distress Syndrome			
Timing	Within 1 week of a known clinical insult or new/worsening respiratory symptoms		
Chest Imaging ^a	Bilateral opacities – not fully explained by effusions, lobar/lung collapse, or nodules		
Origin of Edema	Respiratory failure not fully explained by cardiac failure or fluid overload; Need objective assessment (e.g., echocardiography) to exclude hydrostatic edema if no risk factor present		
	Mild	Moderate	Severe
Oxygenation ^b	200 < PaO ₂ /FiO ₂ < 300 with PEEP or CPAP ≥ 5 cmH ₂ O ^c	100 < PaO ₂ /FiO ₂ < 200 with PEEP ≥ 5 cmH ₂ O	PaO ₂ /FiO ₂ < 100 with PEEP ≥ 5 cmH ₂ O

Une nouvelle définition: Pourquoi ?????

Une nouvelle définition : Pourquoi???

- Place de la définition du SDRA dans les pays aux **ressources sanitaires limités** ?
- Les patients en **VS sous OHD** et selon quels **réglages (FiO₂, débit)**?
- Place du **SpO₂/FiO₂ (degré d'hypoxémie?)** comme alternative au PaO₂/FiO₂?
- Place de **l'échographie thoracique** pour évaluer l'atteinte parenchymateuse pulmonaire ?
- Place des **marqueurs biologiques et différents phénotypes** de SDRA?

The Berlin definition met our needs: not sure

Intensive Care Med (2016) 42:651–652
DOI 10.1007/s00134-016-4319-2

Jean-Louis Vincent*

Early Identification of Acute Respiratory Distress Disorder in the Absence of Positive Pressure Ventilation: Implications for Revision of the Berlin Criteria for Acute Respiratory Distress Syndrome

Rémi Coudroy, MD^{1,2,3}; Jean-Pierre Frat, MD^{1,2,3}; Florence Boissier, MD, PhD^{1,2}; Damien Contou, MD^{4,5}; René Robert, MD, PhD^{1,2,3}; Arnaud W. Thille, MD, PhD^{1,2,3} **Critical Care Medicine 2017**

The Berlin definition of acute respiratory distress syndrome: should patients receiving high-flow nasal oxygen be included?

Lancet Respir Med 2021;
9: 933–36

Michael A Matthay, B Taylor Thompson, Lorraine B Ware

What Does Acute Respiratory Distress Syndrome Mean during the COVID-19 Pandemic?

Samuel M. Brown¹, Ithan D. Peltan¹, Christina Barkauskas², Angela J. Rogers³, Virginia Kan⁴, Annetine Gelijns⁵ and B. Taylor Thompson⁶

Annals ATS 2021

Et donc... la nouvelle Définition

CONFERENCE REPORTS AND EXPERT PANEL

ESICM guidelines on acute respiratory distress syndrome: definition, phenotyping and respiratory support strategies

Giuseppe Grasselli^{1,2*}, Carolyn S. Calfee³, Luigi Camporota^{4,5}, Daniele Poole⁶, Marcelo B. P. Amato⁷, Massimo Antonelli^{8,9}, Yaseen M. Arabi^{10,11,12}, Francesca Baroncelli¹³, Jeremy R. Bettler¹⁴, Giacomo Bellani^{15,16}, Geoff Bellinghan¹⁷, Bronagh Blackwood¹⁸, Lieuwke D. J. Bos¹⁹, Laurent Brochard^{20,21}, Daniel Brodie²², Karen E. A. Burns^{21,23,24,25}, Alain Combes^{26,27}, Sonia D'Arrigo⁸, Daniel De Backer²⁸, Alexandre Demoule^{29,30}, Sharon Elnav³¹, Eddy Fan³², Niall D. Ferguson^{33,34}, Jean-Pierre Frat^{34,35}, Luciano Gattinoni³⁶, Claude Guérin^{37,38}, Margaret S. Herridge³⁹, Carol Hodgson^{40,41}, Catherine L. Hough⁴², Samir Jaber⁴³, Nicole P. Juffermans⁴⁴, Christian Karaglannidis⁴⁵, Jozef Kesecicloglu⁴⁶, Arthur Kwiwera⁴⁷, John G. Laffey^{48,49}, Jordi Manóbo⁵⁰, Michael A. Matthay⁵¹, Daniel F. McAuley^{38,52}, Alain Mercat⁵³, Nuala J. Meyer⁵⁴, Marc Moss⁵⁵, Laveena Munshi⁵⁶, Sheila N. Myatra⁵⁷, Michelle Ng Gong^{58,59}, Laurent Papazian^{60,61}, Bhakti K. Patel⁶², Mariangela Pellegrin⁶³, Anders Perner⁶⁴, Antonio Pesenti^{1,2}, Lise Picquilloud⁶⁵, Halbo Qiu⁶⁶, Marco V. Ranieri^{67,68}, Elisabete Riviello⁶⁹, Arthur S. Slutsky^{71,74}, Renee D. Stapleton⁷⁰, Charlotte Summers⁷¹, Taylor B. Thompson⁷², Carmen S. Valente Barbas^{73,74}, Jesús Villar^{74,75,76}, Lorraine B. Ware⁷⁷, Björn Weiss⁷⁸, Fernando G. Zampieri^{79,80}, Elle Azoulay⁸¹ and Maurizio Cecconi^{82,83} on behalf of the European Society of Intensive Care Medicine Taskforce on ARDS

© 2023 The Author(s)

Abstract

The aim of these guidelines is to update the 2017 clinical practice guideline (CPG) of the European Society of Intensive Care Medicine (ESICM). The scope of this CPG is limited to adult patients and to non-pharmacological respiratory support strategies across different aspects of acute respiratory distress syndrome (ARDS), including ARDS due to coronavirus disease 2019 (COVID-19). These guidelines were formulated by an international panel of clinical experts, one methodologist and patients' representatives on behalf of the ESICM. The review was conducted in compliance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement recommendations. We followed the Grading of Recommendations Assessment, Development, and Evaluation (GRADE) approach to assess the certainty of evidence and grade recommendations and the quality of reporting of each study based on the EQUATOR (Enhancing the QUALity and Transparency Of health Research) network guidelines. The CPG addressed

*Correspondence: giuseppe.grasselli@univr.it
¹ Department of Anesthesia, Critical Care and Emergency, Fondazione IRCCS Cà Grande Ospedale Maggiore Policlinico, Milan, Italy
Full author information is available at the end of the article

Giuseppe Grasselli, Carolyn S. Calfee and Luigi Camporota contributed equally and should be all considered first authors.

Jordi Manóbo deceased on August 2022.

WORKSHOP

A New Global Definition of Acute Respiratory Distress Syndrome

Michael A. Matthay^{1,2,3}, Yaseen Arabi⁴, Alejandro C. Arroliga⁵, Gordon Bernard⁷, Andrew D. Beston⁹, Laurent J. Brochard¹⁰, Carolyn S. Calfee^{1,2,3}, Alain Combes¹¹, Brian M. Daniel⁶, Niall D. Ferguson^{12,13}, Michelle N. Gong¹⁴, Jeffrey E. Gotts¹⁵, Margaret S. Herridge¹⁶, John G. Laffey¹⁷, Kathleen D. Liu^{1,2}, Ravia R. Machado¹⁸, Thomas R. Martin¹⁹, Danny F. McAuley²⁰, Alain Mercat²¹, Marc Moss²², Richard A. Mulinsk²³, Antonio Pesenti^{24,25}, Halbo Qiu²⁶, Nagarajan Ramakrishnan²⁷, V. Marco Ranieri²⁸, Elisabeth D. Riviello²⁹, Eileen Rubin³⁰, Arthur S. Slutsky¹⁰, B. Taylor Thompson³¹, Theogene Twagiramugabe³², Lorraine B. Ware³, and Katherine D. Wick³³

Abstract

Background: Since publication of the 2012 Berlin definition of acute respiratory distress syndrome (ARDS), several developments have supported the need for an expansion of the definition, including the use of high-flow nasal oxygen, the expansion of the use of pulse oximetry in place of arterial blood gases, the use of ultrasound for chest imaging, and the need for applicability in resource-limited settings.

Methods: A consensus conference of 32 critical care ARDS experts was convened, had six virtual meetings (June 2021 to March 2022), and subsequently obtained input from members of several critical care societies. The goal was to develop a definition that would 1) identify patients with the currently accepted conceptual framework for ARDS, 2) facilitate rapid ARDS diagnosis for clinical care and research, 3) be applicable in resource-limited settings, 4) be useful for testing specific therapies, and 5) be practical for communication to patients and caregivers.

Results: The committee made four main recommendations: 1) include high-flow nasal oxygen with a minimum flow rate of ≥ 30 L/min; 2) use $P_{aO_2}/F_{iO_2} \leq 300$ mm Hg or oxygen saturation as measured by pulse oximetry $SpO_2/F_{iO_2} \leq 315$ (if oxygen saturation as measured by pulse oximetry is $\leq 97\%$) to identify hypoxemia; 3) retain bilateral opacities for imaging criteria but add ultrasound as an imaging modality, especially in resource-limited areas; and 4) in resource-limited settings, do not require positive end-expiratory pressure, oxygen flow rate, or specific respiratory support devices.

Conclusions: We propose a new global definition of ARDS that builds on the Berlin definition. The recommendations also identify areas for future research, including the need for prospective assessments of the feasibility, reliability, and prognostic validity of the proposed global definition.

Keywords: ARDS; acute lung injury; pulmonary edema

Acute respiratory distress syndrome (ARDS) is a clinical syndrome of acute hypoxemic respiratory failure due to lung inflammation, not caused by cardiogenic pulmonary edema. It was first described in 1967 (1), and in 1988, a more explicit clinical definition quantified the severity of physiologic respiratory impairment (the lung injury score) (2). Since then, the clinical definition of ARDS has been revised, first by an American-European consensus conference convened in 1992 by

the American Thoracic Society and the European Society of Intensive Care Medicine (3) and subsequently by the ARDS Definition Task Force convened in Berlin in 2012 by the European Society of Intensive Care Medicine (4, 5). Each revision of the definition was made with the goal of providing a definition that would consistently and accurately identify patients with similar characteristics for clinical care and epidemiological, observational, and interventional research

studies. Although the Berlin definition of ARDS was a major step forward, some of its limitations were recognized soon after publication. Specifically, it was recognized that its requirement for noninvasive ventilation (NIV) or invasive ventilation could not be met in settings in which these modalities are not available (6). In the decade since the Berlin definition was published, several developments in the management and study of ARDS have

(Received in original form March 20, 2023; accepted in final form July 24, 2023)

This article is open access and distributed under the terms of the Creative Commons Attribution Non-Commercial No Derivatives License 4.0. For commercial usage and reprints, please e-mail Diane Gern (dgern@thoracic.org).

This workshop was not an Official American Thoracic Society Workshop. Therefore, it was not initiated, funded, reviewed, or approved by the leadership of the ATS.

Correspondence and requests for reprints should be addressed to Michael A. Matthay, M.D., Department of Medicine and Anesthesiology, University of California, San Francisco, Parnassus Avenue, M-017, San Francisco, CA 94143. E-mail: michael.matthay@ucsf.edu

This article has a related editorial and viewpoint.

This article has an online supplement, which is accessible from this issue's table of contents at www.atsjournals.org.

Am J Respir Crit Care Med 2024; 209: 727–759. doi: 10.1164/rccm.202308-0555WS

Copyright © 2024 by the American Thoracic Society

Originally Published in Press as DOI: 10.1164/rccm.202308-0555WS on July 24, 2023

Internet address: www.atsjournals.org

A New Global Definition of Acute Respiratory Distress Syndrome

Michael A. Matthay^{1,2,3}, Yaseen Arabi⁵, Alejandro C. Arroliga⁶, Gordon Bernard⁷, Andrew D. Bersten⁹, Laurent J. Brochard¹⁰, Carolyn S. Calfee^{1,2,3}, Alain Combes¹¹, Brian M. Daniel⁴, Niall D. Ferguson^{12,13}, Michelle N. Gong¹⁴, Jeffrey E. Gotts¹⁵, Margaret S. Herridge¹⁶, John G. Laffey¹⁷, Kathleen D. Liu^{1,2}, Flavia R. Machado¹⁸, Thomas R. Martin¹⁹, Danny F. McAuley²⁰, Alain Mercat²¹, Marc Moss²², Richard A. Mularski²³, Antonio Pesenti^{24,25}, Haibo Qiu²⁶, Nagarajan Ramakrishnan²⁷, V. Marco Ranieri²⁸, Elisabeth D. Riviello²⁹, Eileen Rubin³⁰, Arthur S. Slutsky¹⁰, B. Taylor Thompson³¹, Theogene Twagirumugabe³², Lorraine B. Ware⁸, and Katherine D. Wick³³

AJRCCM 2023

- **32 experts internationaux**
- **Avis et commentaires de 21 sociétés savantes de réanimation**

Conceptual model: ARDS is an acute, diffuse, inflammatory lung injury precipitated by a predisposing risk factor, such as pneumonia, nonpulmonary infection, trauma, transfusion, burn, aspiration, or shock. The resulting injury leads to increased pulmonary vascular and epithelial permeability, lung edema, and gravity-dependent atelectasis, all of which contribute to loss of aerated lung tissue. The clinical hallmarks are arterial hypoxemia and diffuse radiographic opacities associated with increased shunting, increased alveolar dead space, and decreased lung compliance. The clinical presentation is influenced by medical management (position, sedation, paralysis, positive end-expiratory airway pressure, and fluid balance). Histological findings vary and may include intraalveolar edema, inflammation, hyaline membrane formation, and alveolar hemorrhage.

Criteria That Apply to All ARDS Categories

Risk factors and origin of edema	Precipitated by an acute predisposing risk factor, such as pneumonia, nonpulmonary infection, trauma, transfusion, aspiration, or shock. Pulmonary edema is not <i>exclusively or primarily</i> attributable to cardiogenic pulmonary edema/fluid overload, and hypoxemia/gas exchange abnormalities are not primarily attributable to atelectasis. However, ARDS can be diagnosed in the presence of these conditions if a predisposing risk factor for ARDS is also present.
Timing	Acute onset or worsening of hypoxemic respiratory failure within 1 week of the estimated onset of the predisposing risk factor or new or worsening respiratory symptoms.
Chest imaging	Bilateral opacities on chest radiography and computed tomography or bilateral B lines and/or consolidations on ultrasound* not fully explained by effusions, atelectasis, or nodules/masses

Criteria That Apply to Specific ARDS Categories

	Nonintubated ARDS [†]	Intubated ARDS	Modified Definition for Resource-Limited Settings [‡]
Oxygenation [§]	$Pa_{O_2}:F_{I_{O_2}} \leq 300$ mm Hg or $Sp_{O_2}:F_{I_{O_2}} \leq 315$ (if $Sp_{O_2} \leq 97\%$) on HFNO with flow of ≥ 30 L/min or NIV/CPAP with at least 5 cm H ₂ O end-expiratory pressure	Mild [¶] : $200 < Pa_{O_2}:F_{I_{O_2}} \leq 300$ mm Hg or $235 < Sp_{O_2}:F_{I_{O_2}} \leq 315$ (if $Sp_{O_2} \leq 97\%$) Moderate: $100 < Pa_{O_2}:F_{I_{O_2}} \leq 200$ mm Hg or $148 < Sp_{O_2}:F_{I_{O_2}} \leq 235$ (if $Sp_{O_2} \leq 97\%$) Severe: $Pa_{O_2}:F_{I_{O_2}} \leq 100$ mm Hg or $Sp_{O_2}:F_{I_{O_2}} \leq 148$ (if $Sp_{O_2} \leq 97\%$)	$Sp_{O_2}:F_{I_{O_2}} \leq 315$ (if $Sp_{O_2} \leq 97\%$) [†] . Neither positive end-expiratory pressure nor a minimum flow rate of oxygen is required for diagnosis in resource-limited settings.

Et donc quelles évolutions ?

Berlin Definition	Rationale for Updating Criteria	How This is Addressed in the Global Definition
Onset within 1 week of known insult or new or worsening respiratory symptoms	Onset may be more indolent for some insults, such as COVID-19	The inclusion of patients with HFNO will capture patients with more indolent courses, and therefore the timing criterion has not been changed
Bilateral opacities on chest radiography or computed tomography not fully explained by effusions, lobar/lung collapse, or nodules	Chest radiography and computed tomography not available in some clinical settings	Ultrasound can be used to identify bilateral loss of lung aeration (multiple B lines and/or consolidations) as long as operator is well trained in the use of ultrasound
The severity categories defined by $Pa_{O_2}:F_{I_{O_2}}$	Pulse oximetric measurement of $Sp_{O_2}:F_{I_{O_2}}$ is widely used and validated as a surrogate for $Pa_{O_2}:F_{I_{O_2}}$	$Sp_{O_2}:F_{I_{O_2}}$ can be used for diagnosis and assessment of severity if Sp_{O_2} is $\leq 90\%$
Requirement for invasive or noninvasive mechanical ventilation such that PEEP ≥ 5 cm H ₂ O is required for all categories of oxygenation severity except mild, which can also be met with PAP ≥ 5 cm H ₂ O	HFNO increasingly being used in patients with severe hypoxemia who otherwise meet ARDS criteria Invasive and noninvasive mechanical ventilation not available in resource-limited settings	New category of nonintubated ARDS created for patients on HFNO at ≥ 30 L/min who otherwise meet ARDS criteria Modified definition of ARDS for resource-limited settings does not require $Pa_{O_2}:F_{I_{O_2}}$, PEEP, or HFNO

Patient Description

Imaging

Oxygenation

ARDS Categories

68-year-old M with abdominal sepsis, septic shock, and acute hypoxemic respiratory failure

Mechanically ventilated
 FiO_2 0.5
 PaO_2 75
P/F = 150 mm Hg

Intubated ARDS
Severity: Moderate
Typical patient included prior Berlin definition

54-year-old F with history of breast cancer, COVID-19 pneumonia, and worsening shortness of breath for the past 6 days

High-flow nasal oxygen
HFNO 40L/min
 FiO_2 0.80
 SpO_2 91%
S/F = 114

Nonintubated ARDS
New category in Global definition

39-year-old F with abdominal sepsis and gram-negative bacteremia in a small under-resourced hospital without blood gases, radiography, or mechanical ventilation

Supplemental oxygen by face mask at 15L/min
 FiO_2 0.6
 SpO_2 85%
S/F = 142

ARDS in resource-limited settings
New category in global definition, consistent with the Kigali modification

Nouvelle définition globale 2023

The impact of the new acute respiratory distress syndrome (ARDS) criteria on Berlin criteria ARDS patients: a multicenter cohort study

BMC 2023

Lina Zhao¹, Fuhong Su², Nannan Zhang¹, Hening Wu¹, Yuehao Shen¹, Haiying Liu¹, Xuguang Li¹, Yun Li^{3*} and Kelian Xie^{1,3*}

High-flow oxygen ARDS (n = 559) Berlin criteria ARDS (n = 4279) New criteria ARDS (n = 4838) P

Breathing-related indicators

Indicator	High-flow oxygen ARDS (n = 559)	Berlin criteria ARDS (n = 4279)	New criteria ARDS (n = 4838)	P
Respiration rate, bpm	26.00 [23.00, 30.00]	21.00 [16.00, 25.00]	22.00 [16.00, 26.00]	<0.001
ROX	8.00 [6.00, 11.00]	6.90 [5.22, 8.59]	7.93 [5.85, 10.80]	<0.001
SpO ₂ /FiO ₂	176.00 [140.00, 230.00]	167.27 [118.00, 227.50]	169.09 [127.12, 227.50]	<0.001

In comparison with HFNO criteria ARDS and new criteria ARDS, patients with Berlin criteria ARDS demonstrated lower blood oxygen levels assessed by PaO₂/FiO₂, SpO₂/FiO₂, and ROX ; and higher severity of illness assessed by the SOFA score, APACHE II , SAPS II and longer ICU and hospital stays

Indicator	High-flow oxygen ARDS (n = 559)	Berlin criteria ARDS (n = 4279)	New criteria ARDS (n = 4838)	P
Vasopressor (n (%))	66 (11.8)	801 (18.7)	867 (17.9)	<0.001
SOFA	5.00 [3.00, 7.00]	6.00 [4.00, 9.00]	6.00 [4.00, 9.00]	<0.001
Length of hospital stays, days (median [IQR])	6.61 [4.67, 11.00]	7.32 [4.56, 12.83]	7.21 [4.61, 12.54]	0.103
Length of ICU stays, days (median [IQR])	2.18 [1.33, 4.30]	2.85 [1.66, 5.71]	2.79 [1.58, 5.58]	<0.001

The impact of the new acute respiratory distress syndrome (ARDS) criteria on Berlin criteria ARDS patients: a multicenter cohort study

BMC 2023

Lina Zhao¹, Fuhong Su², Nannan Zhang¹, Hening Wu¹, Yuehao Shen¹, Haiying Liu¹, Xuguang Li¹, Yun Li^{3*} and Kelian Xie^{1,3*}

Berlin criteria ARDS patient survival rates were lower than HFNO criteria ARDS patients

Evaluating the impact of ESICM 2023 guidelines and the new global definition of ARDS on clinical outcomes: insights from MIMIC-IV cohort data

EJMR 2025

Duanhong Song^{1†}, Qingquan Chen^{1,2†}, Shangbin Huang^{3†}, Shengxun Qiu⁴, Zeshun Chen⁴, Yuanhang Cai³, Yifu Zeng⁵, Xiaoyang Chen¹ and Yixiang Zhang^{1*}

The new definition facilitates earlier diagnosis of ARDS compared with the Berlin definition, thus enabling prompt intervention and treatment for ARDS patients.

Berlin defines patient	6.04 h
Patients who cannot be defined by the Berlin definition in the new definition	5.50 h
New definition never-intubated patients	5.79 h
New definition intubated patients	4.04 h
Patients in the resource-limited settings of the new definition	5.01 h

Nouvelle définition oui MAIS...

Limitations of SpO₂ / FiO₂-ratio for classification and monitoring of acute respiratory distress syndrome—an observational cohort study

Critical care **2025**

Rolf Erlebach^{1**†}, Una Pale^{2†}, Tilman Beck², Sasa Markovic², Marko Seric², Sascha David¹ and Emanuela Keller²

Fig. 1 Performance of the SpO₂/FiO₂-ratio for ARDS severity classification evaluated on admission level and presented as **a** confusion matrix and **b** recall (sensitivity) per ARDS category. Numbers are presented as percentages of PaO₂/FiO₂ category

Limitations of SpO_2 / FiO_2 -ratio for classification and monitoring of acute respiratory distress syndrome—an observational cohort study

Critical care **2025**

Rolf Erlebach^{1**†}, Una Pale^{2†}, Tilman Beck², Sasa Markovic², Marko Seric², Sascha David¹ and Emanuela Keller²

lar, FiO_2 settings were widely distributed. The PaO_2/FiO_2 -ratio is more distinct using the PaO_2/FiO_2 -ratio categories.

Fig. 2 Impact of FiO_2 on accuracy of SpO_2/FiO_2 -ratio. **a** PaO_2/FiO_2 vs. SpO_2/FiO_2 colored by FiO_2 . Lines represent thresholds of SpO_2/FiO_2 (solid) and PaO_2/FiO_2 (dashed). **b** ARDS severity classification accuracy in respect to FiO_2 . Dashed line marks an accuracy of 50%

Limitations of SpO_2 / FiO_2 -ratio for classification and monitoring of acute respiratory distress syndrome—an observational cohort study

Critical care **2025**

Rolf Erlebach^{1**}, Una Pale^{2†}, Tilman Beck², Sasa Markovic², Marko Seric², Sascha David¹ and Emanuela Keller²

The use of the **SpO_2/FiO_2 -ratio** for severity classification in ARDS interchangeably with the **PaO_2/FiO_2 -ratio** is limited by its high dependence on **FiO_2 settings**, the **inability to follow disease progression** and the **imprecision of SpO_2 measurements**. This discrepancy in severity classification may influence **treatment decisions and patient selection in clinical trials**.

Fig. 2 Impact of FiO_2 on accuracy of SpO_2/FiO_2 -ratio. **a** PaO_2/FiO_2 vs. SpO_2/FiO_2 colored by FiO_2 . Lines represent thresholds of SpO_2/FiO_2 (solid) and PaO_2/FiO_2 (dashed). **b** ARDS severity classification accuracy in respect to FiO_2 . Dashed line marks an accuracy of 50%

Messages clés

- **Nouvelle définition = « fusion » Berlin+ Kigali**
- **Pas de modifications des critères diagnostics usuels :**
 - infiltrat alvéolaire bilatéral non prioritairement cardiogénique apparaissant ou s'aggravant en 1 semaine ou moins
- **Inclusion des SDRA en OHD → rattrape la pratique actuelle**
- **Seuils SpO₂/FiO₂**
 - Plus complexes, moyen de dépistage ou de suivi plus que de diagnostic ?
 - Intérêt probable si pas de KTA

Messages clés

- Echographie pulmonaire → Variabilité IO, chronophage...à évaluer
- **Peu de modifications pour des pays développés**
- **Evolution majeure pour les pays avec ressources limitées**