

Hammamet – Samedi 20 mai 2017

Ventilation du patient traumatisé grave

Samir JABER

Department of Critical Care Medicine and Anesthesiology (DAR B)
Saint Eloi University Hospital and Montpellier School of Medicine. INSERM U-1046
80 Avenue Augustin Fliche; 34295 Montpellier.
FRANCE

Mail : s-jaber@chu-montpellier.fr

Conflict of interest

Consultants with honorarium

- Drager
- Hamilton
- Fisher-Paykel
- Baxter
- Xenios

Ventilation for severe trauma patients (ARDS...?)

- 1. Risk Factors**
- 2. Prevention**
- 3. Treatment**

Acute Respiratory Distress Syndrome: Causes After Trauma

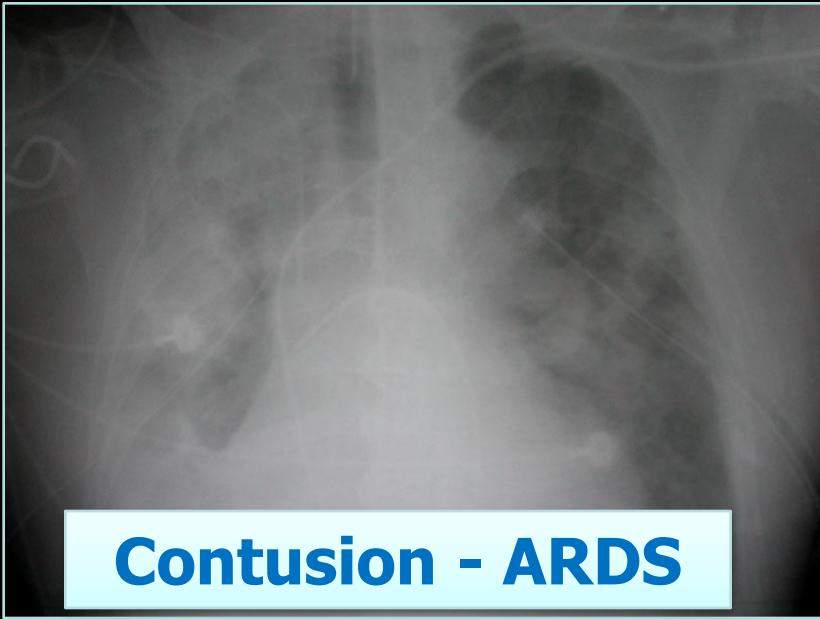
- Bilateral lung contusion/pulmonary hemorrhage
- Extensive aspiration
- Fat embolism
- Sepsis
- Massive traumatic tissue injury
- Iatrogenic
 - Drugs, transfusion-related

Chest trauma

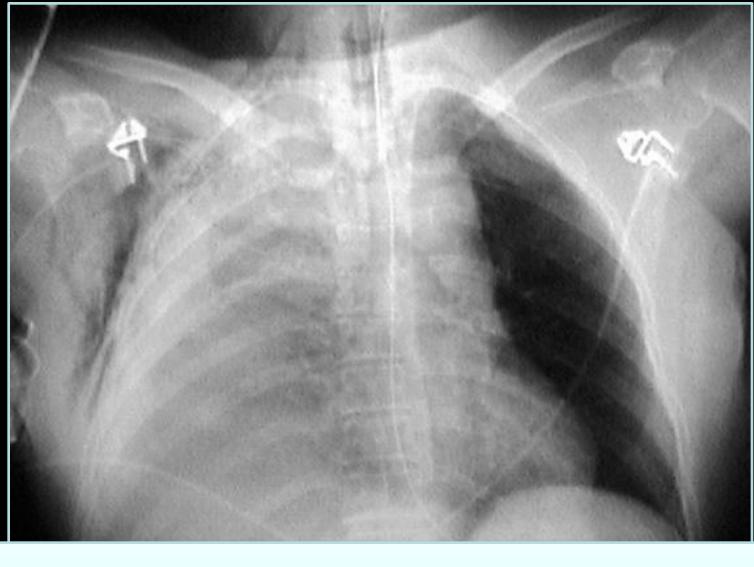
Blunt chest trauma is associated with a high risk of morbidity and mortality

Up to **25%** of all deaths caused by trauma are related to chest injuries

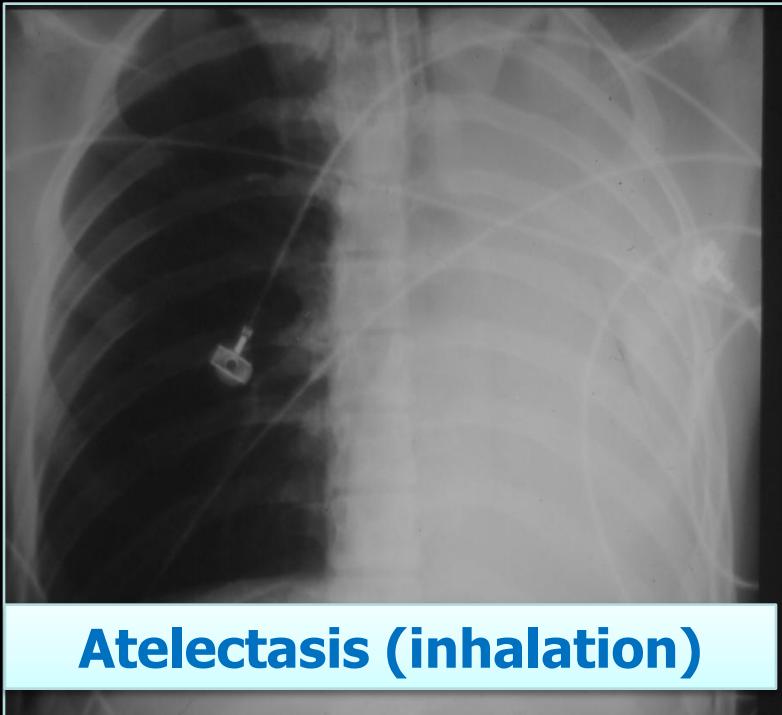
1. Immediate deaths = myocardial rupture / thoracic aorta
2. Early deaths = pneumothorax, cardiac tamponade, airway obstruction or uncontrolled thoracic hemorrhage
3. Late deaths = ARDS



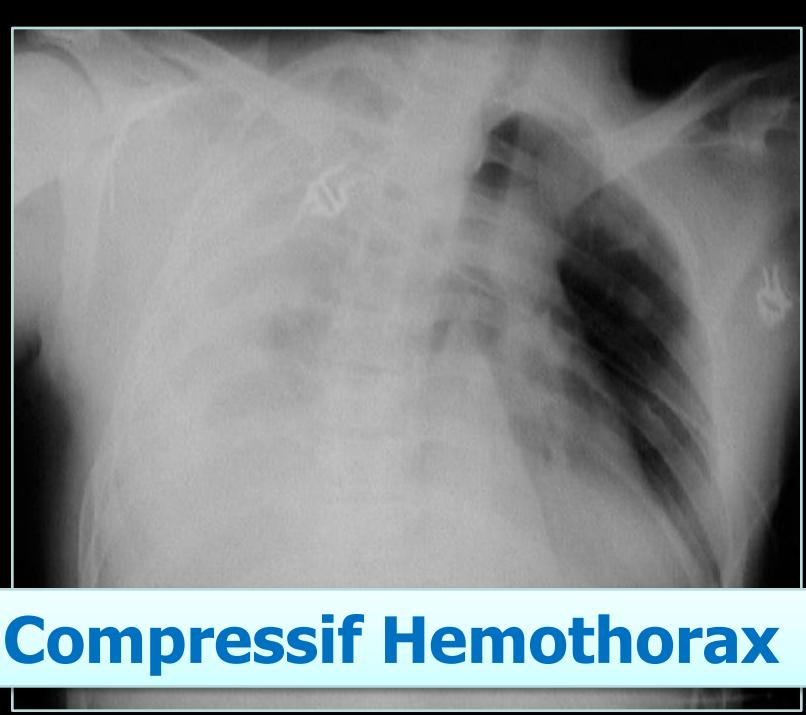
Contusion - ARDS



Diaphragmatic Hernia

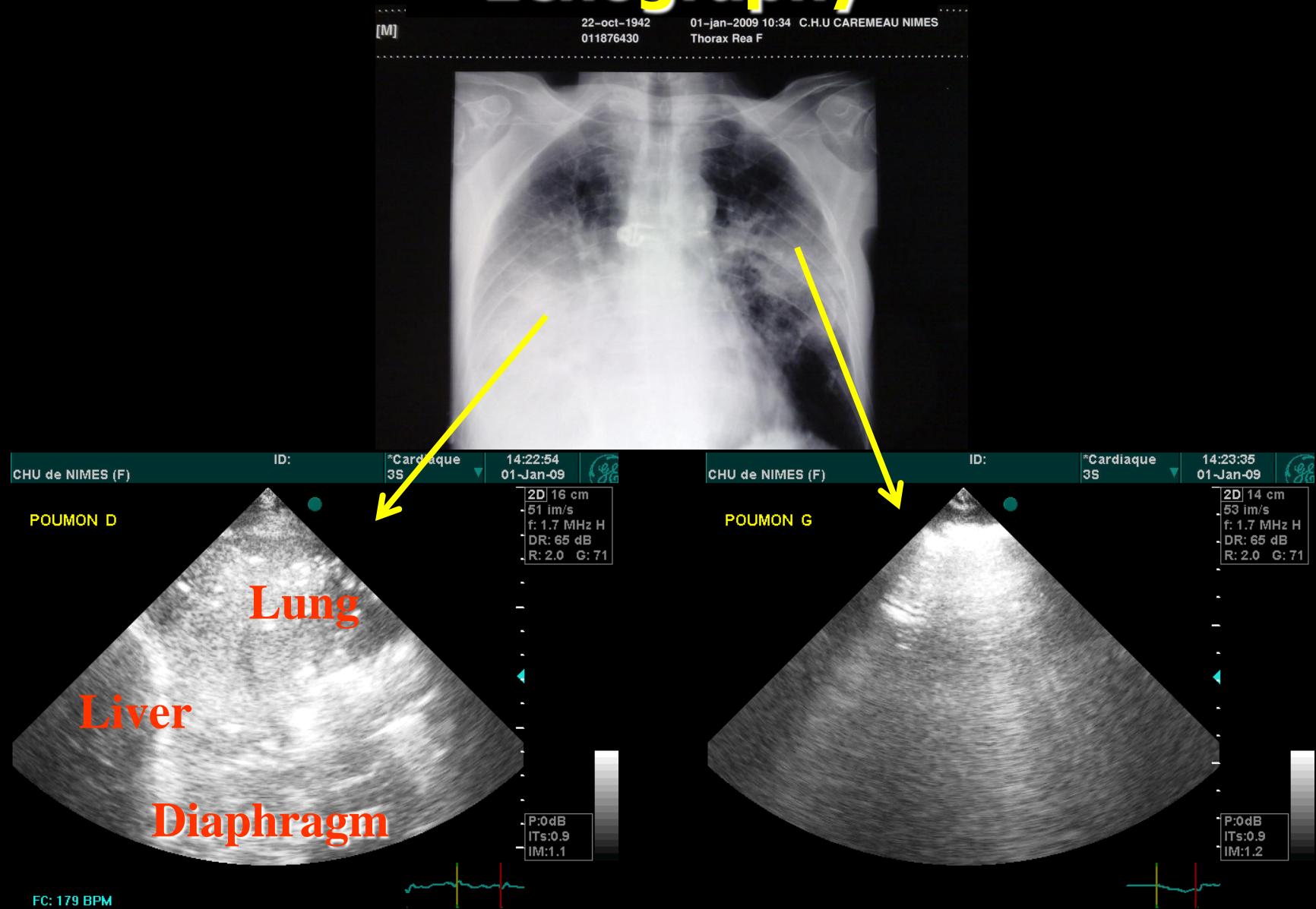


Atelectasis (inhalation)

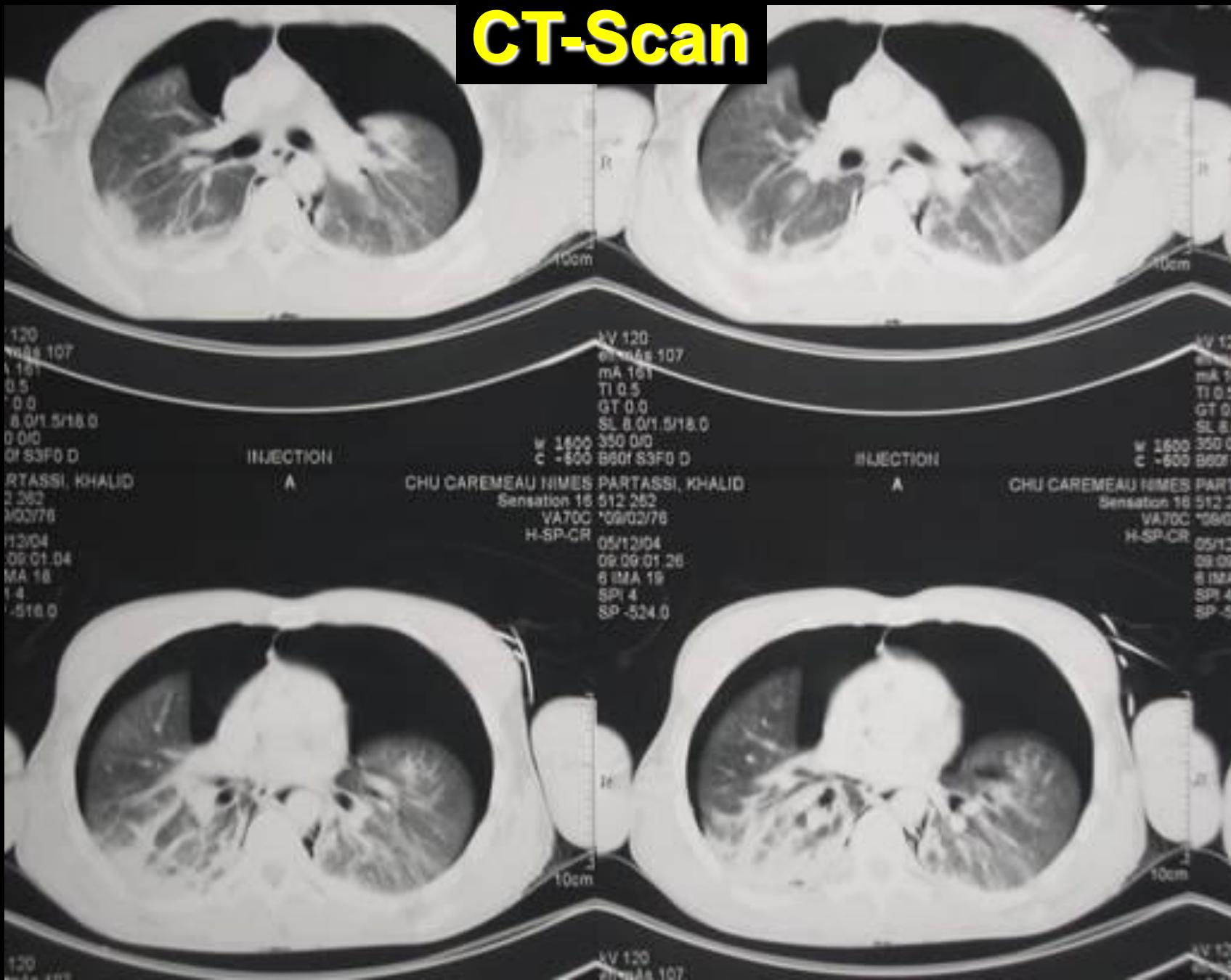


Compressive Hemothorax

Echography

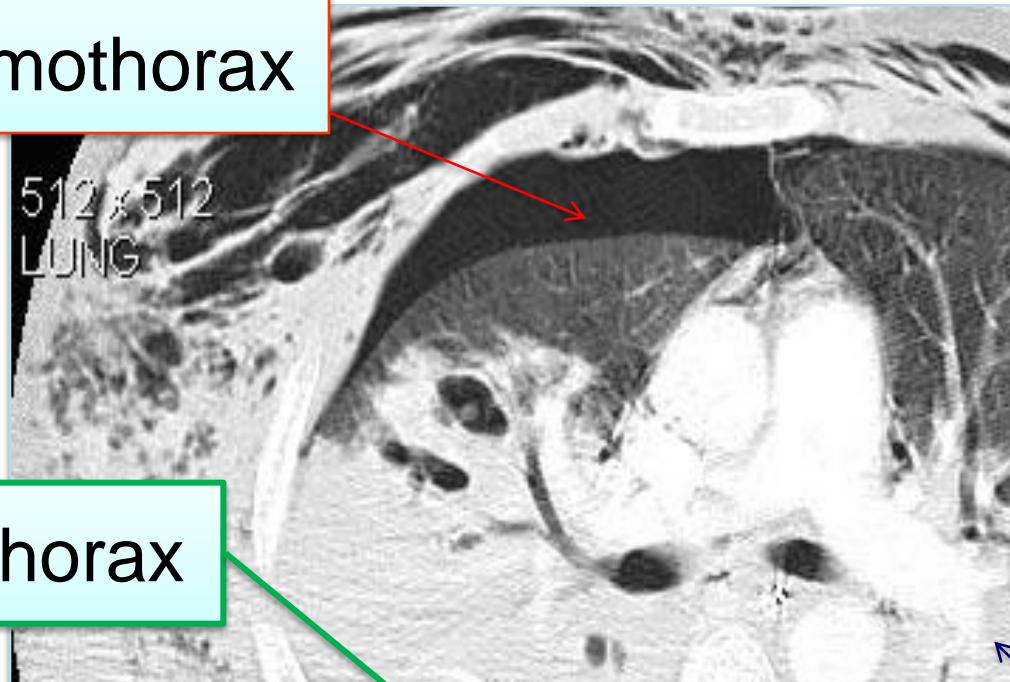


CT-Scan



Lésions Thoraciques initiales

pneumothorax

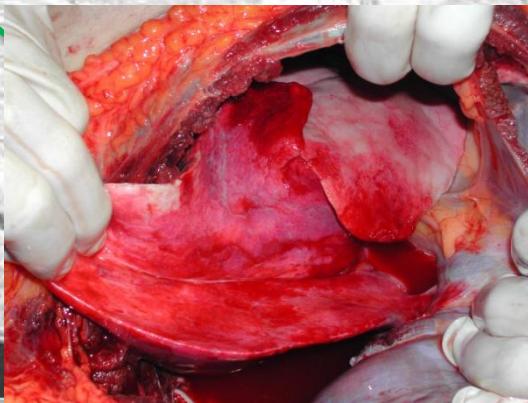


hémothorax

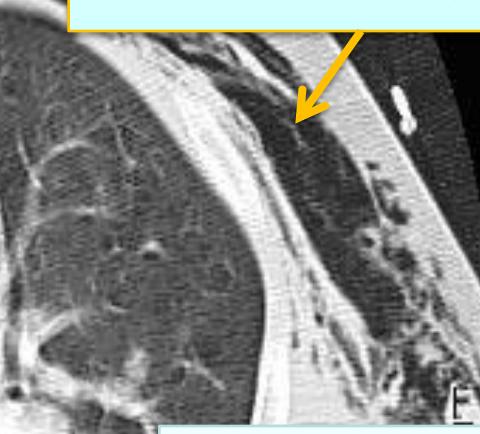


Fractures de côtes

IGF U.S.



Emphysème
sous cutané



Rupture
Diaphragmatique

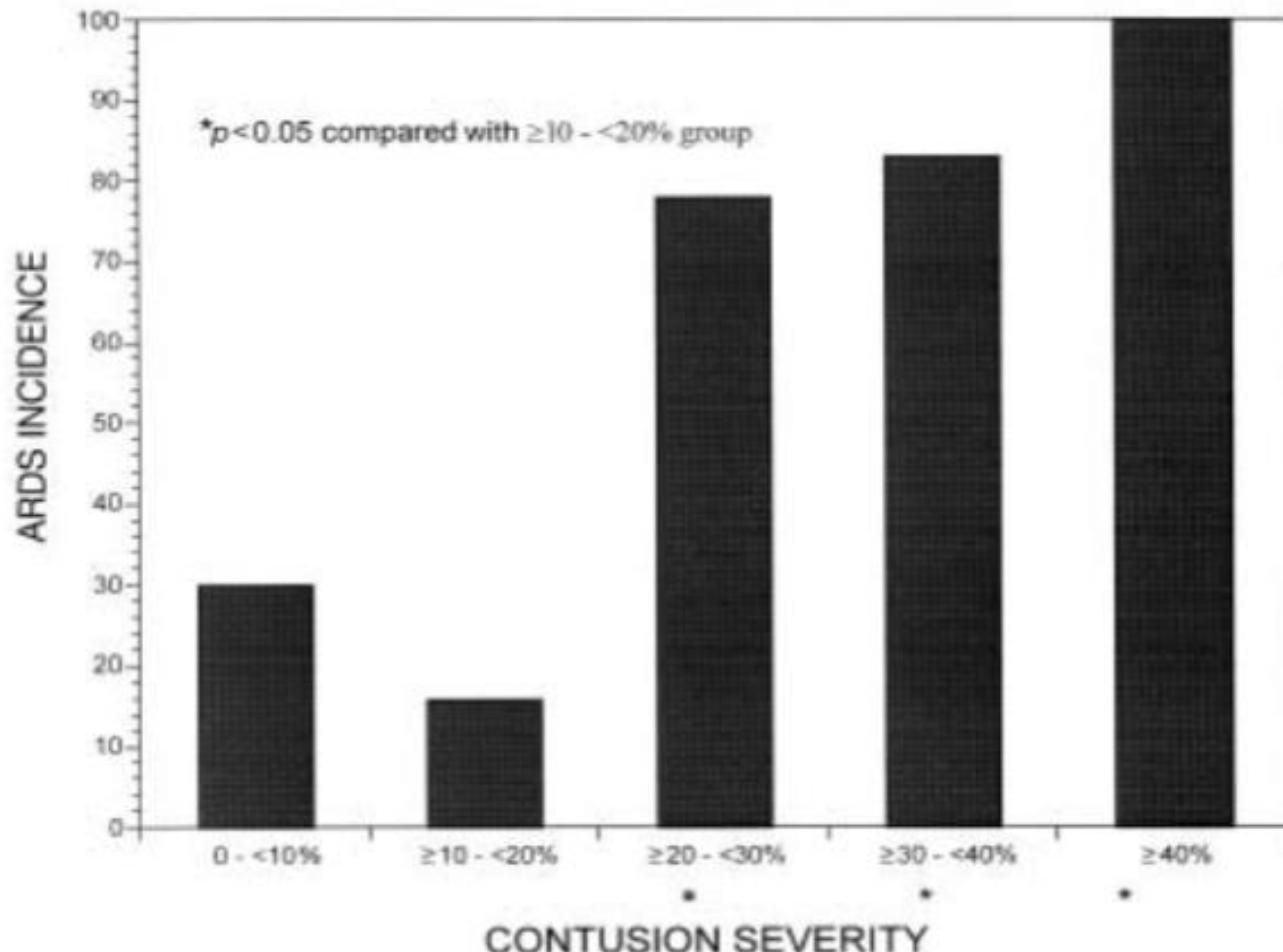
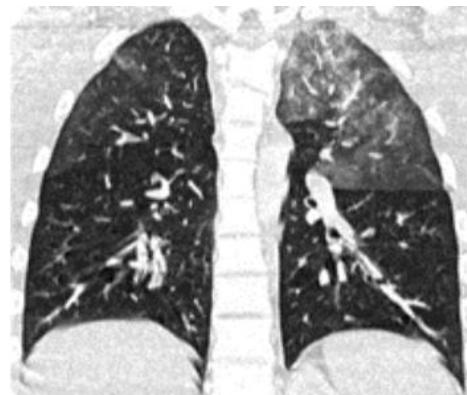


contusions

ARDS after Pulmonary Contusion: Accurate Measurement of Contusion Volume Identifies High-Risk Patients

Preston R. Miller, MD, Martin A. Croce, MD, Tiffany K. Bee, MD, Waleed G. Qaisi, MD, Chad P. Smith, MD, Gordon L. Collins, MD, and Timothy C. Fabian, MD

J Trauma. 2001;51:223–230.

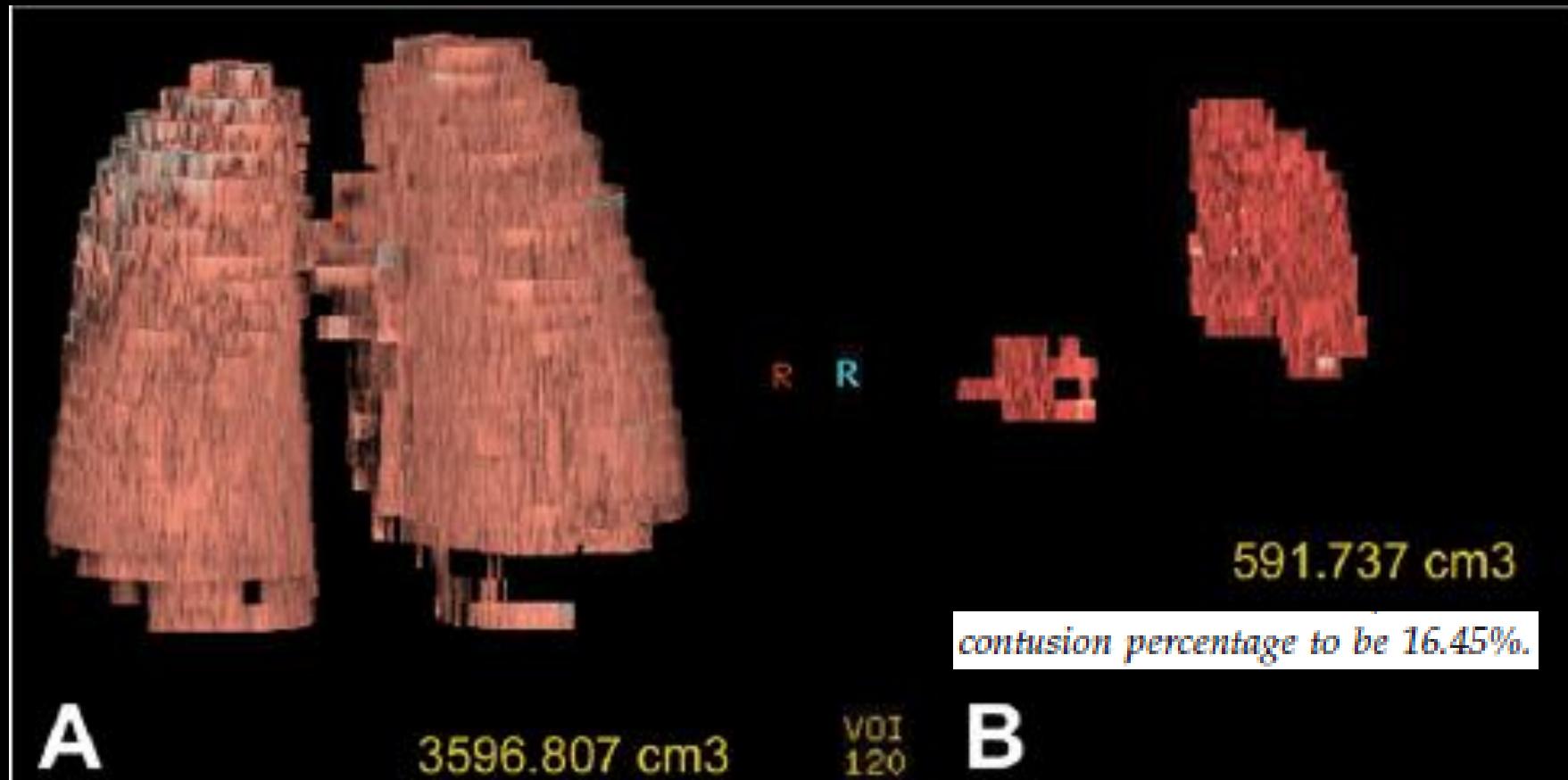


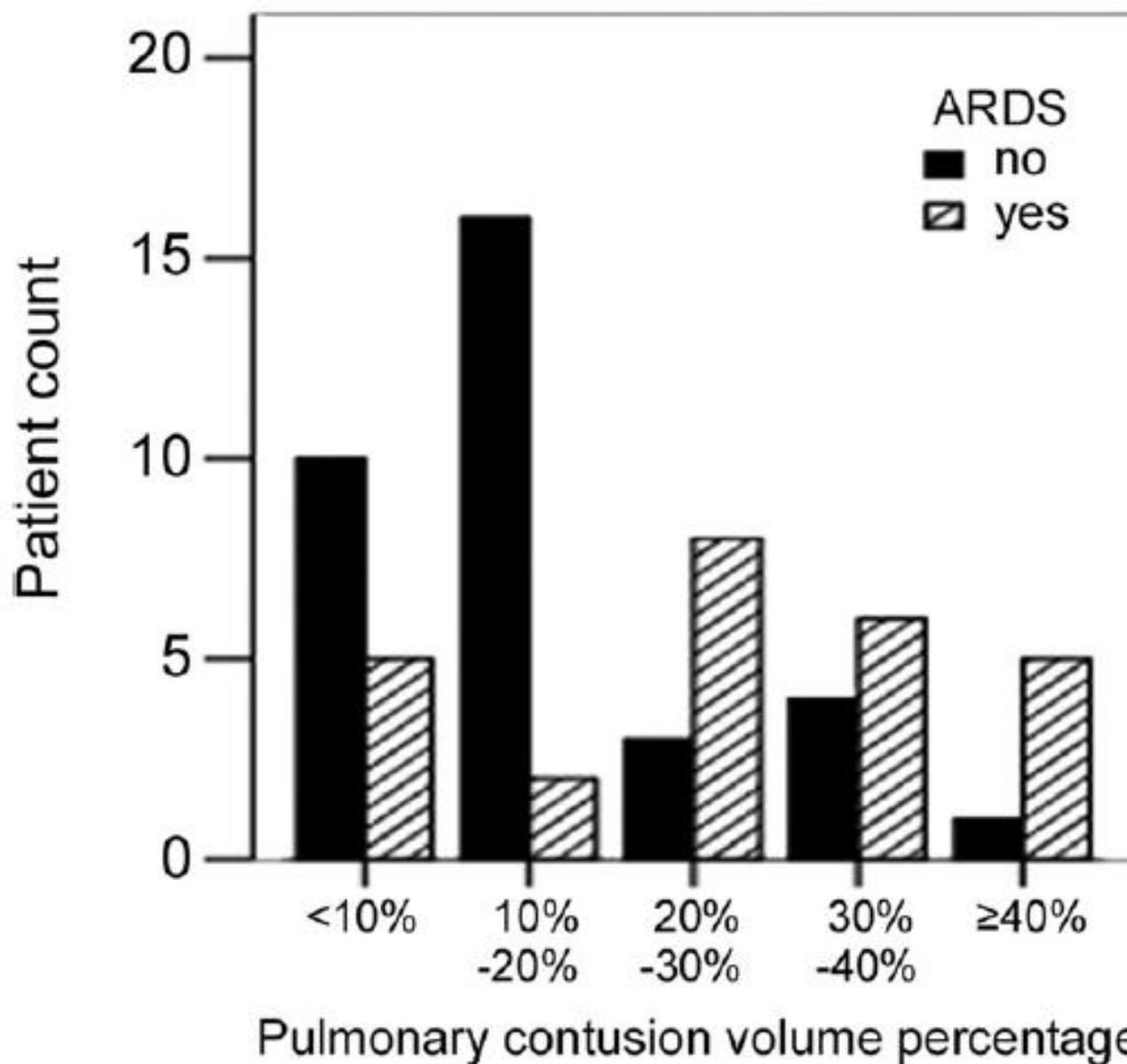
The Value of Pulmonary Contusion Volume Measurement With Three-Dimensional Computed Tomography in Predicting Acute Respiratory Distress Syndrome Development

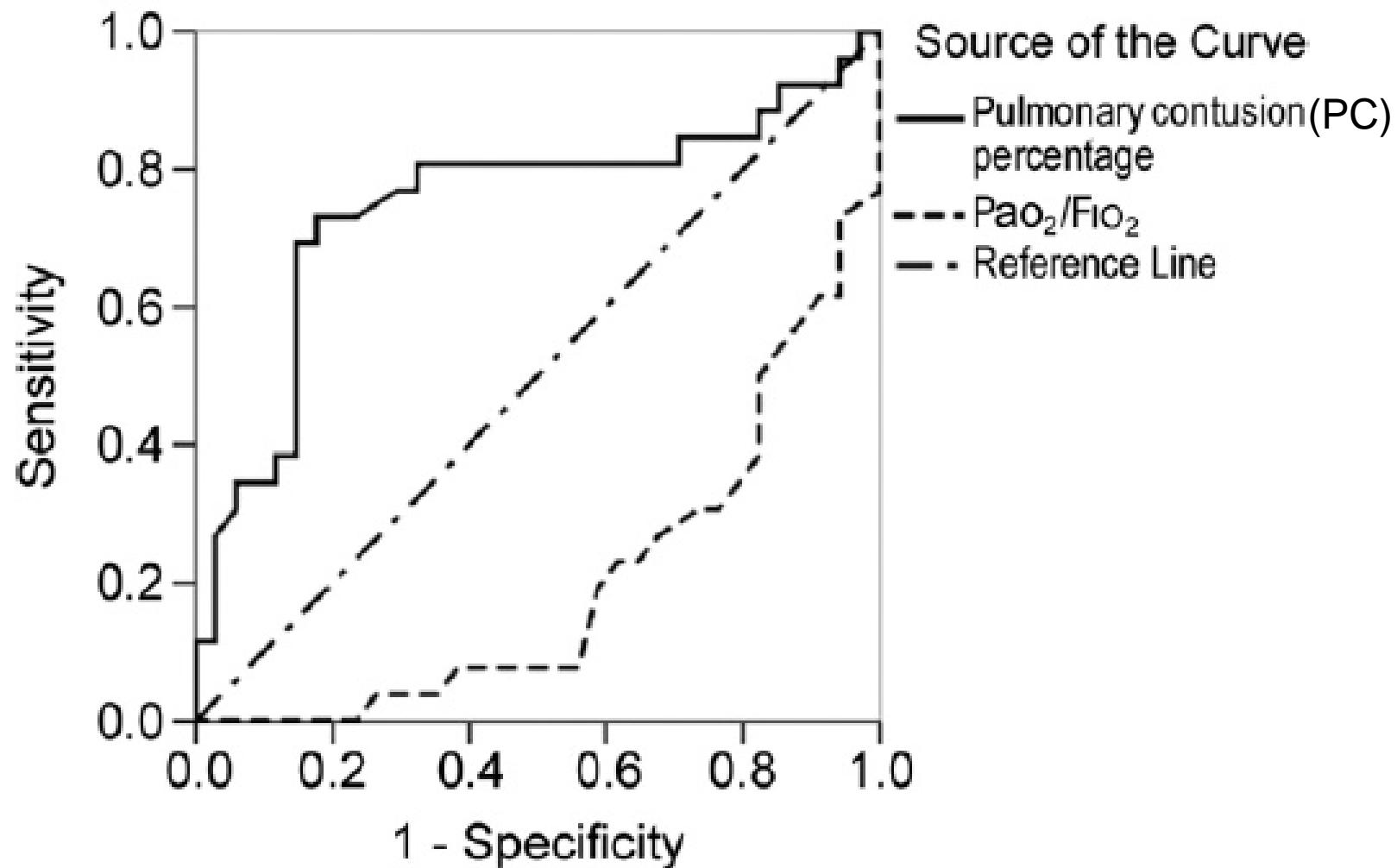
Ann Thorac Surg 2011;92:1977–83]

Shaohua Wang, MD, Zheng Ruan, MD, Jie Zhang, MD, and Wei Jin, MD

Departments of Thoracic Surgery, Radiology, and the Trauma and Emergency Center, The First People's Hospital, School of Medicine, Shanghai Jiao Tong University, Shanghai, China







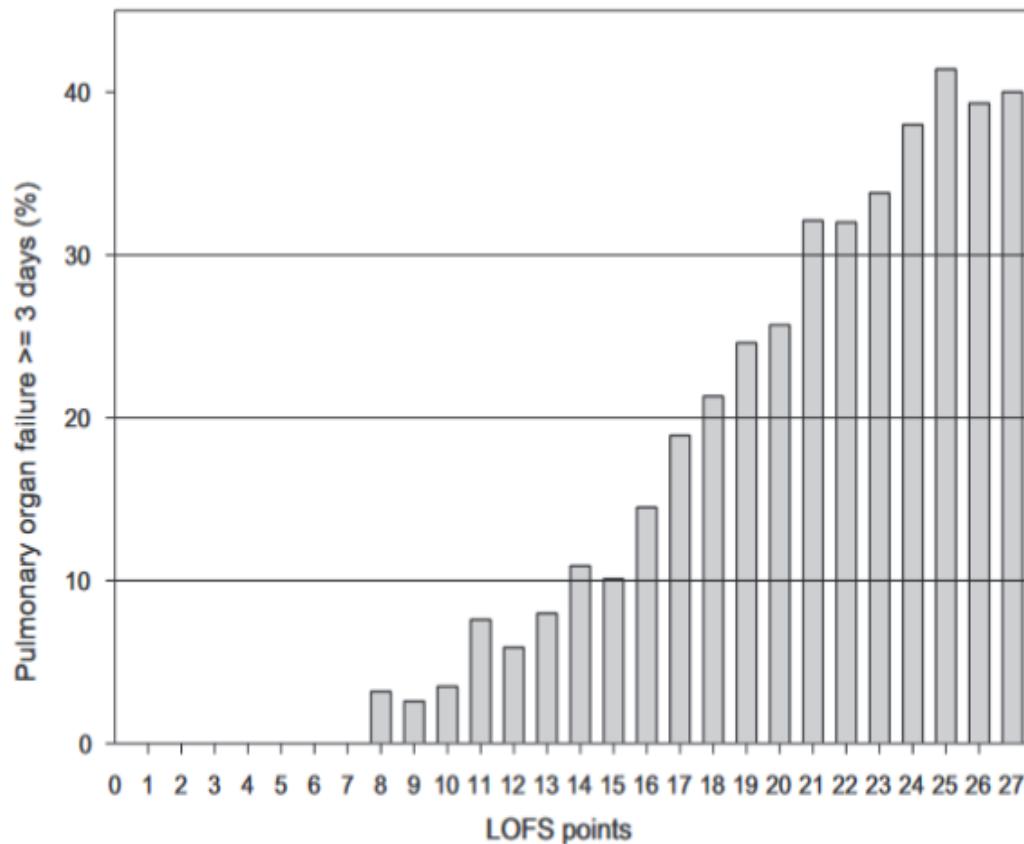
predictive factors of ARDS development. Patients with a PC volume percentage exceeding the best cutoff of 21.5% were defined as the severe PC group

Wang et al. 2011

Lung Organ Failure Score (LOFS): Probability of severe pulmonary organ failure after multiple injuries including chest trauma

Sebastian Wutzler^{a,*}, Arasch Wafaieade^b, Marc Maegele^b, Helmut Laurer^a, Emanuel V. Geiger^a, Felix Walcher^a, John Barker^a, Rolf Lefering^b, Ingo Marzi^a

S. Wutzler et al. / Injury, Int. J. Care Injured 43 (2012) 1507–1512



Variable

- Two or more (expected) surgical interventions
- One (expected) surgical intervention
- Emergency surgery (in addition to the above)
- Severe thorax injury ($\text{AIS}_{\text{Thorax}} = 5$)
- Severe thorax injury ($\text{AIS}_{\text{Thorax}} = 4$)
- Severe head injury ($\text{AIS}_{\text{Head}} > 3$)
- Male gender
- Per each 2 l of volume
- Per each 8 points of ISS
- Per each 10 years of age

Thoracic Trauma Severity score on admission allows to determine the risk of delayed ARDS in trauma patients with pulmonary contusion

Injury 2015

Aurélien Daurat ^a, Ingrid Millet ^b, Jean-Paul Roustan ^a, Camille Maury ^a, Patrice Taourel ^b, Samir Jaber ^{c,d}, Xavier Capdevila ^{a,d}, Jonathan Charbit ^{a,*}

Table 1

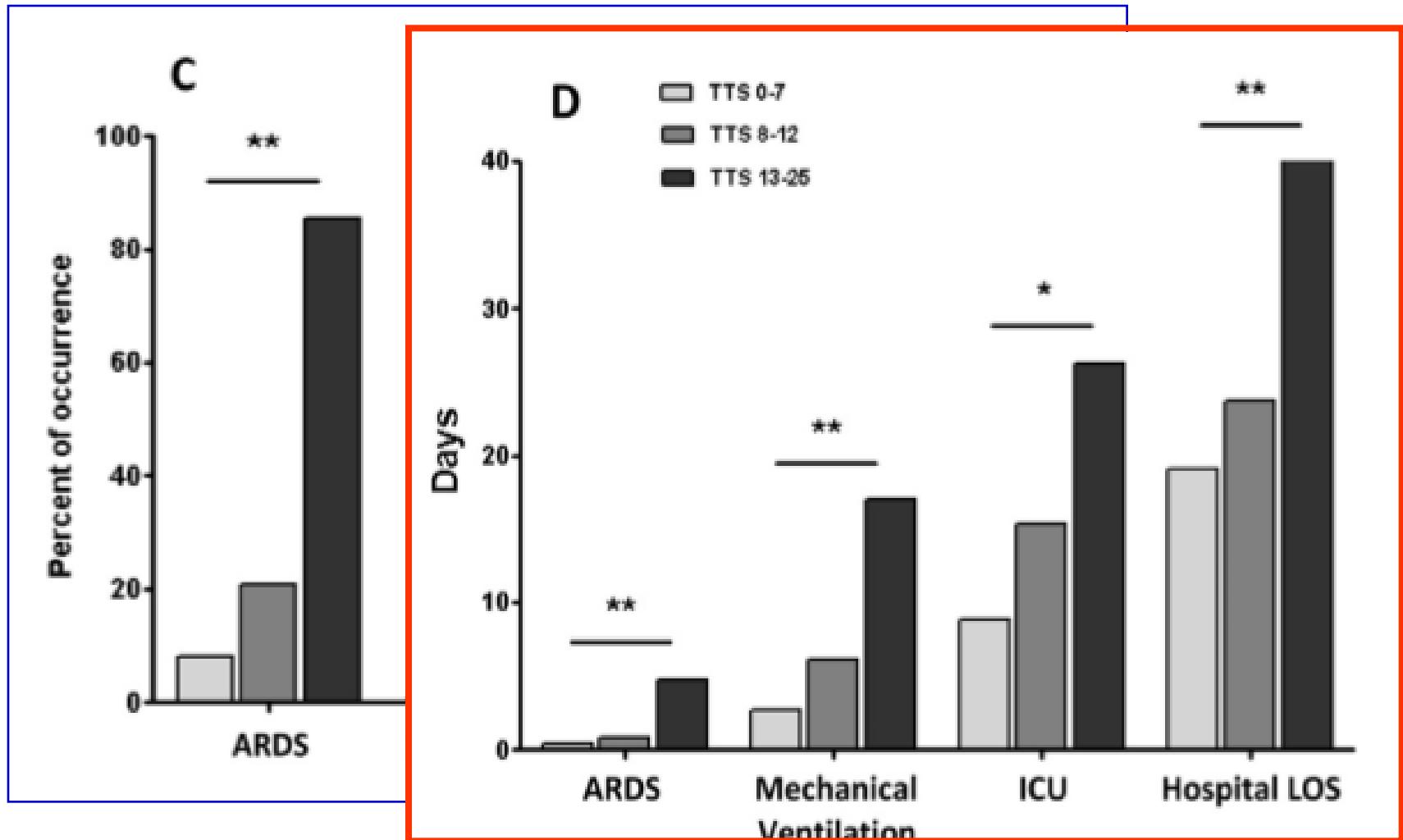
Thoracic Trauma Severity (TTS) score.

PaO ₂ /FiO ₂	Rib fracture	Contusion	Pleural involvement	Age (years)	Points
>400	0	None	None	<30	0
300–400	1-3	1 lobe	Pneumothorax	30–41	1
200–300	4–6 unilateral	1 lobe bilateral or 2 lobes unilateral	Unilateral HT or HPT	42–54	2
150–200	>3 bilateral	<2 lobes bilateral	HT or HPT bilateral	55–70	3
<150	Flail chest	≥2 lobes bilateral	Tension pneumothorax	>70	5

All categories have to be added to achieve a score ranging from 0 to 25. HT, haemothorax; HPT, hemopneumothorax.

Thoracic Trauma Severity score on admission allows to determine the risk of delayed ARDS in trauma patients with pulmonary contusion

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Lésions Thoraciques initiales

pneumothorax



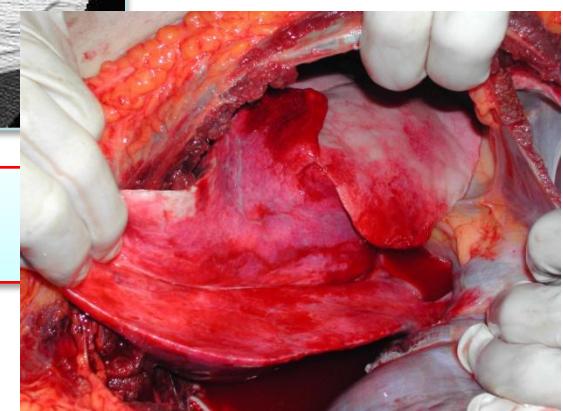
Emphysème
sous cutané

Rupture
Diaphragmatique

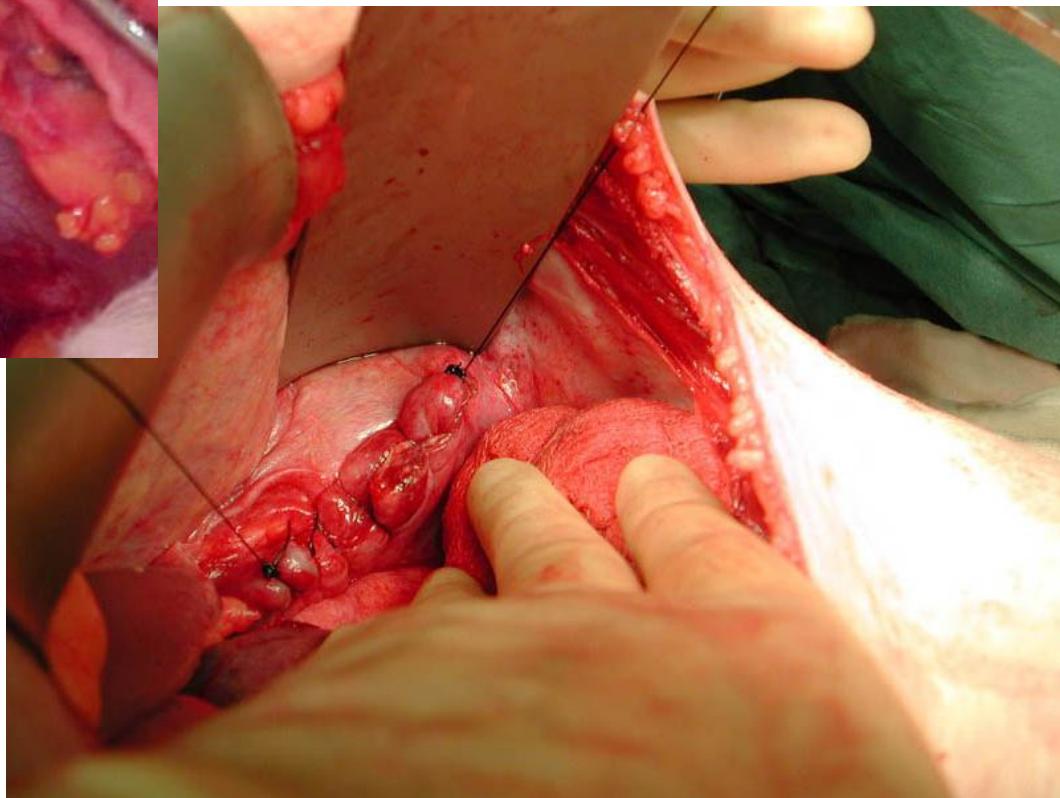
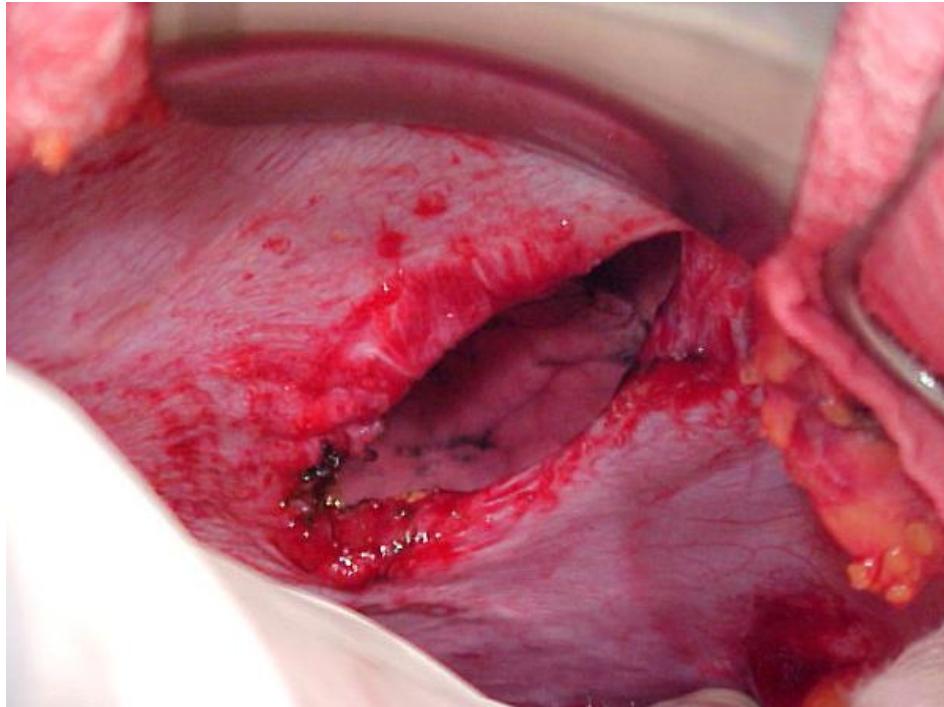
hémothorax

Fractures de
côtes

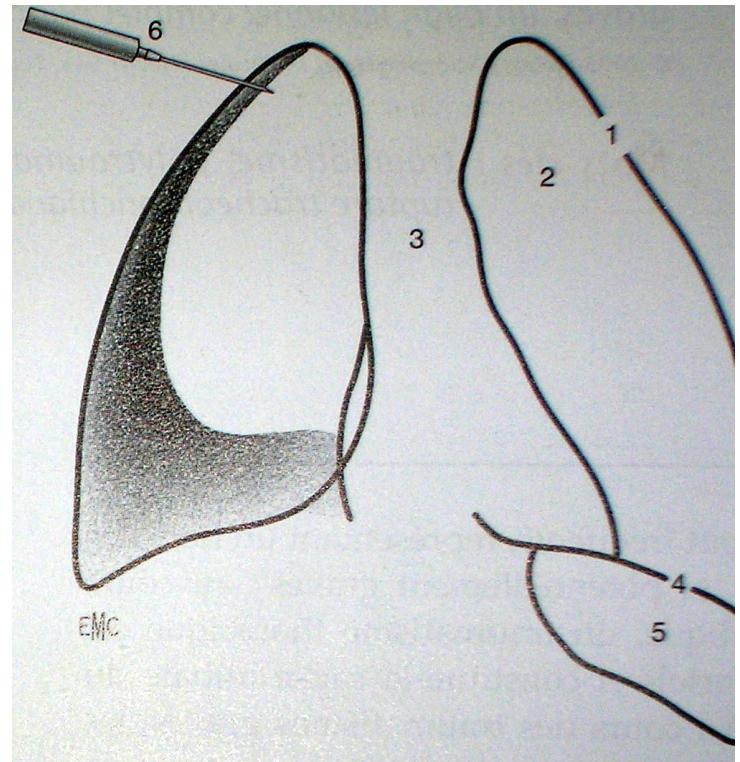
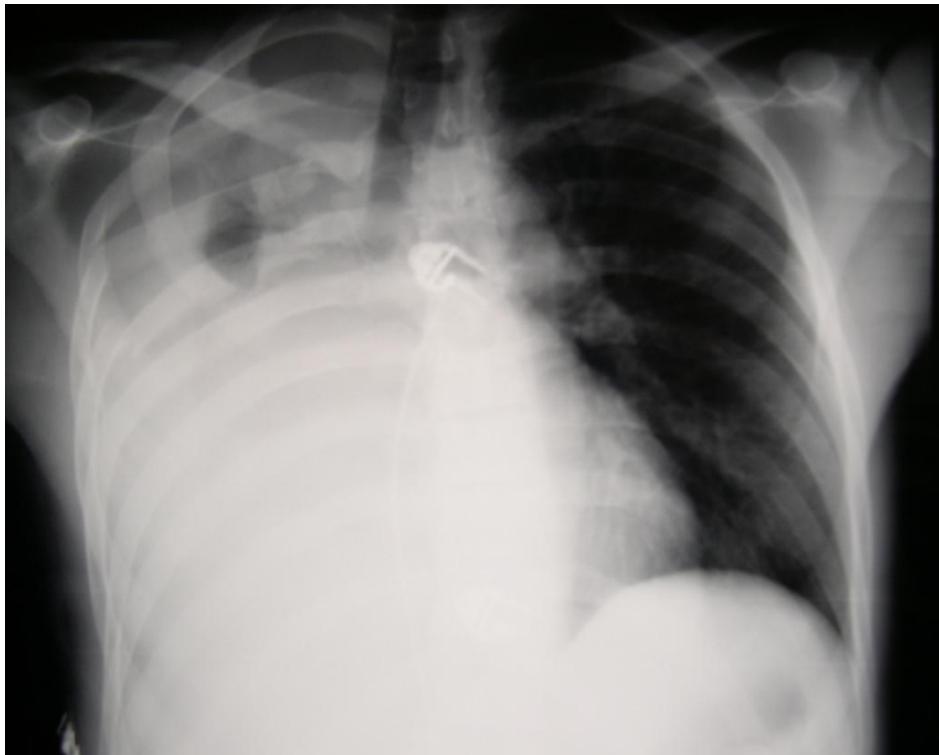
contusions



Rupture diaphragmatique



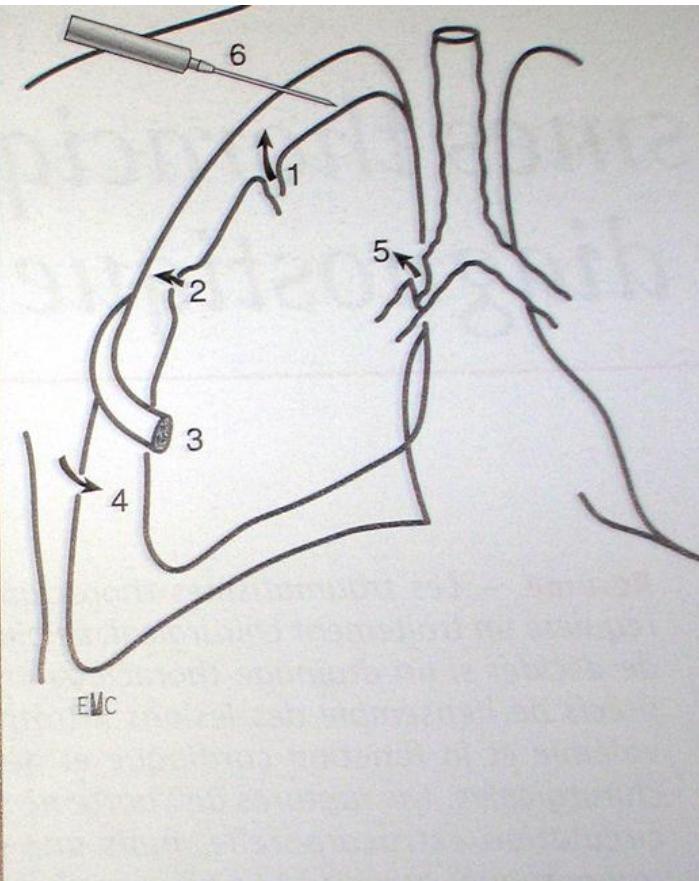
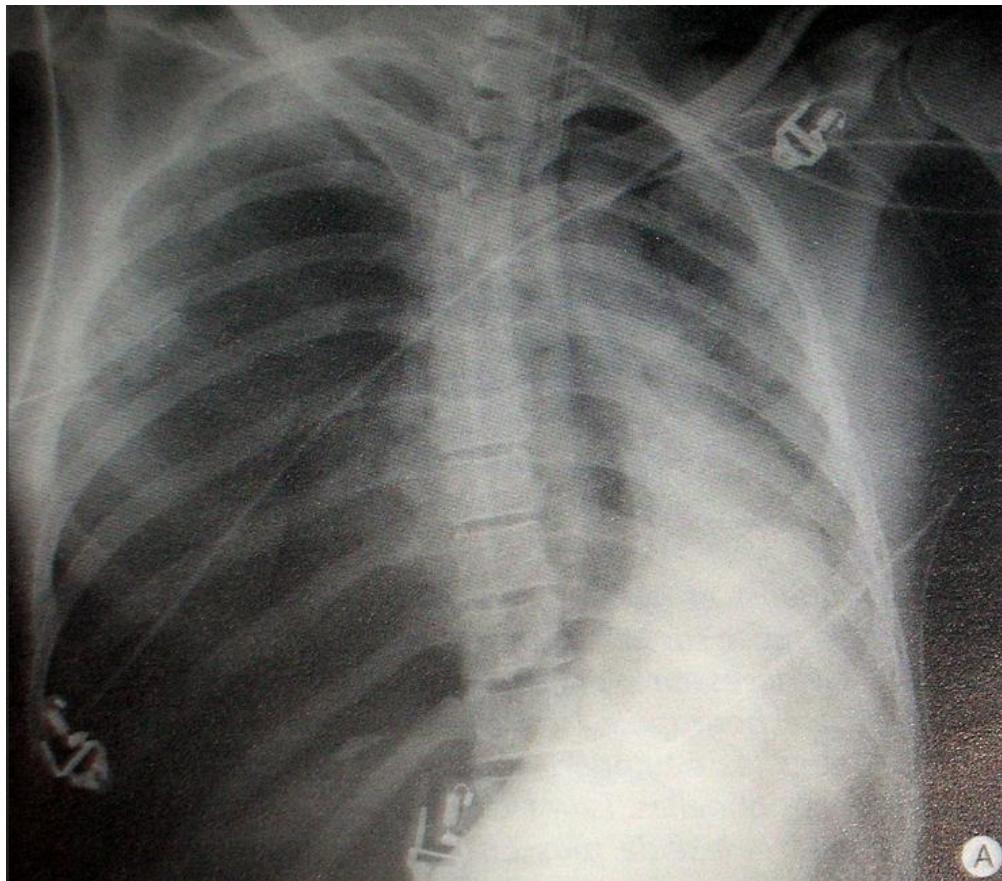
Hémotorax traumatiques : mécanismes



1 – Rupture artère intercostale et/ou mammaire interne, fracture costale
2 – Rupture pulmonaire
3 – saignement médiastinal

4 – Rupture diaphragmatique
5 – origine abdominale
6 - Iatrogène

Pneumothorax traumatiques : mécanismes



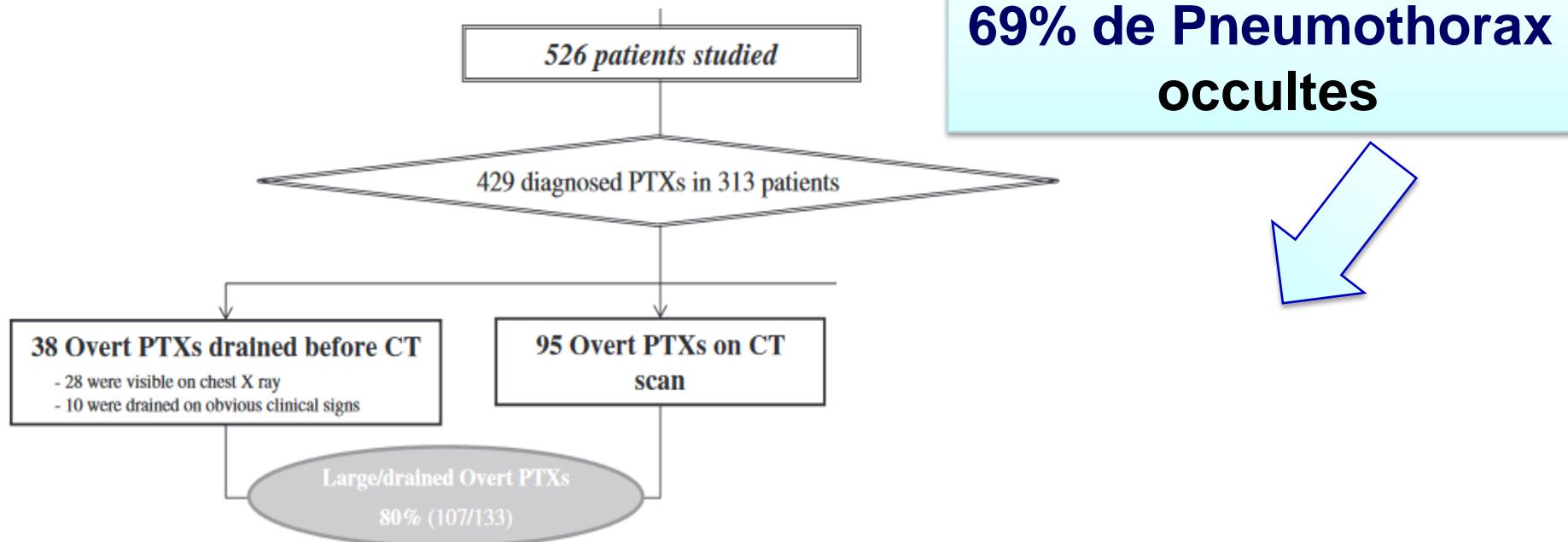
- 1 – Lacération pulmonaire
- 2 – Rupture de bulle
- 3 – Fracture de côte

- 4 – Traumatisme pénétrant
- 5 – Rupture trachée bronchique
- 6 - Iatrogène

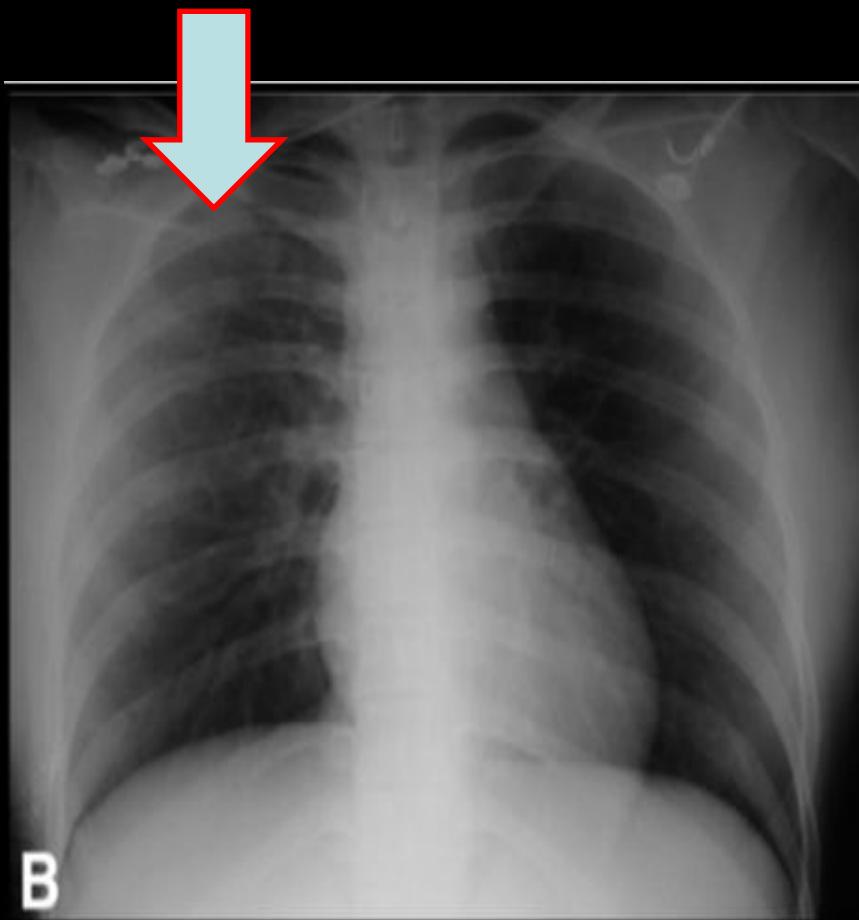
Prevalence of large and occult pneumothoraces in patients with severe blunt trauma upon hospital admission: experience of 526 cases in a French level 1 trauma center ^{☆,☆☆}

Jonathan Charbit, MD ^{a,b,*}, Ingrid Millet, MD ^{b,c}, Camille Maury, MD ^a, Benjamin Conte, MD ^a, Jean-Paul Roustan, MD ^a, Patrice Taourel, MD, PhD ^{b,c}, Xavier Capdevila, MD, PhD ^{a,b,d}

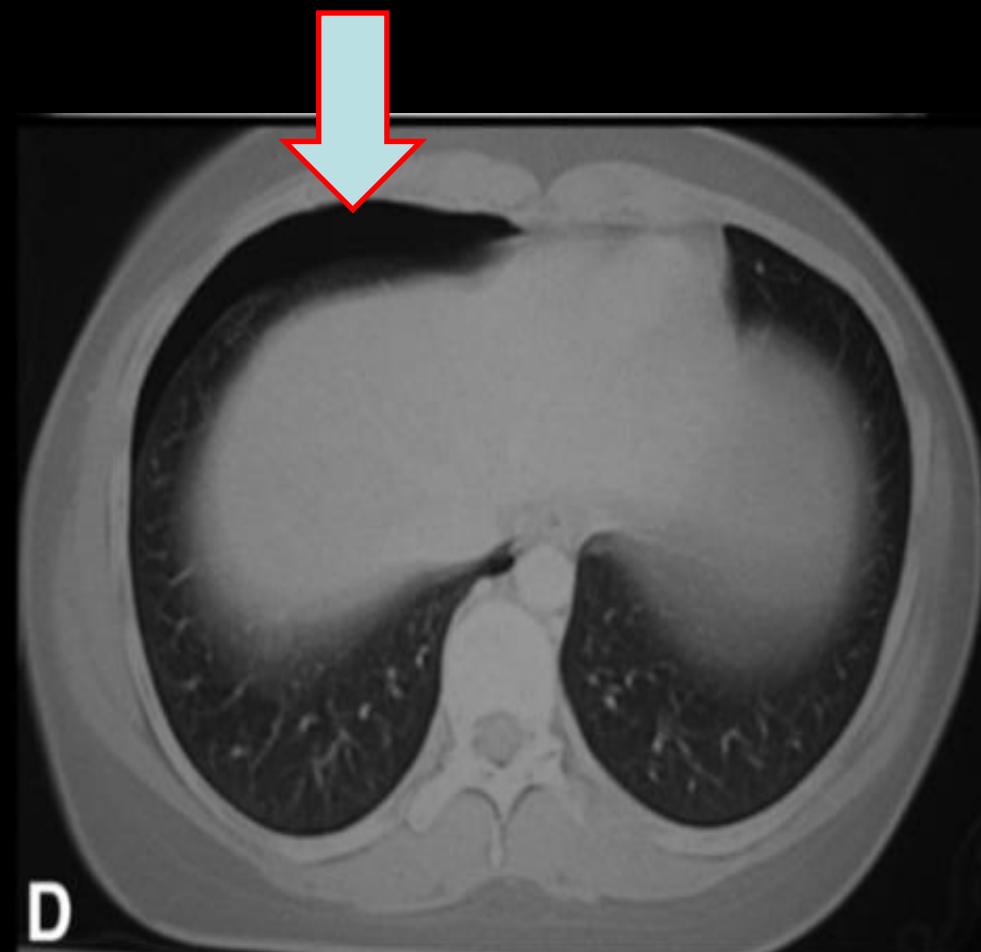
American Journal of Emergency Medicine 33 (2015) 796–801



Pneumothorax antérieur
(non visible à la radio standard)

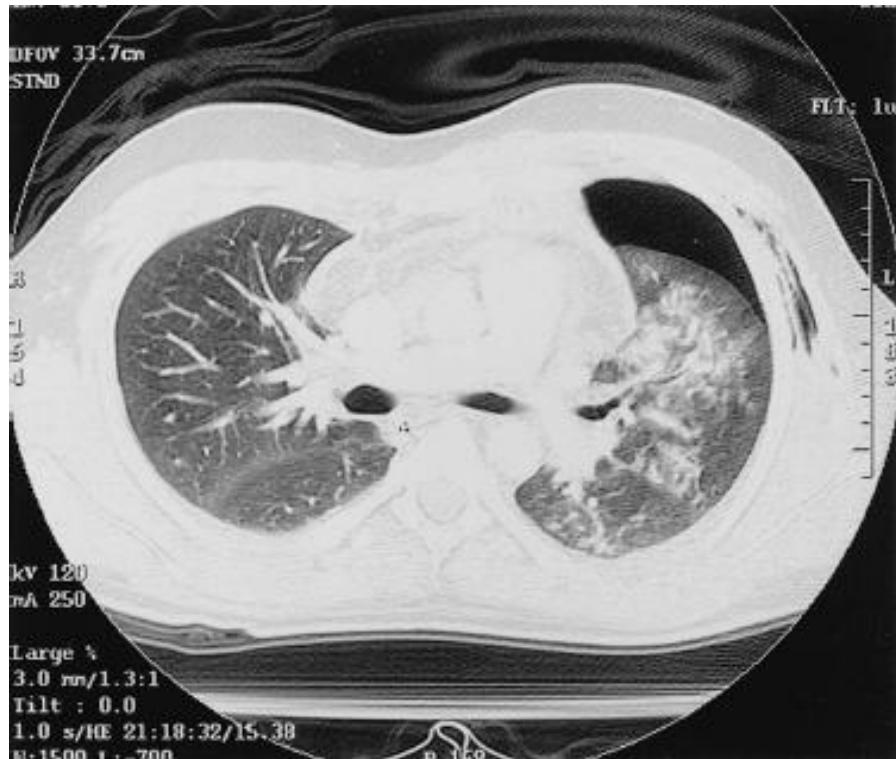


Pneumothorax antérieur
(visible au scanner)

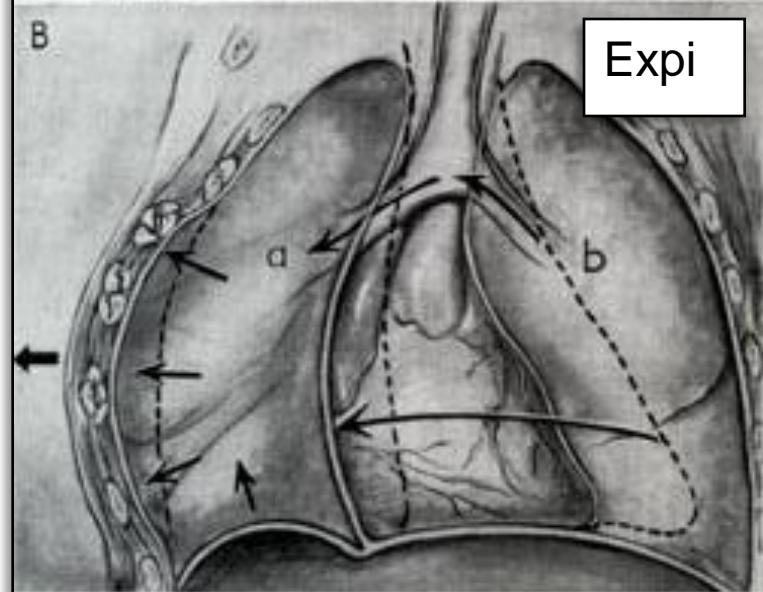
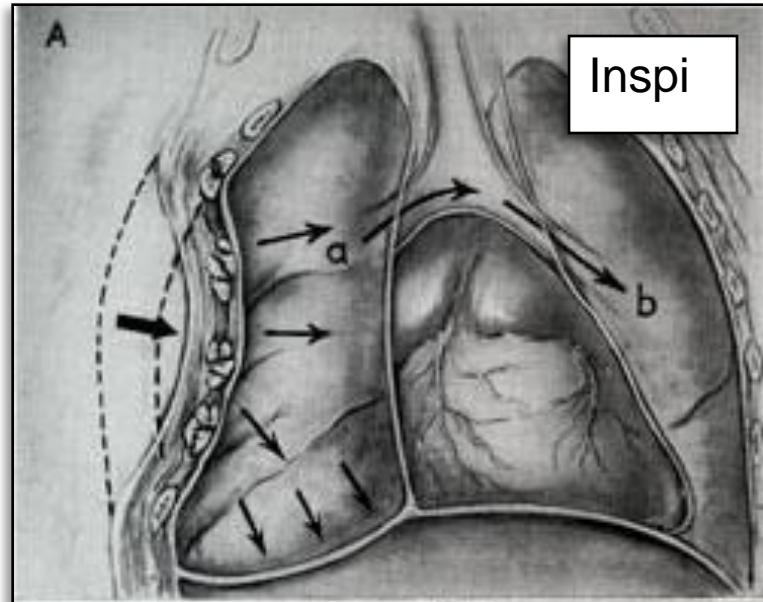
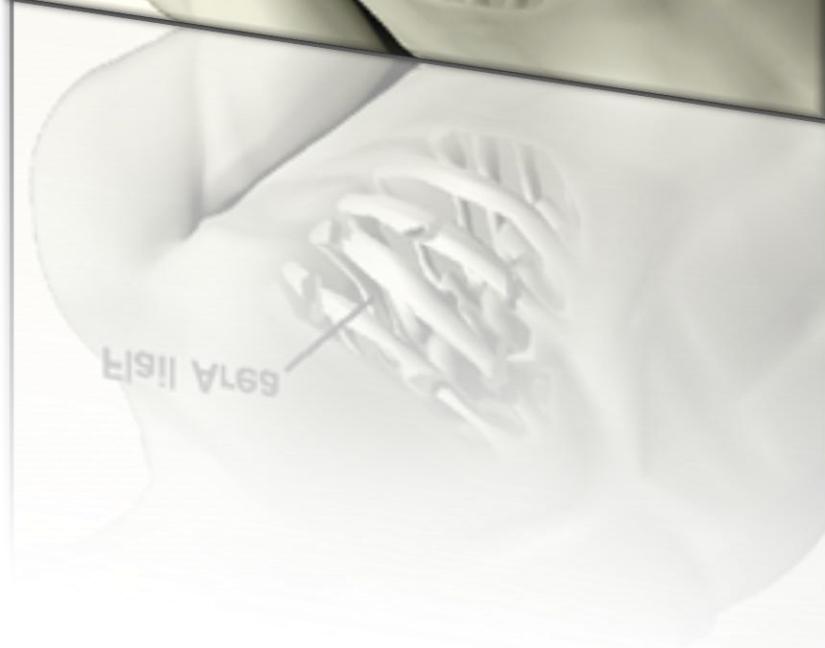
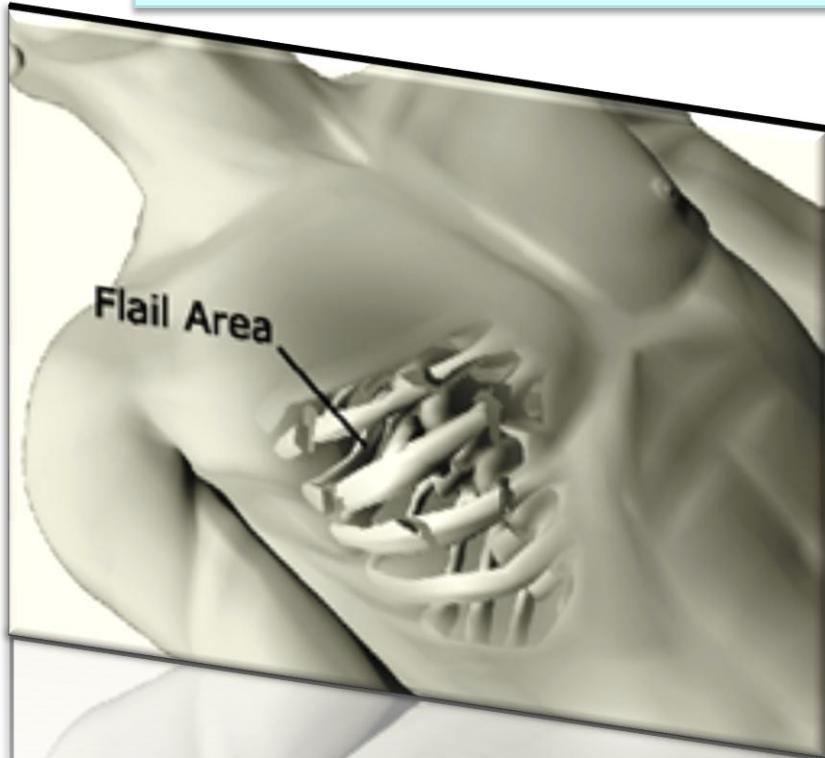


Sonographic Diagnosis of a Pneumothorax Inapparent on Plain Radiography: Confirmation by Computed Tomography

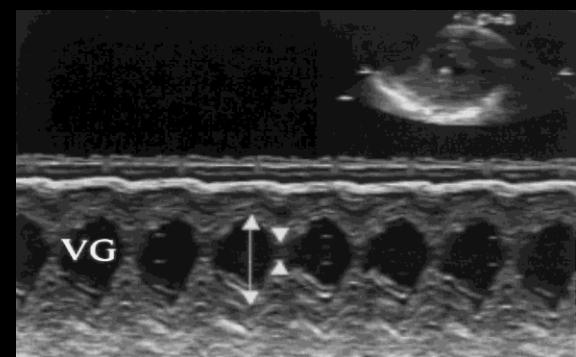
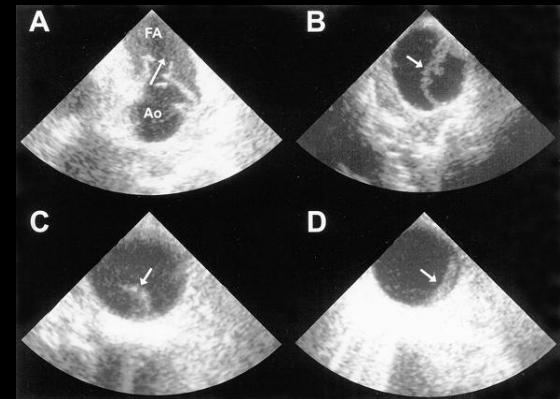
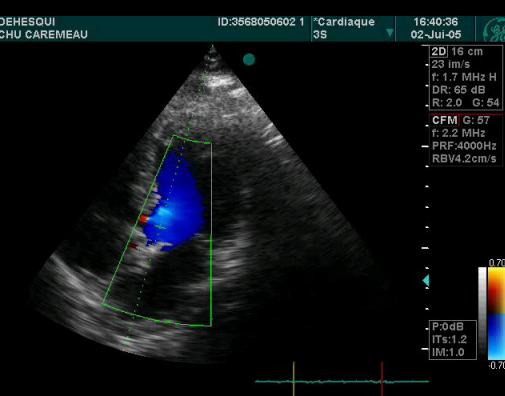
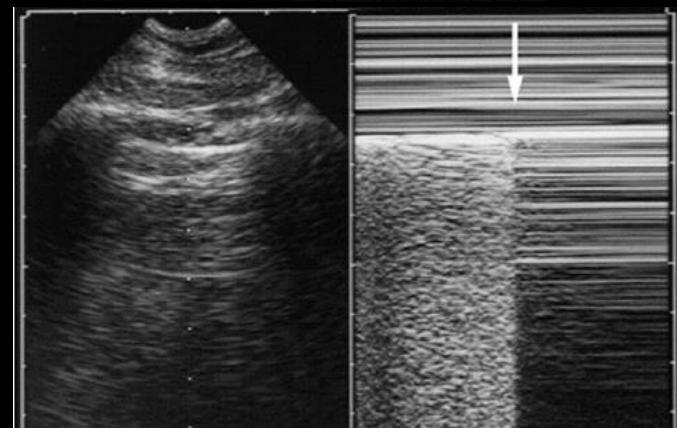
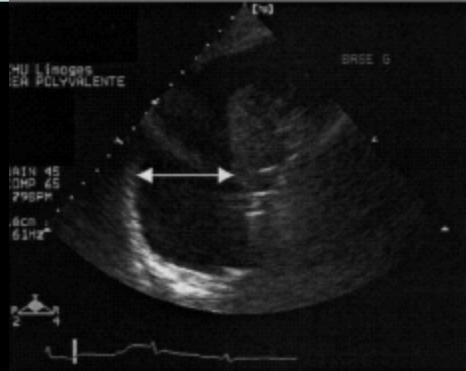
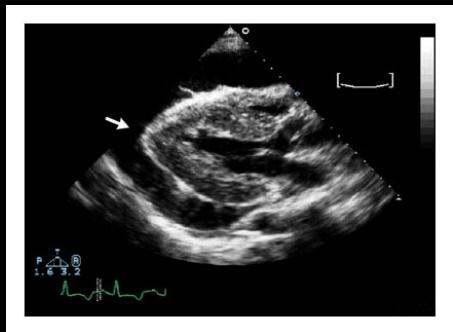
Andrew W. Kirkpatrick, MD, FRCSC, Alex K. T. Ng, MD, MBChB, FRACS, Scott A. Dulchavsky, MD, PhD, FACS,
Ian Lyburn, MB, FRCR, Allison Harris, MB, FRCR, William Torregianni, MB, FRCR,
Richard K. Simons, MD, FRCSC, FACS, and Savvas Nicolaou, MD, FRCPC



Volets thoraciques (flail chest) : mécanismes



Trauma thoracique : échographie cardio pulmonaire



Main Risk Factors for ARDS



1) Direct (primary)

- **Pulmonary contusion**
- **Fractures**
- **Multiple transfusions**
- **Fat embolism**
- Pneumonia
- Gastric aspiration
- Shock
- Near-drowning
- Smoke inhalation
- ...



2) Indirect (secondary)

- Sepsis
- Injury severity score > 16
- Trauma Brain Injury
- Blunt injury
- TRansfusion Associated Lung Injury (TRALI)
- Surgery to head
- Disseminated intravascular coagulation
- Pancreatitis

Main Risk Factors for ARDS

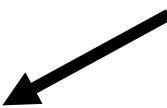
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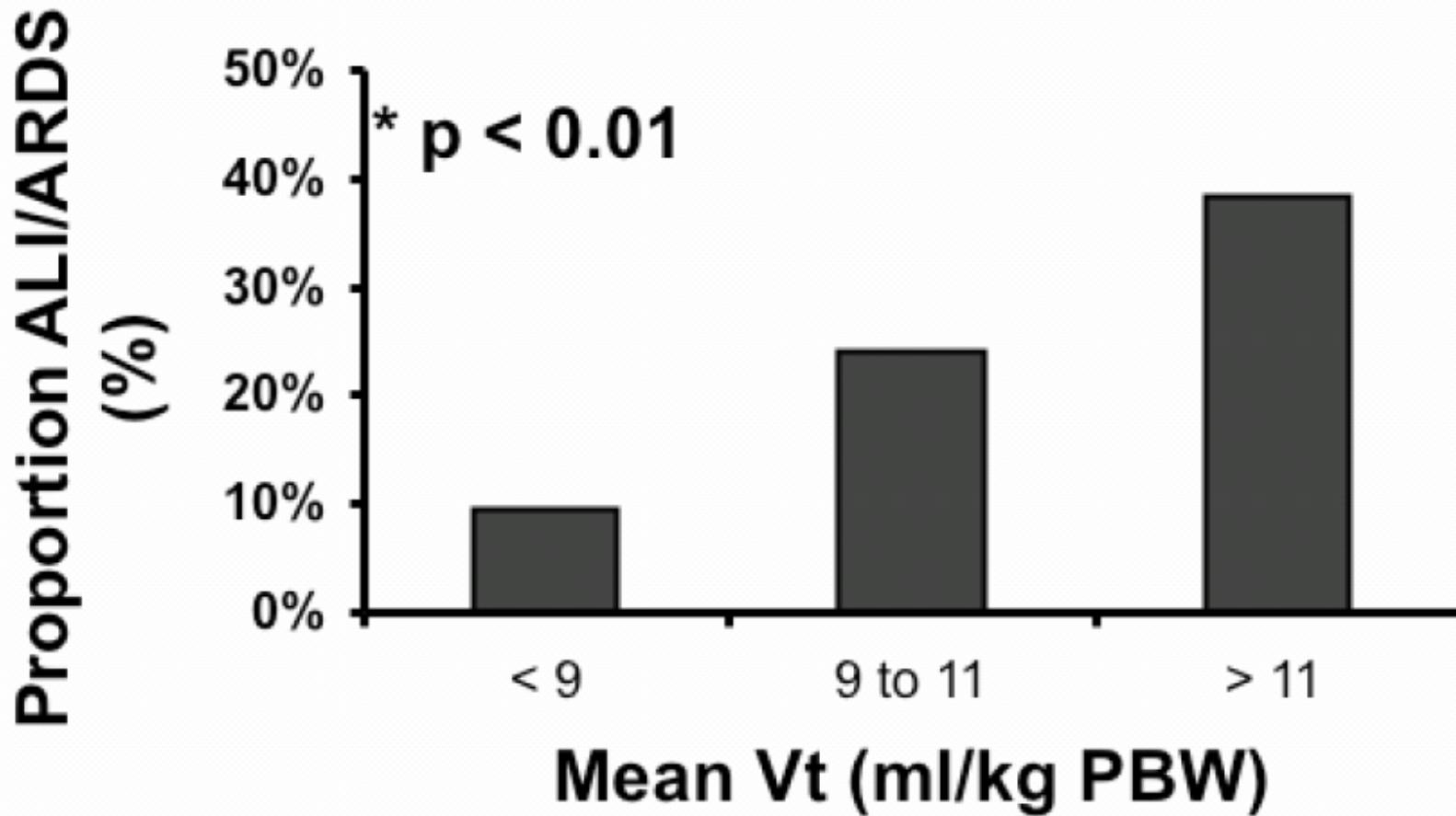
Risk factors for respiratory failure in brain injury

Pelosi P et al. Curr Opin Crit Care 2005;11:37-42

	Risk
Risk factors related to brain injury	
Altered consciousness	6.6
Risk factors associated with the treatment of brain injury	
Aspiration	7.0
Emergency intubation	6.4
Mechanical ventilation >3 days	2.3
Risk factors associated with treatment of a general population of critically ill patients	
Reintubation	5.4
Age >60 y	5.3
Supine position	4.8
Previous disease	3.6
Prior antibiotic use	2.9

High tidal volume is associated with the development of acute lung injury after severe brain injury: An international observational study* **Critical Care Medicine 2007; 35:1815-1820**

Luciana Mascia, MD, PhD; Elisabeth Zavala, MD; Karen Bosma, MD; Daniela Pasero, MD;
Daniela Decaroli, MD; Peter Andrews, MD; Donatella Isnardi, MD; Alessandra Davi, MD;
Maria Jose Arguis, MD; Maurizio Berardino, MD; Alessandro Ducati, MD; on behalf of the Brain IT group



Ventilation for Severe trauma patients (ARDS...?)

1. Risk Factors

2. Prevention

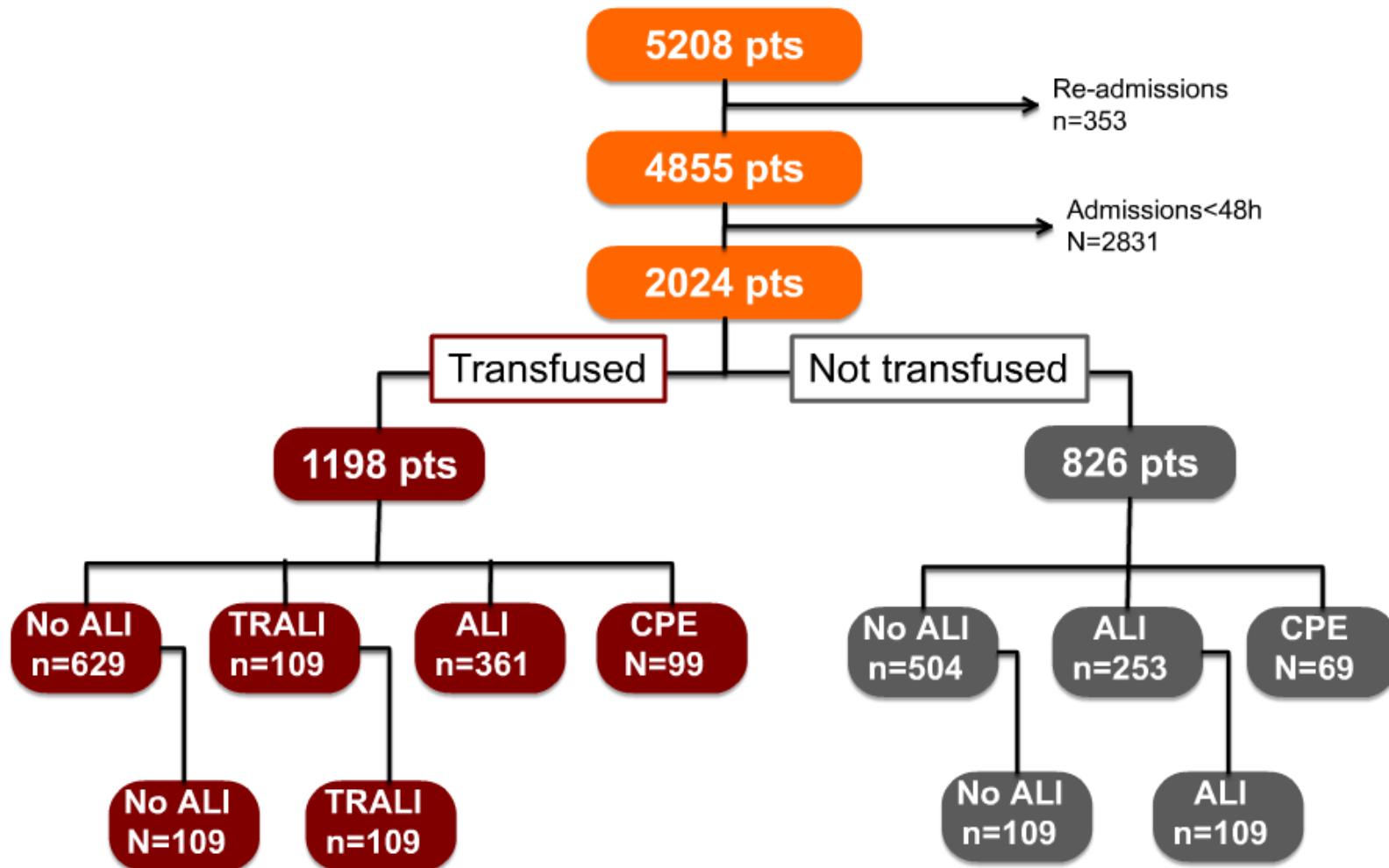
3. Treatment

Prevention for ARDS after Trauma

1. Limited over-load fluid
2. Limited transfusion
3. Non-Invasive Ventilation (NIV)
4. Lung protective ventilation
5. Optimal Analgesia

Risk factors and outcome of transfusion-related acute lung injury in the critically ill: A nested case–control study*

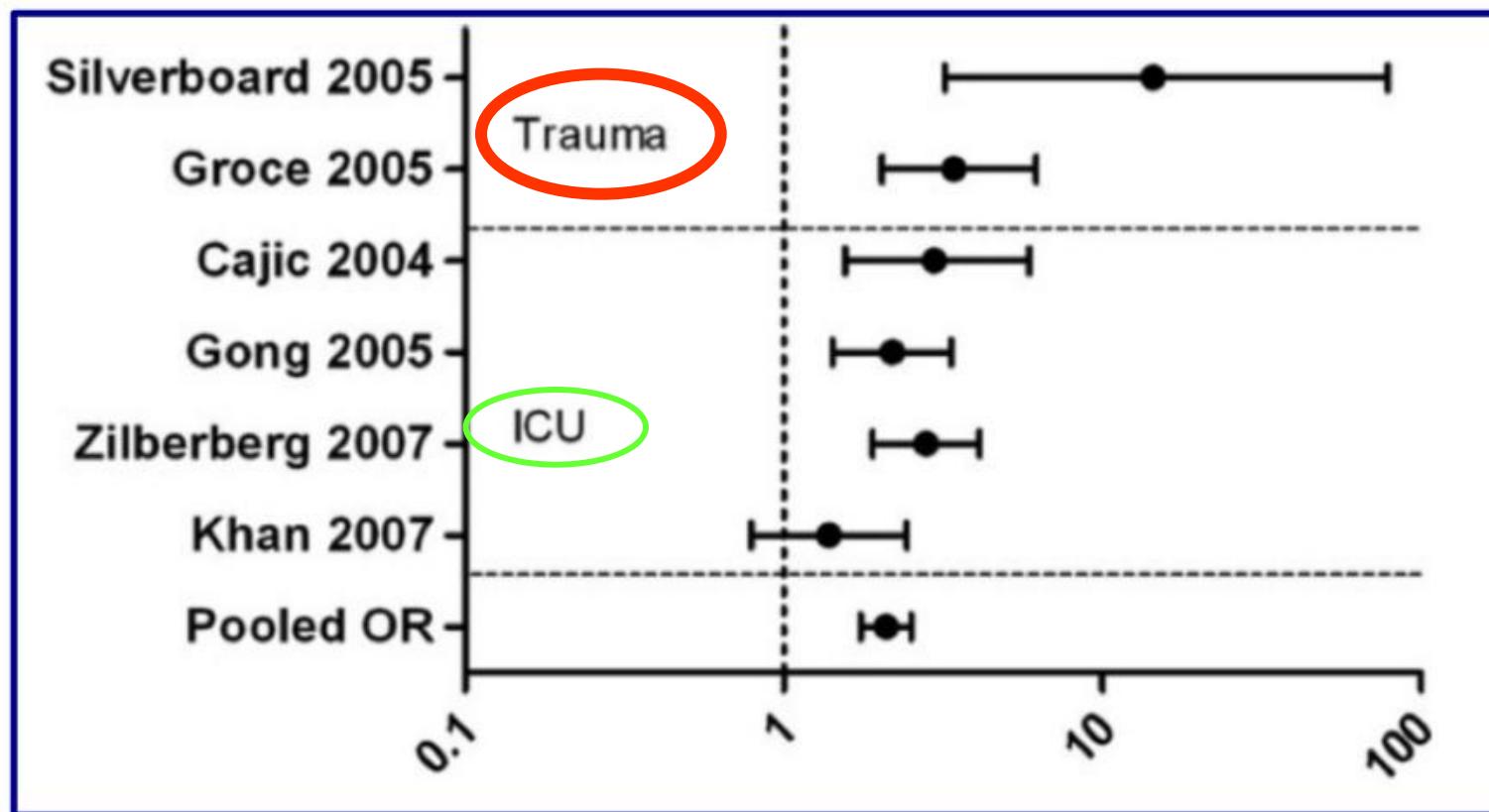
Alexander P. J. Vlaar, MD; Jan M. Binnekade, PhD; David Prins, MSc; Danielle van Stein, MD;
Jorrit J. Hofstra, MD; Marcus J. Schultz, MD, PhD; Nicole P. Juffermans, MD, PhD



Acute lung injury following blood transfusion: Expanding the definition

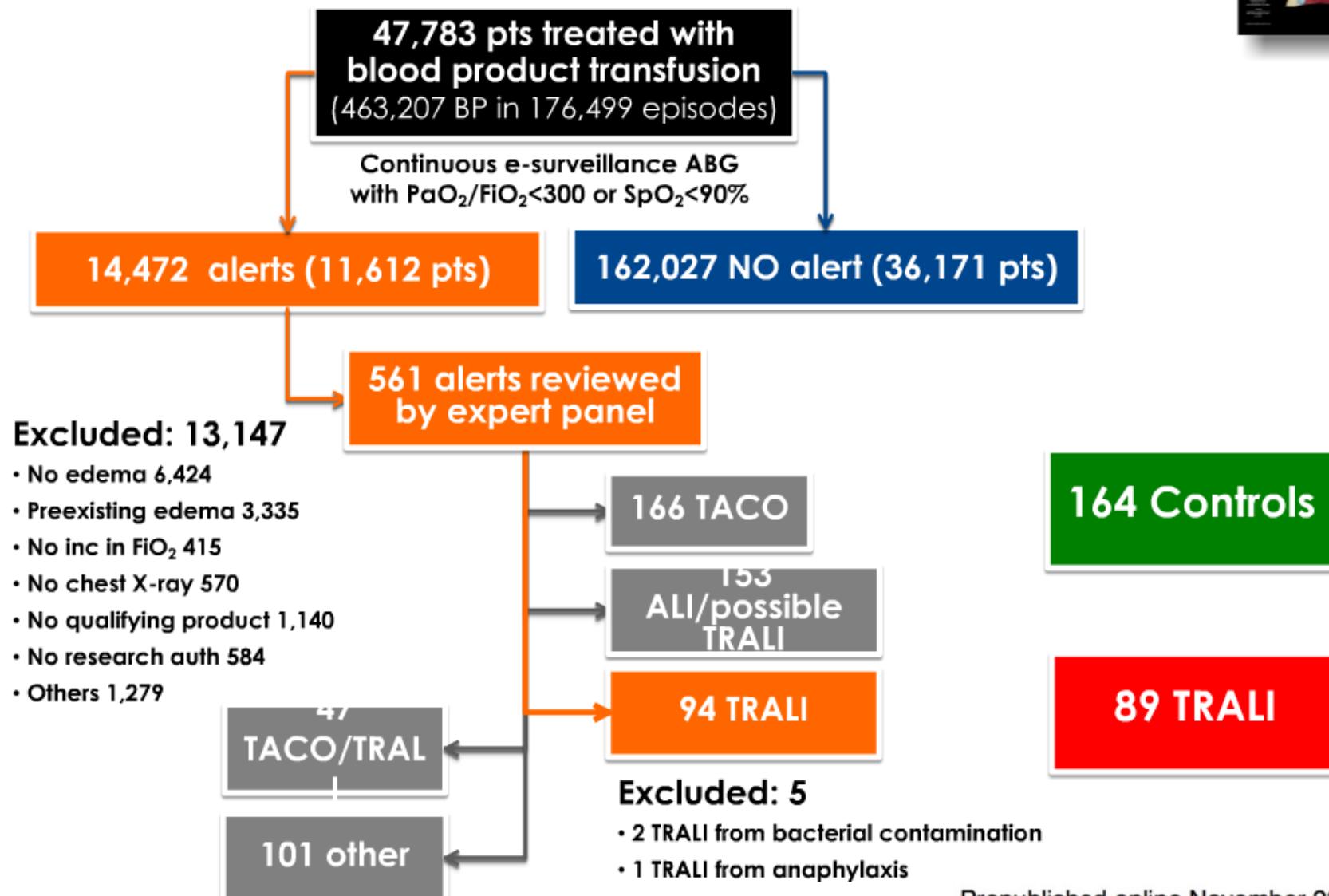
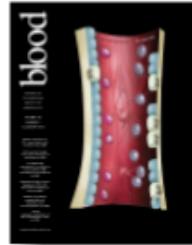
Paul E. Marik, MD, FACP, FCCM, FCCP; Howard L. Corwin, MD, FACP, FCCM, FCCP

Effect of blood transfusion on the risk of late TRALI



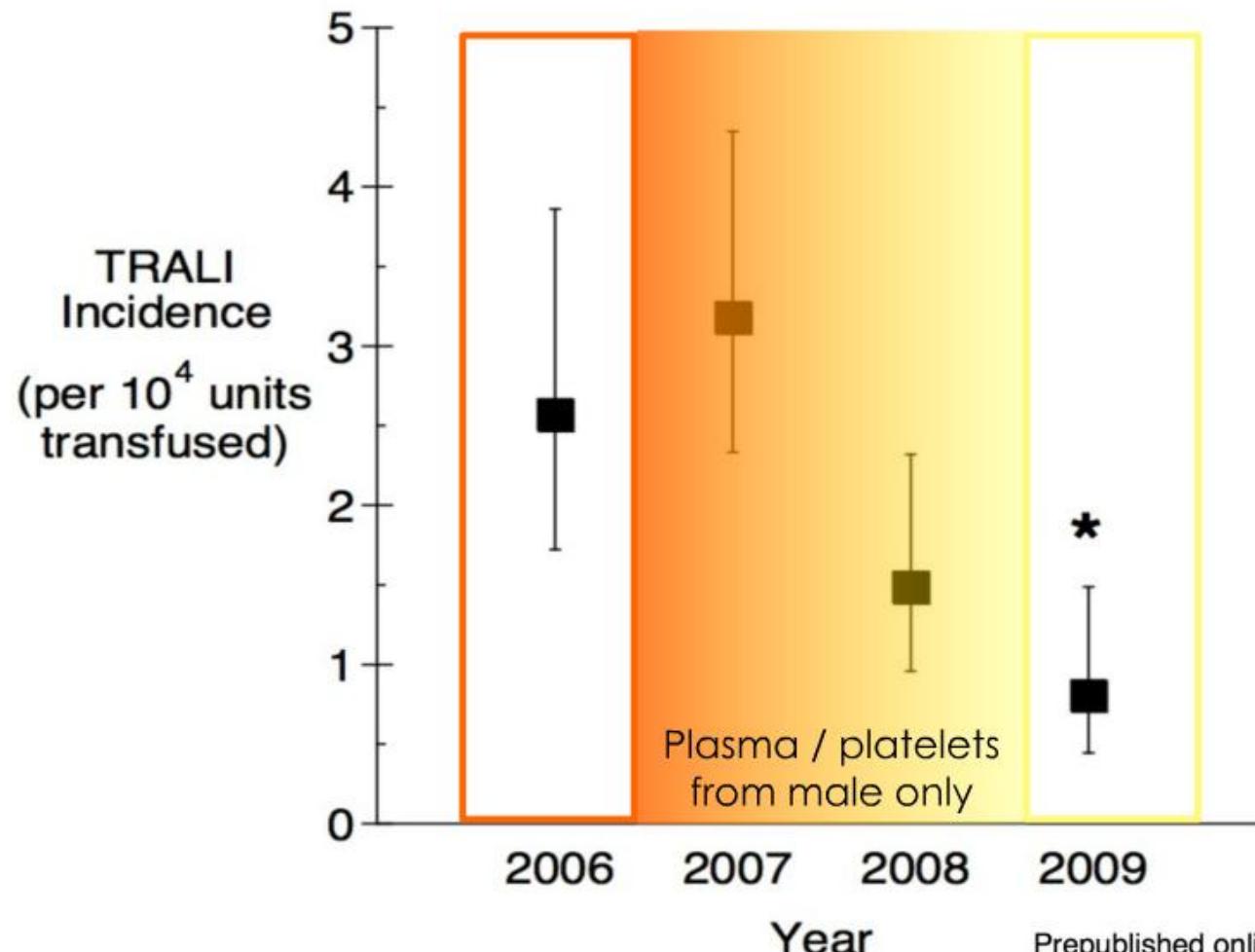
Transfusion related acute lung injury: incidence and risk factors

Pearl Toy, Ognjen Gajic, Peter Bacchetti, Mark R. Looney, Michael A. Gropper, Rolf Hubmayr, Clifford A. Lowell, Philip J. Norris, Edward L. Murphy, Richard B. Weiskopf, Gregory Wilson, Monique Koenigsberg, Deanna Lee, Randy Schuller, Ping Wu, Barbara Grimes, Manish J. Gandhi, Jeffrey L. Winters, David Mair, Nora Hirschler, Rosa Sanchez Rosen and Michael A. Matthay

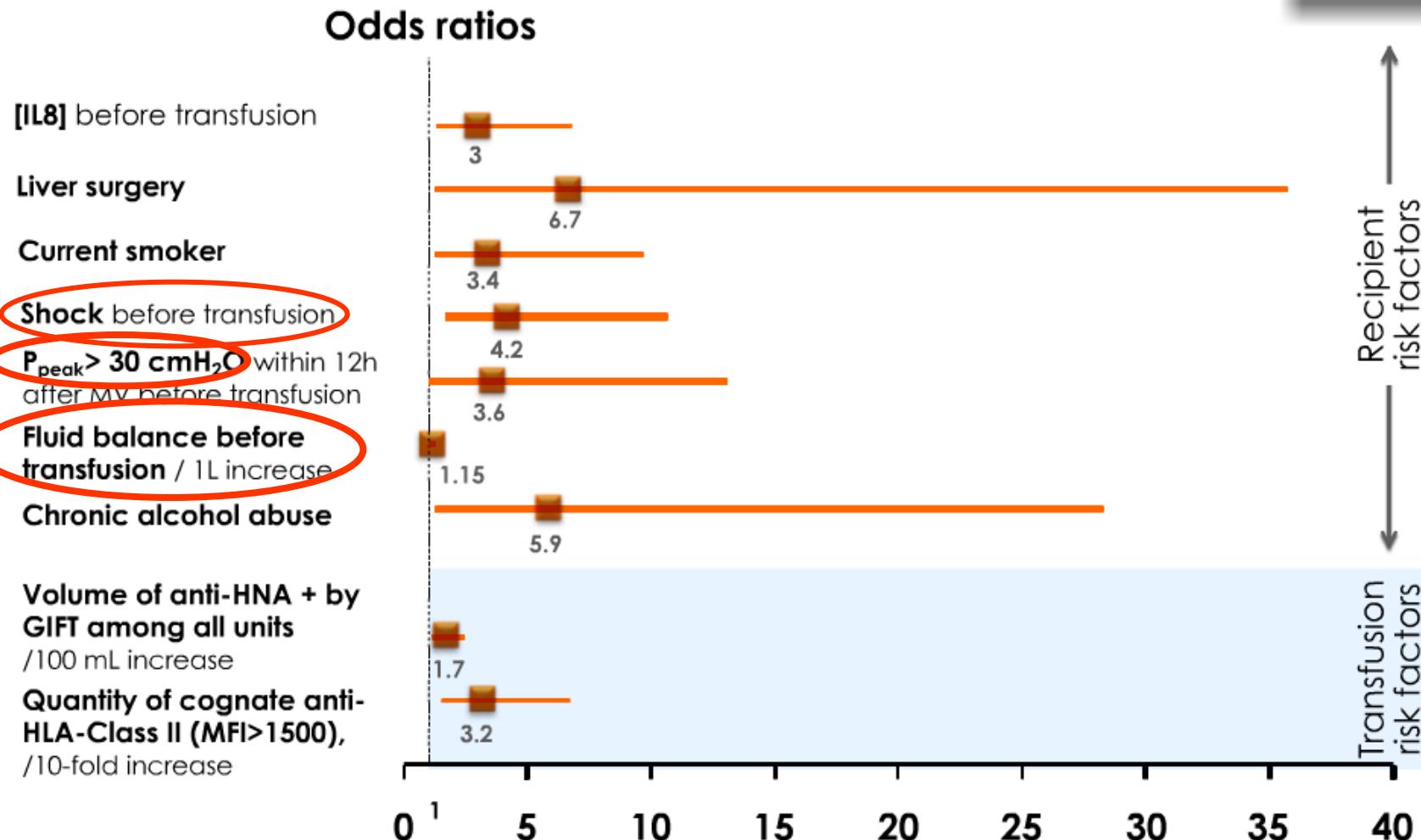


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Primary multivariate model of TRALI risk factors: antibodies controlled for recipient risk factors



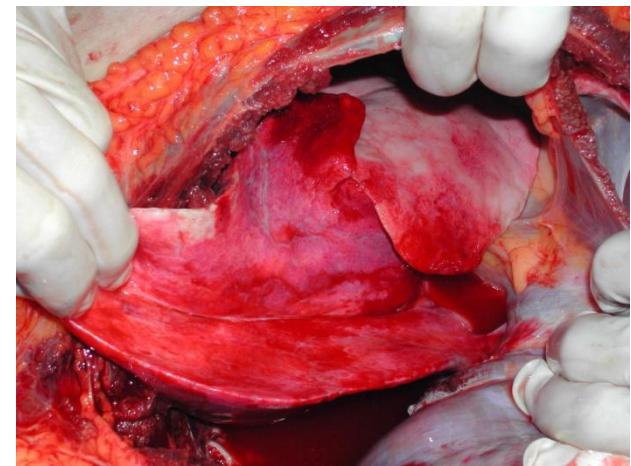
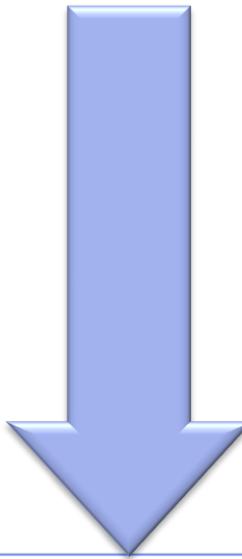
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3. Treatment

Chest trauma

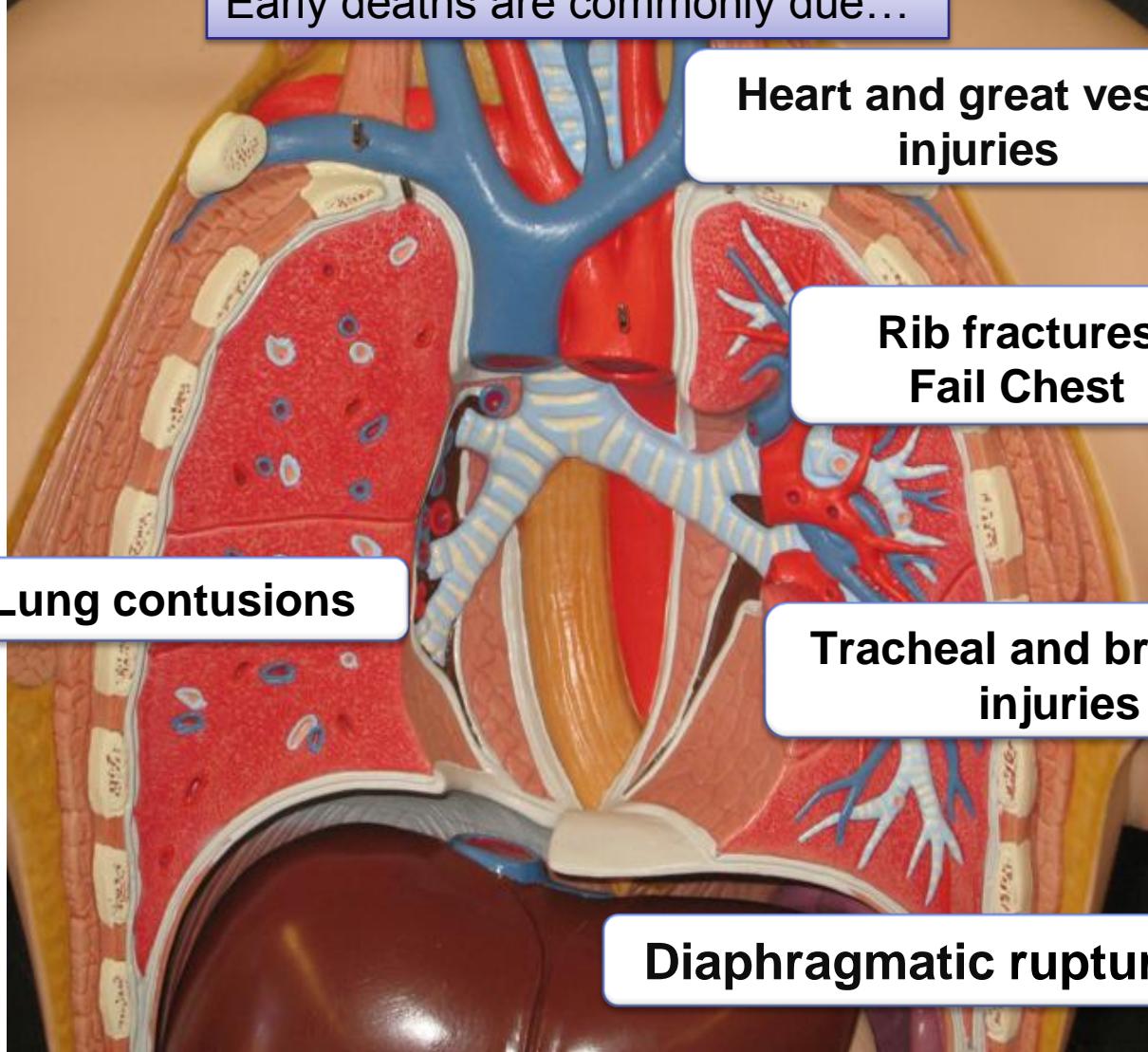


Ventilatory management = challenge because of the difficulty in achieving a balance between the avoidance of further harm to the lungs and sufficient ventilation

Be (very) protective !

Chest trauma

Early deaths are commonly due...



Chest trauma

Ribs 1-3 are well protected by shoulder bones and muscles

- ✓ Aortic injury
- ✓ Cardiac injury
- ✓ Tracheobronchial Injuries
- ✓ Esophageal Injuries

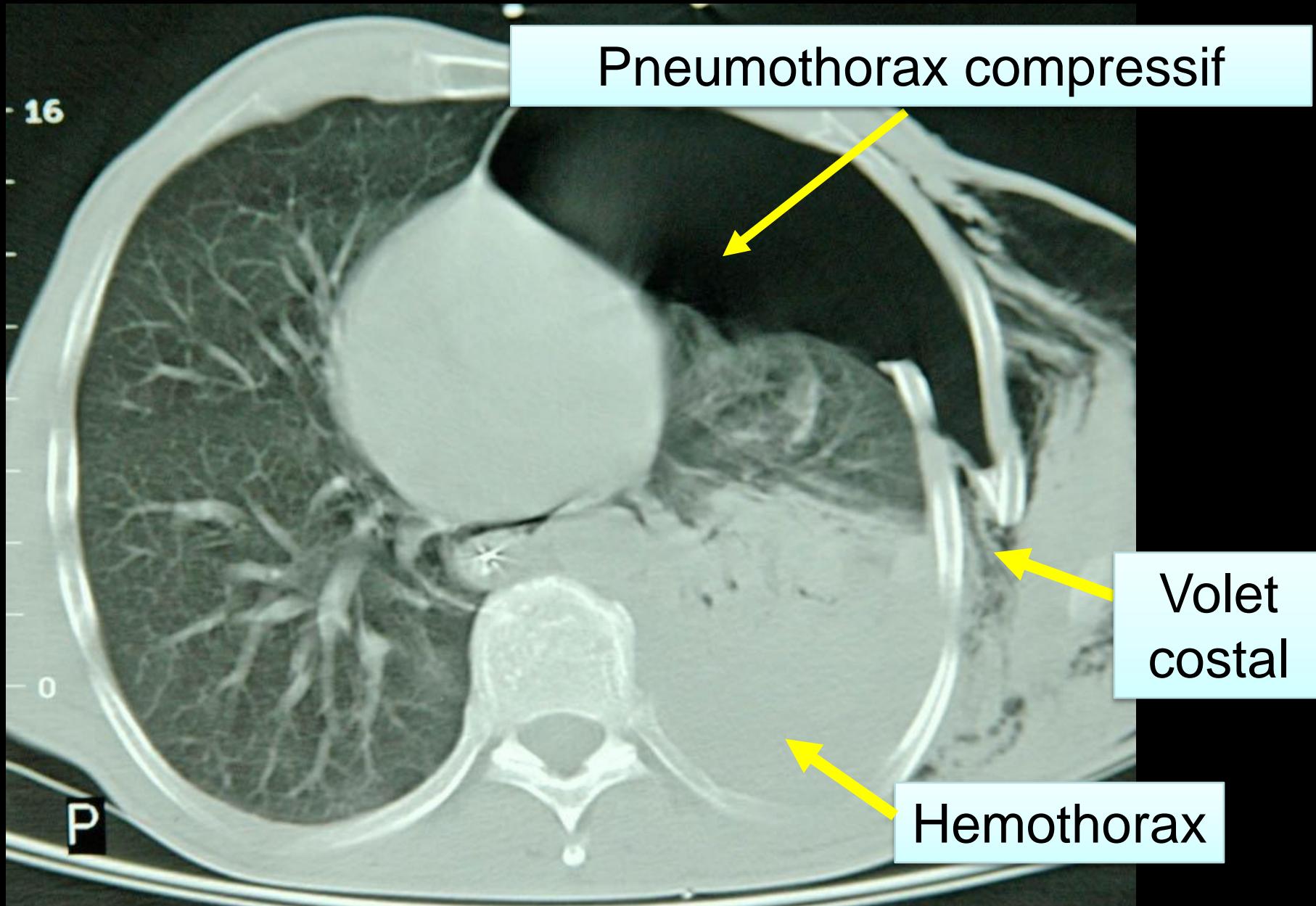
Rib fractures
Flail Chest

Ribs 4-9 are most frequently fractured

Ribs 10-12 are relatively mobile and fracture less frequently

Injuries of the underlying abdominal organs
Liver / Spleen / Kidneys

PRIORITE AUX DRAINAGES DES EPANCHEMENTS

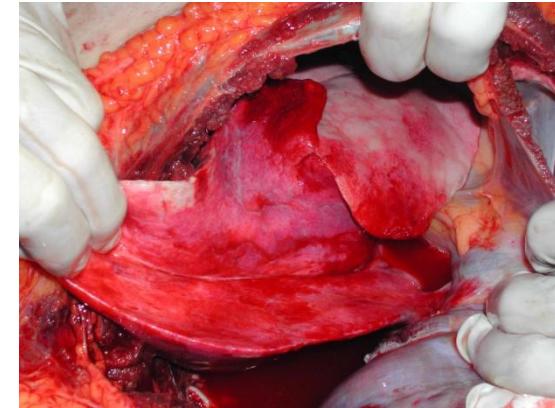


Pulmonary contusion

Pulmonary contusions :
most common injuries :
30-75% of trauma patients

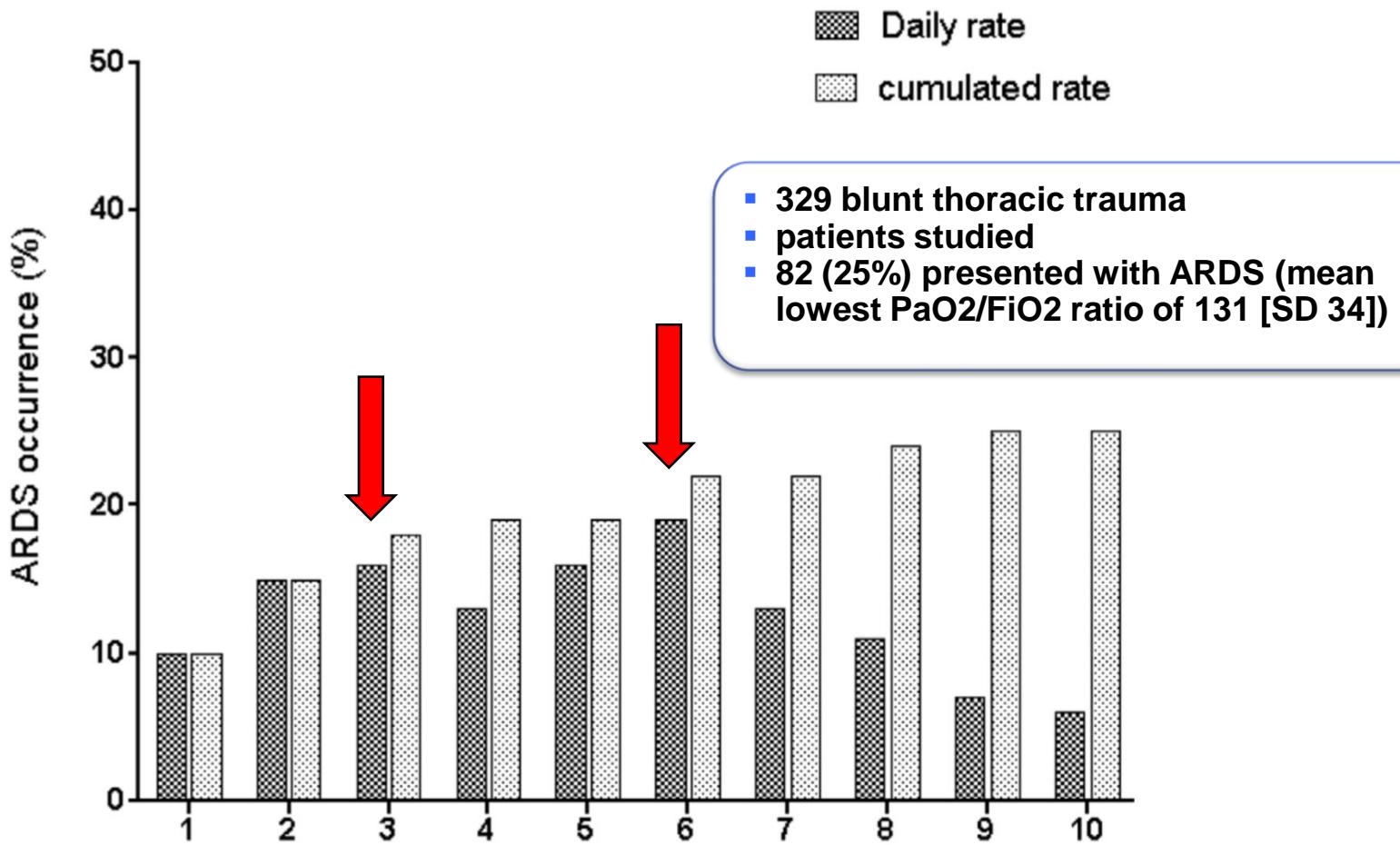
Initial assessment may underestimate the gravity of the situation

Score on admission for early prediction of ARDS in blunt thoracic trauma patients with pulmonary contusion



- Laceration to lung tissue
- Hemorrhage-filled alveoli
- Reduced compliance yielding reduced ventilation
- Increased shunt fraction with decrease in PO₂, increase in AaDO₂
- Increased pulmonary vascular resistance
- Decreased pulmonary blood flow
- Thickened alveolar septa with impaired diffusion

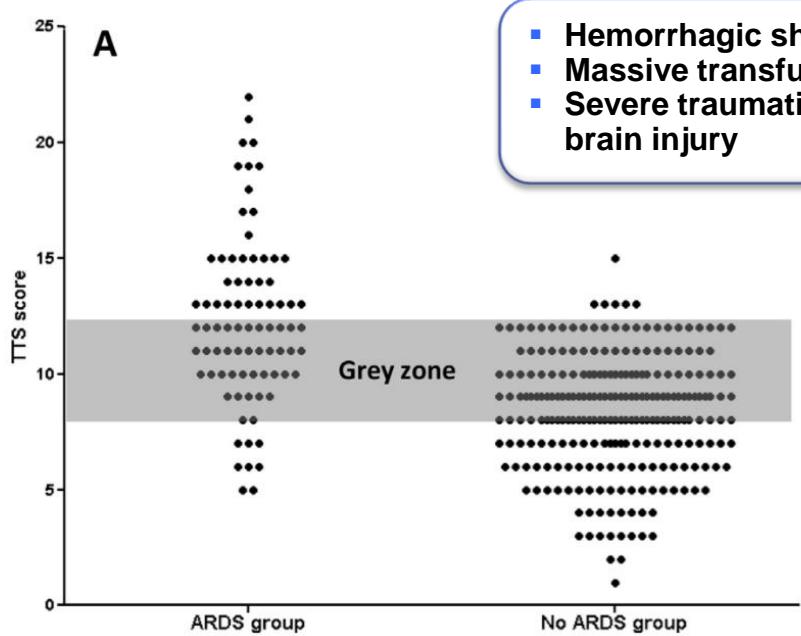
Thoracic Trauma Severity score on admission allows to determine the risk of delayed ARDS in trauma patients with pulmonary contusion



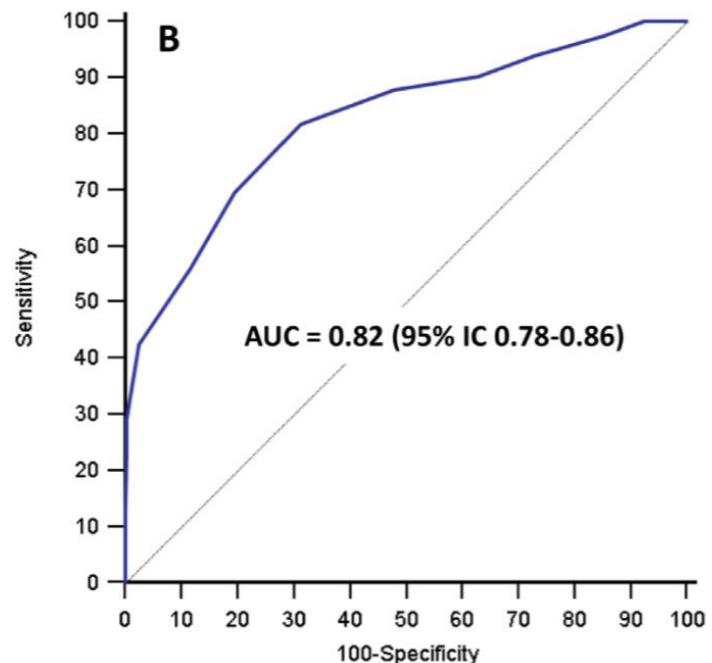
Thoracic Trauma Severity score on admission allows to determine the risk of delayed ARDS in trauma patients with pulmonary contusion



TTs scores between 8 and 12 belonged to the inconclusive grey zone. A TTs score of 13-25 was found to be independent risk factors of ARDS (OR 25.8 [95% CI 6.7-99.6] P < 0.001)



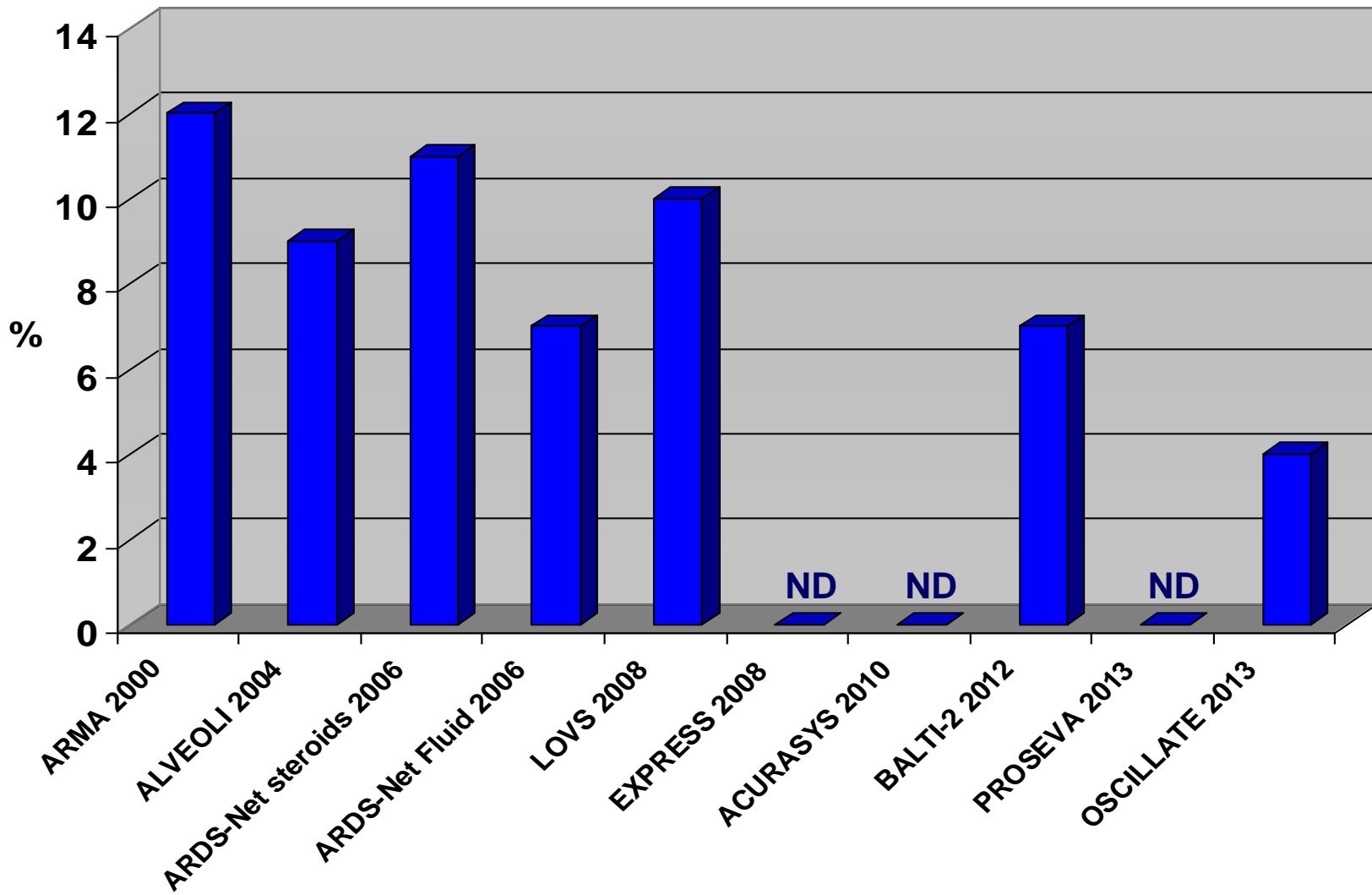
A. Daurat et al. Injury 2016



Thoracic Trauma Severity (TTs) score.

PaO ₂ /FiO ₂	Rib fracture	Contusion	Pleural involvement	Age (years)	Points
>400	0	None	None	<30	0
300-400	1-3	1 lobe	Pneumothorax	30-41	1
200-300	4-6 unilateral	1 lobe bilateral or 2 lobes unilateral	Unilateral HT or HPT	42-54	2
150-200	>3 bilateral	<2 lobes bilateral	HT or HPT bilateral	55-70	3
<150	Flail chest	≥2 lobes bilateral	Tension pneumothorax	>70	5

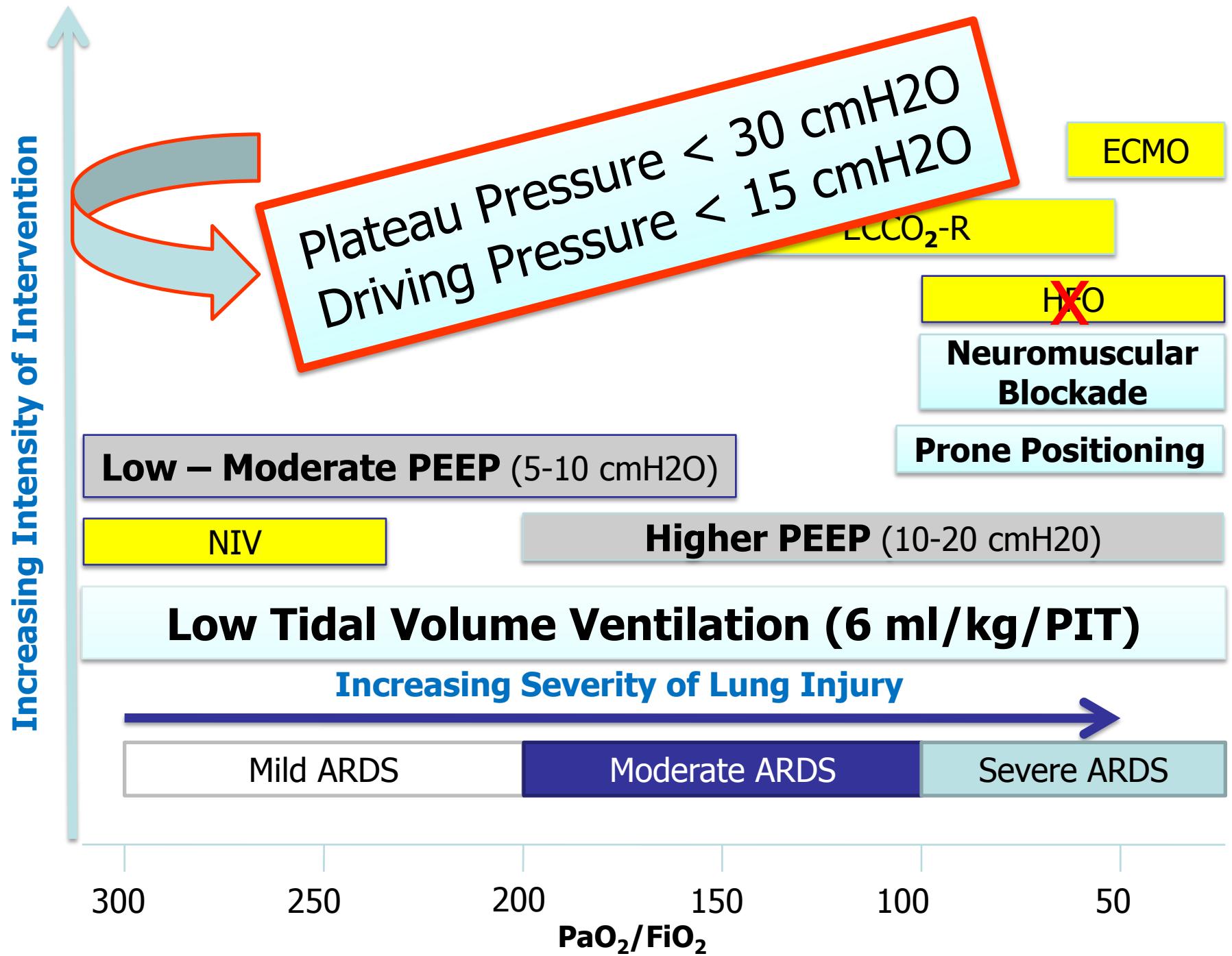
ARDS after trauma in the main ARDS-trials = 5 to 10 %



2012 « the Berlin Definition »

– international experts

	Léger	Modéré	Sévère
Timing	Début aigu < 1 semaine d'un contexte clinique compatible, nouveau/aggravation de symptômes cliniques		
Hypoxémie (mmHg)	$200 < \text{PaO}_2/\text{FiO}_2 \leq 300$	$100 < \text{PaO}_2/\text{FiO}_2 < 200$	$\text{PaO}_2/\text{FiO}_2 \leq 100$
Origine de l'œdème	Défaillance respiratoire non expliquée essentiellement par une défaillance cardiaque ou une surcharge volémique		
Anomalies radiologiques	Opacités bilatérales Non expliquées par des épanchements, atélectasies ou nodules		



Prevention for ARDS after Trauma

1.Limited over-load fluid

2.Limited transfusion

3.Non-Invasive Ventilation (NIV)

4.Lung protective ventilation

5. Optimal Analgesia

Safety and efficacy of noninvasive ventilation in patients with blunt chest trauma: a systematic review

Critical Care 2013, **17**:R142

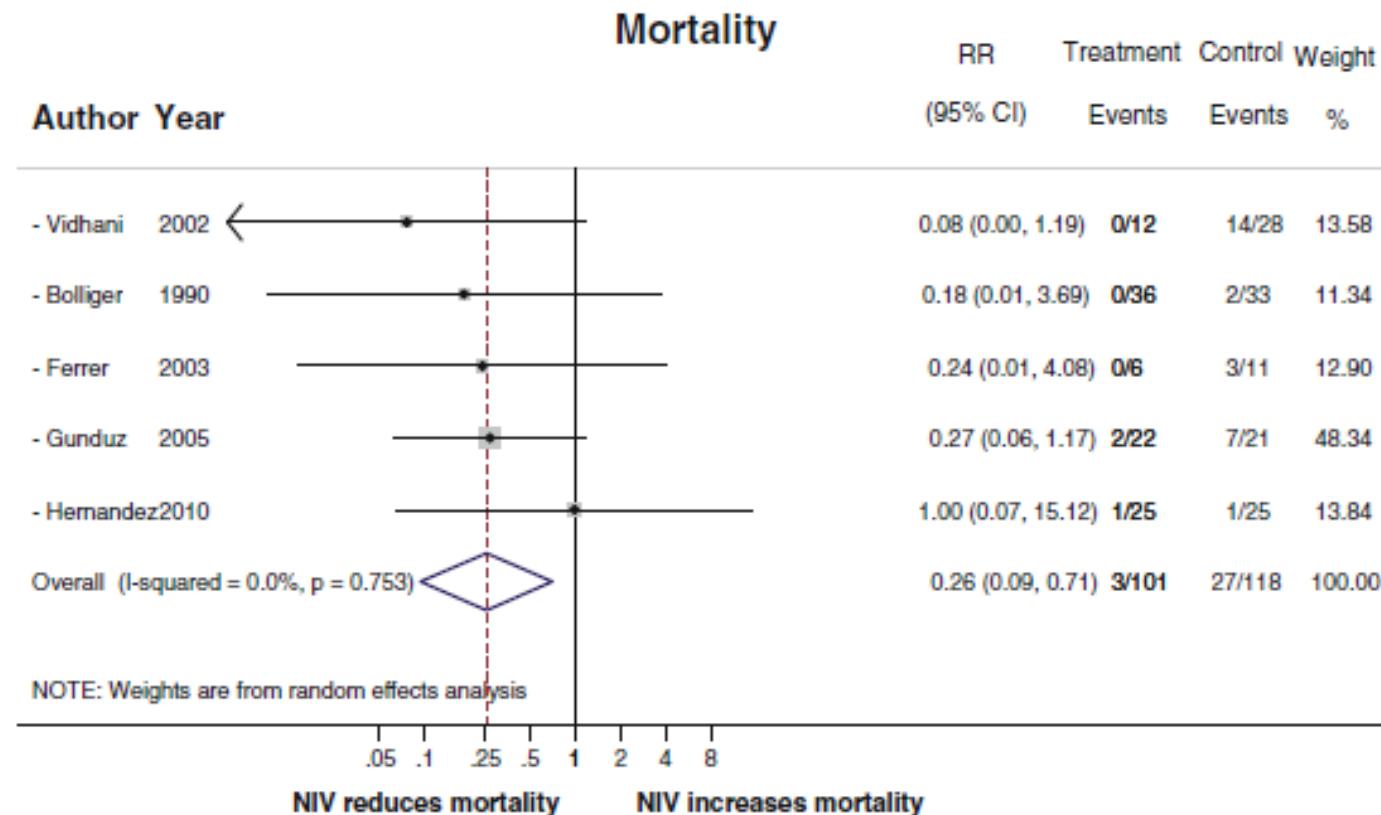
Abhijit Duggal¹, Pablo Perez², Eyal Golan^{3,4}, Lorraine Tremblay^{2,3,5} and Tasnim Sinuff^{2,3*}

Conclusions: Early use of NIV in appropriately identified patients with chest trauma and without respiratory distress may prevent intubation and decrease complications and ICU length of stay. Use of NIV to prevent intubation in patients with chest trauma who have ALI associated with respiratory distress remains controversial because of the lack of good-quality data.



D. Chiumello
S. Coppola
S. Froio
C. Gregoretti
D. Consonni

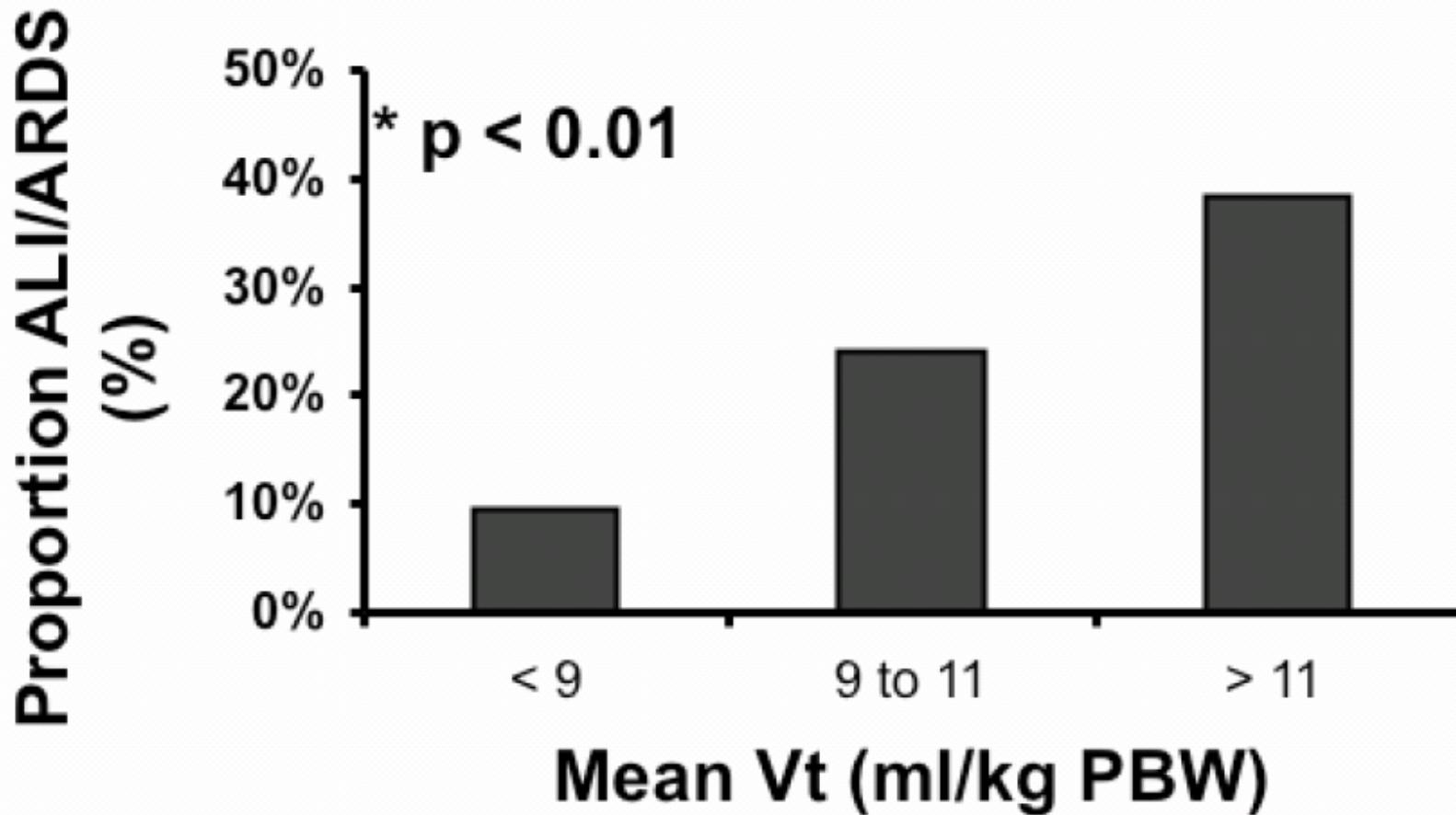
Noninvasive ventilation in chest trauma: systematic review and meta-analysis



**Trauma patients
and
Weaning ?**

High tidal volume is associated with the development of acute lung injury after severe brain injury: An international observational study* **Critical Care Medicine 2007; 35:1815-1820**

Luciana Mascia, MD, PhD; Elisabeth Zavala, MD; Karen Bosma, MD; Daniela Pasero, MD;
Daniela Decaroli, MD; Peter Andrews, MD; Donatella Isnardi, MD; Alessandra Davi, MD;
Maria Jose Arguis, MD; Maurizio Berardino, MD; Alessandro Ducati, MD; on behalf of the Brain IT group



Implementation of an Evidence-based Extubation Readiness Bundle in 499 Brain-injured Patients

A Before–After Evaluation of a Quality Improvement Project

AJRCCM 2013

Antoine Roquilly¹, Raphaël Cinotti², Samir Jaber³, Mickael Vourc'h², Florence Pengam¹, Pierre Joachim Mahe¹, Karim Lakhal², Dominique Demeure Dit Latte¹, Nelly Rondeau², Olivier Loutrel¹, Jérôme Paulus¹, Bertrand Rozec², Yvonnick Blanloel², Marie-Anne Vibet^{4,5}, Véronique Sebille^{5,6}, Fanny Feuillet^{5,6}, and Karim Asehnoune¹

Table 1 – Evidence based weaning bundle

Lung protective ventilation

- | | |
|---------------------|---|
| 1. Tidal volume | 1. 6-8 ml.kg ⁻¹ of ideal body weight |
| 2. PEEP | 2. > 3 cmH ₂ O |
| 3. Respiratory rate | 3. Set to achieve normocapnia or optional moderate hypocapnia |

Nutrition support

- | | |
|----------------------|---|
| 1. Day of initiation | 1. Day-1 |
| 2. Input target | 2. 25 kCal.kg ⁻¹ .day ⁻¹ before Day-3 |

Probabilistic antibiotic therapy for hospital acquired pneumonia*

- | | |
|------------------------------|---|
| 1. Low risk of MDR bacteria | 1. Amoxicillin - clavulanic acid (2 g x 3/day iv.) |
| 2. High risk of MDR bacteria | 2. Cefepime (2 g x 3/day iv.) + tobramycin (5-6 mg/kg/day iv. once a day) |

1. Ventilatory weaning

- | |
|--|
| 1. Early spontaneous breathing: tolerance of inspiratory support < 10 cm H ₂ O or spontaneous breathing and FiO ₂ ≤40% for ≥ 30 min. |
|--|

2. Tube removal

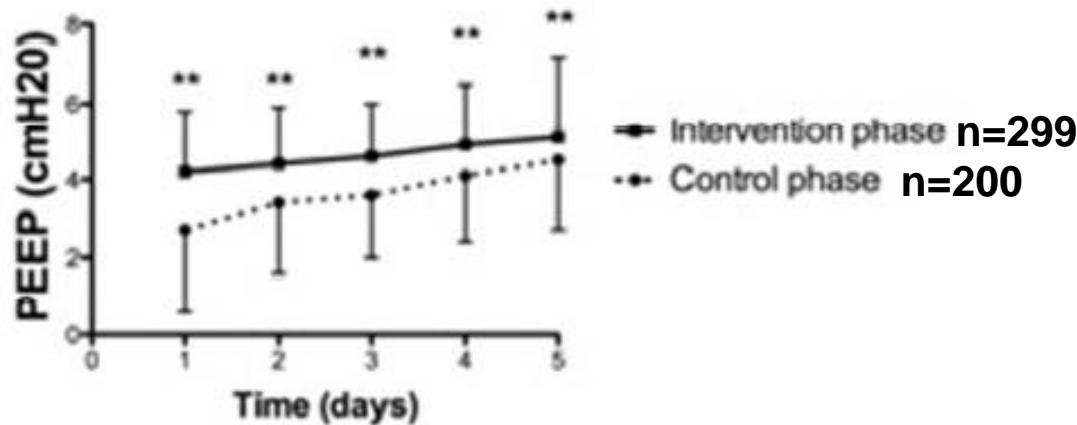
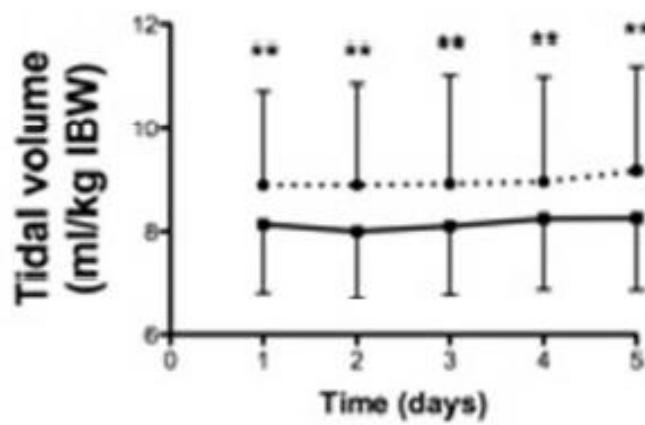
- | |
|--|
| 2. Glasgow Coma Scale ≥ 10 and cough (spontaneous or caused) |
|--|

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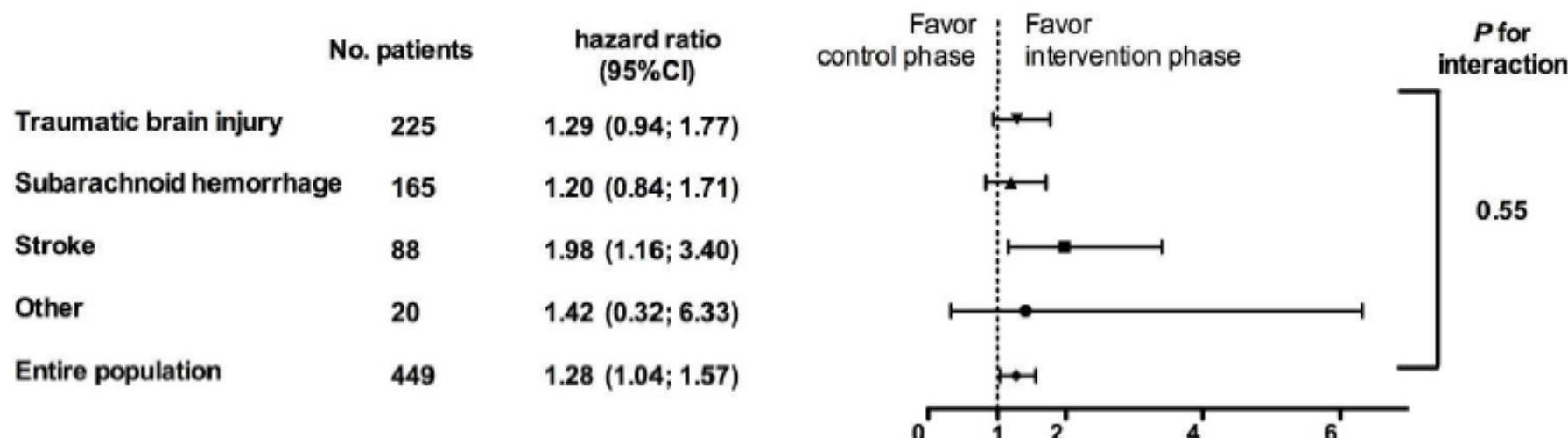


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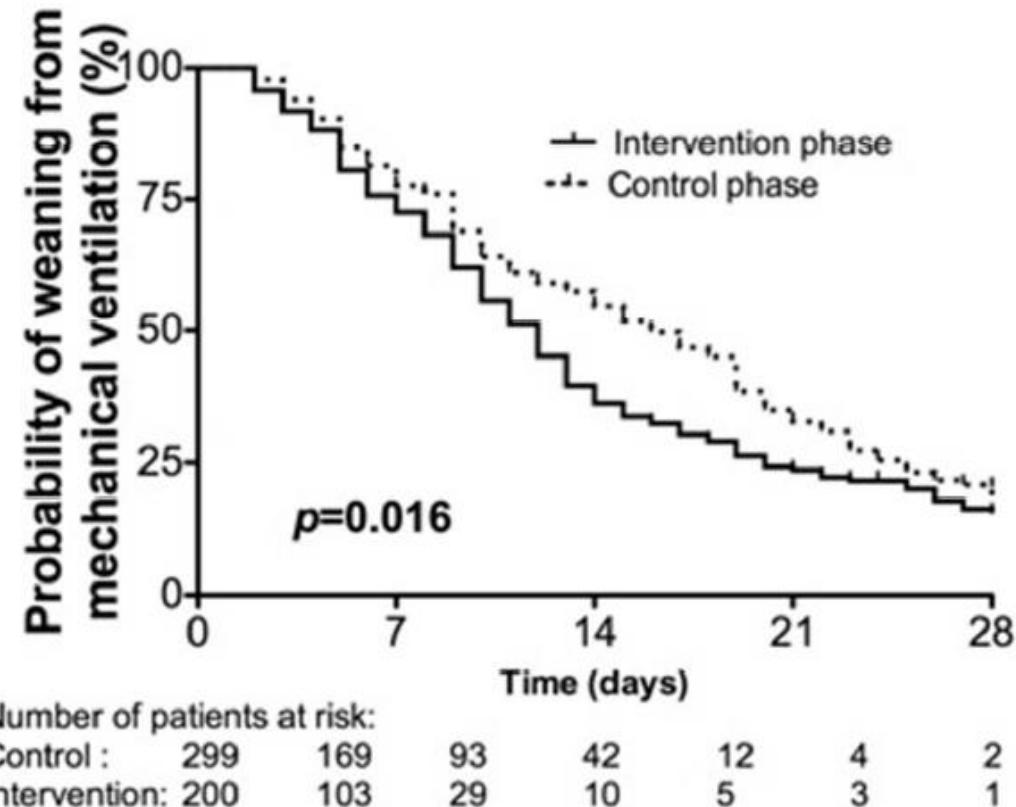
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Duration of mechanical ventilation, days, <i>mean (SD)*</i>	14.9 (11.7)	12.6 (10.3)
Duration of mechanical ventilation, days, <i>median (IQR)**</i>	17 (9-25)	12 (8-19)

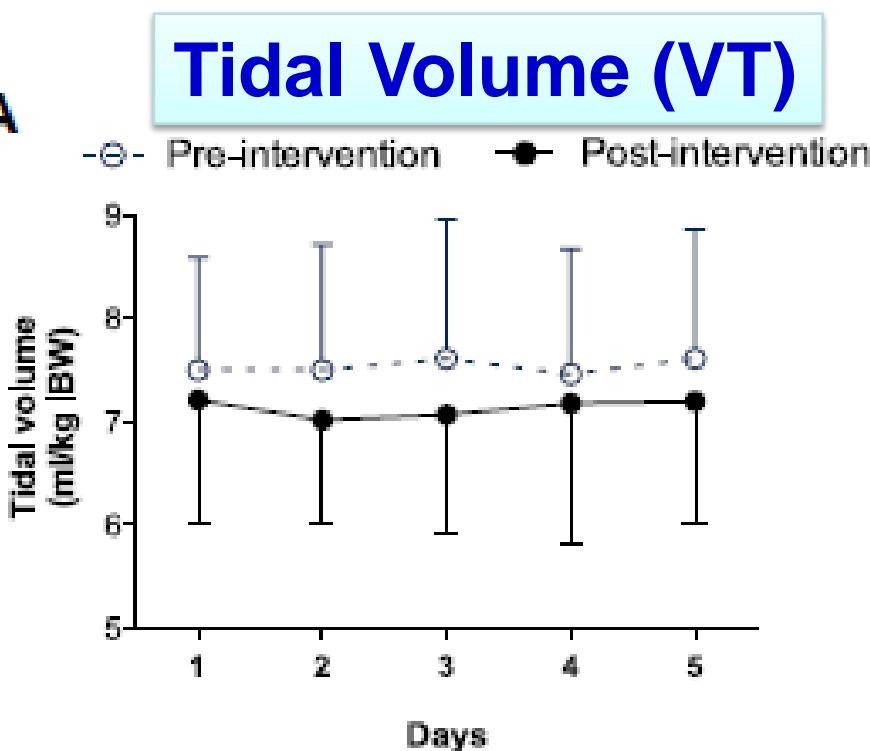
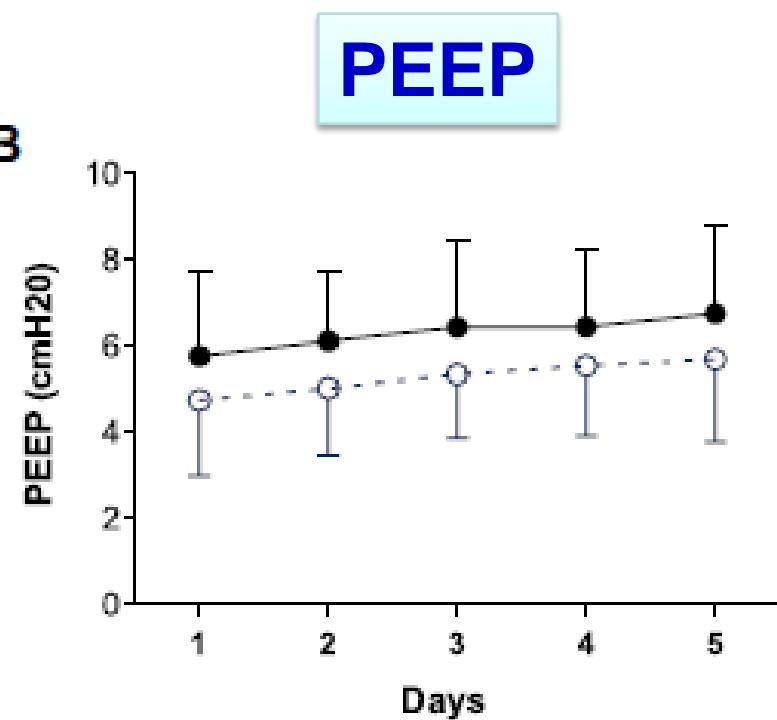


A multi-faceted strategy to reduce ventilation-associated mortality in brain-injured patients. The BI-VILI project: a nationwide quality improvement project

2017

Karim Asehnoune^{1,20*}, Ségolène Mrozek², Pierre François Perrigault³, Philippe Seguin⁴, Claire Dahyot-Fizelier⁵, Sigismond Lasocki⁶, Anne Pujol⁷, Mathieu Martin⁸, Russel Chabanne⁹, Laurent Muller¹⁰, Jean Luc Hanouz¹¹, Emmanuelle Hammad¹², Bertrand Rozec¹³, Thomas Kerforne¹⁴, Carole Ichai¹⁵, Raphael Cinotti¹, Thomas Geeraerts², Djillali Elaroussi⁷, Paolo Pelosi¹⁶, Samir Jaber¹⁷, Marie Dalichampt¹⁸, Fanny Feuillet¹⁹, Véronique Sebille^{18,19}, Antoine Roquilly¹ and The BI-VILI study group

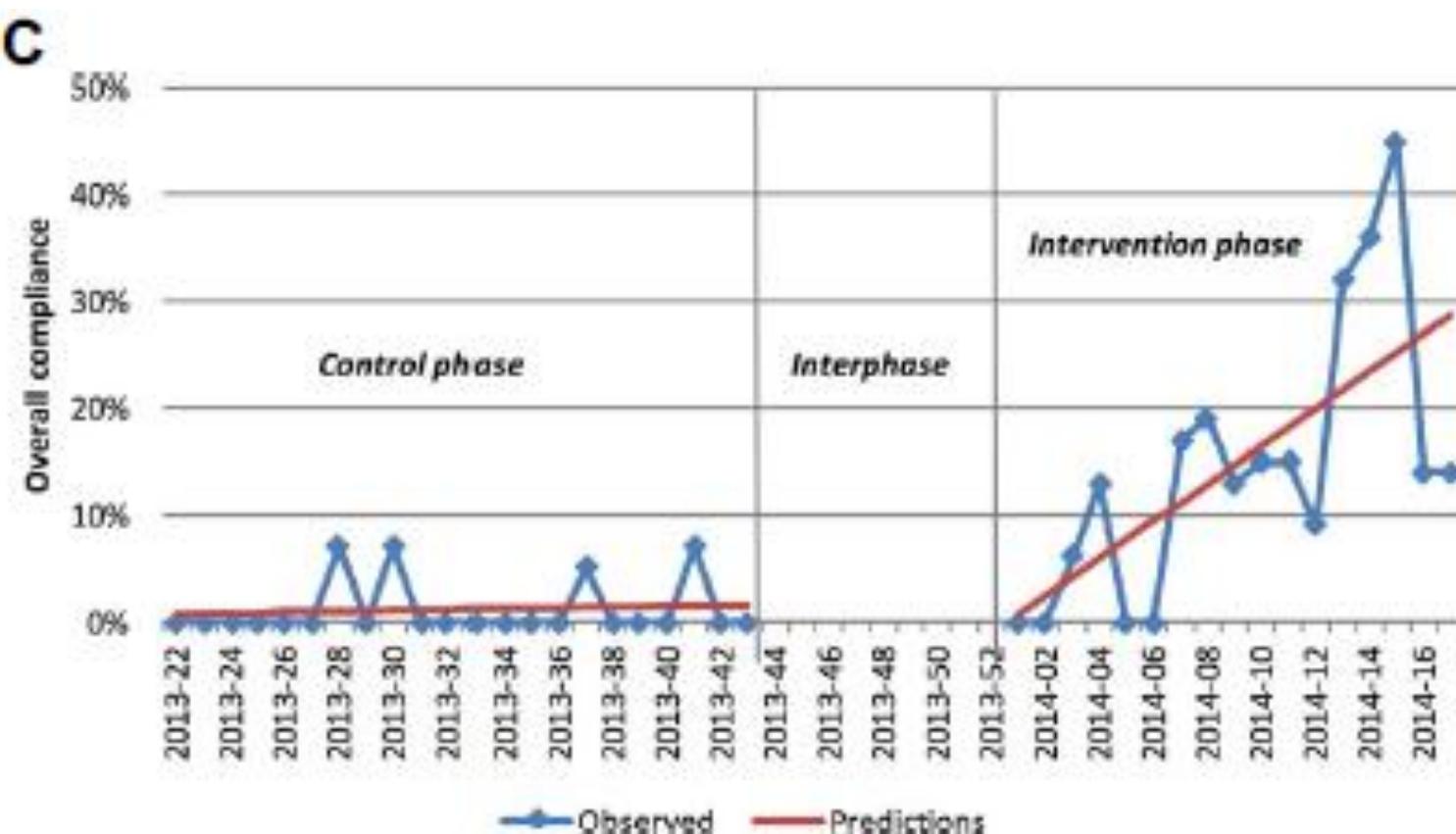
n=744 pts ; 20 ICU

A**B**

A multi-faceted strategy to reduce ventilation-associated mortality in brain-injured patients. The BI-VILI project: a nationwide quality improvement project

2017

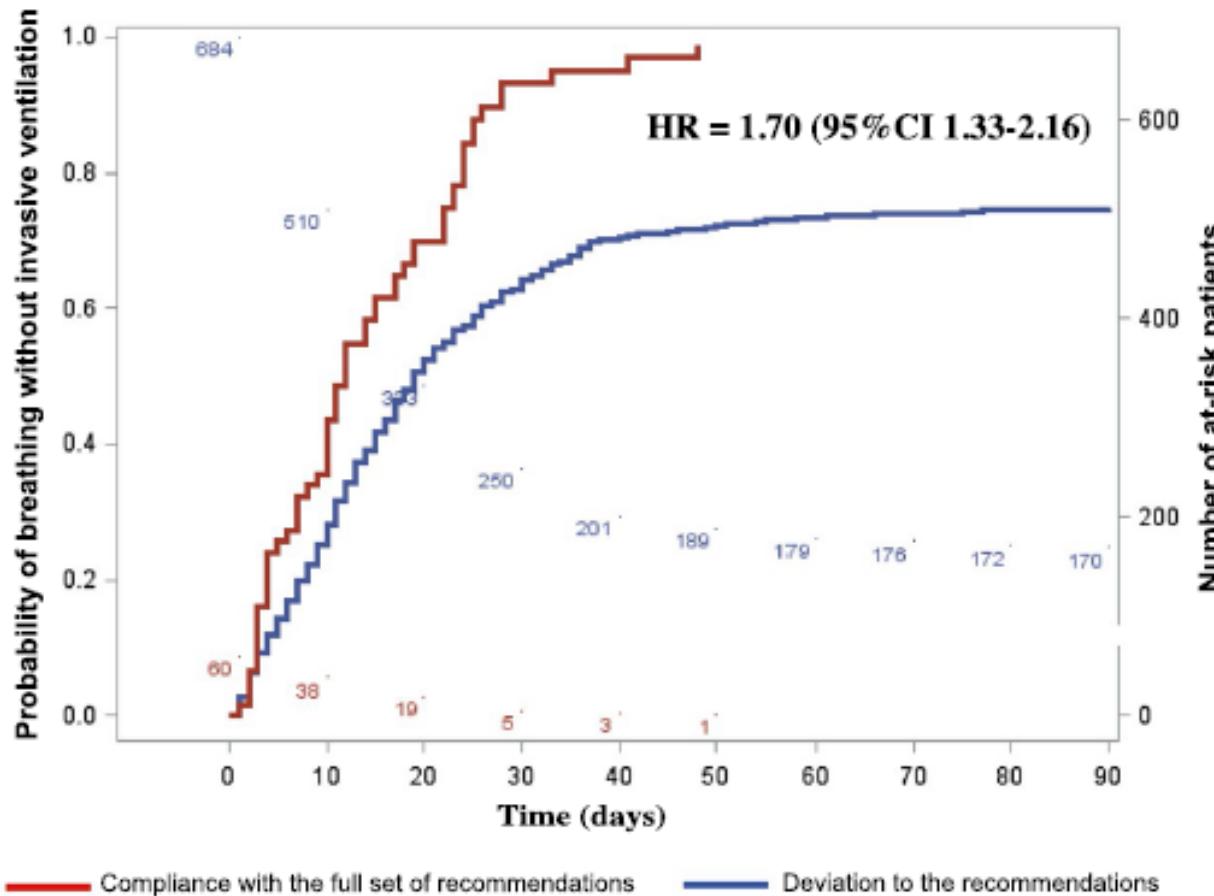
Karim Asehnoune^{1,20*}, Ségolène Mrozek², Pierre François Perrigault³, Philippe Seguin⁴, Claire Dahyot-Fizelier⁵, Sigismond Lasocki⁶, Anne Pujol⁷, Mathieu Martin⁸, Russel Chabanne⁹, Laurent Muller¹⁰, Jean Luc Hanouz¹¹, Emmanuelle Hammad¹², Bertrand Rozec¹³, Thomas Kerforne¹⁴, Carole Ichai¹⁵, Raphael Cinotti¹, Thomas Geeraerts², Djillali Elaroussi⁷, Paolo Pelosi¹⁶, Samir Jaber¹⁷, Marie Dalichampt¹⁸, Fanny Feuillet¹⁹, Véronique Sebille^{18,19}, Antoine Roquilly¹ and The BI-VILI study group



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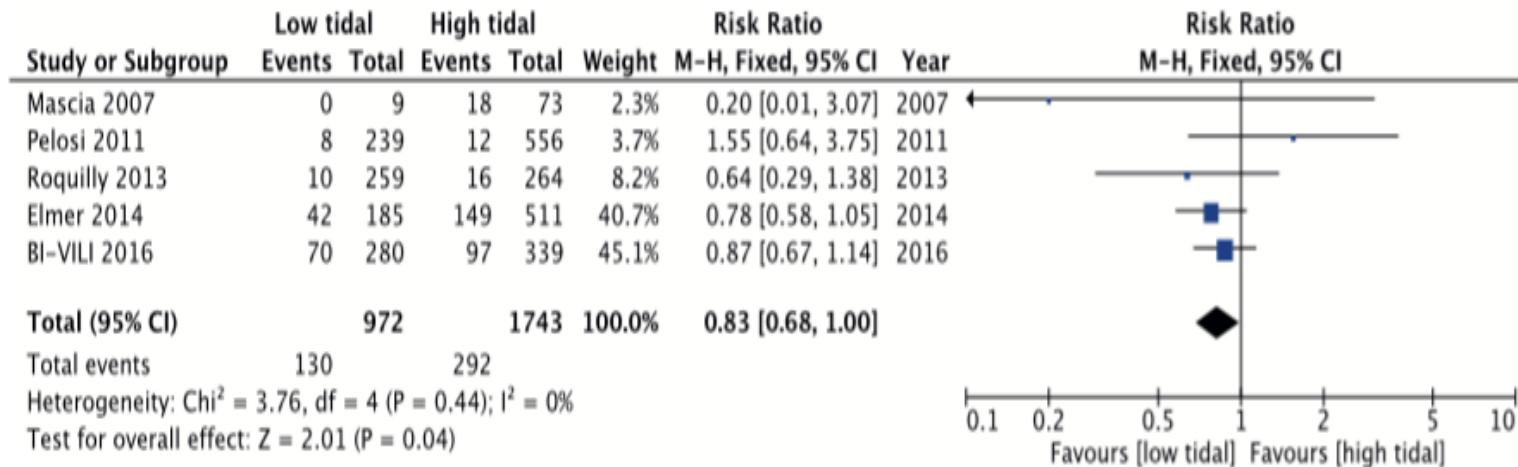
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Karim Asehnoune^{1,20*}, Ségolène Mrozek², Pierre François Perrigault³, Philippe Seguin⁴, Claire Dahyot-Fizelier⁵, Sigismond Lasocki⁶, Anne Pujol⁷, Mathieu Martin⁸, Russel Chabanne⁹, Laurent Muller¹⁰, Jean Luc Hanouz¹¹, Emmanuelle Hammad¹², Bertrand Rozec¹³, Thomas Kerforne¹⁴, Carole Ichai¹⁵, Raphael Cinotti¹, Thomas Geeraerts², Djillali Elaroussi⁷, Paolo Pelosi¹⁶, Samir Jaber¹⁷, Marie Dalichampt¹⁸, Fanny Feuillet¹⁹, Véronique Sebille^{18,19}, Antoine Roquilly¹ and The BI-VILI study group

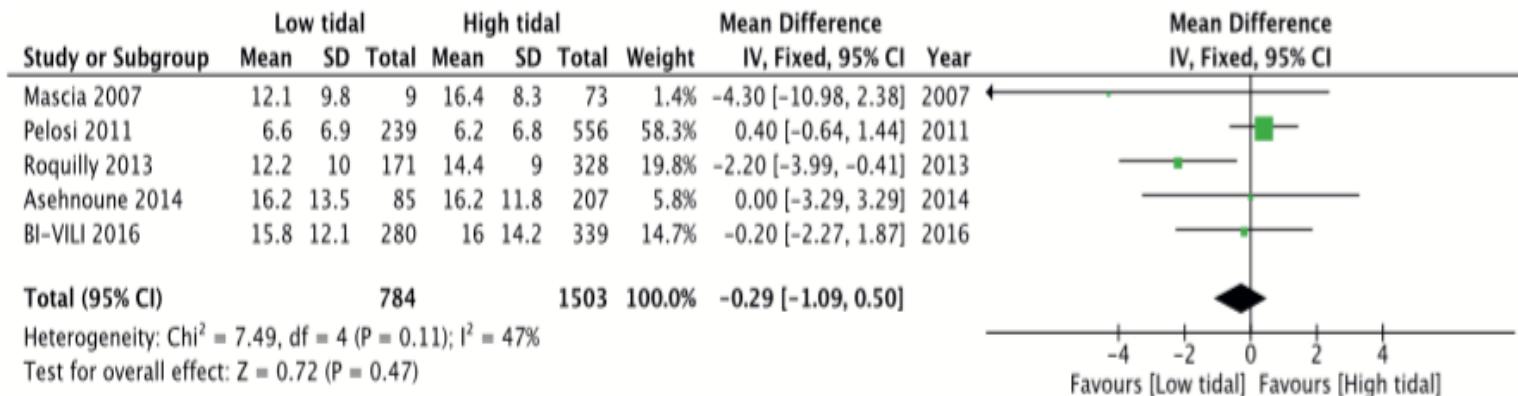


Volume courant < 8 ml/kg et poumons des cérébrolésés méta-analyse

A. Acute Respiratory Distress Syndrome

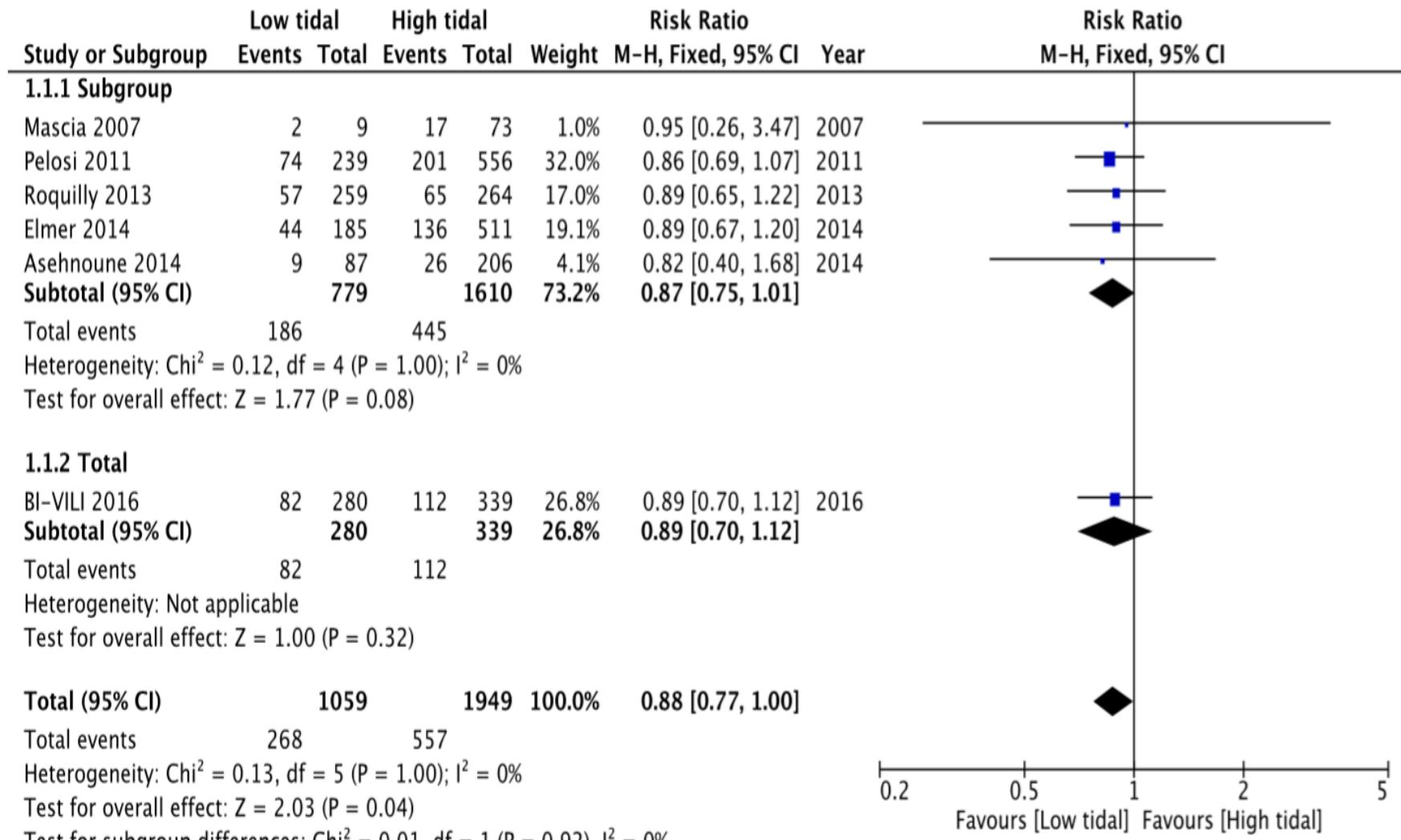


B. Duration of mechanical ventilation



Courtesy Pr Asehnoune; data submitted 2017

Volume courant < 8 ml/kg et mortalité - mét-analyse



Prevention for ARDS after Trauma

- 1.Limited over-load fluid
- 2.Limited transfusion
- 3.Non-Invasive Ventilation (NIV)
- 4.Lung protective ventilation
- 5. Optimal Analgesia**

Regional anesthesia for the trauma patient: improving patient outcomes

Jeff Gadsden

Alicia Warlick

Department of Anesthesiology, Duke
University, Durham, NC, USA

Local and Regional Anesthesia 2015:8

Table I Potential advantages of regional analgesia over systemic therapies

Decreased adverse effects compared to some conscious sedation techniques (eg, hypoxia, agitation, nausea/vomiting)^{8,9}

Decreased need for sedatives, an improved neurologic assessment¹⁰

Reduction in opioid requirement and ORAEs^{11,12}

Reduction in length of stay in emergency or critical care units^{13,14}

Improved comfort and safety for transport^{10,15}

Decreased need for staffing (secondary to decreased need for monitoring compared to procedural sedation)^{14,16}

Reduction in the stress response to injury^{17,18}

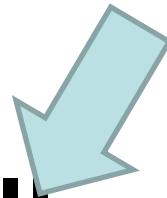
Decreased cost compared with conscious sedation (largely related to monitoring and staffing costs)¹⁹

Abbreviation: ORAEs, opioid-related adverse events.

Take Home Messages

A retenir

1. Overall
(non-selected)
ARDS



2. Trauma
(selected)
ARDS

1. Overall (non-selected) ARDS

Efficace

- 1.- Volume bas = 6 ml/kg/PIT
- 2.- $5 < \text{PEP} < 15 \text{ cmH}_2\text{O}$
- 3.- Pression plateau $< 30 \text{ cmH}_2\text{O}$
+ Pression motrice (Pplat-PEP) $< 15 \text{ cmH}_2\text{O}$
- 4.- Curares (précoce et durée $< 48\text{h}$)
- 5.- Décubitus Ventral (D.V)

Non-efficace

1. Béta-2
2. H.F.O
3. Surfactant,
4. Omega 3
5. Statine...

Faut voir ?

- 1.- ECMO / ECCO2R
- 2.- Réglages aidées par P-esophagienne
- 3.- Corticoides (précoce et/ou tardive ?)
- 4.- N.O (sauvetage-rescue)
- 5.- Manoeuvres de recrutement
- 6.- Echographie

2. Trauma (selected) ARDS

1. Early detection and treatment

pneumothorax, hemothorax...+++

2. Limited over-load fluid

3. Limited transfusion

4. Early Non-Invasive Ventilation (NIV)

5. Lung (ultra) protective ventilation

6. Optimal Analgesia (loco-regional++)

7. Early weaning and extubation

Many thanks