



# LES ÉTATS SEPTIQUES

**INTRODUCTION: ÉPIDÉMIOLOGIE**

# Définitions

## Réponse inflammatoire systémique

- $T^{\circ} > 38.5^{\circ}\text{C}$  ou  $< 35^{\circ}\text{C}$
- Fréquence cardiaque  $> 90$  batt/min
- Fréquence respiratoire  $> 20$  cycles/min ou  $\text{PaCO}_2 < 32$  mmHg ou recours VM
- GB  $> 12\ 000/\text{mm}^3$  ou  $< 4\ 000/\text{mm}^3$  ou formes immatures  $> 10\%$

- Glycémie  $> 7.7\text{mmol/L}$
- Altération des fonctions supérieures
- Temps de recoloration  $> 2\text{sec}$
- Lactatémie  $> 2\text{mmol/L}$

**sepsis**

**SRIS + infection présumée ou identifiée**

# Définitions

## Sepsis grave

- Lactates  $> 4\text{mmol/L}$  **OU** Hypotension avant remplissage
- Dysfonction d'organe (**1 seule suffit**)
  - respiratoire ( $\text{PaO}_2/\text{FIO}_2 < 300, \text{FIO}_2 > 0.5$  pour  $\text{SpO}_2 > 92\%$ )
  - rénale (Créatinémie  $> 176 \mu\text{mol/L}$ ,  $> 2 \times$  normale ou oligurie)
  - coagulation (INR  $> 1.5$ )
  - hépatique (TP  $> 60$  s, bilirubine  $> 78\text{mmol/L}$ , transaminases  $> 2 \times$  normale)
  - thrombopénie ( $< 100\ 000/\text{mm}^3$ )
  - fonctions supérieures (GCS  $< 13$ )

## Choc septique

Sepsis grave + hypotension artérielle malgré le remplissage vasculaire : 20-40 ml/kg

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# Incidence

PP 2007

## Incidences comparées

Incidence aux USA (pour 100.000 habitants)

|                          |     |
|--------------------------|-----|
| ◆ SIDA                   | 17  |
| ◆ Cancer colorectal      | 48  |
| ◆ Cancer du sein         | 112 |
| ◆ Insuffisance cardiaque | 196 |
| ▶ Sepsis sévère          | 300 |

Centers for Disease Control and Prevention. 2000. Incidence rate for 1999.  
American Cancer Society. 2001. Incidence rate for 1993-1997.  
American Heart Association. 2000.  
Angus DC et al. 2001. Crit Care Med 29:1303-1310.  
National Center for Health Statistics. 2001

# Epidémiologie



AMERICAN JOURNAL OF

Respiratory and  
Critical Care Medicine®

## Estimation de l'incidence des SSG dans les hôpitaux français et selon secteur d'hospitalisation

### Sepsis grave

|              |              |
|--------------|--------------|
| Hôpital      | 6(5.5-6.6)   |
| services     | 2.9(2.5-3.2) |
| Réanimations | 119(106-133) |

Taux pour 1000 admissions (IC 95%)

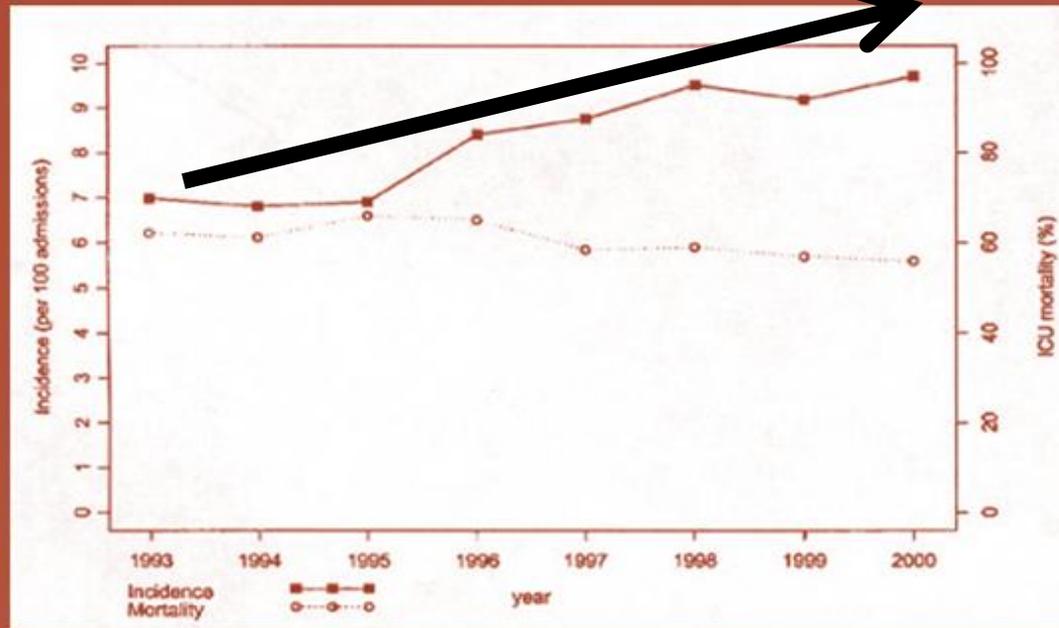
**sepsis grave** complique 26% de l'ensemble des bactériémie dont 17 % de ceux survenant dans les services d'hospitalisation et 65% des épisodes survenant en réanimation

# Epidémiologie. INCIDENCE

| Auteur             | Pays                   | Lieu                  | Année          | Fréquence                         |
|--------------------|------------------------|-----------------------|----------------|-----------------------------------|
| Salvo, 1995        | Italie                 | 99 réa                | 12 mois, 93-94 | 12% des admissions en réanimation |
| Brun Buisson, 95   | France                 | 170 réa med           | 8 semaines, 93 | 9% des adm                        |
| Rangel-Frausto, 95 | USA                    | 1 hôpital             | 9 mois, 92-93  | 13% des adm                       |
| Sands, 1997        | USA                    | 8 hôpitaux            | 16 mois, 93-94 | 10% des adm                       |
| Angus, 2001        | USA                    | 936 hôpitaux, 7 états | 12 mois, 95    | 11% des adm                       |
| Padkin, 2003       | UK                     | 91 réa                | 5 ans, 95-00   | 27% des adm                       |
| Martin, 2003       | USA                    | Hôpital               | 22 ans, 79-00  |                                   |
| Alberti, 2002      | Europe, Canada, Israël | 28 réa                | 12 mois, 97-98 | 15% des adm                       |
| Brun Buisson, 2004 | France                 | 206 réa               | 2 semaines, 01 | 15% des adm                       |
| Finfer, 2004       | Australie, NZ          | 23 réa                | 5 mois, 99     | 12% des adm                       |
| Van Gestel, 2004   | Pays-Bas               | 47 réa                | 1 jour, 01     | 11% des adm                       |
| Flatten, 2004      | Norvège                | Hôpitaux              | 12 mois, 99    |                                   |
| Silva, 2004        | Brésil                 | 5 réa                 | 8 mois, 01-02  | 27% des adm>24H                   |
| Sundararajan, 05   | Australie              | Hôpitaux              | 4 ans, 99-03   |                                   |
| Vincent, 2006      | Europe                 | 198 réa               | 2 semaines, 02 | 30% des adm>24H                   |

# Epidémiologie

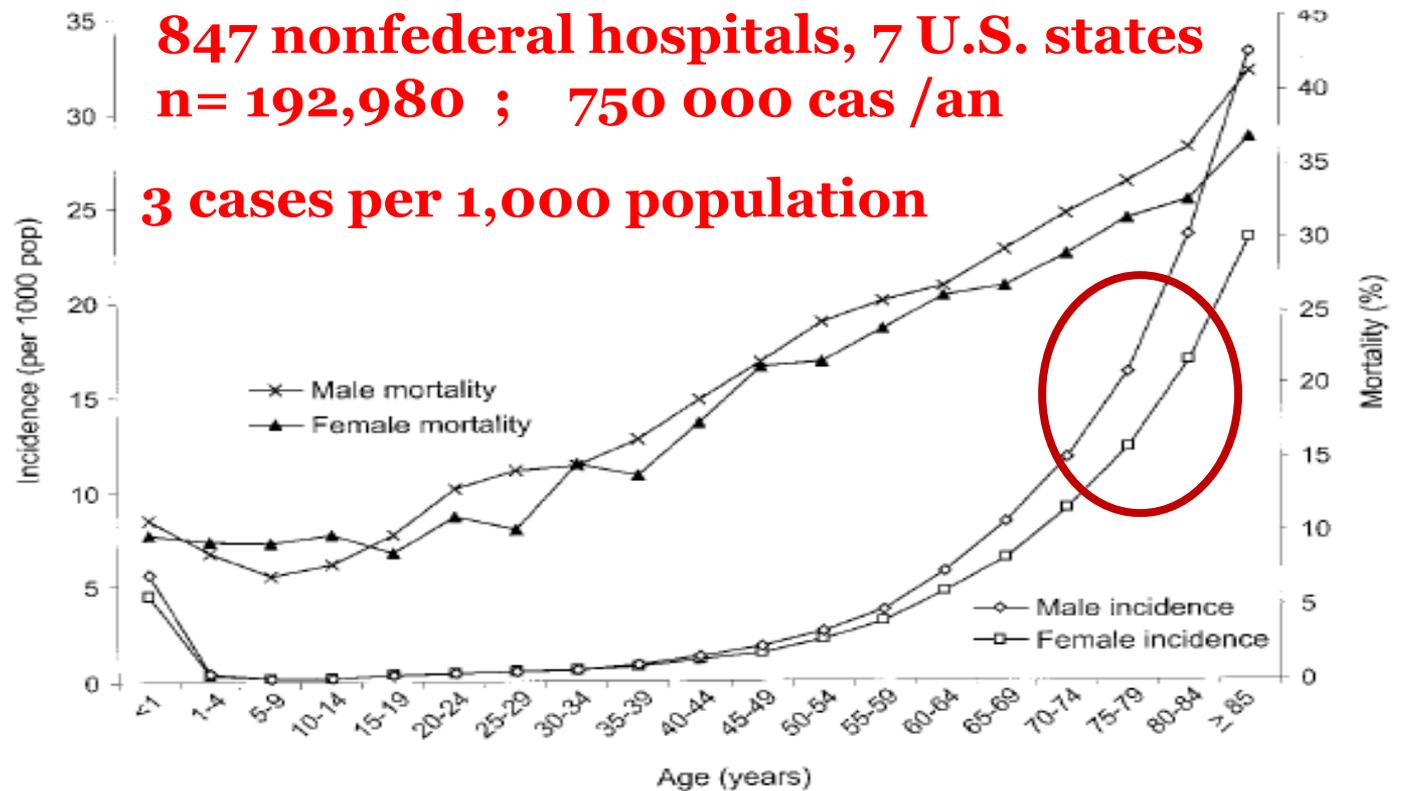
- ♦ 22 USI dans la région Parisienne. 100 554 entrées de 1993 à 2000
- ♦ Augmentation régulière du nombre des chocs septiques hospitalisés en USI : 7 à 9,7% ( $p < 0,001$ )
- ♦ Diminution de la mortalité au cours du sepsis en USI



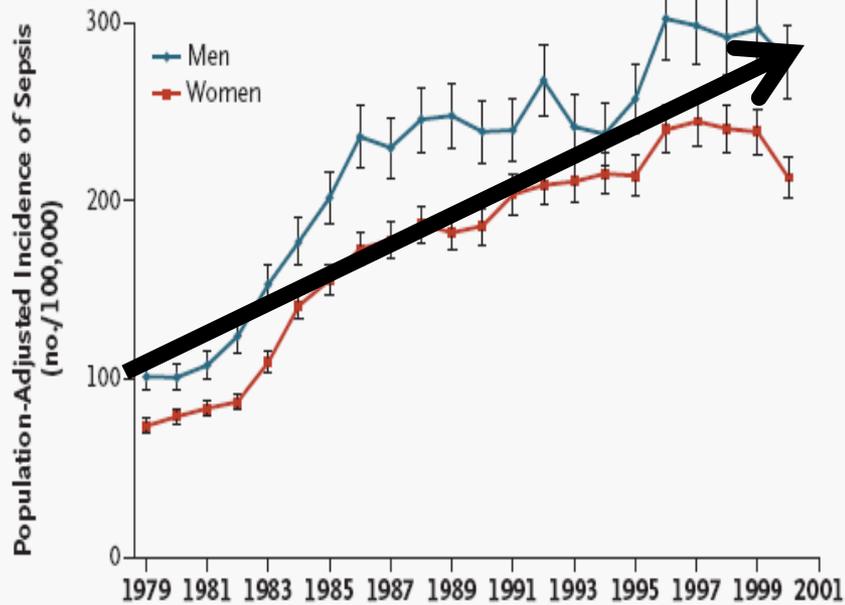
# Epidémiologie



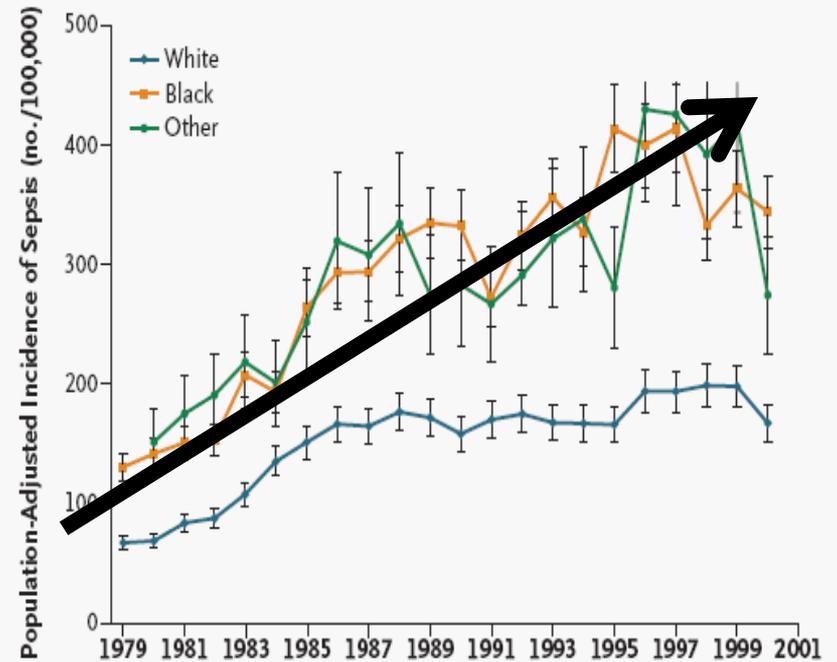
Epidemiology of severe sepsis in the United States: Analysis of incidence, outcome, and associated costs of care



# Epidémiologie

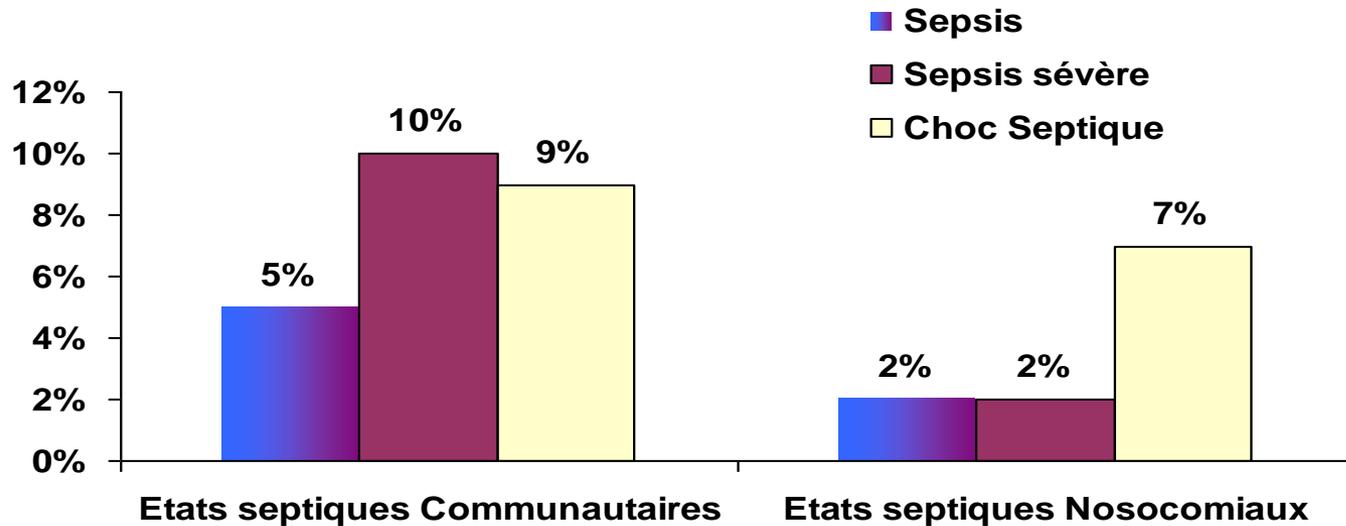
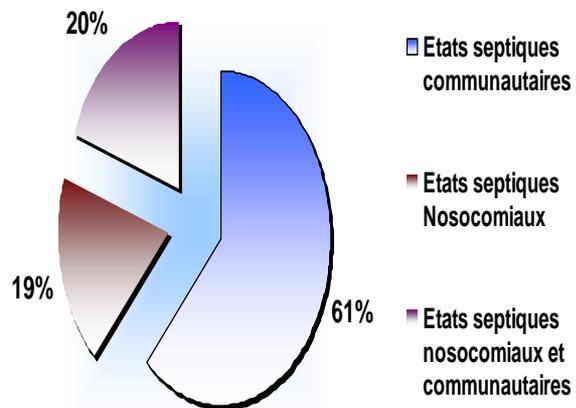


**Figure 1.** Population-Adjusted Incidence of Sepsis, According to Sex, 1979–2000. Points represent the annual incidence rate, and I bars the standard error.



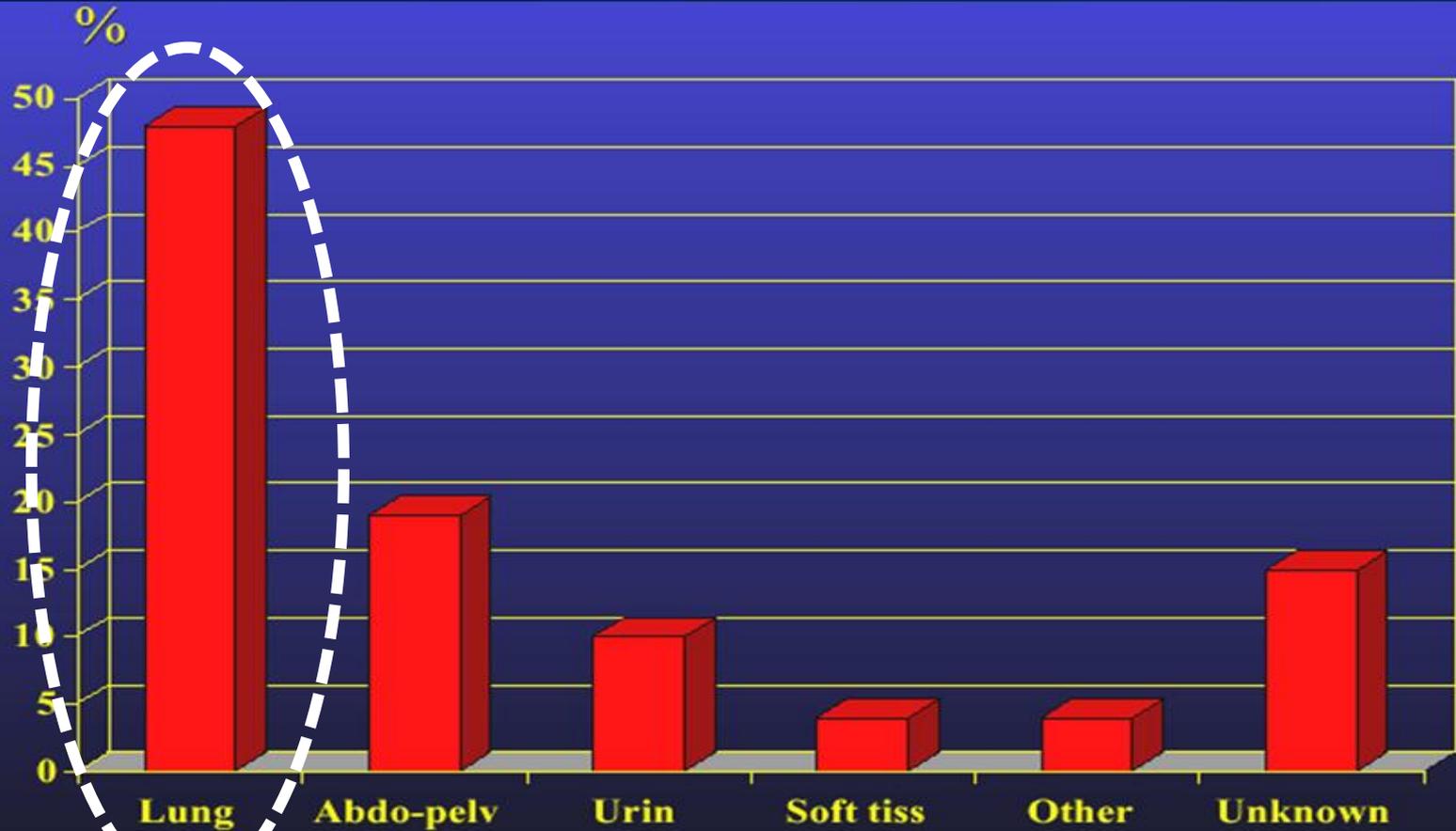
**Figure 2.** Population-Adjusted Incidence of Sepsis, According to Race, 1979–2000. Points represent the annual incidence rate, and I bars the standard error.

# Incidence des états septiques. EN REANIMATION MAHDIA



# Epidémiologie : PORTES D'ENTREES

Poumon >> abdomen > urines.....



# Epidémiologie : PORTES D'ENTREES (Mahdia)

|                       | Total<br>N=122 | États septiques<br>Communautaires<br>N=83 | États<br>septiques<br>Nosocomiaux<br>N=39 |
|-----------------------|----------------|---|---|
| Pneumonies, n (%)     | 93 (76)        | 64 (64)                                   | 29 (74)                                   |
| Pyélonéphrites, n (%) | 23 (19)        | 14 (14)                                   | 9 (23)                                    |
| Erysipèles, n (%)     | 3 (3)          | 3 (3)                                     | 0 (0)                                     |
| Autres, n (%)         | 2 (2)          | 2 (2)                                     | 0 (0)                                     |

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# Microorganismes en cause

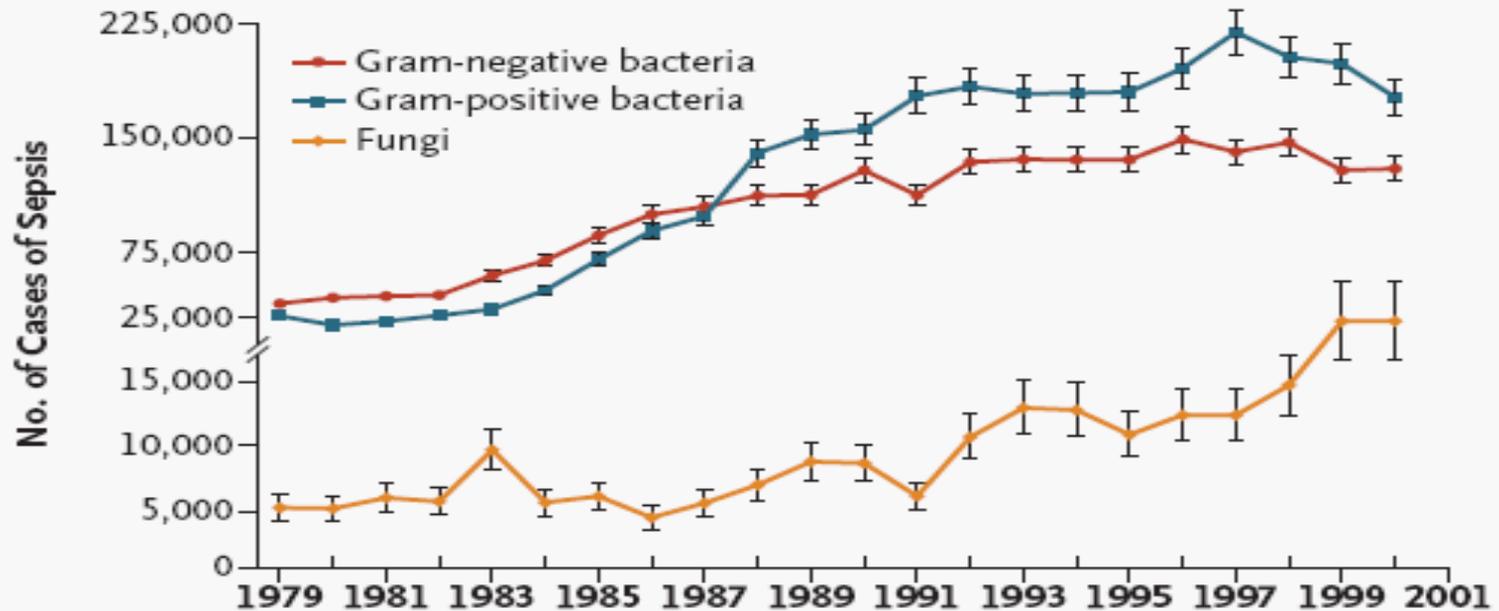
Estimated frequency\*

|  |        |
|--|--------|
| Gram-positive bacteria                 | 30-50% |
| Meticillin-susceptible <i>S aureus</i> | 14-24% |
| Meticillin-resistant <i>S aureus</i>   | 5-11%  |
| Other <i>Staphylococcus</i> spp        | 1-3%   |
| <i>Streptococcus pneumoniae</i>        | 9-12%  |
| Other <i>Streptococcus</i> spp         | 6-11%  |
| <i>Enterococcus</i> spp                | 3-13%  |
| Anaerobes                              | 1-2%   |
| Other gram-positive bacteria           | 1-5%   |
| Gram-negative bacteria                 | 25-30% |
| <i>E coli</i>                          | 9-27%  |
| <i>Pseudomonas aeruginosa</i>          | 8-15%  |
| <i>Klebsiella pneumoniae</i>           | 2-7%   |
| Other <i>Enterobacter</i> spp          | 6-16%  |
| <i>Haemophilus influenzae</i>          | 2-10%  |
| Anaerobes                              | 3-7%   |
| Other gram-negative bacteria           | 3-12%  |
| Fungus                                 |        |
| <i>Candida albicans</i>                | 1-3%   |
| Other <i>Candida</i> spp               | 1-2%   |
| Yeast                                  | 1%     |
| Parasites                              | 1-3%   |
| Viruses                                | 2-4%   |

en ↓

**Cultures négatives dans  
30% des cas**

# Microorganismes en cause



**Figure 3. Numbers of Cases of Sepsis in the United States, According to the Causative Organism, 1979–2000.**

Points represent the number of cases for the given year, and I bars the standard error.

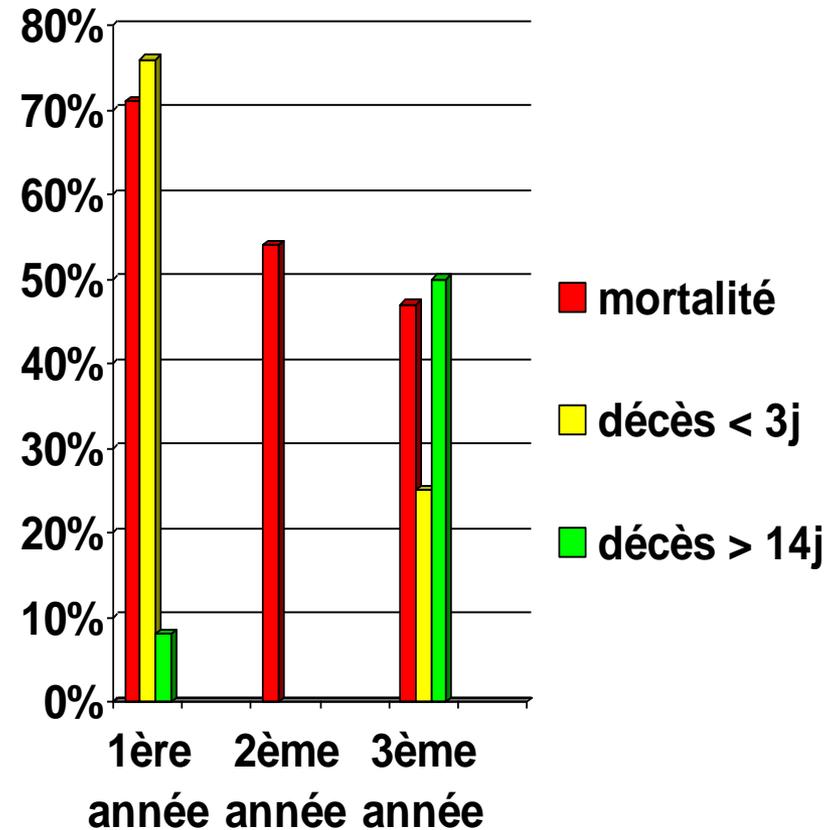
# Microorganismes en cause

|   | Etats septiques Communautaires<br>N=89 | Etats septiques Nosocomiaux N=39 |
|---|--|----------------------------------|
| <i>Streptococcus pneumoniae</i>                                   | 1 (1)                                  | 0 (0)                            |
| <i>Staphylococcus Auréus</i>                                      | 1 (1)                                  | 2 (5)                            |
| Entérobactéries*  | 5 (6)                                  | 7 (18)                           |
| Virus A H1N1  | 6 (7)                                  | 0 (0)                            |
| <i>Pseudomonas Aeruginosa</i>                                     | 0 (0)                                  | 9 (23)                           |
| <i>Acinetobacter Baumannii</i>                                    | 0 (0)                                  | 10 (26)                          |
| <i>Pseudomonas Aeruginosa</i> +<br><i>Acinetobacter Baumannii</i> | 0 (0)                                  | 2 (5)                            |
| Entérobactéries+<br><i>Acinetobacter Baumannii</i>                | 0 (0)                                  | 2 (5)                            |
| Autres  | 3 (3)                                  | 0 (0)                            |
| Autres BGN  | 0 (0)                                  | 3 (3)                            |

# Mortalité

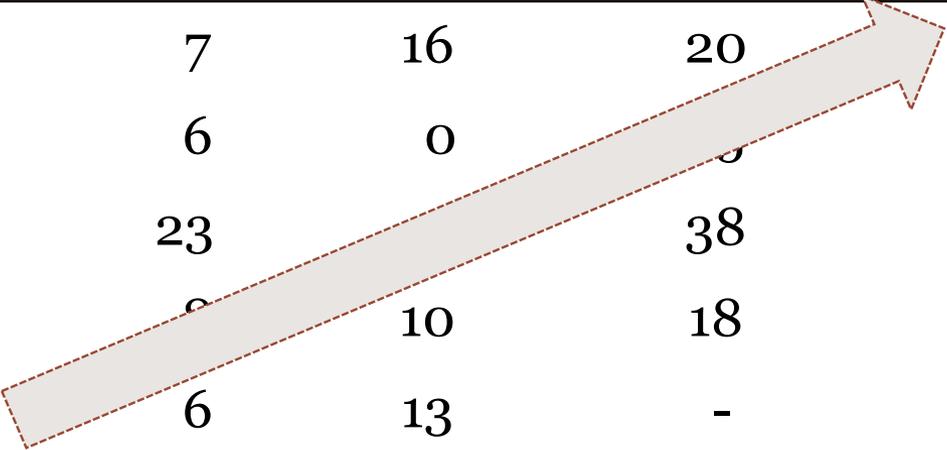
## Prospective study of the treatment of septic shock

- Étude prospective
- University department of surgery and intensive therapy unit
- Glasgow
- Étude sur 3 ans
- 113 patients en choc septique (n=35;35;43)
- Documentation bactériologique
- Modifications de la prise en charge: ventilation précoce avec PEP, chirurgie précoce, modification de l'antibiothérapie, remplissage vasculaire



# Mortalité

| Référence      | SIRS (%) | Sepsis (%) | Sepsis Sévère (%) | Choc septique |
|----------------|----------|------------|-------------------|---------------|
| Rangel-Frausto | 7        | 16         | 20                | 46            |
| Pittet         | 6        | 0          | 0                 | 58            |
| Jones - Lowes  | 23       | 0          | 38                | 56            |
| Muckart        | 0        | 10         | 18                | 53            |
| Bossink        | 6        | 13         | -                 | -             |



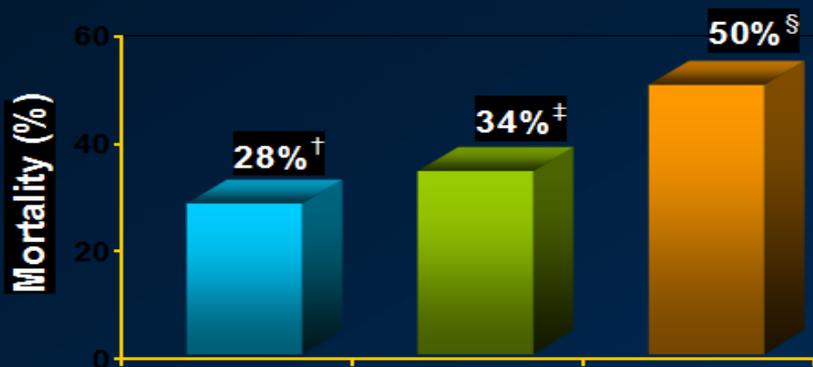
**Mortalité à 28 jours**

**10-15%**

**20-30%**

**40-50%**

# Mortalité



La mortalité est variable en fonction des séries :

- 28 à 50%
- DMV : 15%
- population hétérogène



La mortalité est variable en fonction de la gravité initiale

Elle est stable au cours du temps

1995 : 59%

2005 : 42%

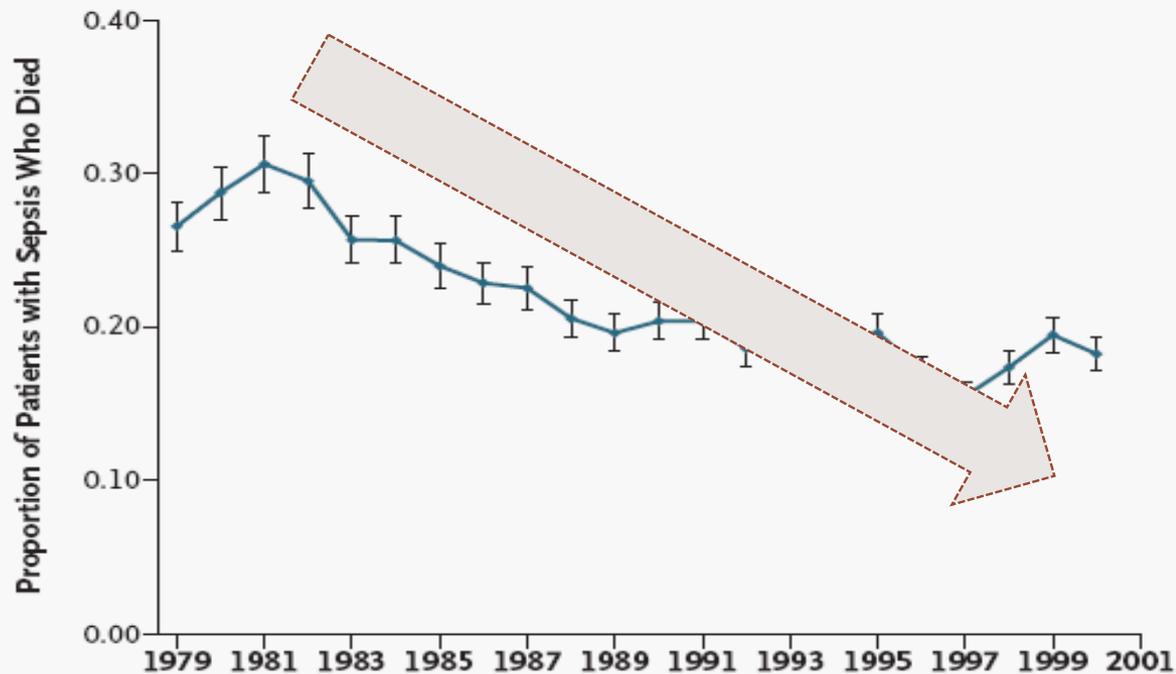
† Angus. Crit Care Med. 2001

‡ Sands. JAMA. 1997

§ Zeni . Crit Care Med. 1997

Brun-Buisson. CCM. 1996

# Mortalité

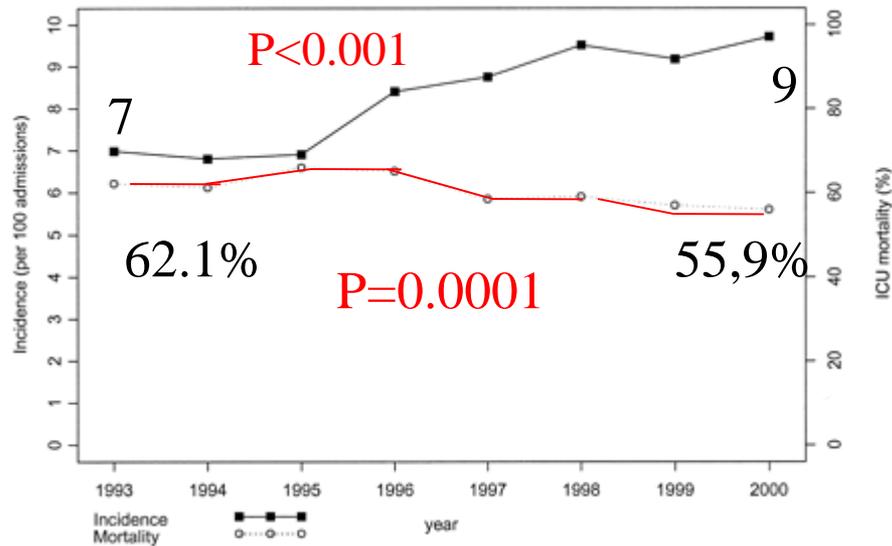


**Figure 4. Overall In-Hospital Mortality Rate among Patients Hospitalized for Sepsis, 1979–2000.**

Mortality averaged 27.8 percent during the first six years of the study and 17.9 percent during the last six years. The I bars represent the standard error.

# Mortalité

Épidémiologie et mortalité du choc septique: CUB -Réa



100554 admissions

1993-2000

22 hopitaux Ile de France

8.2 pour 100 admissions

mortalité: 60,1%

Risque X 3.9 (3.5-4.3)

# Mortalité

Inter-relation entre mortalité en réanimation et incidence du sepsis dans différents pays européens

Mortality, %

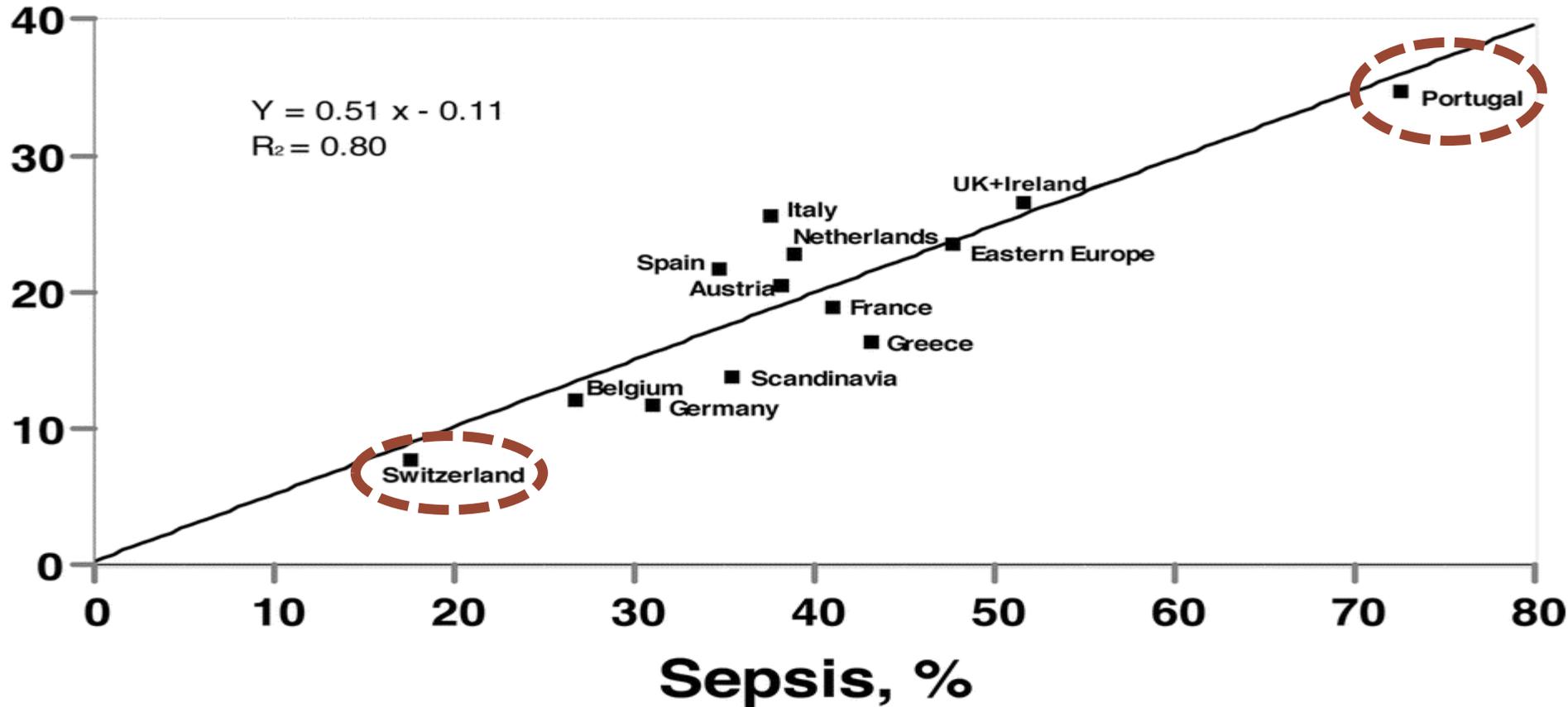
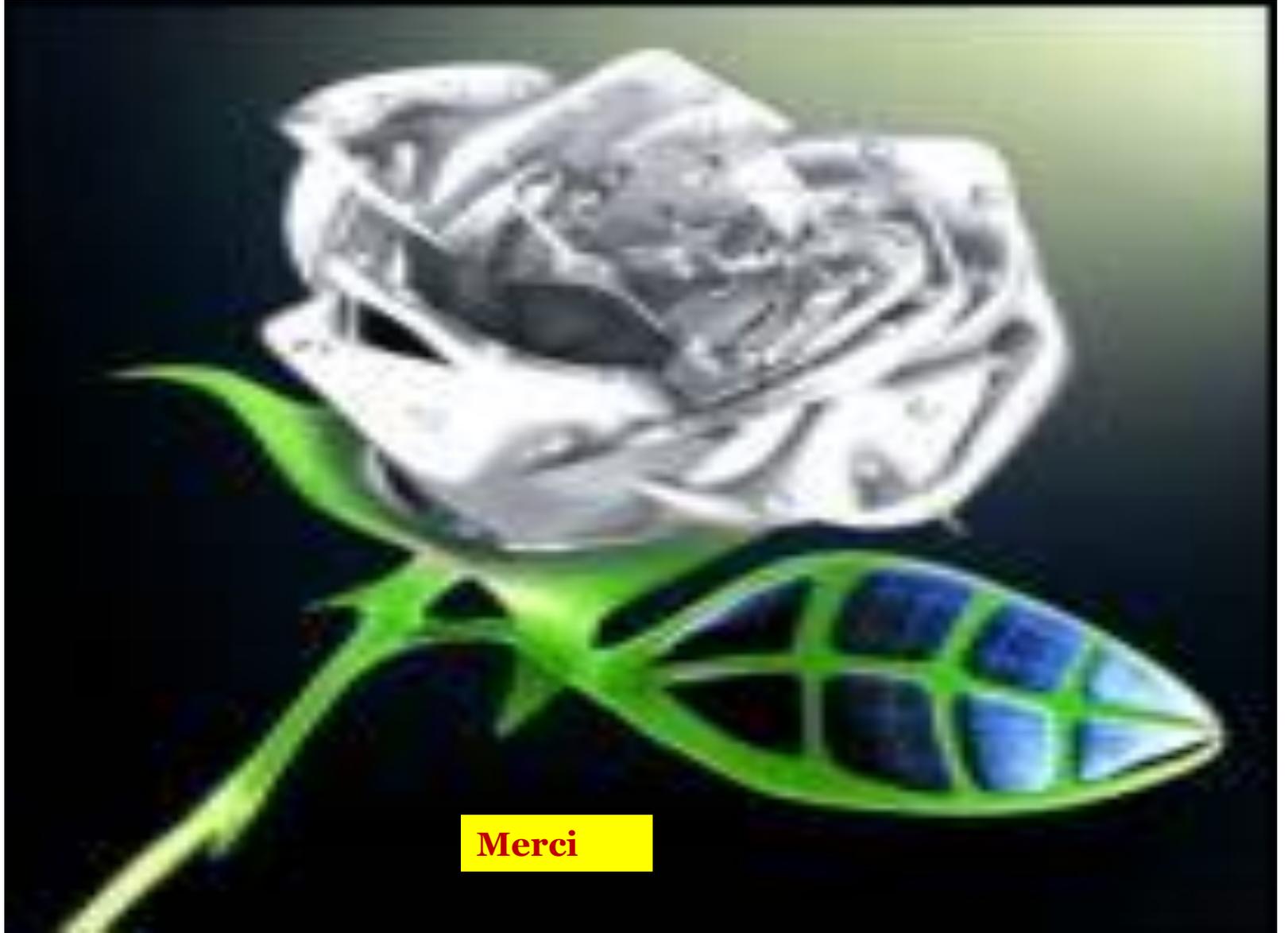
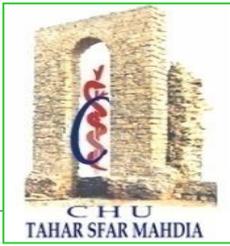


Figure 2. Relationship between intensive care unit mortality rates for all patients and frequency of sepsis in the various European countries.



**Merci**



# **Prise en charge thérapeutique du choc septique : optimisation hémodynamique**

***ANALYSE CRITIQUE***



# Optimisation hémodynamique



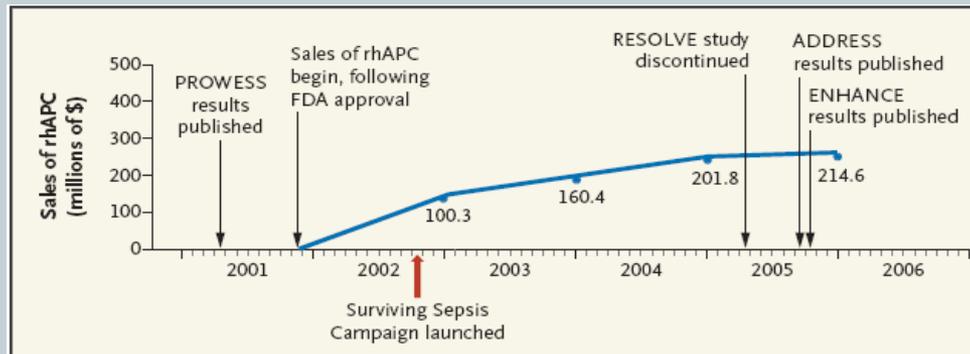
# Recommandations pour la prise en charge du sepsis sévère et du choc septique



- **Surviving Sepsis Campaign** : guidelines for management of severe sepsis and septic shock. **Intensive Care Med 2004, 30,536-55.**

## Surviving Sepsis — Practice Guidelines, Marketing Campaigns, and Eli Lilly

Peter Q. Eichacker, M.D., Charles Natanson, M.D., and Robert L. Danner, M.D.



Timeline of Controlled Trials of rhAPC, Regulatory Actions, Yearly Sales, and the Marketing Initiative by Eli Lilly.

# Surviving Sepsis Campaign: International guidelines for management of severe sepsis and septic shock: 2008

R. Phillip Dellinger, MD; Mitchell M. Levy, MD; Jean M. Carlet, MD; Julian Bion, MD; Margaret M. Parker, MD; Roman Jaeschke, MD; Konrad Reinhart, MD; Derek C. Angus, MD, MPH; Christian Brun-Buisson, MD; Richard Beale, MD; Thierry Calandra, MD, PhD; Jean-Francois Dhainaut, MD; Herwig Gerlach, MD; Maurene Harvey, RN; John J. Marini, MD; John Marshall, MD; Marco Ranieri, MD; Graham Ramsay, MD; Jonathan Sevransky, MD; B. Taylor Thompson, MD; Sean Townsend, MD; Jeffrey S. Vender, MD; Janice L. Zimmerman, MD; Jean-Louis Vincent, MD, PhD; for the International Surviving Sepsis Campaign Guidelines Committee

## *Initial resuscitation (first 6 hrs)*

- Begin resuscitation immediately in patients with hypotension or elevated serum lactate :  
mmol/L; do not delay pending ICU admission (1C)
- Resuscitation goals (1C)
  - CVP 8–12 mm Hg<sup>a</sup>
  - Mean arterial pressure  $\geq$  65 mm Hg
  - Urine output  $\geq$  0.5 mL·kg<sup>-1</sup>·hr<sup>-1</sup>
  - Central venous (superior vena cava) oxygen saturation  $\geq$  70% or mixed venous  $\geq$  65%
- If venous oxygen saturation target is not achieved (2C)
  - Consider further fluid
  - Transfuse packed red blood cells if required to hematocrit of  $\geq$  30% and/or
  - Start dobutamine infusion, maximum 20  $\mu$ g·kg<sup>-1</sup>·min<sup>-1</sup>

# Surviving Sepsis Campaign: International guidelines for management of severe sepsis and septic shock: 2008

R. Phillip Dellinger, MD; Mitchell M. Levy, MD; Jean M. Carlet, MD; Julian Blon, MD; Margaret M. Parker, MD; Roman Jaeschke, MD; Konrad Reinhart, MD; Derek C. Angus, MD, MPH; Christian Brun-Buisson, MD; Richard Beale, MD; Thierry Calandra, MD, PhD; Jean-Francois Dhalnaut, MD; Herwig Gerlach, MD; Maurene Harvey, RN; John J. Marini, MD; John Marshall, MD; Marco Ranieri, MD; Graham Ramsay, MD; Jonathan Sevransky, MD; B. Taylor Thompson, MD; Sean Townsend, MD; Jeffrey S. Vender, MD; Janice L. Zimmerman, MD; Jean-Louis Vincent, MD, PhD; for the International Surviving Sepsis Campaign Guidelines Committee

## Fluid therapy

- Fluid-resuscitate using crystalloids or colloids (1B)
  - Target a CVP of  $\geq 8$  mm Hg ( $\geq 12$  mm Hg if mechanically ventilated) (1C)
  - Use a fluid challenge technique while associated with a hemodynamic improvement (1D)
  - Give fluid challenges of 1000 mL of crystalloids or 300–500 mL of colloids over 30 mins. More rapid and larger volumes may be required in sepsis-induced tissue hypoperfusion (1D)
  - Rate of fluid administration should be reduced if cardiac filling pressures increase without concurrent hemodynamic improvement (1D)

## Vasopressors

- Maintain MAP  $\geq 65$  mm Hg (1C)
  - Norepinephrine and dopamine centrally administered are the initial vasopressors of choice (1C)
  - Epinephrine, phenylephrine, or vasopressin should not be administered as the initial vasopressor in septic shock (2C). Vasopressin 0.03 units/min may be subsequently added to norepinephrine with anticipation of an effect equivalent to norepinephrine alone
  - Use epinephrine as the first alternative agent in septic shock when blood pressure is poorly responsive to norepinephrine or dopamine (2B).
  - Do not use low-dose dopamine for renal protection (1A)
  - In patients requiring vasopressors, insert an arterial catheter as soon as practical (1D)

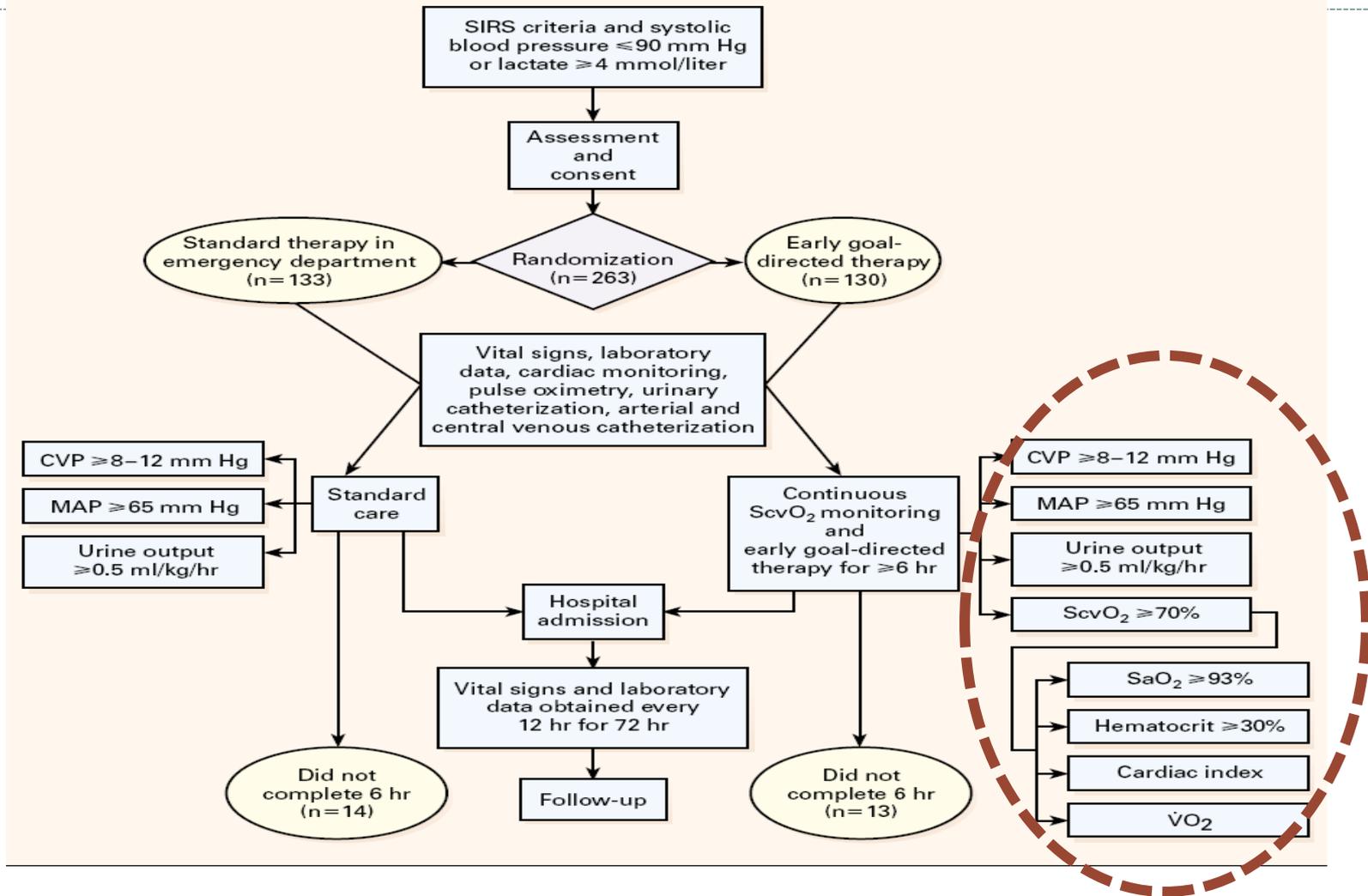
# ● EBM et prise en charge du choc septique



- Pas d'étude contrôlée disponible
  - Antibiothérapie
  - Drogues vaso-actives
- Etudes contrôlées disponibles mais pas dans le domaine du sepsis
  - Remplissage vasculaire (SAFE)
  - Contrôle de la glycémie-
  - prise en charge du SDRA
  - Transfusion sanguine
- Etudes contrôlées disponibles mais controversées
  - Protéine C activée
  - Corticothérapie à faible dose

# EARLY GOAL-DIRECTED THERAPY IN THE TREATMENT OF SEVERE SEPSIS AND SEPTIC SHOCK

EMANUEL RIVERS, M.D., M.P.H., BRYANT NGUYEN, M.D., SUZANNE HAVSTAD, M.A., JULIE RESSLER, B.S., ALEXANDRIA MUZZIN, B.S., BERNHARD KNOBLICH, M.D., EDWARD PETERSON, PH.D., AND MICHAEL TOMLANOVICH, M.D., FOR THE EARLY GOAL-DIRECTED THERAPY COLLABORATIVE GROUP\*





**TABLE 4. TREATMENTS ADMINISTERED.\***

| TREATMENT                             | HOURS AFTER THE START OF THERAPY |              |              |
|---------------------------------------|----------------------------------|--------------|--------------|
|                                       | 0-6                              | 7-72         | 0-72         |
| Total fluids (ml)                     |                                  |              |              |
| Standard therapy                      | 3499±2438                        | 10,602±6,216 | 13,358±7,729 |
| EGDT                                  | 4981±2984                        | 8,625±5,162  | 13,443±6,390 |
| P value                               | <0.001                           | 0.01         | 0.73         |
| Red-cell transfusion (%)              |                                  |              |              |
| Standard therapy                      | 18.5                             | 32.8         | 44.5         |
| EGDT                                  | 64.1                             | 11.1         | 68.4         |
| P value                               | <0.001                           | <0.001       | <0.001       |
| Any vasopressor (%)†                  |                                  |              |              |
| Standard therapy                      | 30.3                             | 42.9         | 51.3         |
| EGDT                                  | 27.4                             | 29.1         | 36.8         |
| P value                               | 0.62                             | 0.03         | 0.02         |
| Inotropic agent (dobutamine) (%)      |                                  |              |              |
| Standard therapy                      | 0.8                              | 8.4          | 9.2          |
| EGDT                                  | 13.7                             | 14.5         | 15.4         |
| P value                               | <0.001                           | 0.14         | 0.15         |
| Mechanical ventilation (%)            |                                  |              |              |
| Standard therapy                      | 53.8                             | 16.8         | 70.6         |
| EGDT                                  | 53.0                             | 2.6          | 55.6         |
| P value                               | 0.90                             | <0.001       | 0.02         |
| Pulmonary-artery catheterization (%)‡ |                                  |              |              |
| Standard therapy                      | 3.4                              | 28.6         | 31.9         |
| EGDT                                  | 0                                | 18.0         | 18.0         |
| P value                               | 0.12                             | 0.04         | 0.01         |

\*Plus-minus values are means ±SD. Because some patients received a specific treatment both during the period from 0 to 6 hours and during the period from 7 to 72 hours, the cumulative totals for those two periods do not necessarily equal the values for the period from 0 to 72 hours. EGDT denotes early goal-directed therapy.

†Administered vasopressors included norepinephrine, epinephrine, dopamine, and phenylephrine hydrochloride.

‡All pulmonary-artery catheters were inserted while patients were in the intensive care unit.



**TABLE 3. KAPLAN–MEIER ESTIMATES OF MORTALITY AND CAUSES OF IN-HOSPITAL DEATH.\***

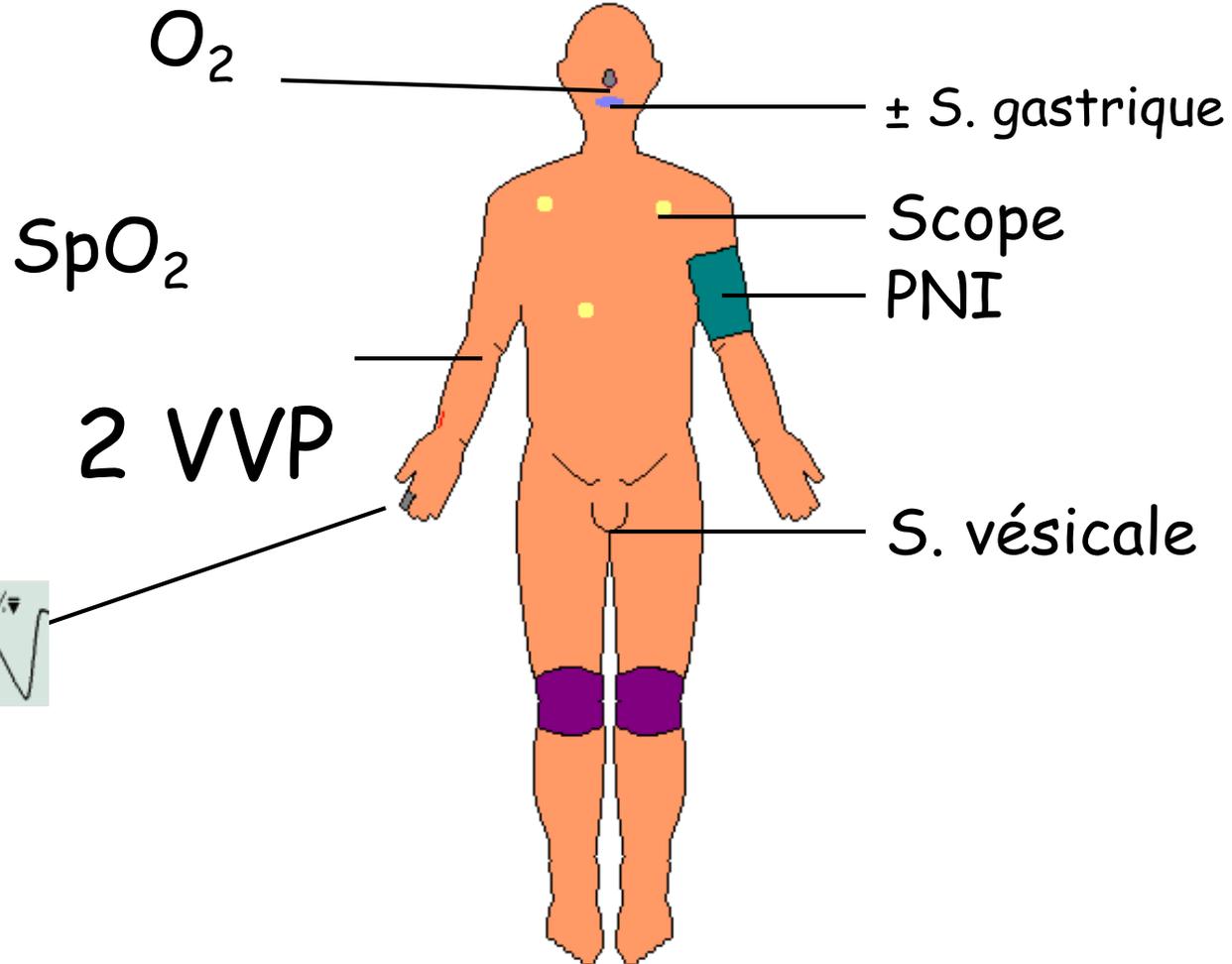
| VARIABLE                       | STANDARD THERAPY<br>(N= 133) | EARLY<br>GOAL-DIRECTED<br>THERAPY<br>(N= 130) | RELATIVE RISK<br>(95% CI) | P VALUE |
|--------------------------------|------------------------------|---|---------------------------|---------|
|                                | no. (%)                      |   |                           |         |
| In-hospital mortality†         |                              |   |                           |         |
| All patients                   | 59 (46.5)                    | 38 (30.5)                                     | 0.58 (0.38–0.87)          | 0.009   |
| Patients with severe sepsis    | 19 (30.0)                    | 9 (14.9)                                      | 0.46 (0.21–1.03)          | 0.06    |
| Patients with septic shock     | 40 (56.8)                    | 29 (42.3)                                     | 0.60 (0.36–0.98)          | 0.04    |
| Patients with sepsis syndrome  | 44 (45.4)                    | 35 (35.1)                                     | 0.66 (0.42–1.04)          | 0.07    |
| 28-Day mortality†              | 61 (49.2)                    | 40 (33.3)                                     | 0.58 (0.39–0.87)          | 0.01    |
| 60-Day mortality†              | 70 (56.9)                    | 50 (44.3)                                     | 0.67 (0.46–0.96)          | 0.03    |
| Causes of in-hospital death‡   |                              |   |                           |         |
| Sudden cardiovascular collapse | 25/119 (21.0)                | 12/117 (10.3)                                 | —                         | 0.02    |
| Multiorgan failure             | 26/119 (21.8)                | 19/117 (16.2)                                 | —                         | 0.27    |

\*CI denotes confidence interval. Dashes indicate that the relative risk is not applicable.

†Percentages were calculated by the Kaplan–Meier product-limit method.

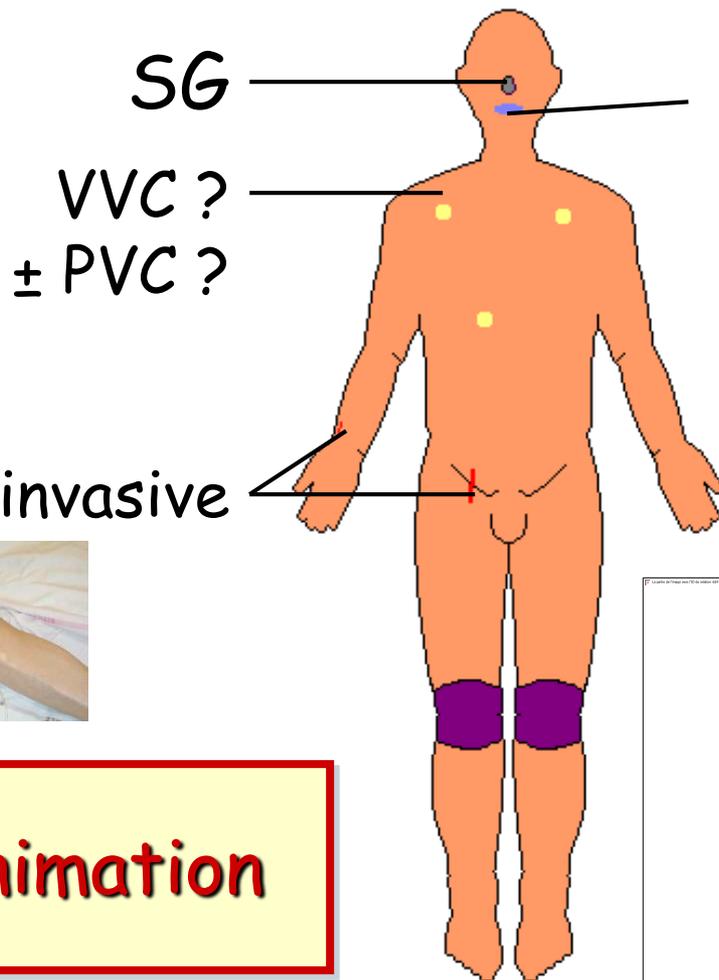
‡The denominators indicate the numbers of patients in each group who completed the initial six-hour study period.

## Conditionnement



Déshabillage complet

# Conditionnement



**= Réanimation**



# REEMPLISSAGE VASCULAIRE:

- **INITIALEMENT bolus : 30CC/Kg sur 30mn**
- **Pas d'étude chez l'adulte**
- **Chez l'enfant**

# Mortality after Fluid Bolus in African Children with Severe Infection

Kathryn Maitland, M.B., B.S., Ph.D., Sarah Kiguli, M.B., Ch.B., M.Med., Robert O. Opoka, M.B., Ch.B., M.Med., Charles Engoru, M.B., Ch.B., M.Med., Peter Olupot-Olupot, M.B., Ch.B., Samuel O. Akech, M.B., Ch.B., Richard Nyeko, M.B., Ch.B., M.Med., George Mtove, M.D., Hugh Reyburn, M.B., B.S., Trudie Lang, Ph.D., Bernadette Brent, M.B., B.S., Jennifer A. Evans, M.B., B.S., James K. Tibenderana, M.B., Ch.B., Ph.D., Jane Crawley, M.B., B.S., M.D., Elizabeth C. Russell, M.Sc., Michael Levin, F.Med.Sci., Ph.D., Abdel G. Babiker, Ph.D., and Diana M. Gibb, M.B., Ch.B., M.D., for the FEAST Trial Group\*



**Table 1. (Continued.)**

| Variable   | Albumin Bolus<br>(N=1050) | Saline Bolus<br>(N=1047) | No Bolus<br>(N=1044) | Total<br>(N=3141) |
|--|---------------------------|--------------------------|----------------------|-------------------|
| <b>Laboratory assessments<sup>†‡</sup></b>   |                           |                          |                      |                   |
| Positive for malaria parasitemia — no./total no. (%) <sup>‡‡</sup>                           | 590/1044 (57)             | 612/1042 (59)            | 591/1037 (57)        | 1793/3123 (57)    |
| <b>Hemoglobin — no./total no. (%)</b>  |                           |                          |                      |                   |
| <5 g/dl  | 323/1024 (32)             | 332/1015 (33)            | 332/1015 (33)        | 987/3054 (32)     |
| >10 g/dl   | 231/1024 (23)             | 230/1015 (23)            | 244/1015 (24)        | 705/3054 (23)     |
| <b>Glucose — no./total no. (%)</b>   |                           |                          |                      |                   |
| <2.5 mmol/liter (45 mg/dl)   | 43/990 (4)                | 46/991 (5)               | 42/989 (4)           | 131/2970 (4)      |
| <3.0 mmol/liter (54 mg/dl)   | 67/990 (7)                | 61/991 (6)               | 59/989 (6)           | 187/2970 (6)      |
| Lactate ≥5 mmol/liter — no./total no. (%)  | 357/1000 (36)             | 407/989 (41)             | 395/992 (40)         | 1159/2981 (39)    |
| Base deficit ≥8 mmol/liter — no./total no. (%)   | 380/710 (54)              | 360/689 (52)             | 330/680 (49)         | 1070/2079 (51)    |
| Severe acidemia (pH <7.2) — no./total no. (%)  | 71/712 (10)               | 73/694 (11)              | 65/685 (9)           | 209/2091 (10)     |
| Hyperkalemia (potassium >6.5 mmol/liter) — no./total no. (%)                                 | 67/686 (10)               | 68/687 (10)              | 65/670 (10)          | 200/2043 (10)     |
| Positive for HIV antibody — no./total no. (%)  | 37/817 (5)                | 28/827 (3)               | 41/839 (5)           | 106/2483 (4)      |
| Positive blood culture — no. of positive cultures/<br>total no. of cultures (%)              | 38/347 (11)               | 52/360 (14)              | 36/363 (10)          | 126/1070 (12)     |
| Positive cerebrospinal fluid culture — no. of positive<br>cultures/total no. of cultures (%) | 2/94 (2)                  | 4/102 (4)                | 4/96 (4)             | 10/292 (3)        |

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**Table 2. Death and Other Adverse Event End Points at 48 Hours and 4 Weeks.**

| End Point  | Albumin Bolus (N=1050) | Saline Bolus (N=1047) | No Bolus (N=1044) | Saline Bolus vs. No Bolus |         | Albumin Bolus vs. No Bolus |         | Albumin Bolus vs. Saline Bolus |         | Albumin and Saline Boluses vs. No Bolus |         |
|--|------------------------|-----------------------|-------------------|---------------------------|---------|----------------------------|---------|--------------------------------|---------|---|---------|
|  |                        |                       |                   | Relative Risk (95% CI)    | P Value | Relative Risk (95% CI)     | P Value | Relative Risk (95% CI)         | P Value | Relative Risk (95% CI)                  | P Value |
| no. (%)  |                        |                       |                   |                           |         |                            |         |                                |         |   |         |
| <b>48 Hours</b>  |                        |                       |                   |                           |         |                            |         |                                |         |   |         |
| Death — no. (%)  | 111 (10.6)             | 110 (10.5)            | 76 (7.3)          | 1.44 (1.09–1.90)          | 0.01    | 1.45 (1.10–1.92)           | 0.008   | 1.00 (0.78–1.29)               | 0.96    | 1.45 (1.13–1.86)                        | 0.003   |
| Pulmonary edema — no. (%)  | 14 (1.3)               | 6 (0.6)               | 6 (0.6)           |                           |         |                            |         |                                |         |   |         |
| Increased intracranial pressure — no. (%)                            | 16 (1.5)               | 18 (1.7)              | 11 (1.1)          |                           |         |                            |         |                                |         |   |         |
| Severe hypotension — no. (%)*  | 1 (0.1)                | 2 (0.2)               | 3 (0.3)           |                           |         |                            |         |                                |         |   |         |
| Allergic reaction — no. (%)  | 3 (0.3)                | 4 (0.4)               | 2 (0.2)           |                           |         |                            |         |                                |         |   |         |
| Pulmonary edema, increased intracranial pressure, or both — no. (%)† | 27 (2.6)               | 23 (2.2)              | 17 (1.6)          | 1.34 (0.72–2.51)          | 0.34    | 1.57 (0.87–2.88)           | 0.10    | 1.17 (0.68–2.03)               | 0.49    | 1.46 (0.85–2.53)                        | 0.17    |
| <b>4 Weeks</b>   |                        |                       |                   |                           |         |                            |         |                                |         |   |         |
| Death — no. (%)  | 128 (12.2)             | 126 (12.0)            | 91 (8.7)          | 1.38 (1.07–1.78)          | 0.01    | 1.40 (1.08–1.80)           | 0.01    | 1.01 (0.80–1.28)               | 0.91    | 1.39 (1.11–1.74)                        | 0.004   |
| Neurologic sequelae — no./total no. (%)‡                             | 22/990 (2.2)           | 19/996 (1.9)          | 26/997 (2.6)      | 0.95 (0.51–1.77)          | 0.87    | 1.10 (0.61–2.01)           | 0.74    | 1.16 (0.63–2.14)               | 0.62    | 1.03 (0.61–1.75)                        | 0.92    |
| Neurologic sequelae or death — no./total no. (%)‡                    | 150/990 (15.2)         | 145/996 (14.6)        | 111/997 (11.1)    | 1.31 (1.04–1.65)          | 0.02    | 1.36 (1.08–1.71)           | 0.008   | 1.04 (0.84–1.28)               | 0.71    | 1.33 (1.09–1.64)                        | 0.005   |

\* Severe hypotension was defined as a systolic blood pressure of less than 50 mm Hg in children younger than 12 months of age, less than 60 mm Hg in children 1 to 5 years of age, and less than 70 mm Hg in children older than 5 years of age, plus one or more features of impaired perfusion.

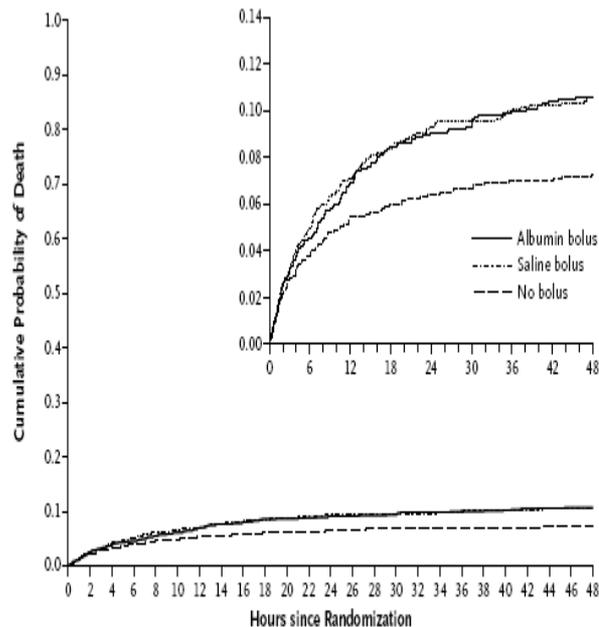
† Four children — three in the albumin-bolus group and one in the saline-bolus group — had both increased intracranial pressure and pulmonary edema.

‡ A total of 60 children in the albumin-bolus group, 51 in the saline-bolus group, and 47 in the control group did not have a neurologic assessment at 4 weeks.

# Mortality after Fluid Bolus in African Children with Severe Infection

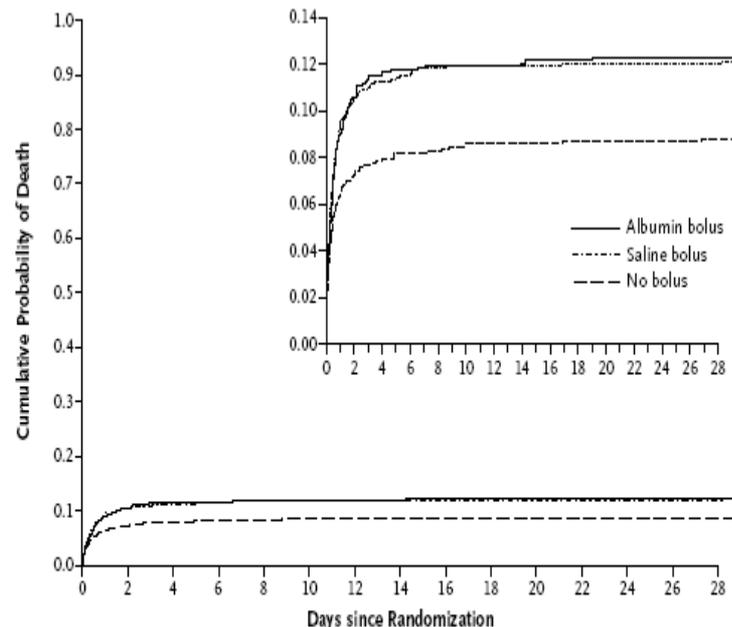
Kathryn Maitland, M.B., B.S., Ph.D., Sarah Kiguli, M.B., Ch.B., M.Med., Robert O. Opoka, M.B., Ch.B., M.Med., Charles Engoru, M.B., Ch.B., M.Med., Peter Olupot-Olupot, M.B., Ch.B., Samuel O. Akech, M.B., Ch.B., Richard Nyeko, M.B., Ch.B., M.Med., George Mtove, M.D., Hugh Reyburn, M.B., B.S., Trudie Lang, Ph.D., Bernadette Brent, M.B., B.S., Jennifer A. Evans, M.B., B.S., James K. Tibenderana, M.B., Ch.B., Ph.D., Jane Crawley, M.B., B.S., M.D., Elizabeth C. Russell, M.Sc., Michael Levin, F.Med.Sci., Ph.D., Abdel G. Babiker, Ph.D., and Diana M. Gibb, M.B., Ch.B., M.D., for the FEAST Trial Group\*

**A** Mortality at 48 Hours



|             | Hr 1          |              |          | Hr 2          |              |          | Hr 3          |              |          | Hr 4          |              |          | Hr 5-8        |              |          | Hr 9-24       |              |          | Hr 24-48      |              |          |
|-------------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|
|             | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus |
| No. at Risk | 1050          | 1047         | 1044     | 1037          | 1033         | 1030     | 1024          | 1018         | 1021     | 1016          | 1010         | 1015     | 1010          | 1001         | 1011     | 992           | 980          | 996      | 954           | 945          | 975      |
| Died        | 13            | 12           | 14       | 13            | 15           | 9        | 8             | 7            | 6        | 6             | 9            | 4        | 17            | 20           | 14       | 38            | 34           | 20       | 16            | 13           | 9        |
| %           | 1.2           | 1.1          | 1.3      | 1.3           | 1.5          | 0.9      | 0.8           | 0.7          | 0.6      | 0.6           | 0.9          | 0.4      | 1.7           | 2.0          | 1.4      | 3.8           | 3.5          | 2.0      | 1.7           | 1.4          | 0.9      |

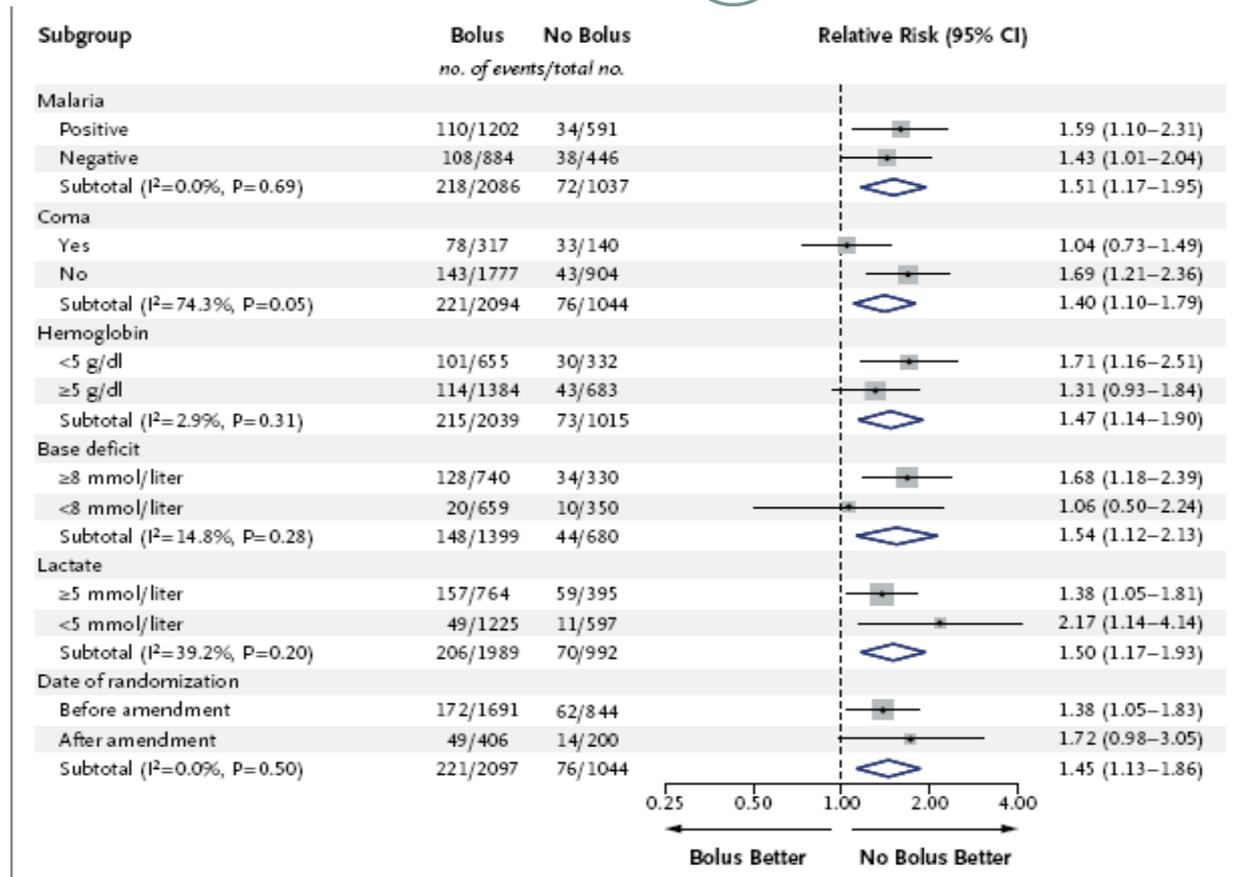
**B** Mortality at 4 Weeks



|             | Day 1         |              |          | Day 2         |              |          | Day 3-7       |              |          | Day 8-14      |              |          | Day 15-21     |              |          | Day 21-28     |              |          |
|-------------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|---------------|--------------|----------|
|             | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus | Albumin bolus | Saline bolus | No bolus |
| No. at Risk | 1050          | 1047         | 1044     | 954           | 945          | 975      | 914           | 917          | 947      | 901           | 909          | 940      | 899           | 902          | 933      | 897           | 901          | 934      |
| Died        | 95            | 97           | 67       | 16            | 13           | 9        | 11            | 7            | 7        | 2             | 6            | 2        | 2             | 1            | 4        | 2             | 1            | 1        |
| %           | 9.0           | 9.3          | 6.4      | 1.7           | 1.4          | 0.9      | 1.2           | 0.8          | 0.7      | 0.2           | 0.7          | 0.2      | 0.2           | 0.1          | 0.4      | 0.2           | 0.1          | 0.2      |

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**Figure 3. Mortality at 48 hours in Prespecified Subgroups.**

The sizes of the boxes are proportional to the Mantel–Haenszel weights. The  $I^2$  statistic indicates the percentage of total variation that was due to heterogeneity.



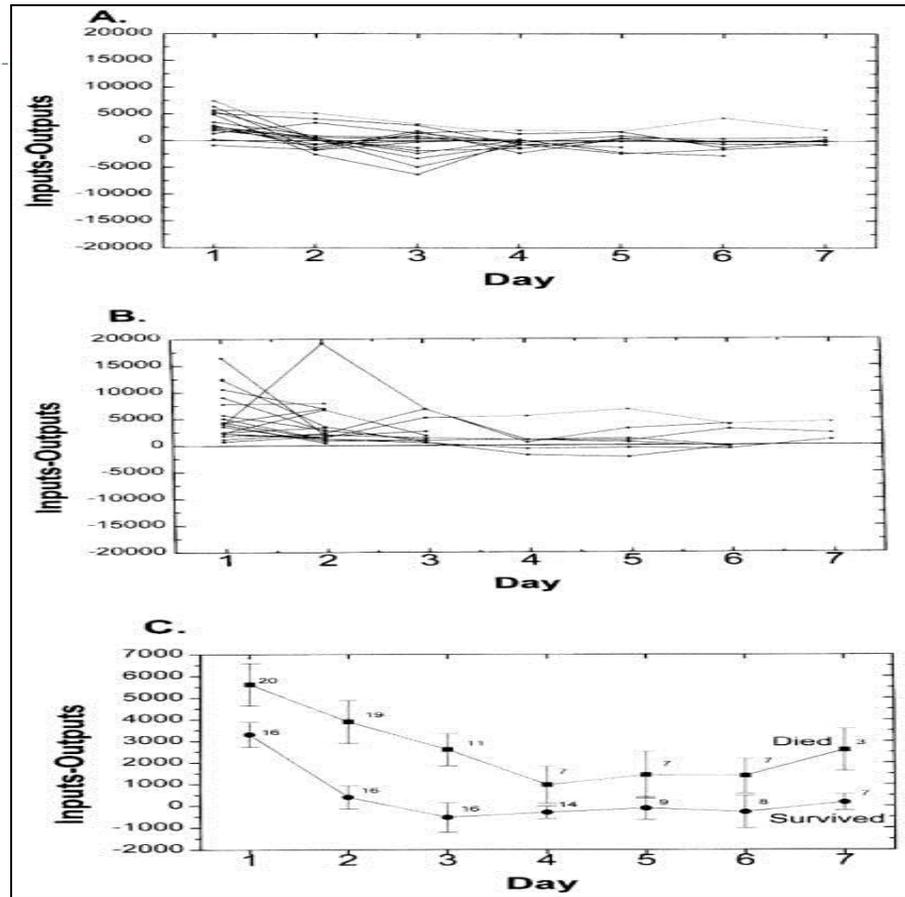
# *QUELLE QANTITÉ ?*



- **Negative Fluid Balance Predicts Survival in Patients With Septic Shock\*: A Retrospective Pilot Study.**
- Alsous, Fadi; Khamiees, Mohammad; DeGirolamo, Angela; Amoateng-Adjepong, Yaw; MD, PhD; Manthous, Constantine; MD, FCCP.

| Characteristics                                       | No. of Patients Who Survived (n = 16)  | No. of Patients Who Died (n = 20)      | p Value |
|---|--|--|---------|
| Age, yr   | 61.1 ± 6.3<br>(72/16-85)               | 72.4 ± 2.9<br>(72/35-91)               | 0.12    |
| Bacteriology  |  |  |         |
| GPC   | 4                                      | 5                                      | 1.0     |
| GNR   | 9                                      | 6                                      | 0.13    |
| Mixed GPC/GNR   | 0                                      | 3                                      | 0.12    |
| Fungal  | 1                                      | 1                                      | 0.90    |
| Unknown   | 2                                      | 5                                      | 0.35    |
| Site of infection                                     |  |  |         |
| UTI   | 7                                      | 6                                      | 0.39    |
| Pneumonia   | 5                                      | 8                                      | 0.58    |
| Other/unknown   | 4                                      | 6                                      | 0.74    |
| APACHE II score                                       | 20.4 ± 1.7<br>(19.5/11-34)             | 29.8 ± 1.7<br>(29.5/15-46)             | 0.0002  |
| Day 1 SOFA score                                      | 6.9 ± 0.8<br>(7/3-13)                  | 10.8 ± 1.2<br>(10/3-25)                | 0.01    |
| Day 3 SOFA score†                                     | 5.4 ± 0.8†<br>(4.5/1-11)               | 9.5 ± 1.9†<br>(7/3-19)                 | 0.06    |
| Day 1 fluid balance (input-output), mL                | 3,305.6 ± 575.2<br>(2,668/-905-7449)   | 5,618.3 ± 981.2<br>(4,114/688-16,413)  | 0.05    |
| Day 1 fluid inputs, mL                                | 4,943.7 ± 506.0<br>(4,884/1,898-8,215) | 6,227.3 ± 1037.4<br>(4,659/688-17,563) | 0.26    |
| ≥ One day ≤ -500-mL balance by day 3, No. of patients | 11                                     | 0                                      | 0.0001  |
| Any day with a ≤ -500-mL fluid balance                | 14                                     | 2                                      | 0.0001  |
| Admission creatinine level, mg/dL                     | 1.9 ± 0.3<br>(1.7/0.5-5.1)             | 3.3 ± 0.6<br>(2.1/0.6-12.7)            | 0.05    |
| Required hemodialysis                                 | 0                                      | 2                                      | 0.20    |
| Required mechanical ventilation                       | 7                                      | 17                                     | 0.01    |
| ALI or ARDS (by day 3)                                | 1                                      | 4                                      | 0.23    |
| DIC (by day 3)  | 0                                      | 4                                      | 0.07    |
| Encephalopathy (by day 3)                             | 0                                      | 11                                     | 0.001   |
| Any MAP < 60 mm Hg (days 2 and 3)                     | 12                                     | 13                                     | 0.67    |
| Any pressors by day 3                                 | 0                                      | 6                                      | 0.02    |
| Diuretics   | 8                                      | 7                                      | 0.37    |

\*Values are given as mean ± SE (median/range) or No. unless otherwise indicated. GPC = Gram-positive cocci; GNR = Gram-negative rod; UTI = urinary tract infection; ALI = acute lung infection; DIC = disseminated intravascular coagulation; MAP = mean arterial pressure.  
†n = 14.  
‡n = 11.



- Figure 1 . Fluid balance in subgroups of 36 patients with septic shock. Top, A: net fluid balance (inputs-outputs) in patients who survived is shown. Middle, B: net fluid balance in patients who died is shown. Bottom, C: the aggregate daily mean (+/- SE) values comparing those who survived vs those who died are shown. Note that due to deaths and transfers from the ICU, the number of patients for whom accurate fluid balance data were available decreased with time. The small numbers over each point signify the number of patients included in the computation of the mean +/- SE.

| Characteristics                          | No. of Patients with<br>≥ 1 Day Net Negative<br>by Day 3 (n = 11) | No. Days Net<br>Negative Balance<br>by Day 3 (n = 16) | p Value |
|--|---|---|---------|
| Mortality rate, %                        | 0   | 11 (69)   | < 0.05  |
| Age, yr                                  | 57.7 ± 7.5<br>(68/16–84)  | 72.6 ± 4.1<br>(75.5/20–88)                            | 0.10    |
| Pathology                                |   |   |         |
| GPC                                      | 3   | 6   | 0.57    |
| GNR                                      | 6   | 6   | 0.38    |
| Mixed GPC/GNR                            | 0   | 1   | 0.41    |
| Fungal                                   | 1   | 0   | 0.23    |
| Unknown                                  | 1   | 3   | 0.49    |
| Site of infection                        |   |   |         |
| UTI                                      | 5   | 5   | 0.46    |
| Pneumonia                                | 3   | 8   | 0.25    |
| Other/unknown                            | 3   | 3   | 0.61    |
| APACHE II score                          | 20.3 ± 2.1<br>(20/11–34)  | 26.2 ± 2.4<br>(24.5/14–46)                            | 0.08    |
| Day 1 SOFA score                         | 7.5 ± 1.0<br>(7/3–13)   | 8.2 ± 1.1<br>(7.5/3–17)                               | 0.63    |
| Day 3 SOFA score                         | 4.7 ± 0.9<br>(4/1–11)†  | 8.8 ± 1.4<br>(7/3–19)‡                                | 0.03    |
| Day 1 fluid balance (inputs–outputs), mL | 3,172.8 ± 774.4<br>(2,538/–905–7,449)                             | 3,818.1 ± 695.9<br>(3,490.5/688–12,296)               | 0.54    |
| Day 1 fluid inputs, mL                   | 4,660.2 ± 621.4<br>(4,747/1,898–8,215)                            | 6,095.3 ± 843.5<br>(4,780/688–17,563)                 | 0.18    |
| Admission creatinine level, mg/dL        | 2.1 ± 0.4<br>(2.1/0.9–5.1)  | 2.1 ± 0.4<br>(1.7/0.5–4.9)                            | 0.99    |
| Required mechanical ventilation          | 4   | 11  | 0.11    |
| Required hemodialysis                    | 0   | 2   | 0.23    |
| ALI or ARDS (by day 3)                   | 2   | 3   | 0.97    |
| DIC (by day 3)                           | 0   | 2   | 0.23    |
| Encephalopathy (by day 3)                | 1   | 4   | 0.31    |
| Any MAP < 60 mm Hg (days 2 and 3)        | 4   | 7   | 0.70    |
| Any pressors by day 3                    | 0   | 2   | 0.23    |
| Diuretics                                | 5   | 7   | 0.93    |

\*Values given as mean ± SE (median/range) or No., unless otherwise indicated. See Table 1 for abbreviations.  
†n = 10.  
‡n = 15.

Table 2 -Comparison of Selected Characteristics of Patients With Septic Shock Who Were Alive on Day 3 and Who Had at Least 1 Day of Net Negative Fluid Balance vs Those Who Did Not

# The Importance of Fluid Management in Acute Lung Injury Secondary to Septic Shock

Groupe 1: REMPLISSAGE > 20ml/K g pour avoir une PVC > 8  
 Groupe 2: bilan négatif pendant deux jours sur sept

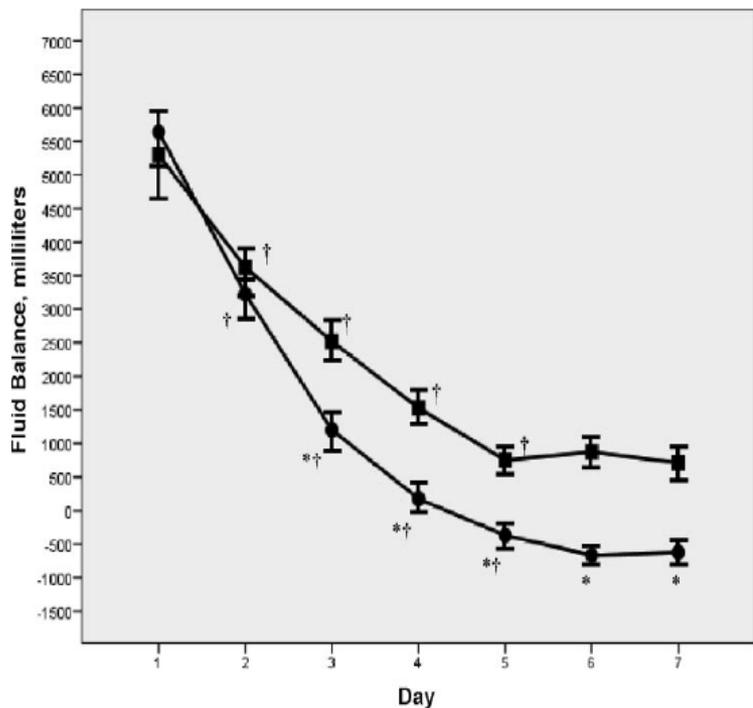


FIGURE 1. Mean ( $\pm$  SE) daily fluid balance (in milliliters) for days 1 through 7 following the onset of septic shock. Nonsurvivors are depicted by squares, and survivors by circles. \* =  $p < 0.05$  pairwise compared between survivors and nonsurvivors (ANOVA for repeated measures); † =  $p < 0.05$  compared with the previous time point (ANOVA for repeated measures).

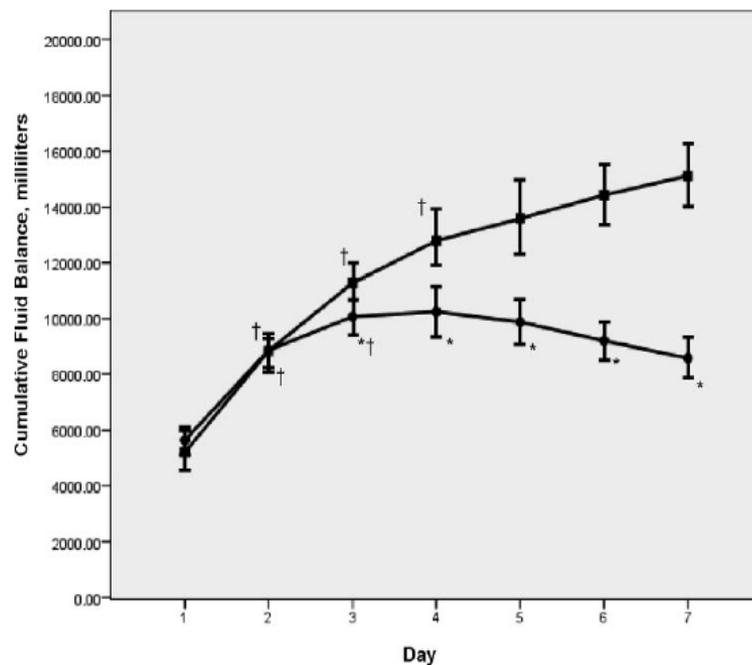


FIGURE 2. Mean ( $\pm$  SE) cumulative daily fluid balance (in milliliters) for days 1 through 7 following the onset of septic shock. Nonsurvivors are depicted by squares, and survivors by circles. \* =  $p < 0.05$  pairwise compared between survivors and nonsurvivors (ANOVA for repeated measures); † =  $p < 0.05$  compared with the previous time point (ANOVA for repeated measures).

# The Importance of Fluid Management in Acute Lung Injury Secondary to Septic Shock

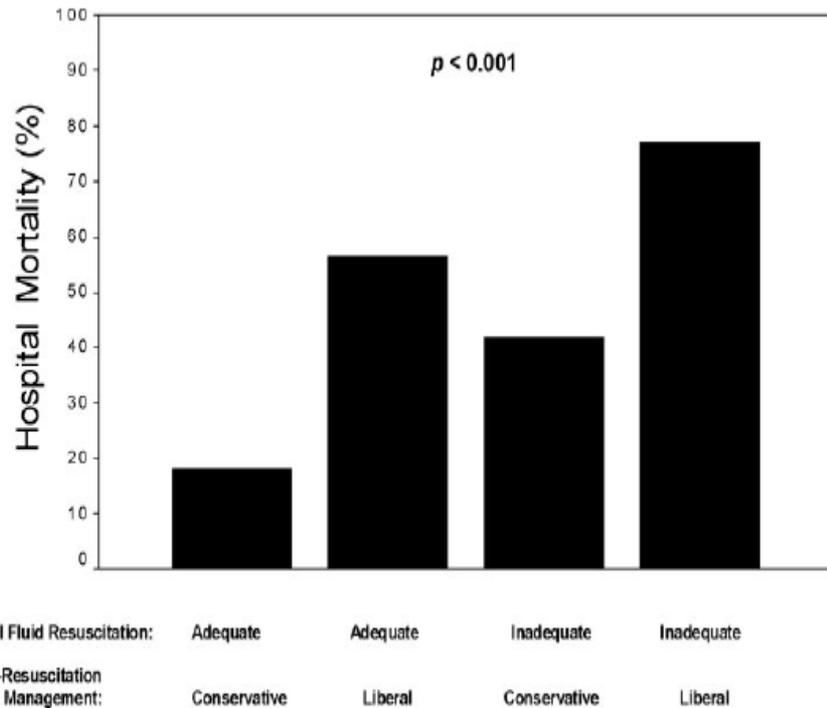


FIGURE 3. Hospital mortality according to whether or not patients achieved AIFR, CLFM, both, or neither.

**Table 3—Multivariate Analyses of Independent Risk Factors for Hospital Mortality**

| Variables                                      | Adjusted OR | 95% CI     | p Value |
|--|-------------|------------|---------|
| APACHE II score, 1-point increments            | 1.07        | 1.01–1.14  | 0.030   |
| Charlson comorbidity score, 1-point increments | 1.11        | 1.01–1.23  | 0.040   |
| Renal replacement therapy                      | 3.15        | 1.51–4.79  | 0.020   |
| Colloid administration                         | 2.94        | 1.41–4.47  | 0.011   |
| AIFR not achieved                              | 4.94        | 2.07–11.79 | < 0.001 |
| Duration of vasopressors, 1-day increments     | 1.24        | 1.04–1.47  | 0.017   |
| CLFM not achieved                              | 6.13        | 2.77–13.57 | < 0.001 |

Other covariates not in the table had a p value < 0.5, including BMI  $\geq 40$  kg/m<sup>2</sup>, patient location prior to ICU admission, medical ICU patients, and transfusion of packed RBCs (p = 0.588 [Hosmer-Lemeshow goodness-of-fit test]). CI = confidence interval; OR = odds ratio.

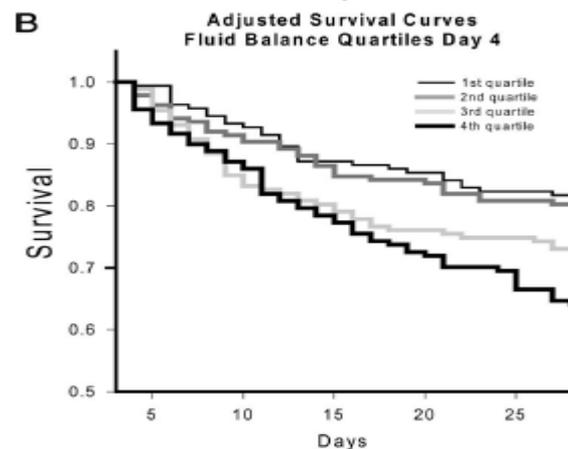
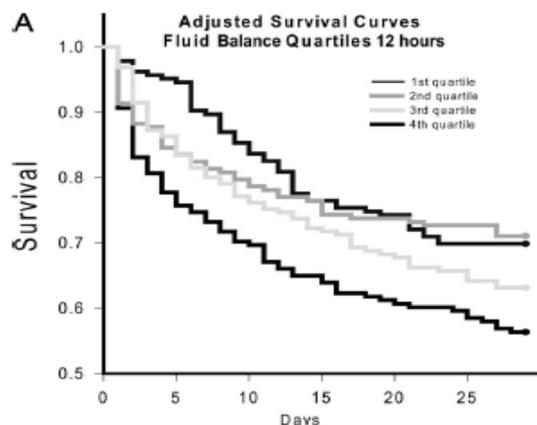
# Fluid resuscitation in septic shock: A positive fluid balance and elevated central venous pressure are associated with increased mortality\*



Table 1. Fluid intake, urine output, and net fluid balance at 12 hrs and cumulative day 4 balance

|               | Quartile 1 (Dry)       | Quartile 2             | Quartile 3             | Quartile 4 (Wet)       |
|---------------|------------------------|------------------------|------------------------|------------------------|
| <b>12 hrs</b> |                        |                        |                        |                        |
| Intake, mL    | 2900 (2050–3900)       | 4520 (3700–5450)       | 6110 (5330–7360)       | 10,100 (8430–12,100)   |
| Output, mL    | 2200 (1100–3920)       | 1590 (960–2560)        | 1180 (600–2070)        | 1260 (600–2400)        |
| Balance, mL   | 710 (–132–1480)        | 2880 (2510–3300)       | 4900 (4290–5530)       | 8150 (7110–10,100)     |
| <b>Day 4</b>  |                        |                        |                        |                        |
| Intake, mL    | 16,100 (12,800–19,700) | 18,500 (15,700–22,500) | 22,800 (19,700–26,700) | 30,600 (26,200–36,000) |
| Output, mL    | 14,600 (11,500–20,100) | 11,000 (8,210–14,500)  | 9960 (6,940–12,900)    | 8350 (5,100–12,300)    |
| Balance, mL   | 1560 (–723–3210)       | 8120 (6,210–9090)      | 13,000 (11,800–14,700) | 20,500 (17,700–24,500) |

Volumes are expressed as median (25–75%).



## Fluid resuscitation in septic shock: A positive fluid balance and elevated central venous pressure are associated with increased mortality\*

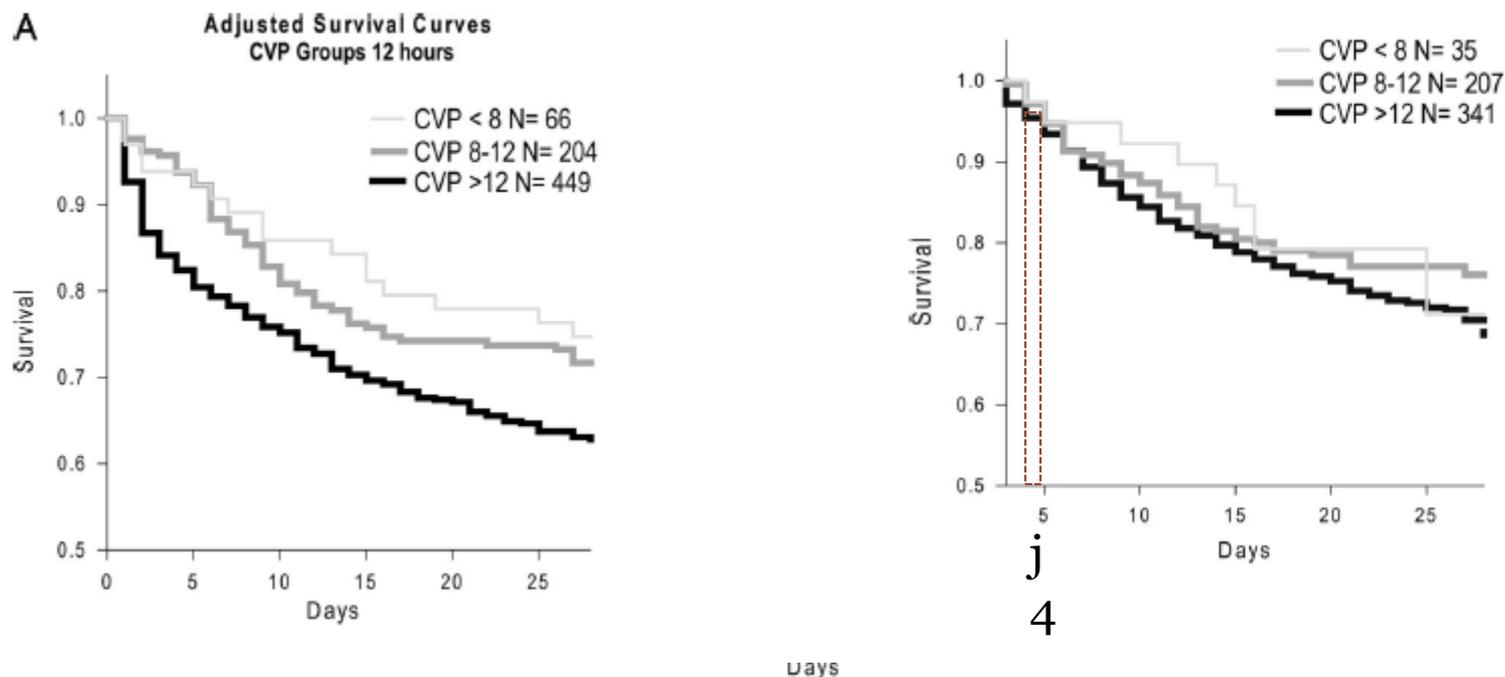


Figure 4. A, Cox survival curves, adjusted for age, Acute Physiology and Chronic Health Evaluation (APACHE) II score, and severity of shock (dose of norepinephrine), are shown for central venous pressure (CVP) groups at 12 hrs. Patients with a CVP of <8 mm Hg at 12 hrs have the lowest mortality followed by those with CVP of 8–12 mm Hg and patients with a CVP >12 mm Hg had the highest mortality. B, Cox survival curves, adjusted for age, APACHE II score, and dose of norepinephrine, are shown for CVP groups on day 4. There were no significant differences in mortality among groups.

## Fluid resuscitation in septic shock: A positive fluid balance and elevated central venous pressure are associated with increased mortality\*



Table 2. Hazard ratio for death according to fluid balance quartiles

| Fluid Balance Group | Adjusted Hazard Ratio versus Quartile 4 |
|---------------------|---|
| 12 hrs              |   |
| Quartile 1          | 0.569 (0.405–0.799)                     |
| Quartile 2          | 0.581 (0.414–0.816)                     |
| Quartile 3          | 0.762 (0.562–1.033)                     |
| Day 4               |   |
| Quartile 1          | 0.466 (0.299–0.724)                     |
| Quartile 2          | 0.512 (0.339–0.775)                     |
| Quartile 3          | 0.739 (0.503–1.087)                     |

Hazard ratios are shown with their 95% confidence intervals.

Table 3. Hazard ratio for death according to CVP group

| CVP Group      | Adjusted Hazard Ratio versus CVP >12 mm Hg |
|----------------|--|
| 12 hrs         |  |
| CVP <8 mm Hg   | 0.606 (0.363–0.913)                        |
| CVP 8–12 mm Hg | 0.762 (0.562–0.943)                        |
| Day 4          |  |
| CVP <8 mm Hg   | 0.903 (0.484–1.686)                        |
| CVP 8–12 mm Hg | 0.764 (0.542–1.078)                        |

CVP, central venous pressure.

Hazard ratios are shown with their 95% confidence intervals.

# Comparison of Two Fluid-Management Strategies in Acute Lung Injury

The National Heart, Lung, and Blood Institute Acute Respiratory Distress Syndrome (ARDS) Clinical Trials Network\*



**Table 2.** Furosemide Dose, Fluid Intake, Fluid Output, and Fluid Balance on Each Day during the Study.\*

| Day | Furosemide                 |                    | Fluid Intake               |                     | Fluid Output               |                     | Fluid Balance              |                     |
|-----|----------------------------|--------------------|----------------------------|---------------------|----------------------------|---------------------|----------------------------|---------------------|
|     | Liberal                    | Conservative       | Liberal                    | Conservative        | Liberal                    | Conservative        | Liberal                    | Conservative        |
|     | mg/24 hr (no. of patients) |                    | ml/24 hr (no. of patients) |                     | ml/24 hr (no. of patients) |                     | ml/24 hr (no. of patients) |                     |
| 1   | 74.27±7.48 (133)           | 148.94±8.52 (312)  | 5029.8±132.98 (485)        | 4230.5±120.03 (491) | 2501.9±73.23 (485)         | 3043.8±93.90 (491)  | 2529.5±148.99 (484)        | 1186.7±151.01 (491) |
| 2   | 72.46±6.65 (146)           | 157.35±8.91 (304)  | 4467.4±136.11 (479)        | 3590.6±98.45 (480)  | 2824.5±101.44 (479)        | 3966.7±115.57 (480) | 1642.9±151.71 (479)        | -376.1±161.08 (480) |
| 3   | 65.28±6.49 (140)           | 166.90±10.01 (269) | 3997.1±103.40 (465)        | 3390.4±85.30 (464)  | 3060.9±103.23 (465)        | 3797.3±110.48 (465) | 936.12±115.32 (465)        | -408.5±135.90 (464) |
| 4   | 80.74±10.23 (129)          | 154.25±10.61 (228) | 3752.0±102.07 (444)        | 3430.8±96.49 (437)  | 3188.1±109.19 (444)        | 3606.1±113.38 (434) | 563.88±100.98 (444)        | -165.5±119.92 (434) |
| 5   | 73.06±8.41 (119)           | 164.71±12.06 (197) | 3825.3±110.62 (424)        | 3201.1±87.23 (411)  | 3358.7±115.49 (421)        | 3444.8±108.98 (408) | 483.03±109.98 (421)        | -226.3±115.22 (408) |
| 6   | 58.20±6.68 (106)           | 158.87±13.45 (165) | 3782.8±104.28 (411)        | 3159.4±88.12 (382)  | 3334.4±123.99 (411)        | 3316.9±103.81 (379) | 508.04±111.75 (410)        | -144.9±110.25 (378) |
| 7   | 51.03±4.31 (87)            | 127.86±11.61 (137) | 3639.7±93.96 (390)         | 3226.9±108.18 (355) | 3216.8±98.36 (385)         | 3143.9±100.16 (346) | 458.95±106.85 (385)        | 130.08±118.47 (346) |

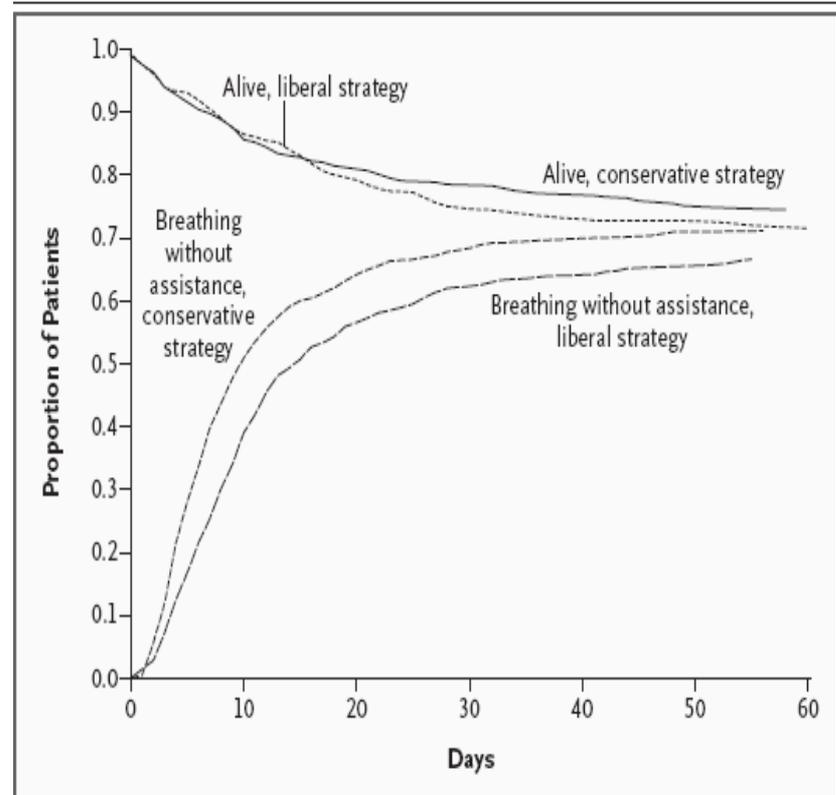
\* Plus-minus values are means ±SE. Numbers in parentheses indicate the number of patients receiving at least one dose of furosemide on that day or the number of patients with a fluid measurement. P<0.001 for all comparisons except for fluid intake on day 4 (P=0.02) and day 7 (P=0.004); fluid output on day 4 (P=0.008), day 5 (P=0.58), day 6 (P=0.94), and day 7 (P=0.61); and fluid balance on day 7 (P=0.04). Negative fluid balance means that fluid output exceeded fluid intake.

# Comparison of Two Fluid-Management Strategies in Acute Lung Injury

The National Heart, Lung, and Blood Institute Acute Respiratory Distress Syndrome (ARDS) Clinical Trials Network\*

**Table 3. Main Outcome Variables.\***

| Outcome  | Conservative Strategy | Liberal Strategy | P Value |
|--|-----------------------|------------------|---------|
| Death at 60 days (%)                                   | 25.5                  | 28.4             | 0.30    |
| Ventilator-free days from day 1 to day 28 <sup>†</sup> | 14.6±0.5              | 12.1±0.5         | <0.001  |
| ICU-free days <sup>†</sup>                             |                       |                  |         |
| Days 1 to 7  | 0.9±0.1               | 0.6±0.1          | <0.001  |
| Days 1 to 28   | 13.4±0.4              | 11.2±0.4         | <0.001  |
| Organ-failure-free days <sup>‡</sup>                   |                       |                  |         |
| Days 1 to 7  |                       |                  |         |
| Cardiovascular failure                                 | 3.9±0.1               | 4.2±0.1          | 0.04    |
| CNS failure  | 3.4±0.2               | 2.9±0.2          | 0.02    |
| Renal failure  | 5.5±0.1               | 5.6±0.1          | 0.45    |
| Hepatic failure  | 5.7±0.1               | 5.5±0.1          | 0.12    |
| Coagulation abnormalities                              | 5.6±0.1               | 5.4±0.1          | 0.23    |
| Days 1 to 28   |                       |                  |         |
| Cardiovascular failure                                 | 19.0±0.5              | 19.1±0.4         | 0.85    |
| CNS failure  | 18.8±0.5              | 17.2±0.5         | 0.03    |
| Renal failure  | 21.5±0.5              | 21.2±0.5         | 0.59    |
| Hepatic failure  | 22.0±0.4              | 21.2±0.5         | 0.18    |
| Coagulation abnormalities                              | 22.0±0.4              | 21.5±0.4         | 0.37    |
| Dialysis to day 60                                     |                       |                  |         |
| Patients (%)   | 10                    | 14               | 0.06    |
| Days   | 11.0±1.7              | 10.9±1.4         | 0.96    |



**Figure 3. Probability of Survival to Hospital Discharge and of Breathing without Assistance during the First 60 Days after Randomization.**



# QUELLE VALEUR HEDYNAMIQUE DE LA $SvO_2$

$$\underline{SvO_2} = SaO_2 - ( VO_2 / (Qc \times Hb \times PO) )$$

## ELEVATION OF SYSTEMIC OXYGEN DELIVERY IN THE TREATMENT OF CRITICALLY ILL PATIENTS

MICHELLE A. HAYES, F.R.C.A., ANDREW C. TIMMINS, F.R.C.A., ERNEST H.S. YAU, F.R.C.A.,  
MARK PALAZZO, F.R.C.A., CHARLES J. HINDS, F.R.C.A., AND DAVID WATSON, F.R.C.A.



**Table 2. Outcome Data.**

| OUTCOME                                       | CONTROL<br>GROUP<br>(N = 50) | TREATMENT<br>GROUP<br>(N = 50) | NOT<br>RANDOMIZED<br>(N = 9) |
|---|------------------------------|--------------------------------|------------------------------|
| Days in unit — median (range)                 | 10 (1–64)                    | 10 (1–48)                      | 10 (1–29)                    |
| Ventilation                                   |                              |                                |                              |
| No. of days — median (range)                  | 8 (0–54)                     | 8 (0–41)                       | 2 (0–26)                     |
| No. of patients                               | 44                           | 46                             | 7                            |
| Days in hospital — median<br>(range)          | 23.5 (1–244)                 | 19 (1–187)                     | 20 (11–102)                  |
| Mortality — %                                 |                              |                                |                              |
| In intensive care unit                        | 30                           | 50*                            | —                            |
| In hospital                                   | 34                           | 54*                            | —                            |
| Predicted risk of death — median<br>% (range) | 34 (3–91)                    | 34 (3–85)                      | 6 (3–32)                     |
| Cause of death — no. of patients              |                              |                                |                              |
| Intractable hypotension                       | 4                            | 4                              | —                            |
| Cardiac event                                 | 2                            | 4                              | —                            |
| Multiple organ failure                        | 9                            | 17                             | —                            |

\*P = 0.04 for the comparison between the control and treatment groups.

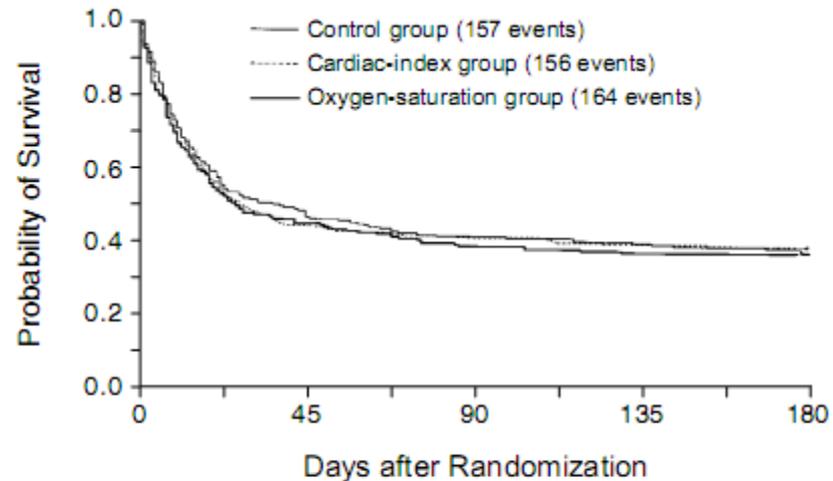
# A TRIAL OF GOAL-ORIENTED HEMODYNAMIC THERAPY IN CRITICALLY ILL PATIENTS

LUCIANO GATTINONI, M.D., LUCA BRAZZI, M.D., PAOLO PELOSI, M.D., ROBERTO LATINI, M.D.,  
GIANNI TOGNONI, M.D., ANTONIO PESENTI, M.D., AND ROBERTO FUMAGALLI, M.D.,  
FOR THE SVO. COLLABORATIVE GROUP\*

Groupe contrôle: IC:2.5-3.5

Groupe2: IC >4.5

Groupe3: SVO  $\geq$  70%



#### PATIENTS AT RISK (NO. OF EVENTS)

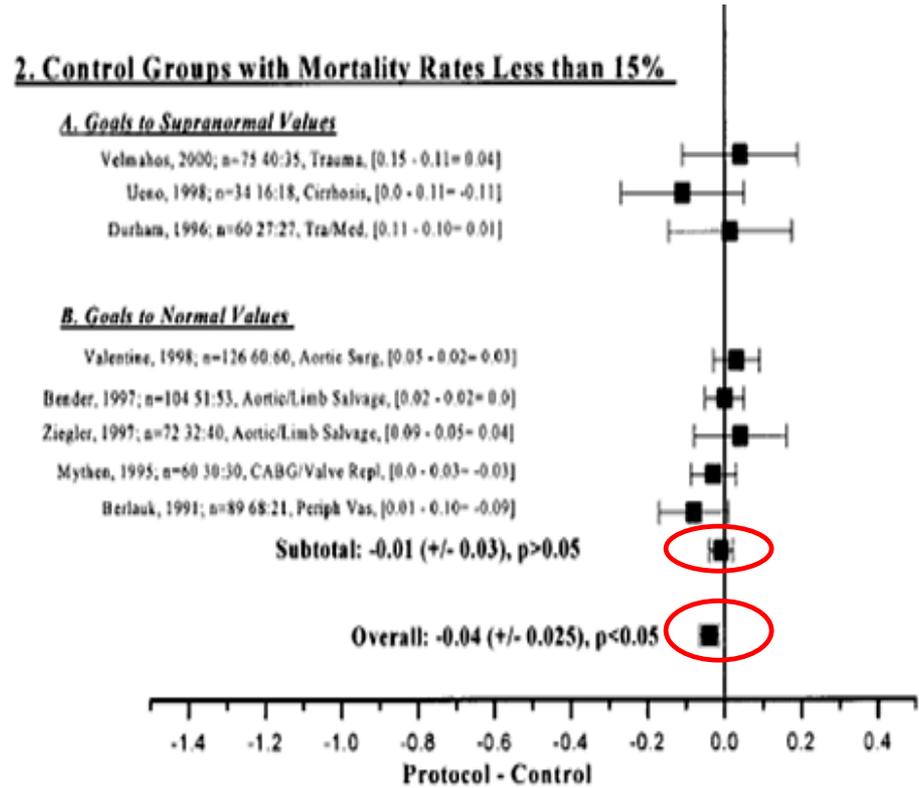
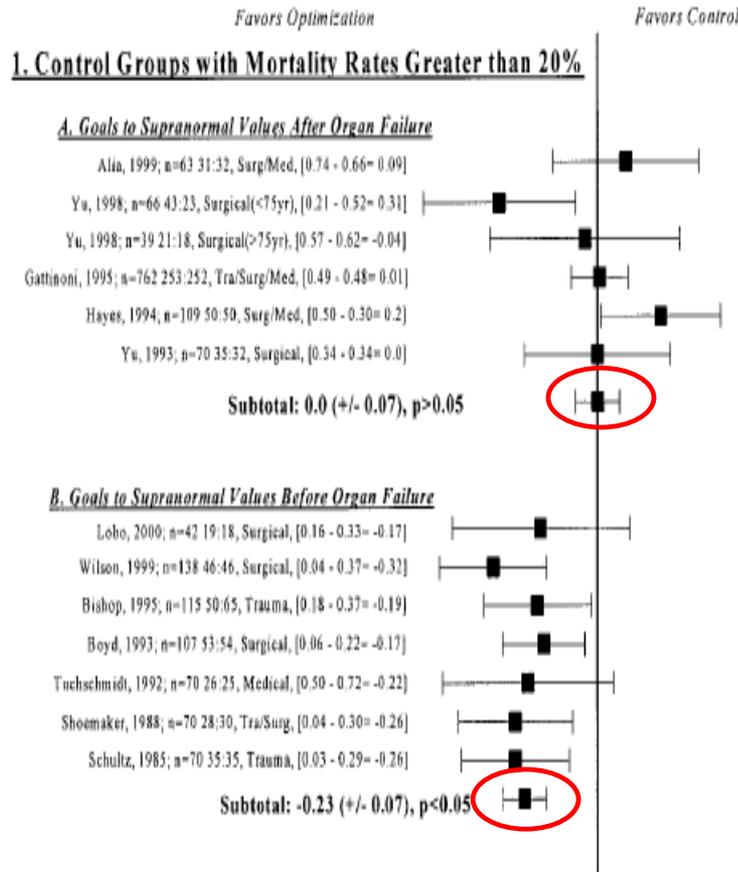
|                         |           |          |        |        |    |
|-------------------------|-----------|----------|--------|--------|----|
| Control group           | 252 (129) | 108 (13) | 94 (4) | 90 (3) | 87 |
| Cardiac-index group     | 253 (133) | 102 (8)  | 90 (4) | 86 (3) | 83 |
| Oxygen-saturation group | 257 (133) | 106 (16) | 89 (4) | 85 (1) | 84 |

Figure 2. Survival Curves from Study Entry to the Six-Month Follow-up in the Three Study Groups.



# Meta-analysis of hemodynamic optimization in high-risk patients\*

Jack W. Kern, PharmD; William C. Shoemaker, MD





**PVC ?**

# Les indices statiques de précharge

## Les pressions de remplissage : PVC

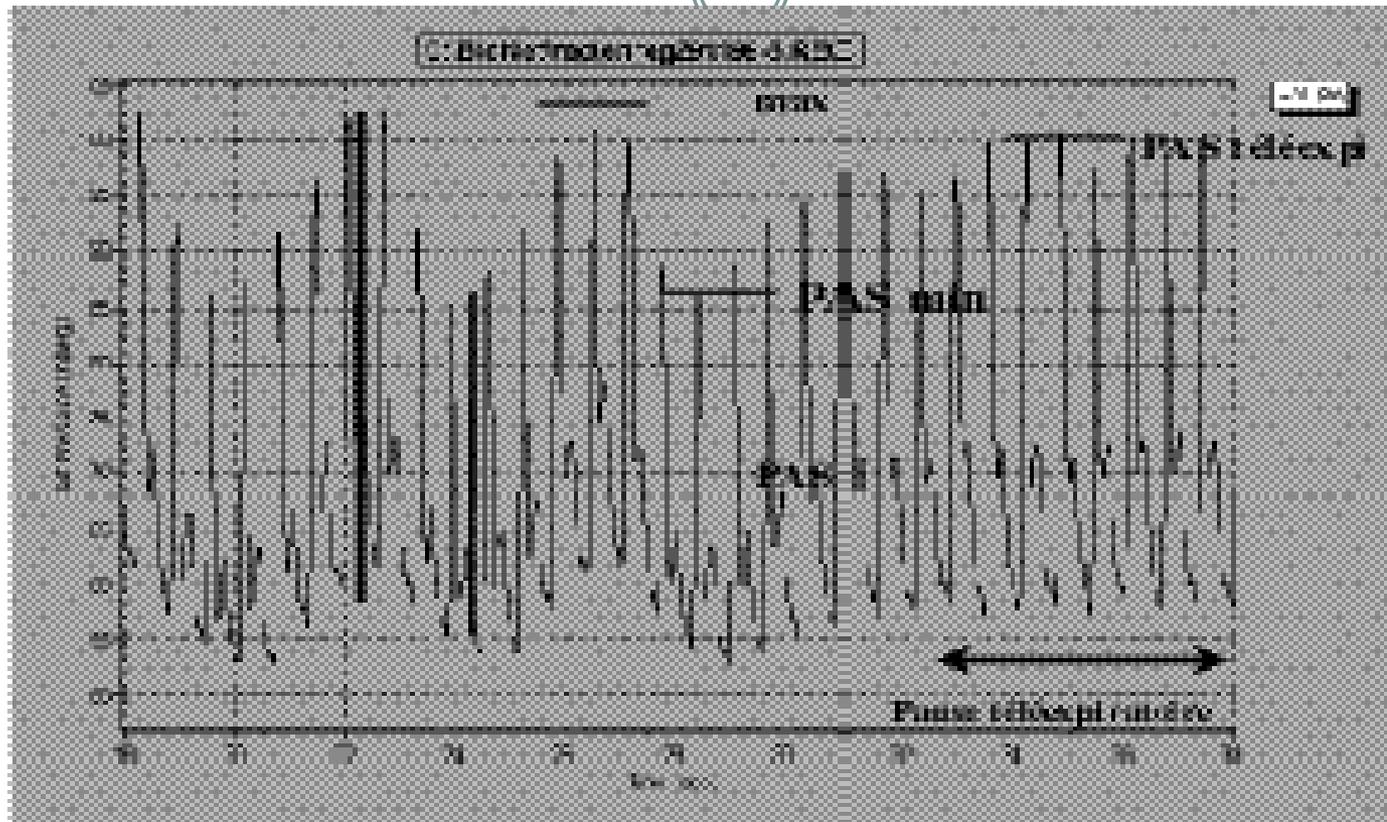
- même si correctement mesurées, PVC médiocres indices prédictifs de la réponse au RV.
- Des valeurs en présence de valeurs (très) basses
- une efficacité du RV peut être raisonnablement attendue:
- **PVC < 5 mmHg** (*accord fort*)

Annales Françaises d'Anesthésie et de Réanimation 24 (2005) 568–576

### RECOMMANDATIONS

**Recommandations d'experts de la SRLF**  
« Indicateurs du remplissage vasculaire au cours de l'insuffisance circulatoire »

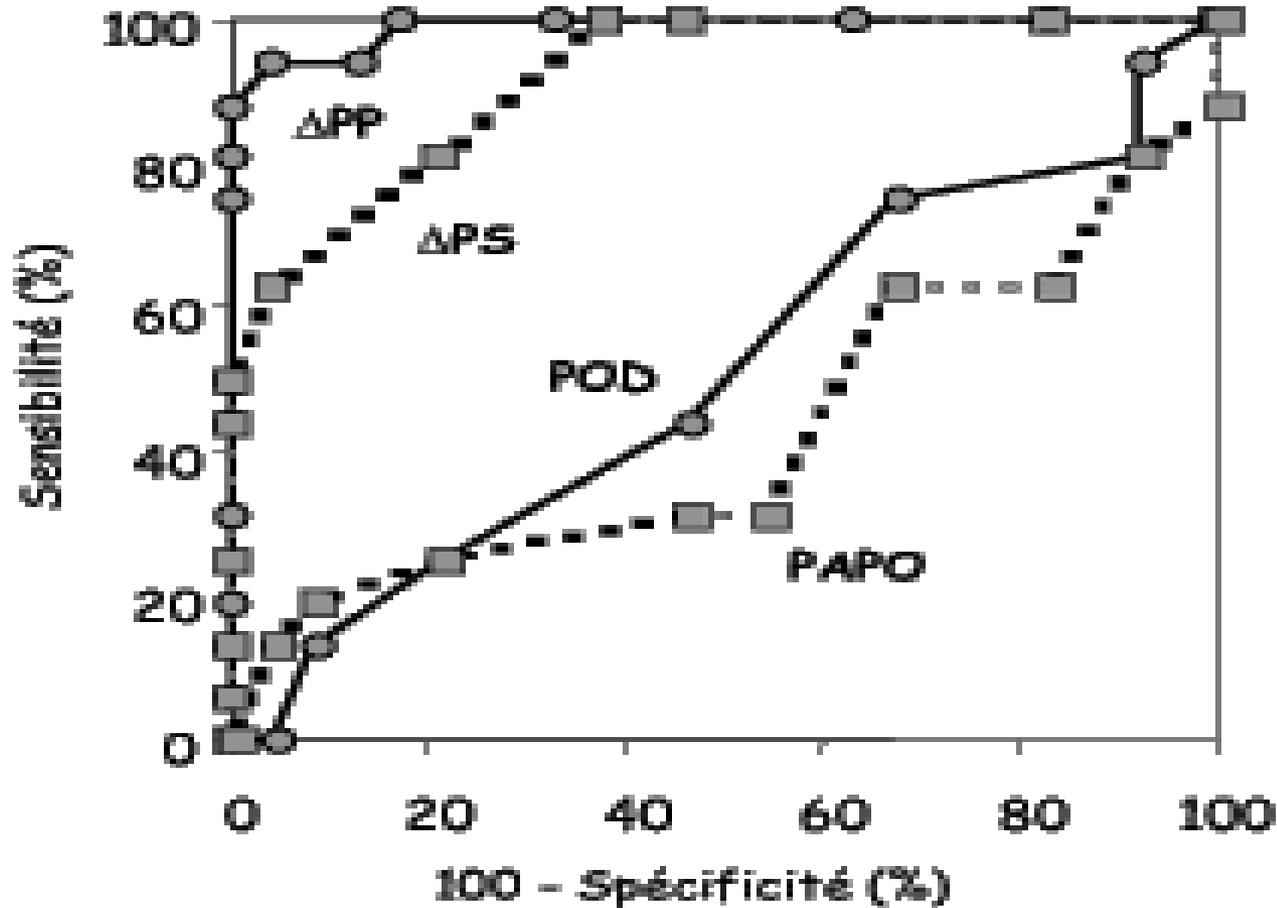
# • Méthodes dynamiques

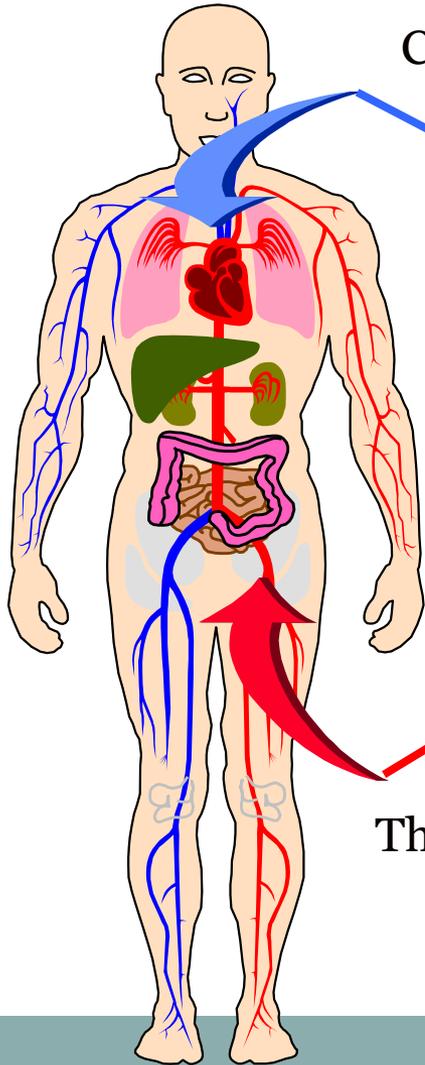


PP max      PP min

$$\Delta PP (\%) = (PP_{max} - PP_{min}) / [(PP_{max} + PP_{min})/2] * 100$$

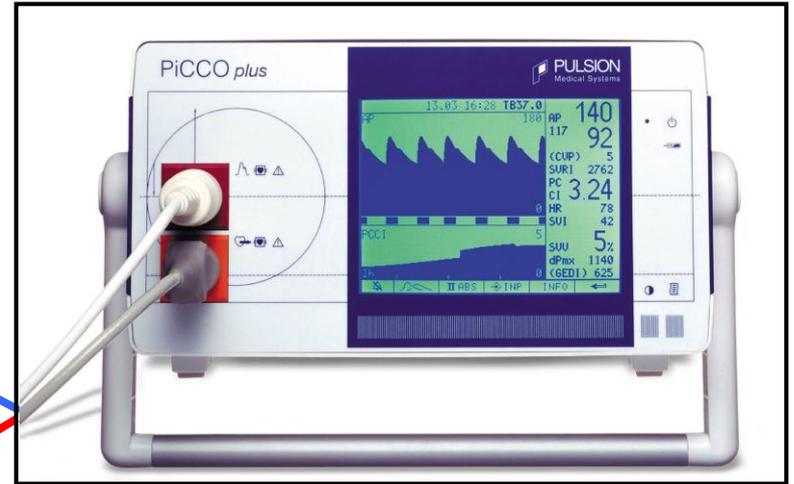
# Variations respiratoires de la POD, PAPO, deltaPS, et deltaPP





Central venous catheter

Thermodilution femoral arterial catheter







- **Transfusion sanguine?**

- Effect of Stored-Blood Transfusion on Oxygen Delivery in Patients With Sepsis
- Bone, Roger C.; Marik, Paul E.; Sibbald, William J.

| Patient No. | Age, y | Diagnosis*   | APACHE II | Baseline Lactate, mmol/L | ICU Outcome |
|-------------|--------|--|-----------|--------------------------|-------------|
| 1           | 65     | Pulmonary embolus, <i>Pseudomonas pneumonia</i>        | 17        | 1.0                      | Alive       |
| 2           | 36     | Pneumococcal pneumonia                                 | 22        | 2.4                      | Dead        |
| 3           | 23     | HIV, septicemia  | 18        | 2.2                      | Alive       |
| 4           | 32     | Burn, septicemia                                       | 24        | 3.2                      | Dead        |
| 5           | 54     | Perforated peptic ulcer, septic abdomen                | 21        | 1.5                      | Dead        |
| 6           | 69     | Perforated gallbladder, septic abdomen                 | 15        | 1.7                      | Alive       |
| 7           | 49     | Diabetes, necrotizing fasciitis                        | 18        | 1.6                      | Alive       |
| 8           | 52     | Gangrenous appendix                                    | 24        | 2.6                      | Alive       |
| 9           | 65     | <i>Legionella pneumonia</i>                            | 22        | 2.3                      | Alive       |
| 10          | 20     | Home TPN, <i>Candida septicemia</i>                    | 23        | 1.0                      | Alive       |
| 11          | 80     | Pancreatitis, <i>Staphylococcus aureus septicemia</i>  | 26        | 8.7                      | Dead        |
| 12          | 77     | <i>Legionella pneumonia</i>                            | 18        | 1.1                      | Dead        |
| 13          | 68     | Perforated colon, septic abdomen                       | 24        | 4.9                      | Dead        |
| 14          | 70     | CCF, <i>Candida septicemia</i>                         | 18        | 1.9                      | Alive       |
| 15          | 40     | Liver failure, pneumonia                               | 28        | 2.7                      | Dead        |
| 16          | 68     | Hepatitis, pneumococcal pneumonia                      | 24        | 2.3                      | Dead        |
| 17          | 56     | Metastatic carcinoid, <i>Pseudomonas pneumonia</i>     | 17        | 1.1                      | Dead        |
| 18          | 62     | AAA, fibrosing alveolitis, septicemia                  | 18        | 2.8                      | Alive       |
| 19          | 58     | Polytrauma, ARDS, <i>Pseudomonas pneumonia</i>         | 20        | 1.1                      | Alive       |
| 20          | 62     | Biliary pancreatitis, ARDS, <i>S aureus septicemia</i> | 24        | 3.3                      | Dead        |
| 21          | 43     | Pneumonia, <i>Escherichia coli septicemia</i>          | 19        | 5.5                      | Alive       |
| 22          | 73     | Flail chest, pneumococcal pneumonia                    | 14        | 1.3                      | Dead        |
| 23          | 79     | AAA, <i>Pseudomonas septicemia</i>                     | 21        | 5.7                      | Dead        |

\*HIV indicates human immunodeficiency virus; TPN, total parenteral nutrition; CCF, congestive cardiac failure; AAA, abdominal aortic aneurysm; and ARDS, adult respiratory disease syndrome.

# Effect of Stored-Blood Transfusion on Oxygen Delivery in Patients With Sepsis

Bone, Roger C.; Marik, Paul E.; Sibbald, William J.

|  | Mean ( $\pm$ SD)     |                                   |                      |                      |
|--|----------------------|-----------------------------------|----------------------|----------------------|
|  | Baseline             | Immediate                         | 3-Hour               | 6-Hour               |
| <b>All patients (n=23)</b>   |                      |                                   |                      |                      |
| DO <sub>2</sub> l, mL/min·m <sup>2</sup>                               | 565.1 ( $\pm$ 224.4) | 709.1 ( $\pm$ 311.3) <sup>†</sup> | 704.3 ( $\pm$ 237.2) | 690.3 ( $\pm$ 237.6) |
| Calculated VO <sub>2</sub> l, mL/min·m <sup>2</sup>                    | 162.9 ( $\pm$ 47.6)  | 187.6 ( $\pm$ 71.6) <sup>‡</sup>  | 183.7 ( $\pm$ 50.6)  | 183.9 ( $\pm$ 55.2)  |
| Measured VO <sub>2</sub> l, mL/min·m <sup>2</sup>                      | 138.9 ( $\pm$ 35.5)  | 140.8 ( $\pm$ 39.1)               | 138.4 ( $\pm$ 34.5)  | 137.6 ( $\pm$ 34.5)  |
| <b>Normal lactate (n=11)</b>   |                      |                                   |                      |                      |
| Calculated VO <sub>2</sub> l, mL/min·m <sup>2</sup>                    | 141.8 ( $\pm$ 14.7)  | 165.0 ( $\pm$ 34.3) <sup>§</sup>  | 167.7 ( $\pm$ 28.8)  | 162.0 ( $\pm$ 34.1)  |
| Measured VO <sub>2</sub> l, mL/min·m <sup>2</sup>                      | 128.4 ( $\pm$ 19.0)  | 131.4 (20.7)                      | 130.1 ( $\pm$ 19.0)  | 128.1 ( $\pm$ 17.2)  |
| <b>Increased lactate (n=12)</b>  |                      |                                   |                      |                      |
| Calculated VO <sub>2</sub> l, mL/min·m <sup>2</sup>                    | 182.3 ( $\pm$ 58.9)  | 208.3 ( $\pm$ 90.6)               | 198.4 ( $\pm$ 62.2)  | 203.0 ( $\pm$ 64.7)  |
| Measured VO <sub>2</sub> l, mL/min·m <sup>2</sup>                      | 148.5 ( $\pm$ 44.6)  | 149.4 ( $\pm$ 50.0)               | 146.1 ( $\pm$ 43.8)  | 146.5 ( $\pm$ 43.9)  |
| <b>Increase in gastric intramucosal pH (+<math>\Delta</math>)(n=9)</b> |                      |                                   |                      |                      |
| Measured VO <sub>2</sub> l, mL/min·m <sup>2</sup>                      | 124.8 ( $\pm$ 27.4)  | 124.6 ( $\pm$ 28.4)               | 122.6 ( $\pm$ 24.6)  | 122.2 ( $\pm$ 24.7)  |

\*DO<sub>2</sub>l indicates systemic oxygen delivery indexed, and VO<sub>2</sub>l, systemic oxygen consumption indexed.  
<sup>†</sup>P<.001.  
<sup>‡</sup>P<.01.  
<sup>§</sup>P<.05 for comparison of immediate with baseline values.

| Age of Blood, d          | Lactate, mmol/L | Baseline pHi | Immediate pHi | 3-Hour pHi | 6-Hour pHi |
|--------------------------|-----------------|--------------|---------------|------------|------------|
| <b>Normal Lactate</b>    |                 |              |               |            |            |
| 3                        | 1.3             | 7.230        | 7.250         | 7.260      | 7.320      |
| 10                       | 1.0             | 7.357        | 7.390         | 7.390      | 7.410      |
| 12                       | 2.2             | 7.285        | 7.340         | 7.340      | 7.345      |
| 12                       | 1.9             | 7.437        | 7.460         | 7.420      | 7.430      |
| 13                       | 1.1             | 7.255        | 7.280         | 7.280      | 7.285      |
| 16                       | 1.7             | 7.340        | 7.300         | 7.350      | 7.360      |
| 19                       | 1.0             | 7.410        | 7.325         | 7.420      | 7.420      |
| 22                       | 1.6             | 7.360        | 7.315         | 7.340      | 7.350      |
| 22                       | 1.2             | 7.390        | 7.335         | 7.300      | 7.260      |
| 31                       | 1.5             | 7.250        | 7.240         | 7.130      | 7.260      |
| 32                       | 1.1             | 7.380        | 7.390         | 7.380      | 7.350      |
| <b>Increased Lactate</b> |                 |              |               |            |            |
| 2                        | 2.3             | 7.200        | 7.200         | 7.220      | 7.270      |
| 4                        | 2.8             | 7.400        | 7.410         | 7.405      | 7.400      |
| 4                        | 5.0             | 7.060        | 7.070         | 7.060      | 7.060      |
| 13                       | 3.3             | 7.145        | 7.210         | 7.180      | 7.160      |
| 15                       | 8.7             | 6.880        | 6.824         | 6.820      | 6.853      |
| 19                       | 2.3             | 7.315        | 7.120         | 7.210      | 7.255      |
| 21                       | 2.4             | 7.040        | 7.040         | 7.005      | 7.030      |
| 22                       | 4.9             | 7.245        | 7.115         | 7.110      | 7.150      |
| 26                       | 2.6             | 7.310        | 7.320         | 7.260      | 7.130      |
| 27                       | 3.2             | 7.020        | 6.770         | 6.740      | 7.030      |
| 30                       | 5.5             | 7.330        | 7.225         | 7.325      | 7.320      |
| 33                       | 2.7             | 6.780        | 6.610         | 6.650      | 6.706      |

**CONCLUSIONS:** We failed to demonstrate a beneficial effect of red blood cell transfusion on measured systemic oxygen uptake in patients with sepsis. Patients receiving old transfused red blood cells developed evidence of splanchnic ischemia. We postulate that the poorly deformable transfused red blood cells cause microcirculatory occlusion in some organs, which may lead to tissue ischemia in some organs.

# Association of mortality with age of blood transfused in septic ICU patients

F. Robert Purdy MSc DVM MD FRCPC,  
Martin G. Tweeddale PhD MD FRCPC,  
Pamela M. Merrick BSN

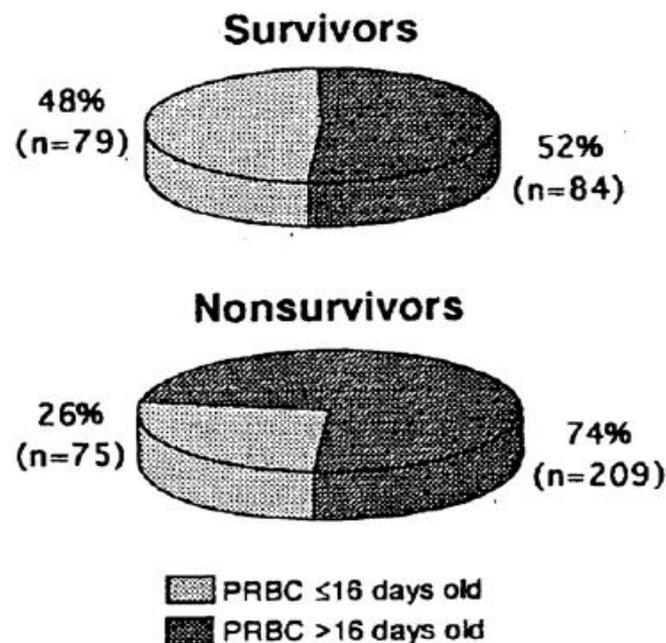


FIGURE 1 Proportion of PRBC units of different age transfused to survivors and nonsurvivors during sepsis ( $P < .0001$ ). n = number of PRBC units in each subgroup.

# Acute lung injury following blood transfusion: Expanding the definition

Paul E. Marik, MD, FACP, FCCM, FCCP; Howard L. Corwin, MD, FACP, FCCM, FCCP

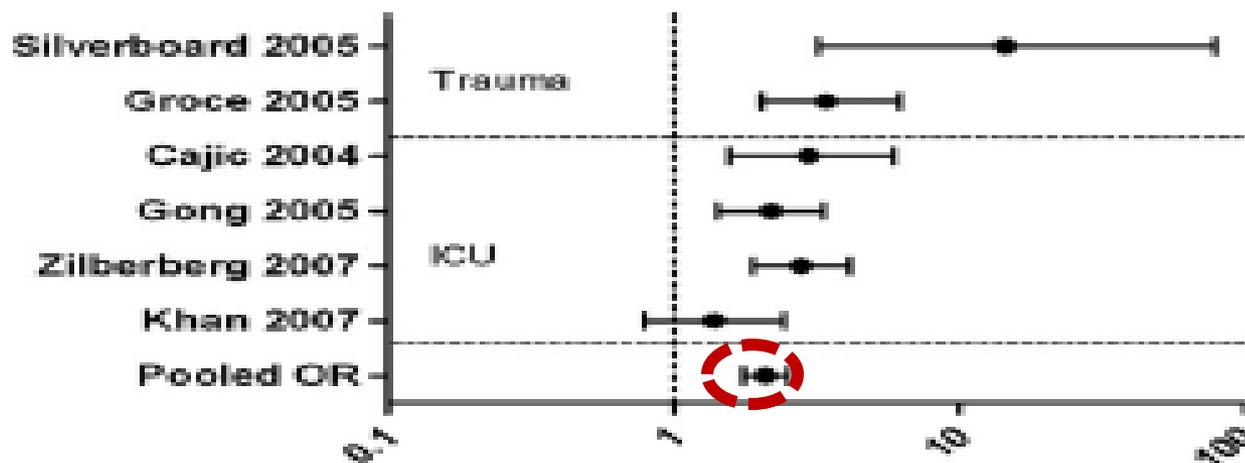


Figure 1. Effect of blood transfusions (any transfusion) on the risk of developing late transfusion-related acute lung injury (odds ratio and 95% confidence interval) (see reference 64). *ICU*, intensive care unit.

# Efficacy of red blood cell transfusion in the critically ill: A systematic review of the literature\*

Paul E. Marik, MD, FACP, FCCM, FCCP; Howard L. Corwin, MD, FACP, FCCM, FCCP

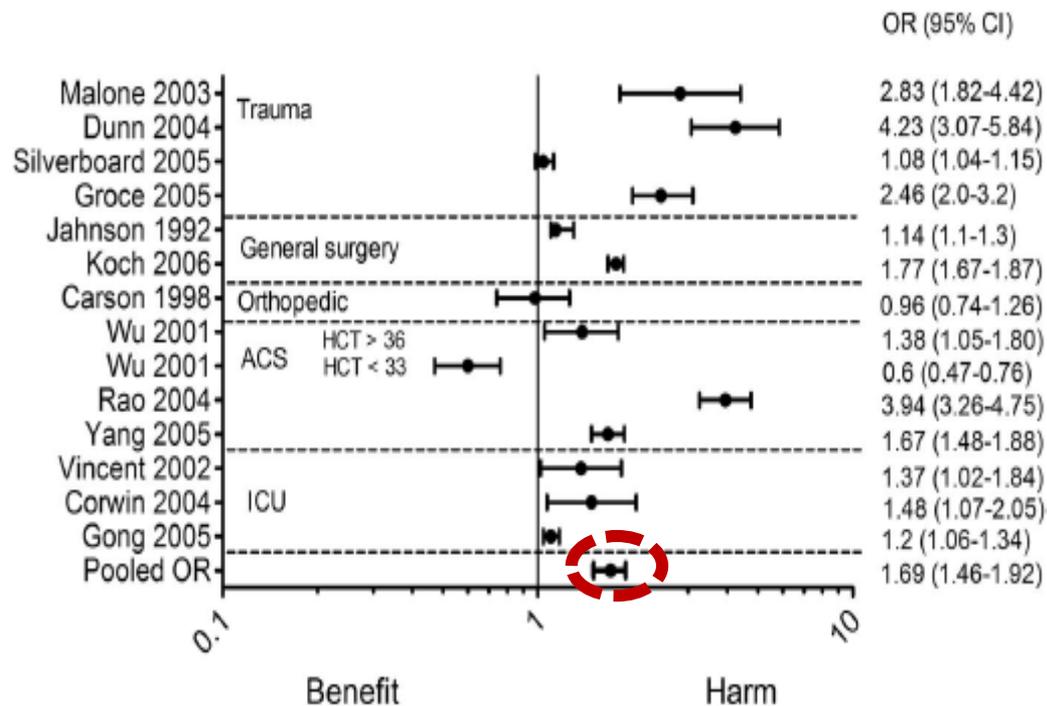


Figure 2. Association between blood transfusion and the risk of death (odds ratio [OR] and 95% confidence interval [CI]). ACS, abdominal compartment syndrome; ICU, intensive care unit.



- **Quelle drogue vasoactive ?**

# Norepinephrine plus dobutamine versus epinephrine alone for management of septic shock: a randomised trial

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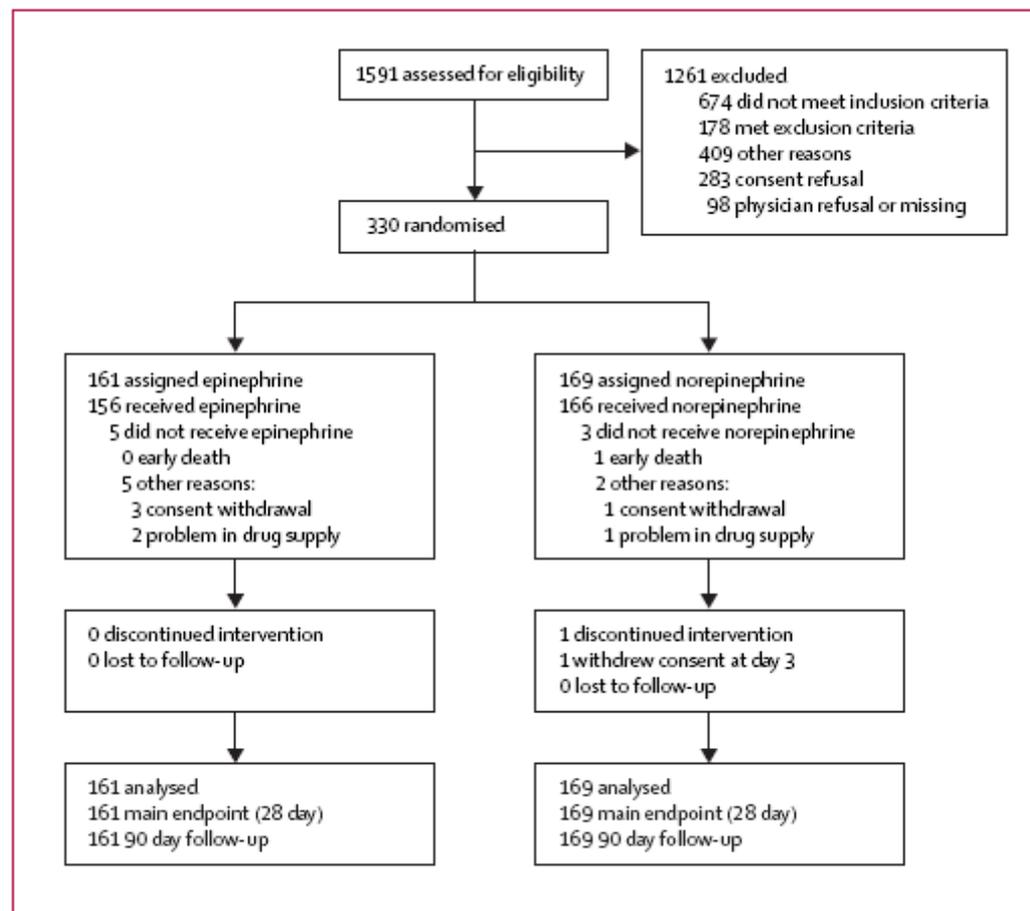


Figure 2: Trial profile

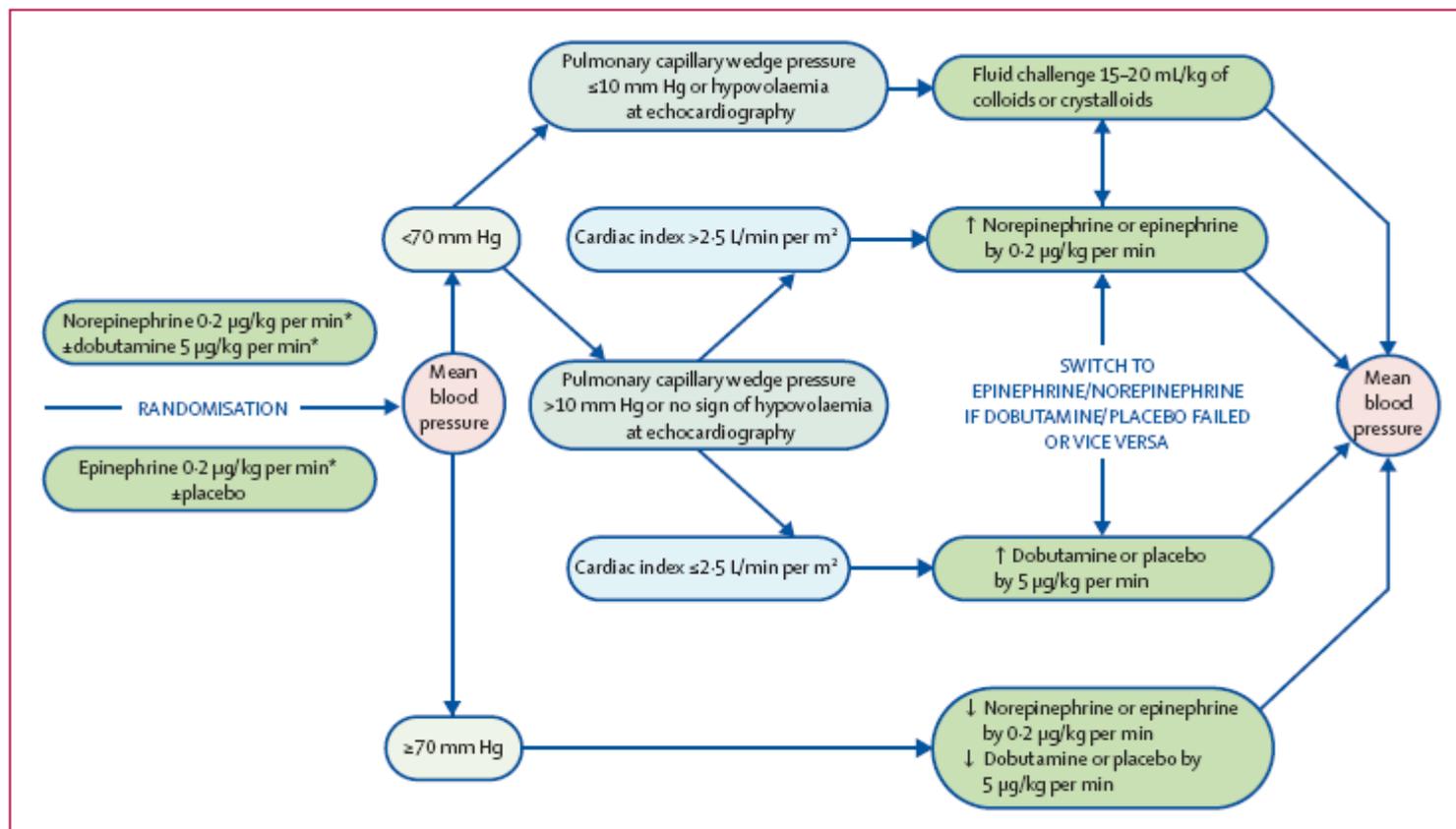


Figure 1: Treatment algorithm

|                                    | Overall<br>(n=330) | Epinephrine<br>(n=161) | Norepinephrine<br>plus dobutamine<br>(n=169) |
|------------------------------------|--------------------|------------------------|--|
| <b>Type of infection</b>           |                    |                        |  |
| Community acquired                 | 185 (56%)          | 88 (55%)               | 97 (57%)                                     |
| Hospital acquired, postoperative   | 57 (17%)           | 31 (19%)               | 26 (15%)                                     |
| Hospital acquired, others          | 88 (27%)           | 42 (26%)               | 46 (27%)                                     |
| <b>Primary source of infection</b> |                    |                        |  |
| Lung                               | 155 (47%)          | 74 (46%)               | 81 (48%)                                     |
| Abdomen                            | 84 (25%)           | 45 (28%)               | 39 (23%)                                     |
| Primary septicaemia                | 67 (20%)           | 28 (17%)               | 39 (23%)                                     |
| Urinary tract                      | 40 (12%)           | 19 (12%)               | 21 (12%)                                     |
| Bones/joints/soft tissues          | 34 (10%)           | 12 (8%)                | 22 (13%)                                     |
| Mediastinum/endocarditis           | 10 (3%)            | 6 (4%)                 | 4 (2%)                                       |
| Central nervous system             | 8 (2%)             | 4 (3%)                 | 4 (2%)                                       |
| Catheter related                   | 6 (2%)             | 4 (3%)                 | 2 (1%)                                       |
| Head and neck                      | 2 (0.6%)           | 1 (0.6%)               | 1 (0.6%)                                     |
| Others                             | 5 (2%)             | 3 (2%)                 | 2 (1%)                                       |
| <b>Positive blood cultures</b>     |                    |                        |  |
|                                    | 118 (36%)          | 64 (40%)               | 54 (32%)                                     |
| <b>Causal microorganism</b>        |                    |                        |  |
| None                               | 63 (19%)           | 30 (19%)               | 33 (20%)                                     |
| One                                | 174 (53%)          | 88 (55%)               | 86 (51%)                                     |
| More than one                      | 93 (28%)           | 43 (27%)               | 50 (30%)                                     |
| Gram-positive bacteria             | 154 (47%)          | 69 (43%)               | 85 (50%)                                     |
| Gram-negative bacteria             | 158 (48%)          | 83 (52%)               | 75 (44%)                                     |
| Anaerobes                          | 28 (9%)            | 11 (7%)                | 17 (10%)                                     |
| Mycobacterium                      | 3 (1%)             | 2 (1%)                 | 1 (0.6%)                                     |
| Fungi                              | 28 (9%)            | 12 (8%)                | 16 (10%)                                     |
| Parasite                           | 1 (0.3%)           | 1 (0.6%)               | 0 (0%)                                       |
| Virus                              | 3 (1%)             | 3 (2%)                 | 0 (0%)                                       |

Data are number of patients (%).

**Table 2: Characteristics of infections**

|                                  | Epinephrine (n=161) | Norepinephrine plus<br>dobutamine (n=169) | p    |
|----------------------------------|---------------------|---|------|
| At day 7                         | 40 (25%)            | 34 (20%)                                  | 0.30 |
| At day 14                        | 56 (35%)            | 44 (26%)                                  | 0.08 |
| At day 28                        | 64 (40%)            | 58 (34%)                                  | 0.31 |
| At discharge from intensive care | 75 (47%)            | 75 (44%)                                  | 0.69 |
| At discharge from hospital       | 84 (52%)            | 82 (49%)                                  | 0.51 |
| At day 90                        | 84 (52%)            | 85 (50%)                                  | 0.73 |

Data are number of deaths (%).

**Table 3: All-cause mortality rates**

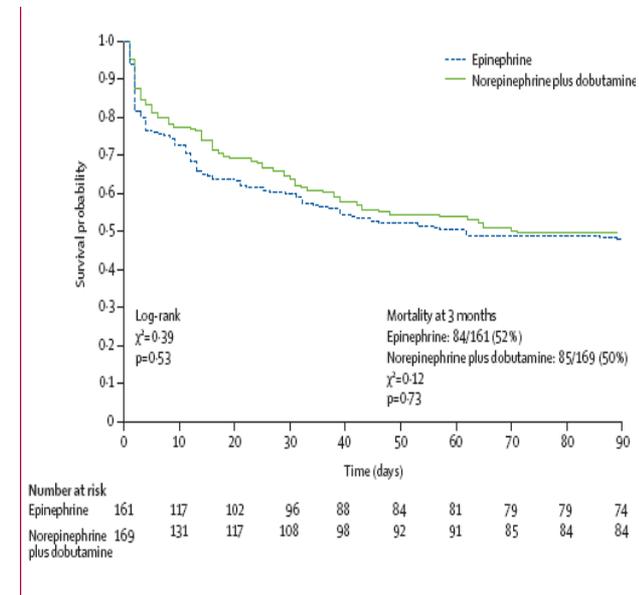
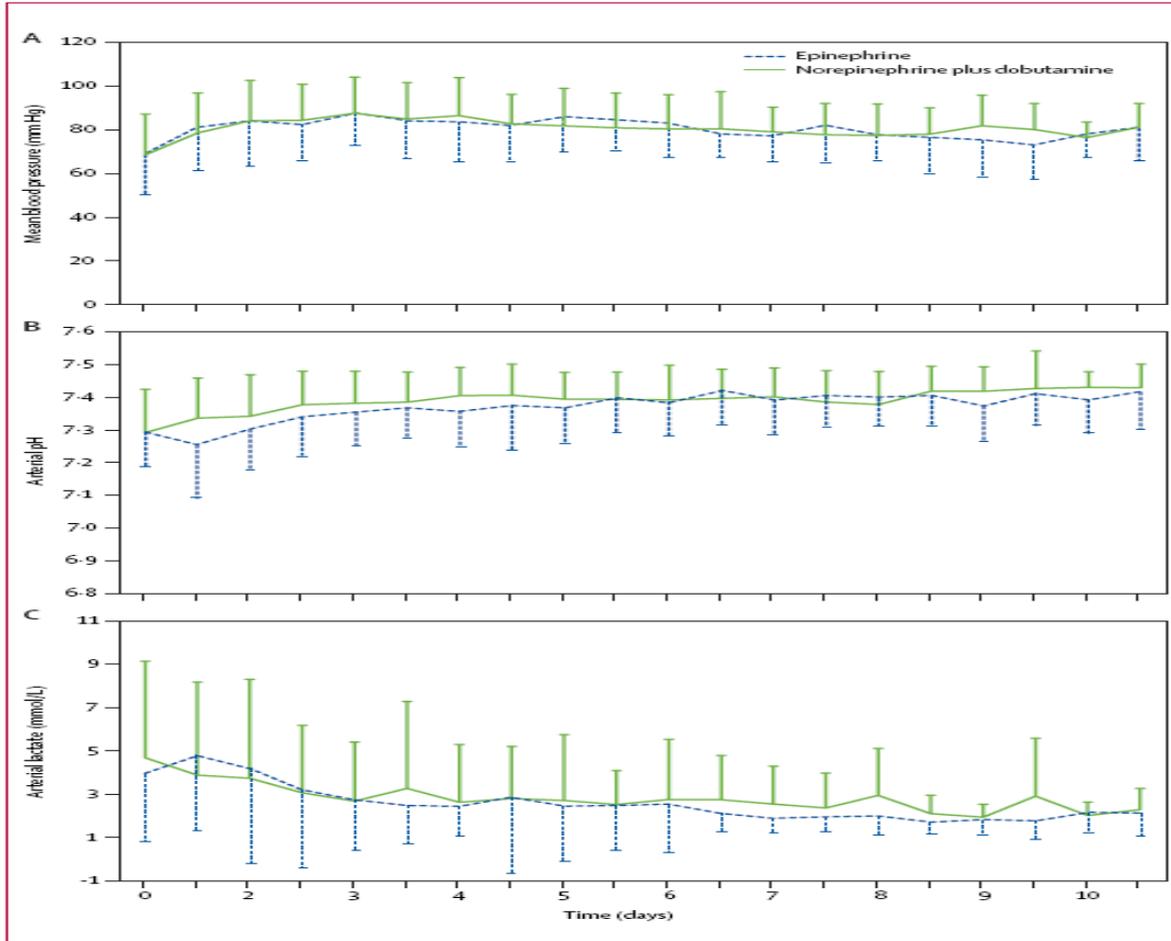


Figure 3: Survival from randomisation to day 90



**Figure 4: Effects of treatment**  
(A) Mean blood pressure. (B) Arterial pH. (C) Arterial lactate concentration. Error bars are SD.

# Comparison of Dopamine and Norepinephrine in the Treatment of Shock

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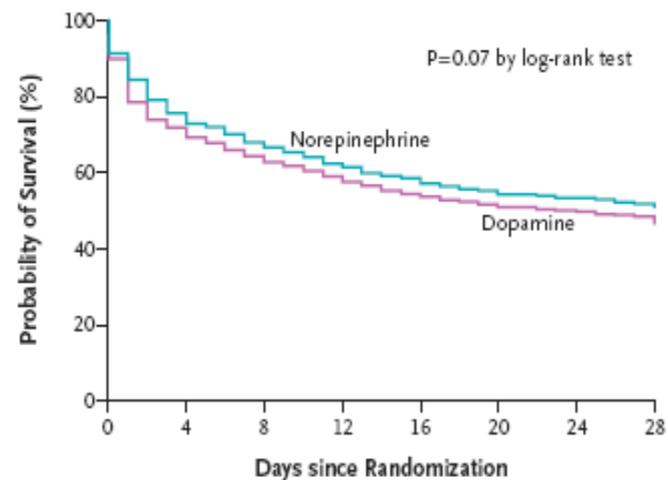
**Table 1. Baseline Characteristics of the Patients and Major Therapeutic Interventions at Baseline.\***

| Variable   | Dopamine (N = 858) | Norepinephrine (N = 821) |
|--|--------------------|--------------------------|
| Age — yr   |                    |                          |
| Median   | 68                 | 67                       |
| Interquartile range                              | 55–76              | 56–76                    |
| Male sex — no. (%)                               | 507 (59.1)         | 449 (54.7)               |
| APACHE II score†                                 |                    |                          |
| Median   | 20                 | 20                       |
| Interquartile range                              | 15–28              | 14–27                    |
| SOFA score‡                                      |                    |                          |
| Median   | 9                  | 9                        |
| Interquartile range                              | 7–12               | 6–12                     |
| Reason for admission — no. (%)                   |                    |                          |
| Medical  | 565 (65.9)         | 532 (64.8)               |
| Scheduled surgery                                | 168 (19.6)         | 161 (19.6)               |
| Emergency surgery                                | 125 (14.6)         | 128 (15.6)               |
| Cause of shock — no. (%)                         |                    |                          |
| Sepsis   | 542 (63.2)         | 502 (61.1)               |
| Lungs  | 278 (32.4)         | 246 (30.0)               |
| Abdomen  | 138 (16.1)         | 135 (16.4)               |
| Urine  | 51 (5.9)           | 42 (5.1)                 |
| Catheter   | 14 (1.6)           | 10 (1.2)                 |
| Endocardium                                      | 9 (1.0)            | 11 (1.3)                 |
| Mediastinum                                      | 10 (1.2)           | 15 (1.8)                 |
| Soft tissues                                     | 11 (1.3)           | 13 (1.6)                 |
| Other  | 15 (1.7)           | 20 (2.4)                 |
| Cardiogenic source                               | 135 (15.7)         | 145 (17.6)               |
| Myocardial infarction                            | 75 (8.7)           | 86 (10.5)                |
| Dilated cardiomyopathy                           | 25 (2.9)           | 19 (2.3)                 |
| Tamponade  | 2 (0.2)            | 7 (0.9)                  |
| Pulmonary embolism                               | 10 (1.2)           | 8 (1.0)                  |
| Valvular disease                                 | 4 (0.5)            | 5 (0.6)                  |
| After cardiopulmonary bypass                     | 19 (2.2)           | 20 (2.4)                 |
| Other  |                    |                          |
| Hypovolemia                                      | 138 (16.1)         | 125 (15.2)               |
| Hemorrhage                                       | 130 (15.2)         | 116 (14.1)               |
| Trauma   | 17 (2.0)           | 23 (2.8)                 |
| Gastrointestinal bleeding                        | 31 (3.6)           | 22 (2.7)                 |
| Bleeding at surgical site                        | 64 (7.5)           | 57 (6.9)                 |
| Other  | 18 (2.1)           | 14 (1.7)                 |
| Dehydration                                      | 8 (0.9)            | 9 (1.1)                  |
| Other  | 48 (5.9)           | 44 (5.0)                 |
| Other  |                    |                          |
| Spinal   | 6 (0.7)            | 8 (1.0)                  |
| Peridural§                                       | 13 (1.5)           | 4 (0.5)                  |
| Intoxication-related¶                            | 7 (0.8)            | 4 (0.5)                  |
| Anaphylactic                                     | 3 (0.3)            | 4 (0.5)                  |
| Miscellaneous                                    | 13 (1.5)           | 29 (3.5)                 |
| Hemodynamic, respiratory, and biologic variables |                    |                          |
| Temperature — °C                                 | 36.6±1.5           | 36.6±1.5                 |
| Heart rate — beats/min                           | 97±27              | 95±25                    |
| Mean arterial pressure — mm Hg                   | 58±13              | 58±13                    |
| Mean pulmonary-artery pressure — mm Hg**         | 27±9               | 29±8                     |



**Table 2.** Mortality Rates.<sup>2</sup>

| Time Period                        | Dopamine                 | Norepinephrine | Odds Ratio<br>(95% CI) <sup>†</sup> | P Value |
|------------------------------------|--------------------------|----------------|-------------------------------------|---------|
|                                    | <i>percent mortality</i> |                |                                     |         |
| During stay in intensive care unit | 50.2                     | 45.9           | 1.19 (0.98–1.44)                    | 0.07    |
| During hospital stay               | 59.4                     | 56.6           | 1.12 (0.92–1.37)                    | 0.24    |
| At 28 days                         | 52.5                     | 48.5           | 1.17 (0.97–1.42)                    | 0.10    |
| At 6 mo                            | 63.8                     | 62.9           | 1.06 (0.86–1.31)                    | 0.71    |
| At 12 mo                           | 65.9                     | 63.0           | 1.15 (0.91–1.46)                    | 0.34    |



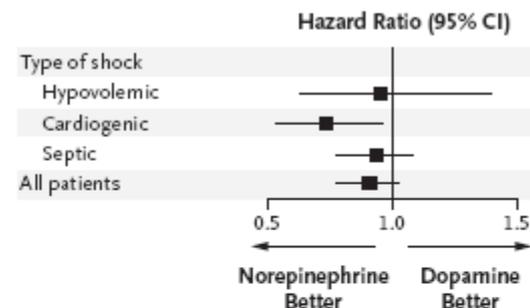
| No. at Risk    |     | 0   | 4   | 8   | 12  | 16  | 20  | 24  | 28 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|----|
| Norepinephrine | 821 | 617 | 553 | 504 | 467 | 432 | 412 | 394 |    |
| Dopamine       | 858 | 611 | 546 | 494 | 452 | 426 | 407 | 386 |    |

**Figure 2.** Kaplan–Meier Curves for 28-Day Survival in the Intention-to-Treat Population.



**Table 3. Secondary Outcomes and Adverse Events.\***

| Variable                                       | Dopamine (N=858) | Norepinephrine (N=821) | P Value |
|--|------------------|------------------------|---------|
| Support-free days through day 28               |                  |                        |         |
| Vasopressors not needed                        |                  |                        |         |
| Trial drug                                     | 11.0±12.1        | 12.5±12.1              | 0.01    |
| Open-label vasopressors                        | 12.6±12.5        | 14.2±12.3              | 0.007   |
| Mechanical ventilation not needed              | 8.5±11.2         | 9.5±11.4               | 0.13    |
| Renal support not needed                       | 12.8±12.4        | 14.0±12.3              | 0.07    |
| Intensive care not needed                      | 8.1±10.3         | 8.5±10.3               | 0.43    |
| Length of stay — no. of days                   |                  |                        |         |
| Intensive care unit                            |                  |                        | 0.12    |
| Median   | 5                | 5                      |         |
| Interquartile range                            | 1–11             | 2–12                   |         |
| Hospital                                       |                  |                        | 0.22    |
| Median   | 11               | 12                     |         |
| Interquartile range                            | 2–28             | 3–28                   |         |
| Cause of death in hospital — no./total no. (%) |                  |                        | 0.31    |
| Refractory shock                               | 196/426 (46)     | 155/381 (41)           |         |
| Withdrawal or withholding of therapy           | 193/426 (45)     | 190/381 (50)           |         |
| Brain death or severe postanoxic lesions       | 37/426 (9)       | 36/381 (9)             |         |
| Adverse events                                 |                  |                        |         |
| Arrhythmias — no. (%)                          | 207 (24.1)       | 102 (12.4)             | <0.001  |
| Atrial fibrillation                            | 176 (20.5)       | 90 (11.0)              |         |
| Ventricular tachycardia                        | 21 (2.4)         | 8 (1.0)                |         |
| Ventricular fibrillation                       | 10 (1.2)         | 4 (0.5)                |         |
| Myocardial infarction — no. (%)                | 19 (2.2)         | 25 (3.0)               | 0.29    |
| New infectious episode                         |                  |                        |         |
| No. of episodes                                |                  |                        | 0.69    |
| Median   | 1                | 1                      |         |
| Interquartile range                            | 0–1              | 0–1                    |         |
| Patients with at least one episode — no. (%)   | 674 (78.6)       | 619 (75.4)             | 0.35    |
| Skin ischemia — no. (%)                        | 56 (6.5)         | 34 (4.1)               | 0.09    |
| Mild†  | 46 (5.4)         | 28 (3.4)               |         |
| Severe‡  | 10 (1.2)         | 6 (0.7)                |         |
| Arterial occlusion — no. (%)§                  | 23 (2.7)         | 20 (2.4)               | 0.12    |
| Arms or fingers                                | 5 (0.6)          | 1 (0.1)                |         |
| Legs   | 7 (0.8)          | 13 (1.6)               |         |
| Bowel  | 11 (1.3)         | 6 (0.7)                |         |



**Figure 3. Forest Plot for Predefined Subgroup Analysis According to Type of Shock.**

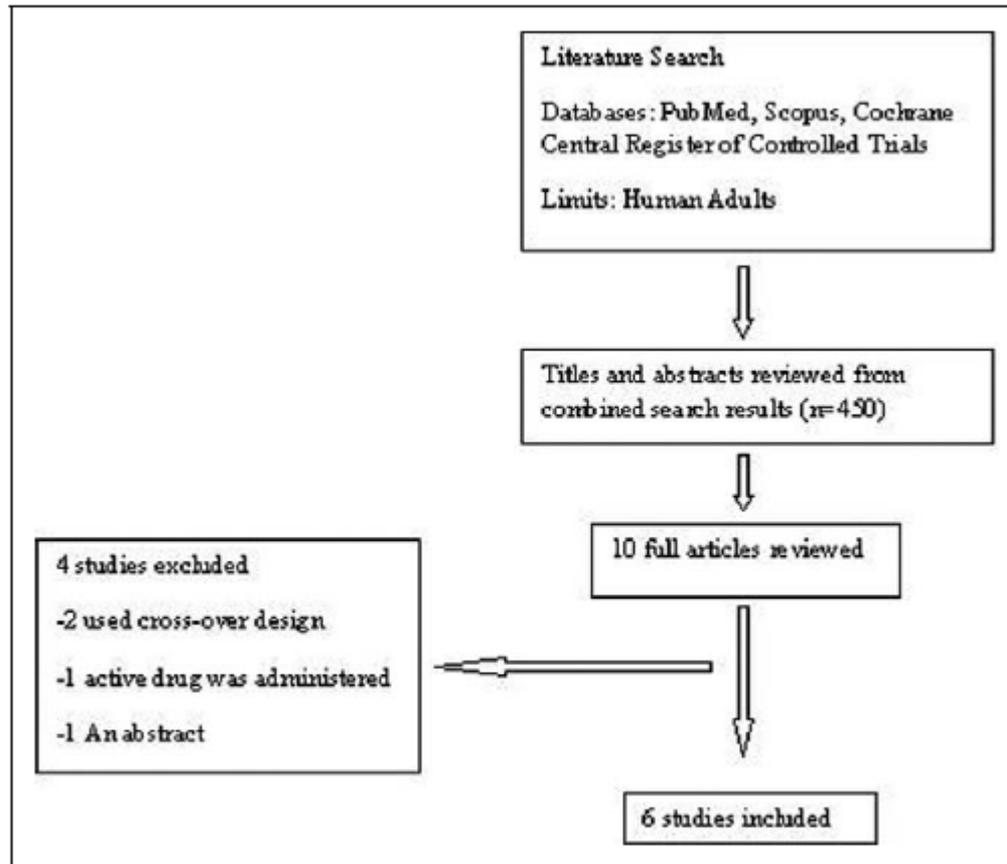
A total of 1044 patients were in septic shock (542 in the dopamine group and 502 in the norepinephrine group), 280 were in cardiogenic shock (135 in the dopamine group and 145 in the norepinephrine group), and 263 were in hypovolemic shock (138 in the dopamine group and 125 in the norepinephrine group). The P value for interaction was 0.87.

# Norepinephrine or Dopamine for Septic Shock: A Systematic Review of Randomized Clinical Trials

Tajender S. Vasu, Rodrigo Cavallazzi, Aryn Hirani, Gary Kaplan, Benjamin Leiby and Paul E. Marik

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**Figure 1.** Flowchart of study selection for the systematic review.

**Table 1.** Randomized Control Trials Comparing Norepinephrine With Dopamine in Patients With Septic Shock: Baseline Characteristics of Studies Included in the Meta-Analysis

| Author                  | Year | Population   | Country     | Number (NE) | Deaths (NE) | Arrhythmia (NE) | Number (DA) | Deaths (DA) | Arrhythmia (DA) | Mean Age (NE)   | Mean age (DA)   | Male (NE) | Male (DA) | APACHE II (NE)  | APACHE II (DA)  |
|-------------------------|------|--------------|-------------|-------------|-------------|-----------------|-------------|-------------|-----------------|-----------------|-----------------|-----------|-----------|-----------------|-----------------|
| Martin <sup>12</sup>    | 1993 | Septic Shock | France      | 16          | 7           | NR              | 16          | 10          | NR              | 52 ± 12         | 53 ± 19         | 12        | 12        | 31 ± 1.3        | 30 ± 1.2        |
| Ruokoacn <sup>13</sup>  | 1993 | Septic Shock | USA Finland | 5           | 4           | NR              | 5           | 3           | NR              | 42.2 ± 28       | 44.6 ± 6        | NR        | NR        | NR              | NR              |
| Marik <sup>14</sup>     | 1994 | Septic Shock | USA         | 10          | 5           | NR              | 10          | 6           | NR              | 46 ± 22         | 46 ± 13         | 6         | 5         | 18 ± 3          | 17 ± 6          |
| Mathur <sup>15</sup>    | 2007 | Septic Shock | India       | 25          | 14          | NR              | 25          | 19          | NR              | 52.8 ± 10.4     | 54.6 ± 10.9     | 15        | 17        | 25.6 ± 2.3      | 24.5 ± 2.9      |
| Paid <sup>16</sup>      | 2010 | Septic Shock | USA         | 118         | 51          | 14              | 134         | 67          | 51              | NR              | NR              | 52        | 64        | 27 ± 6.1        | 28 ± 6.7        |
| Dc Backer <sup>17</sup> | 2010 | Shock        | Europe      | 821         | 393         | 102             | 838         | 450         | 207             | 67 <sup>a</sup> | 68 <sup>a</sup> | 449       | 507       | 20 <sup>a</sup> | 20 <sup>a</sup> |

Abbreviations: NE, Norepinephrine; DA, Dopamine; NR, not reported.

**Table 2.** Cochrane Risk of Bias in Included Studies

| Author   | Adequate Sequence Generation | Allocation Concealment | Blinding | Incomplete Outcome Data Assessed | Free of Selective Outcome Reporting | Free of Other Biases |
|----------|------------------------------|------------------------|----------|----------------------------------|-------------------------------------|----------------------|
| Martin   | Yes                          | Unclear                | Yes      | Yes                              | Yes                                 | Yes                  |
| Ruokonen | Yes                          | No                     | Unclear  | Yes                              | Yes                                 | Yes                  |
| Marik    | Yes                          | Unclear                | Unclear  | Yes                              | Yes                                 | No                   |
| Mathur   | Unclear                      | Unclear                | Yes      | Yes                              | Yes                                 | No                   |
| Patel    | No                           | No                     | No       | Yes                              | Yes                                 | No                   |
| Debacker | Yes                          | Yes                    | Yes      | Yes                              | No                                  | No                   |

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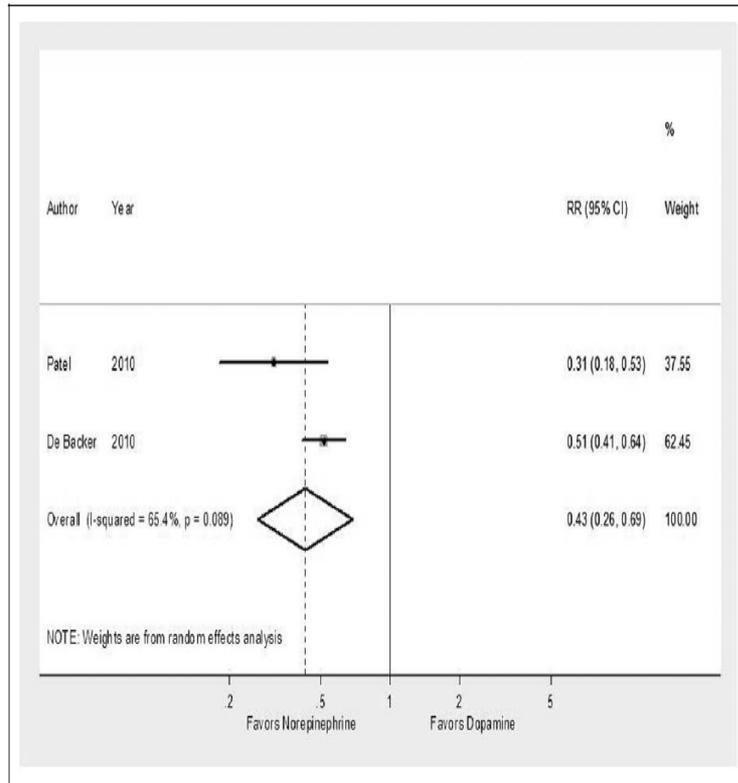


Figure 2. Comparison of mortality between norepinephrine and dopamine in patients with septic shock.

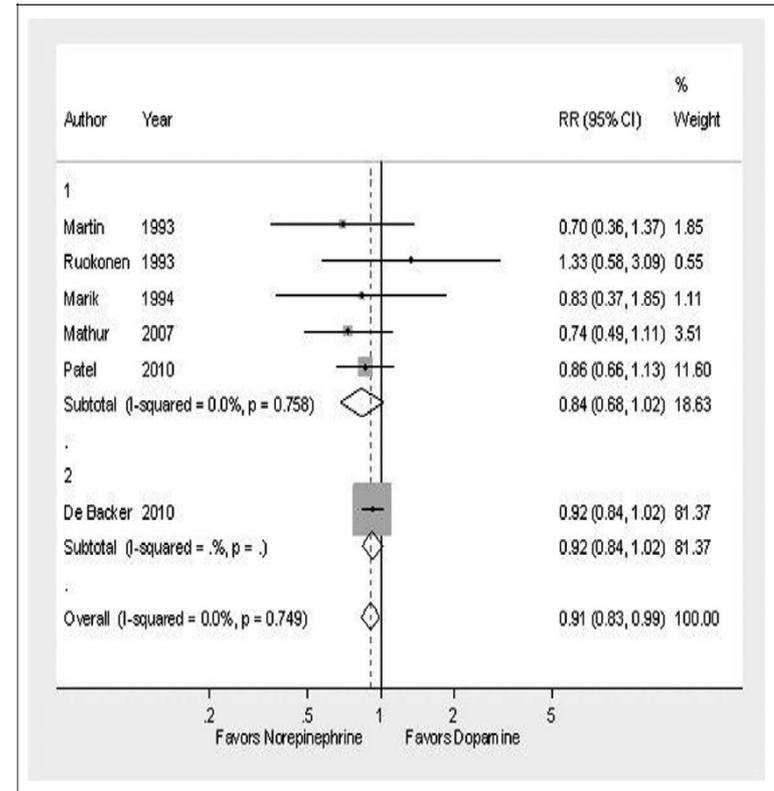


Figure 3. Rate of cardiac arrhythmia (comparison between norepinephrine and dopamine).

# Critères de sepsis sévère ou choc septique

Biologie  
Bactériologie  
Radiologie

## Conditionnement

Avant

Remplissage vasculaire  
Cristoïlide <30cc/kg sur 30min

Antibiothérapie

PAM <70mmHg

Voie centrale

Noradrénaline  
0.02µg/kg/min

Hydrocortisone 50mgx6/j

Pas d'amélioration  
Monitoring

PICCO ou écho cœur

Hypovolémie

Fonction VG altérée

Vasoplégie

Remplissage

Dobutamine  
Ou adrénaline

Noradrénaline

En service de  
Réanimation

# SURVEILLANCE: CLINIQUE, biologique

## Lactate Clearance vs Central Venous Oxygen Saturation as Goals of Early Sepsis Therapy A Randomized Clinical Trial

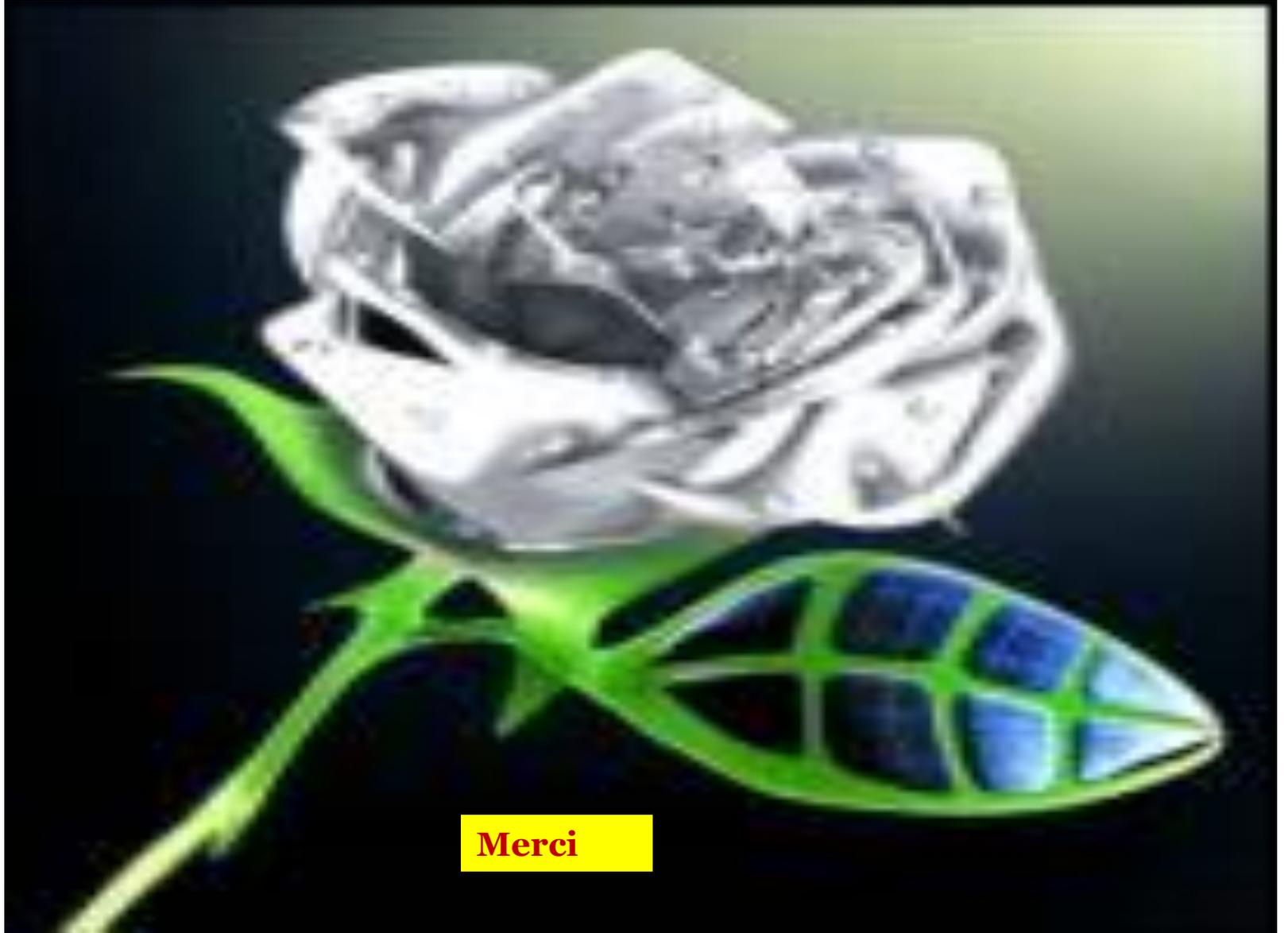
**Table 5.** Hospital Mortality and Length of Stay

| Variable                                    | Lactate Clearance Group (n = 150) | ScvO <sub>2</sub> Group (n = 150) | Proportion Difference (95% Confidence Interval) | P Value <sup>b</sup> |
|---|-----------------------------------|-----------------------------------|---|----------------------|
| In-hospital mortality, No. (%) <sup>a</sup> |                                   |                                   |   |                      |
| Intent to treat                             | 25 (17)                           | 34 (23)                           | 6 (–3 to 15)                                    |                      |
| Per protocol                                | 25 (17)                           | 33 (22)                           | 5 (–3 to 14)                                    |                      |
| Length of stay, mean (SD), d                |                                   |                                   |   |                      |
| ICU   | 5.9 (8.46)                        | 5.6 (7.39)                        |   | .75                  |
| Hospital                                    | 11.4 (10.89)                      | 12.1 (11.68)                      |   | .60                  |
| Hospital complications                      |                                   |                                   |   |                      |
| Ventilator-free days, mean (SD)             | 9.3 (10.31)                       | 9.9 (11.09)                       |   | .67                  |
| Multiple organ failure, No. (%)             | 37 (25)                           | 33 (22)                           |   | .68                  |
| Care withdrawn, No. (%)                     | 14 (9)                            | 23 (15)                           |   | .15                  |

Abbreviations: ICU, intensive care unit; ScvO<sub>2</sub>, central venous oxygen saturation.

<sup>a</sup>Primary study end point.

<sup>b</sup>Continuous data are compared using an unpaired *t* test; categorical variables, using the  $\chi^2$  test.



**Merci**

# Vasopressin versus Norepinephrine Infusion in Patients with Septic Shock

James A. Russell, M.D., Keith R. Walley, M.D., Joel Singer, Ph.D., Anthony C. Gordon, M.B., B.S., M.D., Paul C. Hébert, M.D., D. James Cooper, B.M., B.S., M.D., Cheryl L. Holmes, M.D., Sangeeta Mehta, M.D., John T. Granton, M.D., Michelle M. Storms, B.Sc.N., Deborah J. Cook, M.D., Jeffrey J. Presneill, M.B., B.S., Ph.D., and Dieter Ayers, M.Sc., for the VASST Investigators\*

**Table 2.** Analysis of the Rates and Risks of Death from Any Cause and Secondary Outcomes.\*

| Variable   | Norepinephrine<br>Group<br>(N=382)<br><i>no./total no. (%)</i> | Vasopressin<br>Group<br>(N=396)<br><i>no./total no. (%)</i> | P Value† | Absolute Risk<br>Reduction<br>(95% CI)‡<br>% | Relative Risk<br>(95% CI)§ | Adjusted Odds<br>Ratio¶ |
|--|--|---|----------|--|----------------------------|-------------------------|
| <b>Patients who underwent randomization and infusion</b> |  |   |          |  |                            |                         |
| 28-day mortality   | 150/382 (39.3)   | 140/396 (35.4)  | 0.26     | 3.9 (-2.9 to 10.7)                           | 0.90 (0.75 to 1.08)        | 0.88 (0.62 to 1.26)     |
| 90-day mortality   | 188/379 (49.6)   | 172/392 (43.9)  | 0.11     | 5.7 (-1.3 to 12.8)                           | 0.88 (0.76 to 1.03)        | 0.81 (0.57 to 1.16)     |
| <b>Patients who underwent randomization</b>              |  |   |          |  |                            |                         |
| 28-day mortality   | 154/395 (39.0)   | 144/404 (35.6)  | 0.33     | 3.3 (-3.4 to 10.1)                           | 0.91 (0.76 to 1.09)        |                         |
| 90-day mortality   | 194/392 (49.5)   | 177/400 (44.2)  | 0.14     | 5.2 (-1.7 to 12.2)                           | 0.89 (0.77 to 1.04)        |                         |
| <i>median (interquartile range)</i>                      |  |   |          |  |                            |                         |

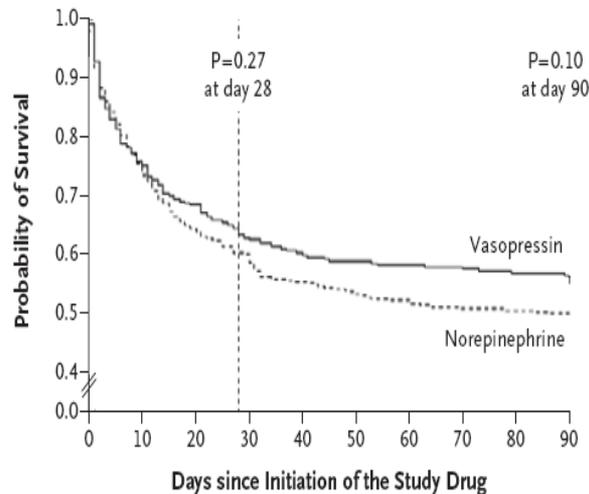
# Vasopressin versus Norepinephrine Infusion in Patients with Septic Shock

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| <b>Days alive  </b>                                      |             |             |      |
|--|-------------|-------------|------|
| <b>Free of organ dysfunction</b>                         |             |             |      |
| Cardiovascular   | 17 (0–24)   | 19 (0–24)   | 0.58 |
| Vasopressor use**  | 17 (0–24)   | 19 (0–24)   | 0.61 |
| Respiratory  | 2 (0–14)    | 3.5 (0–16)  | 0.15 |
| Ventilation††  | 6 (0–20)    | 8.5 (0–20)  | 0.24 |
| Renal  | 18.5 (3–28) | 21.5 (4–28) | 0.54 |
| Renal-replacement therapy                                | 23 (5–28)   | 25 (6–28)   | 0.64 |
| Hepatic  | 24.5 (3–28) | 25 (5–28)   | 0.80 |
| Hematologic  | 23 (3–28)   | 24 (5–28)   | 0.48 |
| Neurologic   | 15 (0–24)   | 15 (0–24)   | 0.57 |
| Free of any organ failure                                | 0 (0–6)     | 0 (0–9)     | 0.14 |
| Free of the systemic inflammatory<br>response syndrome‡‡ | 6 (0–15)    | 6 (0–18)    | 0.21 |
| Free of corticosteroid use                               | 13.5 (1–24) | 16 (1–25)   | 0.33 |
| <b>Length of stay (days)</b>                             |             |             |      |
| In ICU   | 16 (8–32)   | 15 (7–29)   | 0.14 |
| In hospital  | 26 (15–53)  | 27 (13–52)  | 0.23 |

# Vasopressin versus Norepinephrine Infusion in Patients with Septic Shock

James A. Russell, M.D., Keith R. Walley, M.D., Joel Singer, Ph.D., Anthony C. Gordon, M.B., B.S., M.D., Paul C. Hébert, M.D., D. James Cooper, B.M., B.S., M.D., Cheryl L. Holmes, M.D., Sangeeta Mehta, M.D., John T. Granton, M.D., Michelle M. Storms, B.Sc.N., Deborah J. Cook, M.D., Jeffrey J. Presneill, M.B., B.S., Ph.D., and Dieter Ayers, M.Sc., for the VASST Investigators\*



#### No. at Risk

|                | 397 | 301 | 272 | 249 | 240 | 234 | 232 | 230 | 226 | 220 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Vasopressin    | 397 | 301 | 272 | 249 | 240 | 234 | 232 | 230 | 226 | 220 |
| Norepinephrine | 382 | 289 | 247 | 230 | 212 | 205 | 200 | 194 | 193 | 191 |

**Figure 2.** Kaplan–Meier Survival Curves for Patients Who Underwent Randomization and Infusion.

The dashed vertical line marks day 28. P values were calculated with the use of the log-rank test.

**Table 3.** Serious Adverse Events in Patients Who Had Septic Shock.

| Variable                                | Norepinephrine Group (N=382) | Vasopressin Group (N=396) | P Value* |
|---|------------------------------|---------------------------|----------|
|   | no. (%)                      |                           |          |
| At least one serious adverse event      | 40 (10.5)                    | 41 (10.3)                 | 1.00     |
| Acute myocardial infarction or ischemia | 7 (1.8)                      | 8 (2.0)                   | 1.00     |
| Cardiac arrest                          | 8 (2.1)                      | 3 (0.8)                   | 0.14     |
| Life-threatening arrhythmia             | 6 (1.6)                      | 8 (2.0)                   | 0.79     |
| Acute mesenteric ischemia               | 13 (3.4)                     | 9 (2.3)                   | 0.39     |
| Hyponatremia†                           | 1 (0.3)                      | 1 (0.3)                   | 1.00     |
| Digital ischemia                        | 2 (0.5)                      | 8 (2.0)                   | 0.11     |
| Cerebrovascular accident                | 1 (0.3)                      | 1 (0.3)                   | 1.00     |
| Other‡                                  | 2 (0.5)                      | 5 (1.3)                   | 0.45     |

# Vasopressin versus Norepinephrine Infusion in Patients with Septic Shock

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**Table 4.** Rates and Risks of Death from Any Cause According to the Severity of Shock.\*

| Stratum                  | Norepinephrine Group<br><i>no./total no. (%)</i> | Vasopressin Group<br><i>no./total no. (%)</i> | P Value†    | Absolute Risk Reduction<br>(95% CI)<br>% | Relative Risk<br>(95% CI) |
|--------------------------|--|---|-------------|--|---------------------------|
| More severe septic shock |  |   |             |  |                           |
| 28-day mortality         | 85/200 (42.5)                                    | 88/200 (44.0)                                 | 0.76        | -1.5 (-11.2 to 8.2)                      | 1.04 (0.83 to 1.3)        |
| 90-day mortality         | 105/199 (52.8)                                   | 103/199 (51.8)                                | 0.84        | 1.0 (-8.8 to 10.8)                       | 0.98 (0.81 to 1.18)       |
| Less severe septic shock |  |   |             |  |                           |
| 28-day mortality         | 65/182 (35.7)                                    | 52/196 (26.5)                                 | 0.05        | 9.2 (-0.1 to 18.5)                       | 0.74 (0.55 to 1.01)       |
| 90-day mortality         | 83/180 (46.1)                                    | 69/193 (35.8)                                 | <b>0.04</b> | 10.4 (0.4 to 20.3)                       | 0.78 (0.61 to 0.99)       |



**ANTIBIOTHÉRAPIE:**

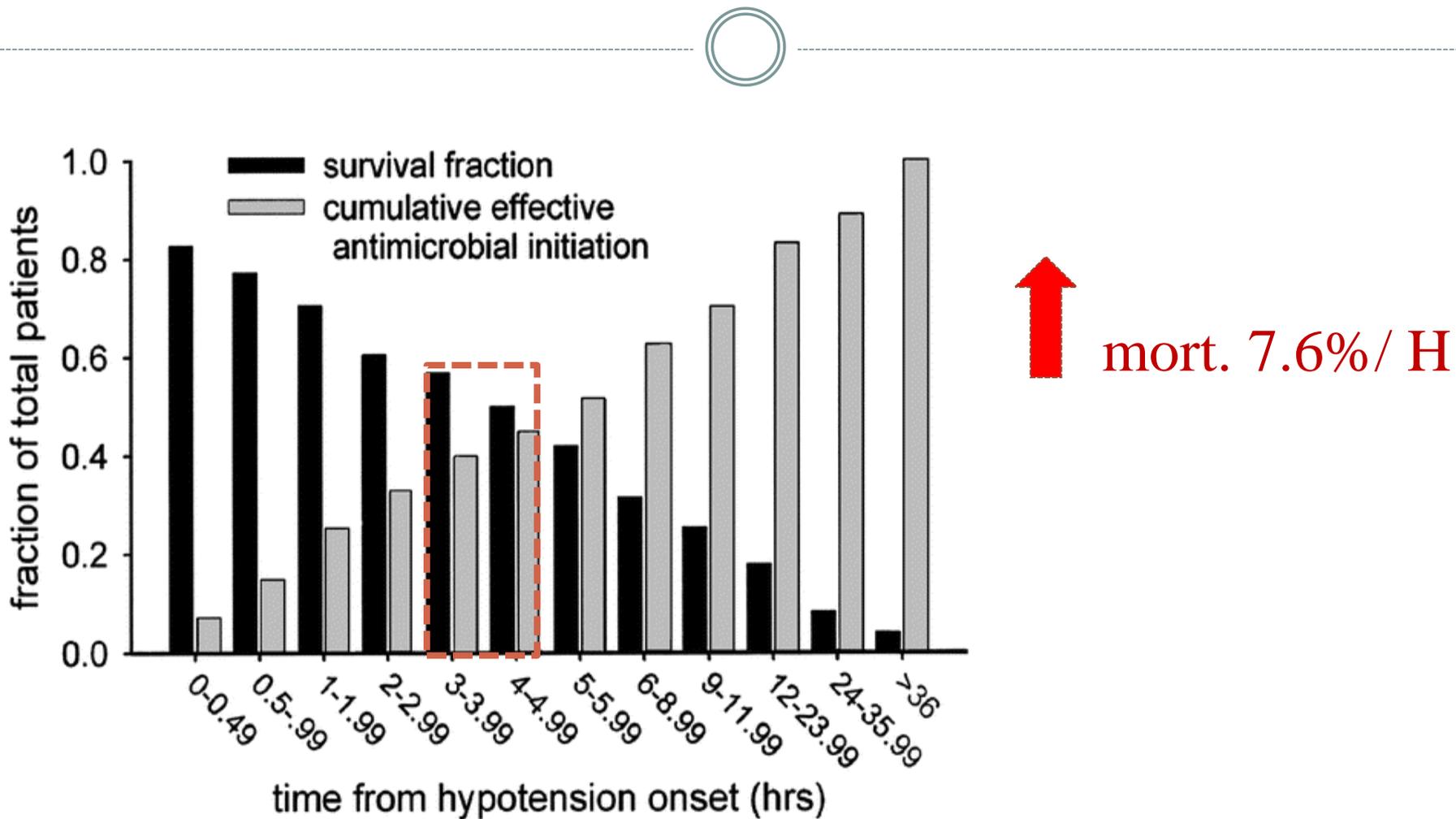
**QUAND DEBUTER?**

## Duration of hypotension before initiation of effective antimicrobial therapy is the critical determinant of survival in human septic shock\*

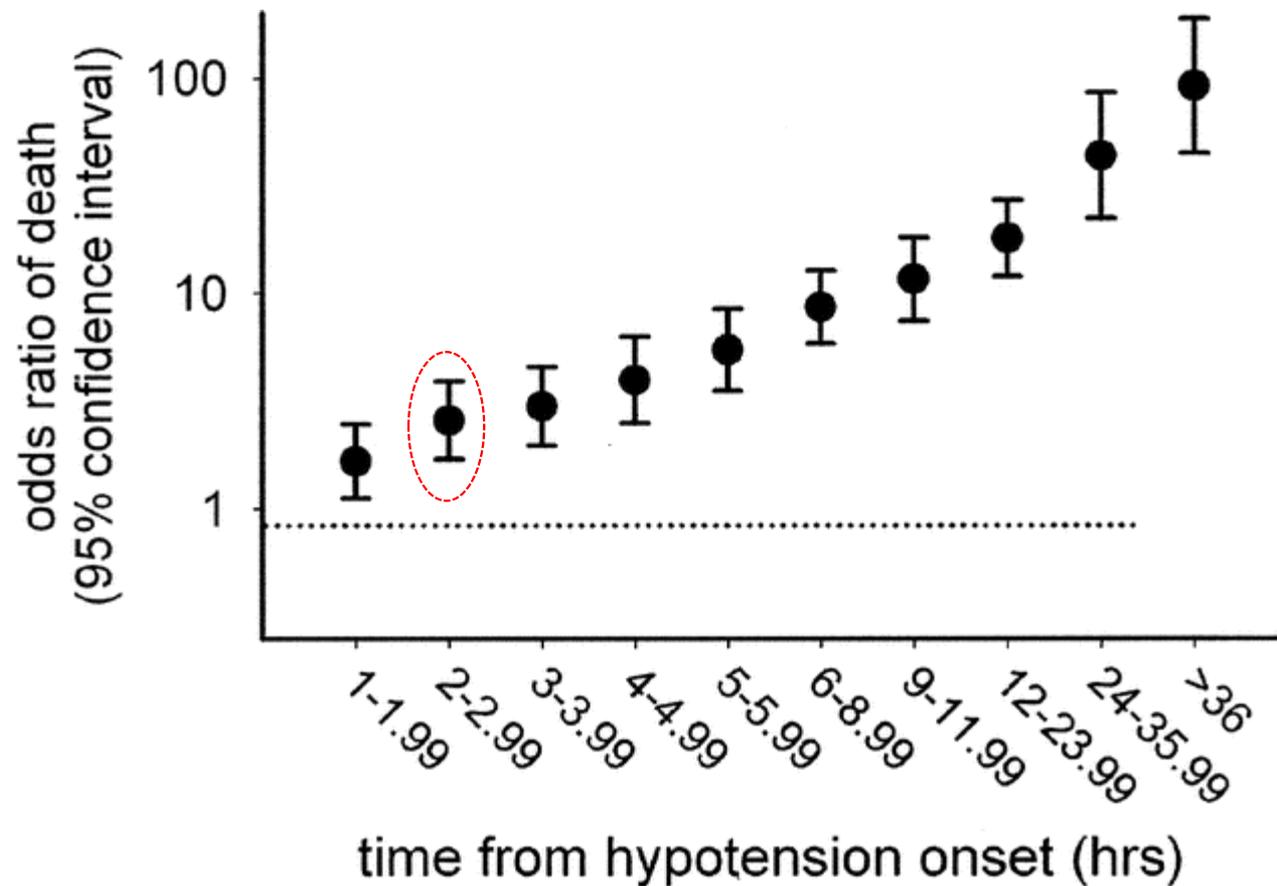
Anand Kumar, MD; Daniel Roberts, MD; Kenneth E. Wood, DO; Bruce Light, MD; Joseph E. Parrillo, MD; Satendra Sharma, MD; Robert Suppes, BSc; Daniel Feinstein, MD; Sergio Zanotti, MD; Leo Taiberg, MD; David Gurka, MD; Aseem Kumar, PhD; Mary Cheang, MSc

- Choc septique
- étude rétrospective sur 5 ans (1989-2004)
- 24 ICU
- 2154 patients avec une antibiothérapie adéquate

# Précocité antibiothérapie probabiliste et mortalité



# Précocité antibiothérapie probabiliste et mortalité



## Duration of hypotension before initiation of effective antimicrobial therapy is the critical determinant of survival in human septic shock\*

Anand Kumar, MD; Daniel Roberts, MD; Kenneth E. Wood, DO; Bruce Light, MD; Joseph E. Parrillo, MD; Satendra Sharma, MD; Robert Suppes, BSc; Daniel Feinstein, MD; Sergio Zanotti, MD; Leo Taiberg, MD; David Gurka, MD; Aseem Kumar, PhD; Mary Cheang, MSc

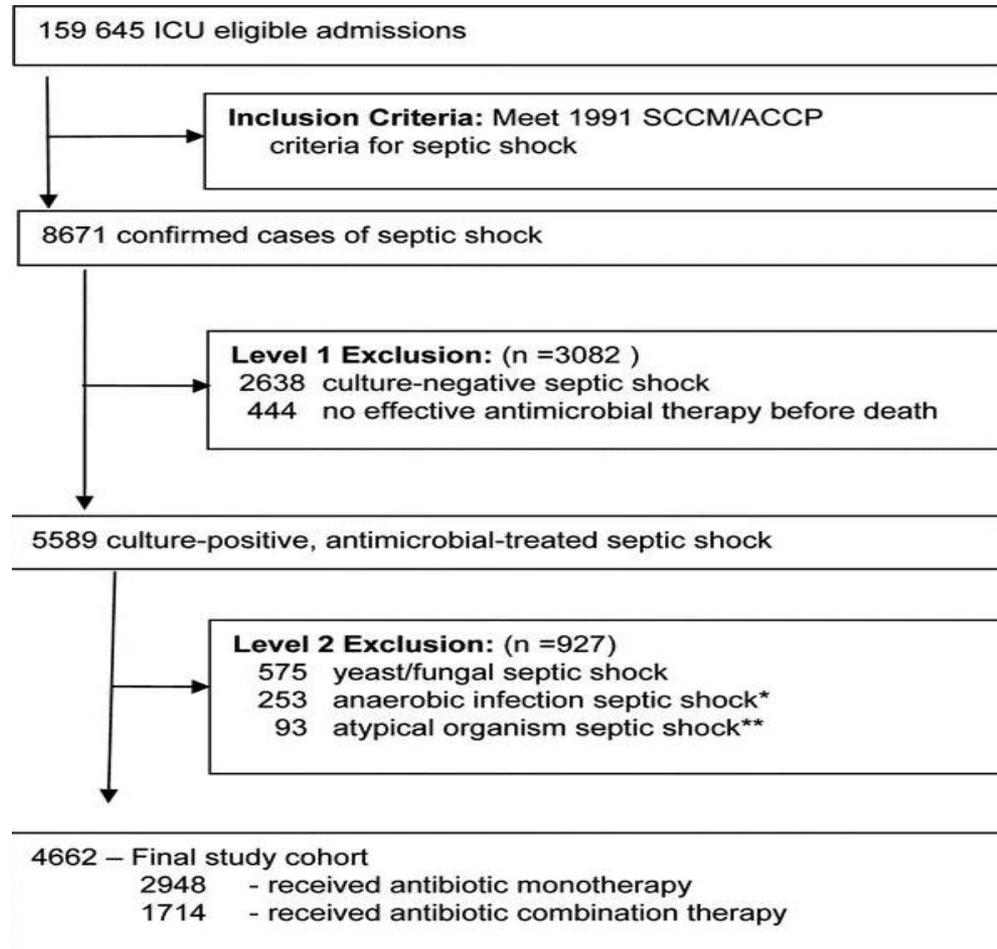
***Conclusions:* Effective antimicrobial administration within the first hour of documented hypotension was associated with increased survival to hospital discharge in adult patients with septic shock. Despite a progressive increase in mortality rate with increasing delays, only 50% of septic shock patients received effective antimicrobial therapy within 6 hrs of documented hypotension. (Crit Care Med 2006; 34:1589–1596)**



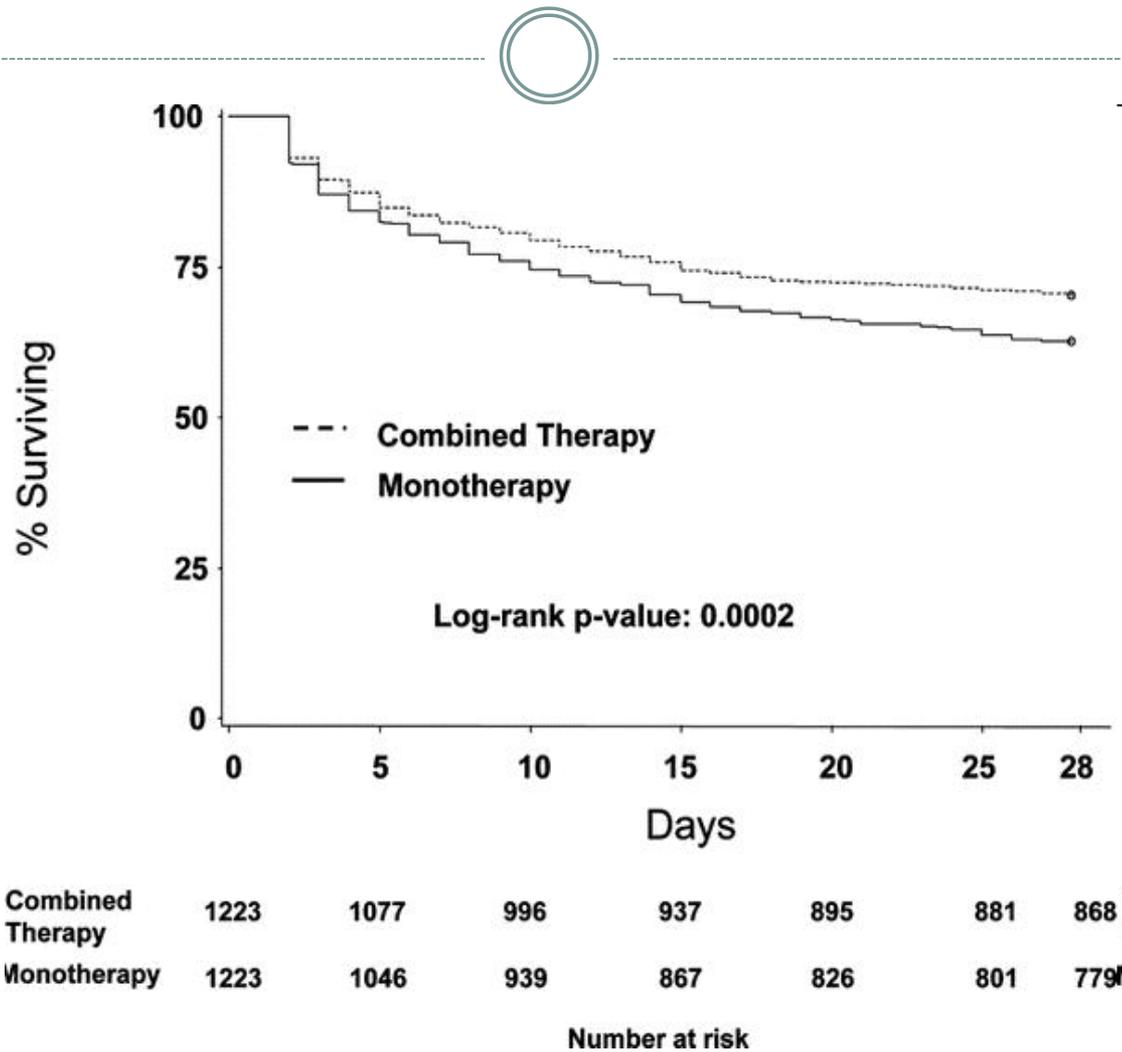
# ANTIBIOTHÉRAPIE:

**MONOTHERAPIE** VERSUS **BITHERAPIE**

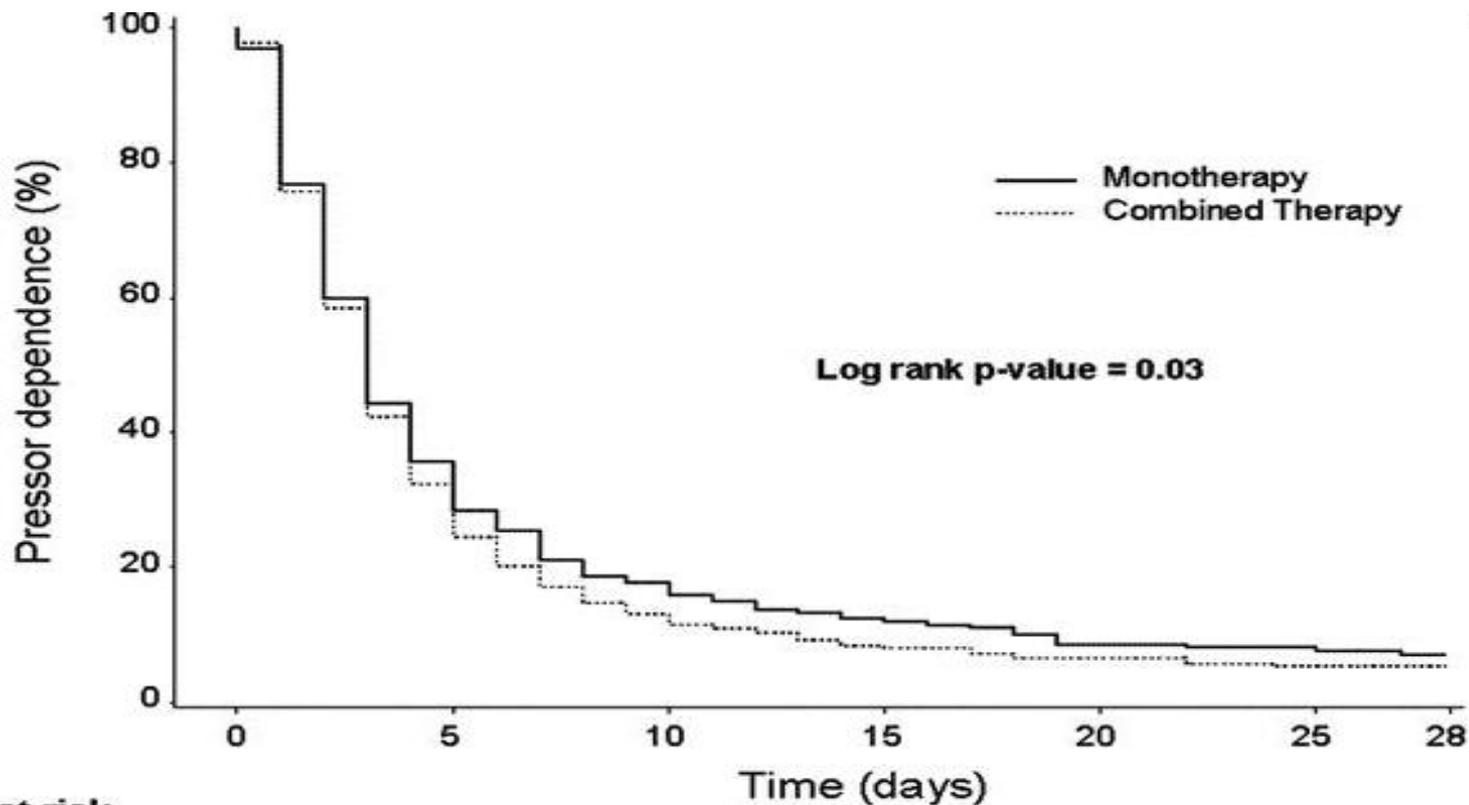
# Early combination antibiotic therapy yields improved survival compared with monotherapy in septic shock : a propensity-matched analysis (I)



- Adjusted cox proportional hazards of mortality associated with combination antibiotic therapy of septic shock



- Log-rank assessment of persistence of pressor/inotrope dependence associated with combination therapy of septic shock. Combination therapy was associated



| # at risk        | 0    | 5   | 10  | 15 | 20 | 25 | 28 |
|------------------|------|-----|-----|----|----|----|----|
| Monotherapy      | 1223 | 319 | 108 | 47 | 21 | 16 | 15 |
| Combined Therapy | 1223 | 300 | 90  | 43 | 18 | 12 | 12 |



**ANTIBIOTHÉRAPIE:**

**ADAPTEE:**



## Bactériémies : analyse multivariée des facteurs pronostiques

843 épisodes de bactériémies et de fongémies, 17,5% de mortalité globale

| Facteurs significatifs  | Risque Relatif |
|---|----------------|
| Age > 70 ans  | 1.80           |
| Agents fongiques ou Entérobactéries autres qu' <i>E.coli</i>  | 2.27           |
| Origine inconnue, respiratoire, péritonéale ou colique  | 2.86           |
| Néoplasie, SIDA ou insuffisance rénale sous-jacents   | 1.98           |
| Etat de choc  | 2.29           |
| Absence de réaction fébrile (< 37.9°C)  | 2.04           |
| <b>Antibiothérapie inadéquate à au moins 2 évaluations</b><br>(probabiliste initiale, résultat des HC, données antibiogramme) | <b>2.72</b>    |



## Infections sévères en réanimation: conséquences d'une antibiothérapie inadéquate

Étude prospective, 2000 patients dont 655 avec une antibiothérapie

☞ Mortalité liée à l'infection

- patients avec ATB adéquate = 17.7%
- patients avec ATB inadéquate = 42.0% (RR = 2.37 ; p<0.001)

- ➔ Défaillances viscérales plus nombreuses
  - 2.5+/-1.5 vs 0.9+/-1.4 (p<0.0001)
- ➔ Durée de séjour en réanimation accrue
  - 10.2+/-10.2 vs 7.1+/-8.2 j (p<0.0001)
- ➔ Durée de ventilation accrue
  - 11.1+/-10.6 vs 7.6 +/- 9.2 j (p<0.0001)

# Impact of adequate empirical antibiotic therapy on the outcome of patients admitted to the intensive care unit with sepsis\*

Jose Garnacho-Montero, MD, PhD; Jose Luis Garcia-Garmendia, MD, PhD; Ana Barrero-Almodovar, MD; Francisco J. Jimenez-Jimenez, MD, PhD; Carmen Perez-Paredes, MD; Carlos Ortiz-Leyba, MD, PhD

Table 2. In-hospital mortality rates for the different sites of infections and mortality rates depending on the adequacy of empirical antibiotic therapy

| Septic Source<br>Empirical Antibiotic Therapy | Nonsurvivors (n = 196) |        | Survivors (n = 210) |        |
|---|------------------------|--------|---------------------|--------|
|   | No.                    | (%)    | No.                 | (%)    |
| Pulmonary                                     | 49                     | (63.6) | 28                  | (36.4) |
| Adequate                                      | 23                     | (46.9) | 17                  | (60.7) |
| Inadequate                                    | 8                      | (16.3) | 1                   | (3.6)  |
| Not evaluable                                 | 18                     | (36.7) | 10                  | (35.7) |
| Unknown origin                                | 22                     | (59.5) | 15                  | (40.5) |
| Adequate                                      | 6                      | (27.3) | 8                   | (53.3) |
| Inadequate                                    | 5                      | (22.7) | 1                   | (6.7)  |
| Not evaluable                                 | 11                     | (50)   | 6                   | (40)   |
| Catheter                                      | 8                      | (50)   | 8                   | (50)   |
| Adequate                                      | 7                      | (87.5) | 7                   | (87.5) |
| Inadequate                                    | 1                      | (12.5) | 1                   | (12.5) |
| Not evaluable                                 | —                      | —      | —                   | —      |
| Abdomen                                       | 90                     | (47.4) | 100                 | (52.6) |
| Adequate                                      | 42                     | (46.7) | 54                  | (54)   |
| Inadequate                                    | 10                     | (11.1) | 10                  | (10)   |
| Not evaluable                                 | 38                     | (42.2) | 36                  | (36)   |
| Soft tissue                                   | 11                     | (47.8) | 12                  | (52.2) |
| Adequate                                      | 8                      | (72.7) | 11                  | (91.7) |
| Inadequate                                    | 1                      | (9.1)  | 1                   | (8.3)  |
| Not evaluable                                 | 2                      | (18.2) | —                   | —      |
| CNS   | 4                      | (26.7) | 11                  | (73.3) |
| Adequate                                      | 3                      | (75)   | 5                   | (45.5) |
| Inadequate                                    | 1                      | (25)   | —                   | —      |
| Not evaluable                                 | —                      | —      | 6                   | (54.6) |
| Urologic                                      | 10                     | (24.4) | 31                  | (75.6) |
| Adequate                                      | 6                      | (60)   | 24                  | (77.4) |
| Inadequate                                    | 3                      | (30)   | 2                   | (6.5)  |
| Not evaluable                                 | 1                      | (10)   | 5                   | (16.1) |
| Others  | 2                      | (28.5) | 5                   | (71.5) |
| Adequate                                      | —                      | —      | 4                   | (80)   |
| Inadequate                                    | —                      | —      | —                   | —      |
| Not evaluable                                 | 2                      | (100)  | 1                   | (20)   |

CNS, central nervous system.

Table 7. Risk factors independently associated with 28-day and in-hospital death by multivariate analysis

| Risk Factor                | 28-Day           | In-Hospital      |
|----------------------------|------------------|------------------|
|                            | Mortality        | Mortality        |
|                            | OR (95% CI)      | OR (95% CI)      |
| SOFA (1st day)             | 1.43 (1.32–1.55) | 1.29 (1.19–1.40) |
| ΔSOFA (3)                  | 1.52 (1.34–1.72) | 1.40 (1.19–1.65) |
| Urological sepsis          | 0.11 (0.04–0.35) | 0.14 (0.05–0.41) |
| IEAT in nonsurgical sepsis | 4.42 (1.17–16.7) | 8.14 (1.98–33.5) |
| AEAT in surgical sepsis    | 0.35 (0.16–0.76) | 0.37 (0.18–0.77) |
| Respiratory failure        | —                | 3.12 (1.54–6.33) |

OR, odds ratio; CI, confidence interval; SOFA, Sepsis-related Organ Failure Score; ΔSOFA (3), increase in SOFA over the first 3 days in the intensive care unit; IEAT, inadequate empirical antibiotic therapy; AEAT denotes adequate empirical antibiotic therapy.

# Impact of adequate empirical antibiotic therapy on the outcome of patients admitted to the intensive care unit with sepsis\*

Jose Garnacho-Montero, MD, PhD; Jose Luis Garcia-Garmendia, MD, PhD; Ana Barrero-Almodovar, MD; Francisco J. Jimenez-Jimenez, MD, PhD; Carmen Perez-Paredes, MD; Carlos Ortiz-Leyba, MD, PhD

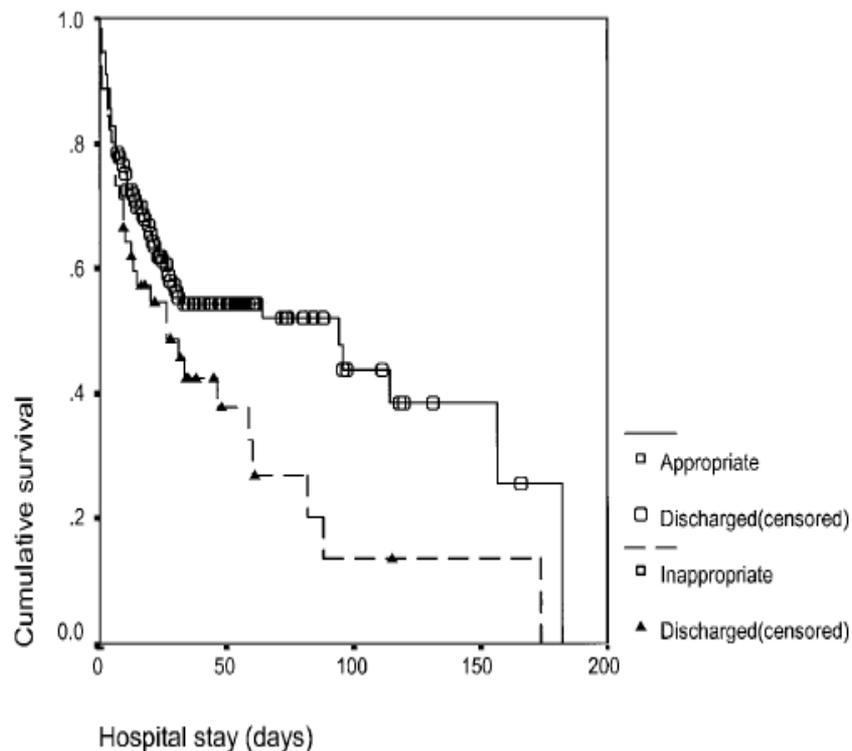


Figure 1. Kaplan-Meier survival curve for hospital stay in patients with adequate empirical antibiotic therapy vs. inadequate/not evaluable. Log-rank  $p = .0007$ .

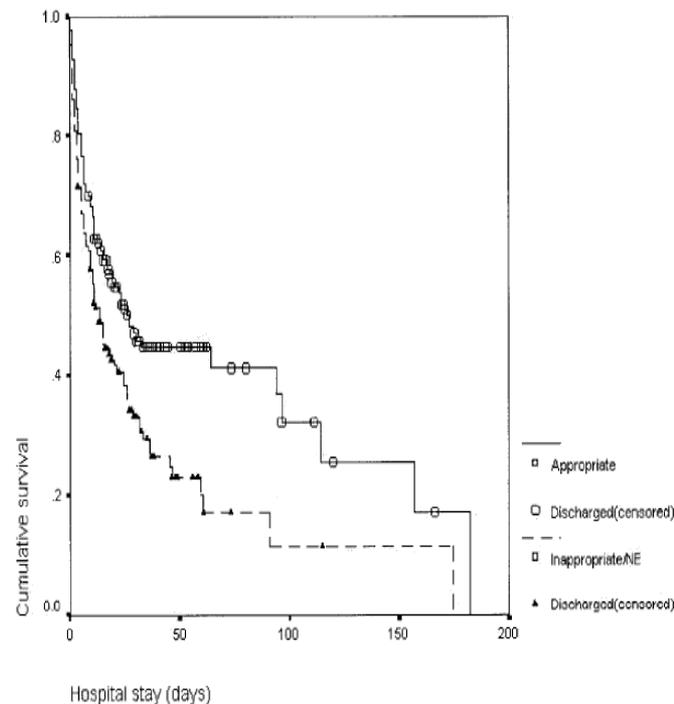
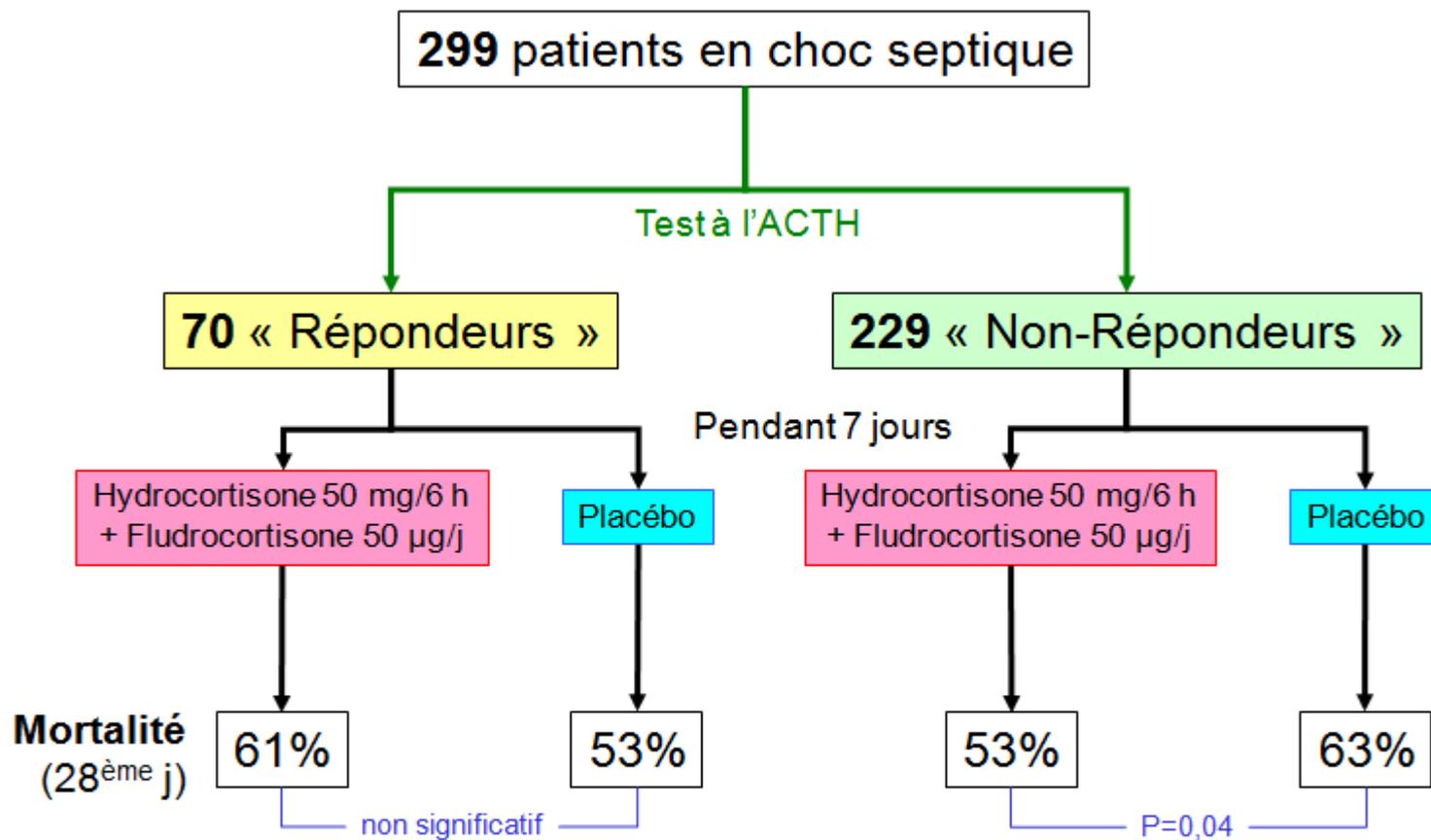


Figure 2. Kaplan-Meier survival curve for hospital stay in patients who were admitted to the intensive care unit with severe sepsis or septic shock comparing appropriate empirical antibiotic therapy vs. inappropriate/not evaluable. Log-rank  $p = .0007$ .



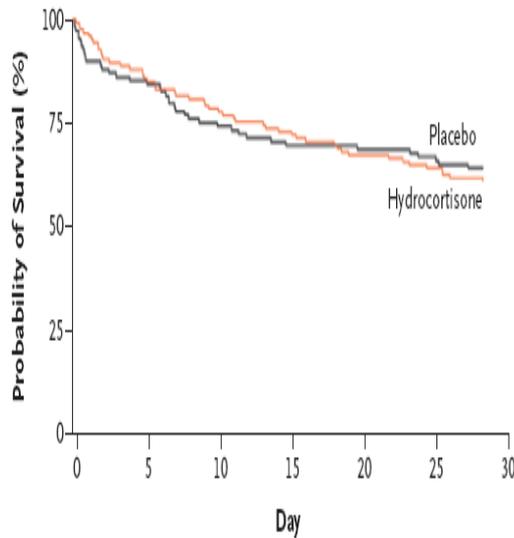


Indication de traitement substitutif par Hydrocortisone chez les non-répondeurs

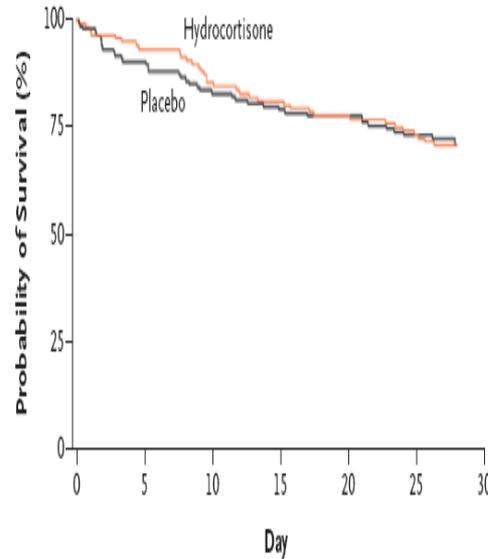
# Hydrocortisone Therapy for Patients with Septic Shock

Charles L. Sprung, M.D., Djillali Annane, M.D., Ph.D., Didier Keh, M.D., Rui Moreno, M.D., Ph.D., Mervyn Singer, M.D., F.R.C.P., Klaus Freivogel, Ph.D., Yoram G. Weiss, M.D., Julie Benbenishty, R.N., Armin Kalenka, M.D., Helmuth Forst, M.D., Ph.D., Pierre-Francois Laterre, M.D., Konrad Reinhart, M.D., Brian H. Cuthbertson, M.D., Didier Payen, M.D., Ph.D., and Josef Briegel, M.D., Ph.D., for the CORTICUS Study Group\*

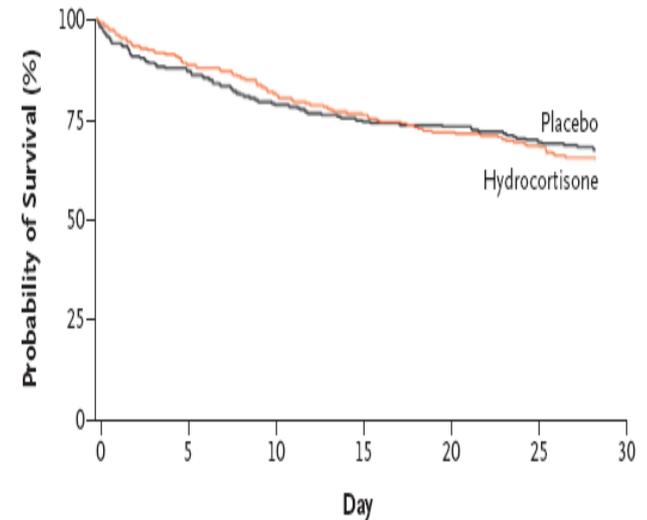
**A** No Response to Corticotropin



**B** Response to Corticotropin



**C** All Patients













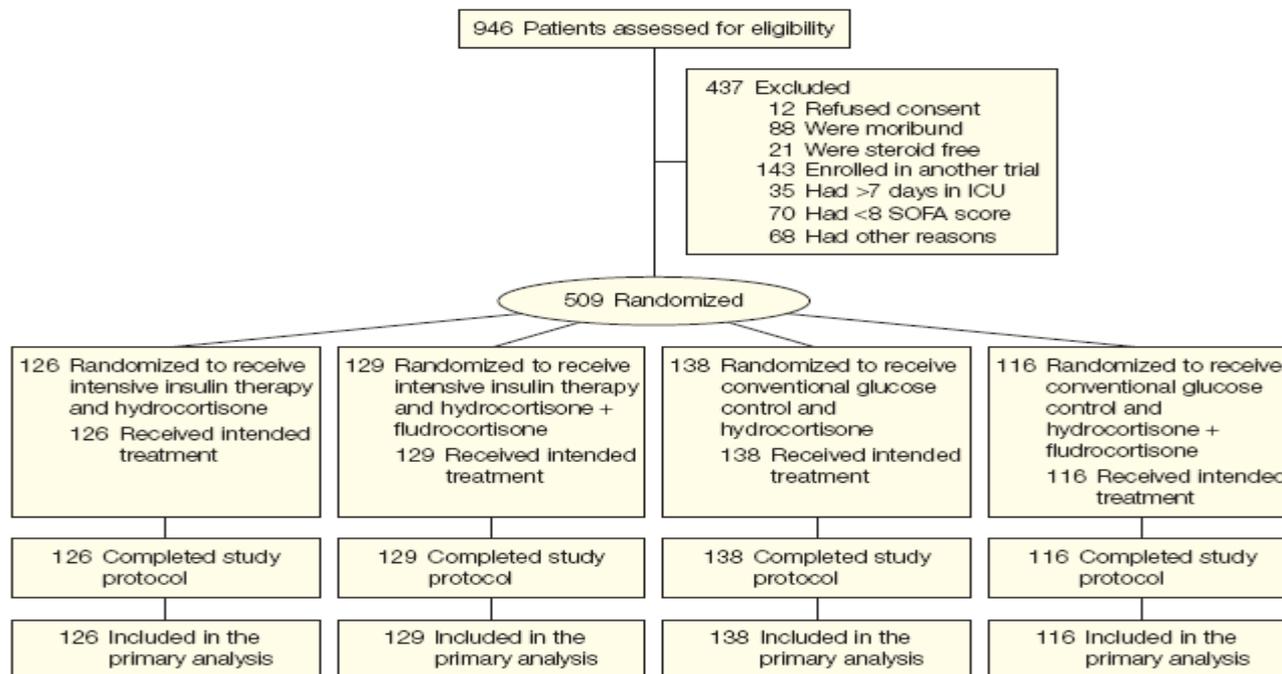




# Corticosteroid Treatment and Intensive Insulin Therapy for Septic Shock in Adults

## A Randomized Controlled Trial

**Figure 1.** Flowchart of the Trial



ICU indicates intensive care unit; SOFA, Sequential Organ Failure Assessment.

**Table 1.** Baseline Characteristics of Randomized Groups<sup>a</sup>

|  | Intensive Insulin Therapy (n = 255) | Conventional Glucose Control (n = 254) | Hydrocortisone + Fludrocortisone (n = 245) | Hydrocortisone Alone (n = 264) |
|--|-------------------------------------|--|--|--------------------------------|
| Age, mean (95% CI), y  | 63.7 (61.9-65.4)                    | 64.3 (62.4-66.1)                       | 64.0 (62.2-65.8)                           | 63.9 (62.1-65.7)               |
| Male sex, No. (%)  | 170 (66.7)                          | 160 (63.0)                             | 167 (68.2)                                 | 163 (61.7)                     |
| Admission days, median (IQR)                                 |                                     |  |  |                                |
| In hospital before ICU admission                             | 0 (0-1)                             | 0 (0-2)                                | 0 (0-1)                                    | 0 (0-2)                        |
| In ICU before randomization                                  | 1 (0-1)                             | 1 (0-1)                                | 1 (0-1)                                    | 1 (0-1)                        |
| Physiology scores, mean (95% CI)                             |                                     |  |  |                                |
| SAPS II  | 58.9 (56.9-60.9)                    | 60.4 (58.2-62.6)                       | 58.9 (56.7-61.0)                           | 60.4 (58.3-62.5)               |
| SOFA   | 10.4 (10.0-10.8)                    | 10.8 (10.3-11.2)                       | 10.6 (10.2-11.1)                           | 10.1 (10.1-11.0)               |
| Type of patients, No. %                                      | 218                                 | 220                                    | 207  | 231                            |
| Medical  | 193 (88.5)                          | 189 (85.9)                             | 186 (89.9)                                 | 196 (84.9)                     |
| Unscheduled surgery  | 22 (10.1)                           | 26 (11.8)                              | 17 (8.2)                                   | 31 (13.4)                      |
| Scheduled surgery  | 3 (1.4)                             | 5 (2.3)                                | 4 (1.9)                                    | 4 (1.7)                        |
| Type of infection, No./total (%)                             |                                     |  |  |                                |
| Community acquired   | 134/246 (54.5)                      | 115/247 (46.6)                         | 120/234 (51.3)                             | 129/259 (49.8)                 |
| Hospital acquired  | 112/246 (45.5)                      | 132/247 (53.4)                         | 114/234 (48.7)                             | 130/259 (50.2)                 |
| Infected patient, No.  | 245                                 | 246                                    | 233  | 258                            |
| Infection per patient, mean (95% CI)                         | 1.5 (1.4-1.6)                       | 1.6 (1.5-1.8)                          | 1.6 (1.4-1.7)                              | 1.5 (1.4-1.7)                  |
| Sites of infection, No.                                      |                                     |  |  |                                |
| Chest  | 173                                 | 180                                    | 168  | 185                            |
| Urogenital   | 41                                  | 35                                     | 36   | 40                             |
| Septicemia   | 32                                  | 36                                     | 37   | 31                             |
| Pathogens  |                                     |  |  |                                |
| Gram negative  | 107                                 | 97                                     | 98   | 106                            |
| Blood glucose levels, mean (95% CI), mg/dL [No. of patients] | 12.0 (11.0-13.0)                    | 11.3 (10.7-11.9) [253]                 | 11.8 (11.0-12.6)                           | 11.5 (10.7-12.4)               |
| Lactate levels, mean (95% CI), mg/dL                         | 44.2 (33.3-55.0) [248]              | 35.1 (30.6-38.7) [244]                 | 36.7 (27.0-45.1) [236]                     | 42.1 (36.0-54.1) [256]         |
| Cortisol levels, mean (SD), µg/dL [No. of patients]          |                                     |  |  |                                |
| Basal  | 39.8 (34.0-45.7) [227]              | 36.7 (35.6-43.8) [230]                 | 41.1 (34.9-47.4) [215]                     | 38.5 (34.7-42.4) [242]         |
| Peak   | 50.7 (45.0-56.3) [223]              | 50.1 (45.1-55.1) [225]                 | 50.1 (44.8-55.4) [211]                     | 50.7 (45.3-56.0) [237]         |
| Change   | 10.7 (5.5-16.0) [223]               | 10.5 (7.5-13.5) [225]                  | 9.2 (3.9-14.3) [211]                       | 11.9 (8.6-15.3) [237]          |
| Nonresponders, No. (%)                                       | 173 (67.8)                          | 169 (66.5)                             | 167 (68.2)                                 | 175 (66.3)                     |
| Mechanical ventilation, No. (%)                              | 218 (85.5)                          | 220 (86.6)                             | 213 (86.9)                                 | 225 (85.2)                     |
| Renal replacement therapy, No. (%)                           | 46 (18.7) [246]                     | 53 (21.5) [246]                        | 41 (17.2)                                  | 58 (22.9)                      |

Abbreviations: CI, confidence interval; ICU, intensive care unit; SOFA, Sequential Organ Failure Assessment; SAPS, Simplified Acute Physiology Score.

SI conversion factors: To convert blood glucose levels from mg/dL to mmol/L, multiply by 0.0555; cortisol levels from µg/dL to nmol/L, multiply by 27.588; lactate levels from mg/dL to mmol/L, multiply by 0.111.

<sup>a</sup>Each statistic was computed on the nonmissing value, ie, the whole sample unless specifically indicated.

**Table 2.** Primary and Secondary Outcomes

| Variables   | Intensive Insulin Therapy<br>(n = 255) | Conventional Glucose Control<br>(n = 254) | P Value           |                       | Hydrocortisone + Fludrocortisone<br>(n = 245) | Hydrocortisone Alone<br>(n = 264) | P Value          |                       |
|---|--|---|-------------------|-----------------------|---|-----------------------------------|------------------|-----------------------|
|   |  |   | Unadjusted        | Adjusted <sup>a</sup> |   |                                   | Unadjusted       | Adjusted <sup>a</sup> |
| In-hospital death, No./total (%)                        | 117/255 (45.9)                         | 109/254 (42.9)                            | .50               | .37                   | 105 (42.9)                                    | 121 (45.8)                        | .50              | .91                   |
| Overall survival  |  |   |                   |                       |   |                                   |                  |                       |
| Deaths, No. (%)   | 122 (47.9)                             | 118 (46.5)                                |                   |                       | 112 (45.7)                                    | 128 (48.5)                        |                  |                       |
| Kaplan-Meier estimate of survival rates, HR (95% CI), d | 1.04 (0.80-1.34)                       | 1 [Reference]                             | .78               | .39                   | 0.94 (0.73-1.21)                              | 1 [Reference]                     | .61              | .67                   |
| 28  | 62.2 (56.4-68.5)                       | 61.1 (55.3-67.5)                          |                   |                       | 62.5 (56.6-68.9)                              | 60.9 (55.2-67.1)                  |                  |                       |
| 90  | 51.8 (45.9-58.4)                       | 54.8 (48.9-61.4)                          |                   |                       | 54.2 (48.2-61.0)                              | 52.4 (46.6-58.9)                  |                  |                       |
| 180   | 50.9 (45.0-57.6)                       | 52.1 (46.2-58.8)                          |                   |                       | 52.9 (46.9-59.7)                              | 50.2 (44.4-56.8)                  |                  |                       |
| No. of patients who died                                | 103                                    | 82  |                   |                       | 105   | 121                               |                  |                       |
| Causes of death, No. (%)                                |  |   |                   |                       |   |                                   |                  |                       |
| Multiple organ failure                                  | 92 (78.6)                              | 66 (60.6)                                 | .004 <sup>b</sup> | .005 <sup>b</sup>     | 75 (71.4)                                     | 83 (68.6)                         | .67 <sup>b</sup> | .74 <sup>b</sup>      |
| Cardiovascular  | 9 (8.7)                                | 7 (8.5)                                   |                   |                       | 7 (6.7)                                       | 9 (7.4)                           |                  |                       |
| Stroke  | 1 (1.0)                                | 2 (2.4)                                   |                   |                       | 3 (2.9)                                       | 0                                 |                  |                       |
| Brain hemorrhage  | 0                                      | 2 (2.4)                                   |                   |                       | 0   | 2 (1.7)                           |                  |                       |
| Refractory hypoxia                                      | 1 (1.0)                                | 2 (2.4)                                   |                   |                       | 2 (1.9)                                       | 1 (0.8)                           |                  |                       |
| Unknown   | 0                                      | 3 (3.7)                                   |                   |                       | 3 (2.9)                                       | 0                                 |                  |                       |
| No. of days, median (IQR)                               |  |   |                   |                       |   |                                   |                  |                       |
| Vasopressor-free within the first 7 days                | 4 (1-6)                                | 4 (2-5)                                   | .58               | .60                   | 4 (2-5)                                       | 4 (1-5)                           | .62              | .61                   |
| Mechanical ventilation-free within 28 days              | 10 (2-22)                              | 13 (2-23)                                 | .51               | .29                   | 12 (2-23)                                     | 12 (2-22.5)                       | .50              | .81                   |
| Cumulative incidence of SOFA <8 at day 7 (95% CI)       | 64.3 (58.6-70.1)                       | 60.6 (54.7-66.6)                          | .38               | .75                   | 63.3 (57.3-69.2)                              | 61.7 (56.0-67.5)                  | .75              | .78                   |
| Length of stay, median (IQR), d                         |  |   |                   |                       |   |                                   |                  |                       |
| ICU   |  |   |                   |                       |   |                                   |                  |                       |
| All patients  | 9 (4-19)                               | 9 (4-15)                                  | .70               | .39                   | 9 (4-16)                                      | 9 (4-17.5)                        | .86              | .35                   |
| Survivors   | 10 (6-19)                              | 9 (5-15)                                  | .68               | .46                   | 10 (6-16)                                     | 9 (5-17)                          | .52              | .10                   |
| Hospital  |  |   |                   |                       |   |                                   |                  |                       |
| All patients  | 16 (6-34)                              | 15 (7-30)                                 | .87               | .94                   | 14 (6-25)                                     | 18 (7-34)                         | .15              | .07                   |
| Survivors   | 24 (12-43)                             | 22 (11-39)                                | .87               | .57                   | 19 (5-40)                                     | 25.5 (14-42)                      | .09              | .13                   |

Abbreviations: CI, confidence interval; HR, hazard ratio; IQR, interquartile range; SOFA, Sequential Organ Failure Assessment

<sup>a</sup>Adjusted on baseline prognostic variables, namely age, time in hospital prior to ICU admission, time in ICU prior to randomization, Simplified Acute Physiology Score II, SOFA score, lactate level and mechanical ventilation, and a random center effect.<sup>b</sup>Comparison of multiple organ failure vs other causes.

**Table 3.** Serious Adverse Events

| Variables   | Intensive Insulin Therapy (n = 255) | Conventional Glucose Control (n = 254) | P Value | Hydrocortisone + Fludrocortisone (n = 245) | Hydrocortisone Alone (n = 264) | P Value |
|---|-------------------------------------|--|---------|--|--------------------------------|---------|
| Superinfection, No. of patients/episodes                            |                                     |  |         |  |                                |         |
| Total   | 47/106                              | 43/132                                 | .66     | 53/144                                     | 37/94                          | .02     |
| Lung  | 35/59                               | 29/94                                  | .43     | 36/82                                      | 28/71                          | .18     |
| Peritoneal  | 4/10                                | 1/1                                    | .37     | 4/10                                       | 1/1                            | .20     |
| Urinary tract   | 7/8                                 | 13/16                                  | .18     | 15/17                                      | 5/7                            | .02     |
| Central nervous system  | 0/0                                 | 1/1                                    | .50     | 1/1  | 0/0                            | .48     |
| Blood   | 9/10                                | 4/5                                    | .26     | 8/9  | 5/6                            | .40     |
| Others  | 14/19                               | 8/15                                   | .28     | 15/25                                      | 7/9                            | .08     |
| In-hospital death among patients with superinfection, No./total (%) | 26/47 (55.3)                        | 21/43 (48.8)                           | .67     | 27/53 (50.9)                               | 20/37 (54.1)                   | .83     |
| Hypoglycemia, glucose <40 mg/dL                                     |                                     |  |         |  |                                |         |
| No. of measures per patient, median (IQR)                           | 72 (43-110)                         | 44 (32-56)                             | <.001   | 51 (31-79)                                 | 53 (38-81)                     | .36     |
| No. of patients/episodes  | 42/72                               | 20/44                                  | .003    | 32/51                                      | 30/53                          | .59     |
| No. of episodes   |                                     |  |         |  |                                |         |
| 0   | 211                                 | 234                                    | .002    | 212  | 233                            | .54     |
| 1   | 26                                  | 13                                     |         | 19   | 20                             |         |
| 2   | 9                                   | 3                                      |         | 8  | 4                              |         |
| 3   | 5                                   | 1                                      |         | 3  | 3                              |         |
| 4   | 1                                   | 2                                      |         | 2  | 2                              |         |
| >4  | 1                                   | 1                                      |         | 1  | 1                              |         |
| Episodes, mean (SD)   | 0.289 (0.90)                        | 0.139 (0.58)                           | .003    | 0.238 (0.86)                               | 0.198 (0.68)                   | .63     |
| In-hospital death among patients with hypoglycemia, No./total (%)   | 19/42 (45.2)                        | 10/20 (50.0)                           | .79     | 14/32 (43.8)                               | 15/30 (50.0)                   | .80     |
| MDRS day 28   |                                     |  |         |  |                                |         |
| 1   | 3                                   | 11                                     | .06     | 5  | 9                              | .10     |
| 2   | 3                                   | 3                                      |         | 4  | 2                              |         |
| 3   | 3                                   | 1                                      |         | 2  | 2                              |         |
| 4   | 9                                   | 3                                      |         | 1  | 1                              |         |
| 5   | 5                                   | 3                                      |         | 6  | 6                              |         |

Abbreviations: IQR, interquartile range; MDRS, muscular disability rating score.

SI conversion factor: To convert blood glucose levels from mg/dL to mmol/L, multiply by 0.0555.